



# November 2021

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| <b>1</b>  | <b>2</b>   | <b>3</b>  | <b>4</b>   | <b>5</b>   |
| <p><b>9:30-11:30AM</b><br/>Let's Talk Parenting<br/><i>Tips for toddlers</i></p> <p><b>1:00-2:30PM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> | <p><b>9:30-11:30AM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> <p><b>2:00-4:00PM</b><br/>SHA Refresh Healthy Living<br/><i>Online. Contact us for more info</i></p>                         | <p><b>Family Meal Kit Pick up</b></p> <p><b>9:30-11:30AM</b><br/>Art &amp; Sensory Exploration<br/><i>Room 227</i></p> <p><b>1:00-3:00PM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> | <p><b>9:00am-11:00am</b><br/>Family Play and Connect<br/><i>*Contact us for time to play*</i></p> <p><b>Afternoon:</b><br/>Facilitator training</p>  | <p>Centre closed.</p> <p>Online Facebook post</p>  |
| <b>8</b>  | <b>9</b>   | <b>10</b>   | <b>11</b>  | <b>12</b>  |
| <p><b>11AM-12NOON</b><br/>Preparing for Your New Baby<br/>Prenatal support and resources<br/><i>*Contact to register or through facebook message/call/text*</i></p>                 | <p><b>9:30-11:30AM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> <p><b>2:00-4:00PM</b><br/>SHA Refresh Healthy Living<br/><i>Online or join by phone. Contact us for more info</i></p>        | <p><b>9:30-11:30AM</b><br/>Art &amp; Sensory Exploration<br/><i>Room 227</i></p> <p><b>1:00-3:00PM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p>                                       |  <p><b>Remembrance Day</b><br/>Centre closed</p>   | <p><b>Family Meal Kit pick up</b></p> <p><b>1:00-2:00PM</b><br/>Family Play and Connect<br/><i>*Contact us for time to play*</i></p>   |
| <b>15</b>   | <b>16</b>  | <b>17</b>   | <b>18</b>  | <b>19</b>  |
| <p><b>9:30-11:30AM</b><br/>Let's Talk Parenting<br/><i>Tips for toddlers</i></p> <p><b>1:00-2:30PM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> | <p><b>9:30-11:30AM</b><br/>Family Play &amp; Connect<br/><i>*Contact us for a time to play*</i></p> <p><b>2:00-4:00PM</b><br/>SHA Refresh Healthy Living<br/><i>Online or join by phone. Contact us for more info</i></p>        | <p><b>9:30-11:30AM</b><br/>Art &amp; Sensory Exploration<br/><i>Rm 227</i></p> <p><b>1:00-3:00PM</b><br/>Family Play &amp; Connect</p>  | <p><b>Ages and Stages Questionnaire</b><br/><i>Book a time or call in.</i></p> <p><i>Learn about the development of your infant and child up to age 5 years</i></p>                          | <p><b>Family Meal Kit Pick up</b></p> <p><b>1:00-3:00PM</b><br/>Family Play and Connect<br/><i>* Contact us for a time to play*</i></p> <p><b>Saturday, November 20</b><br/><b>OPEN from 10AM-3PM</b><br/><i>* Contact to book a time*</i></p> |
| <b>22</b>   | <b>23</b>  | <b>24</b>   | <b>25</b>  | <b>26</b>  |
| <p><b>9:30-11:30AM</b><br/>Let's talk Parenting<br/><i>Tips for Toddlers</i></p> <p><b>1:00-2:30PM</b><br/>Family Play and Connect<br/><i>*Contact us for a time to play*</i></p>   | <p><b>9:30am-11:30am</b><br/>Family Play and Connect<br/><i>*Contact us for a time to play*</i></p> <p><b>2:00pm-4:00pm</b><br/>SHA Refresh Healthy Living<br/><i>Online or join by telephon. Contact us for information</i></p> | <p><b>9:30-11:30AM</b><br/>Art and Sensory Exploration<br/>Room 227</p> <p><b>1:00-3:00PM</b><br/>Family Play and Connect</p>   | <p><b>Ages and Stages Questionnaire</b><br/><i>Book a time or call in.</i></p> <p><b>9:00AM-3:30PM</b><br/><i>Learn about the development of your infant or child up to age 5 years.</i></p> | <p><b>Family Meal Kit Pick up</b></p> <p><b>1:00-3:00PM</b><br/>Family Play and Connect<br/><i>*Contact us for a time to play*</i></p>   |
| <b>29</b>   | <b>30</b>  |   |  |  |
| <p><b>9:30-11:30AM</b><br/>Let's Talk parenting<br/><i>Tips for Toddlers</i></p> <p><b>1:00-2:30PM</b><br/>Family Play and Connect<br/><i>*Contact us for a time to play*</i></p>   | <p><b>9:30-11:30AM</b><br/>Family Play and Connect<br/><i>*Contact us for a time to play*</i></p> <p><b>2:00-4:00PM</b><br/>SHA Refresh Healthy Living<br/><i>Online or join by telephone. Contact us for information</i></p>    |  <p>Find us on Facebook!</p>   | <p>Please call, text, or Facebook message us to sign up for a program on our calendar.<br/><b>We are not offering drop-in programs at this time.</b></p>                                     |   |

This calendar is subject to change. Please check [www.facebook.com/KamsackFamilyResource](http://www.facebook.com/KamsackFamilyResource) for regular updates on programming.

To contact us: Phone 306-542-1010 / Fax 306-542-1011 / Call or text 306-590-8070 or 306-590-7535 / Email [kamsackfrc@signyorkton.ca](mailto:kamsackfrc@signyorkton.ca)