

Small changes,
big differences.



FREE!! Triple P Discussion Groups

Positive parenting help for parents/caregivers of
children age 0 - 10

“Dealing With Disobedience”

Wednesday October 16, 2019

“Developing A Good Bedtime Routine”

Wednesday October 30, 2019

“Managing Fighting & Aggression”

Wednesday November 13, 2019

“Hassle-Free Shopping with Children”

Wednesday November 27, 2019

ALL sessions will take place at the
Sturgis Multi-Complex
415 Main Street
STURGIS, SASK.

**Parents may attend as many sessions of interest.

****Childcare IS available**
(please notify at time of registration)

****Space is limited to 12 participants per session**
Thank you to 1 2 3 Care for Me Childcare Centre for
assisting with the childminding!

ALL sessions will run from 7pm – 9pm

REGISTRATION IS REQUIRED:

CALL: 306-783-3080

TEXT: 306-621-3084

EMAIL: jamie.devos@signyorkton.ca



www.triplep-parenting.ca