# Triple P ®
## Positive Parenting Program

A service of

**Society for the Involvement of Good Neighbours**
SIGN Founded 1968

# April 2020

| Monday | Tuesday | Wednesday | Thursday | Friday | PROGRAM DESCRIPTION |
|---|---|---|---|---|---|
| **Check us out on Facebook for the links to access programs** | | 1 | 2 | 3 | All programs will be offered by Zoom.  You can access this FREE by downloading the app at www.zoom.us |
| 6 | 7 Triple P Online Tutorial 815-845pm 9-930pm | 8 The Power of Positive Parenting Seminar 830-930pm | 9 | 10 GOOD FRIDAY | **Triple P Online Tutorial** Join Corinna in learning how to access the Saskatchewan Triple P website, and then how to access and navigate through the Triple P Online program.  (note the time differences for each age group) |
| 13 EASTER MONDAY | 14 *Dealing With Disobedience Discussion Group 7 – 9pm | 15 Coffee With Corinna 830-9am "Coping With Stress" | 16 *Getting Teenagers to Cooperate Discussion Group 7 – 9pm | 17 | **Seminar** For every parent who ever wondered "why does my child do that?"  This seminar helps you understand the reasons kids do what they do, so you can guide the behavior – and see more of the behavior you like, and less of the behavior you don't |
| 20 Coffee With Corinna 830-9am "Coping With Depression" | 21 *Managing Fighting & Aggression Discussion Group 7 – 9pm | 22 Coffee With Corinna 830-9am "Whining" | 23 *Coping With Teens Emotions Discussion Group 7 – 9pm | 24 | ***Discussion Groups** Topic specific sessions, geared towards certain age groups.  Parents can attend any session of interest.  Certificate provided after attending full 2 hour session. Registration is required. |
| 27 Coffee With Corinna 830-9am "Rudeness & Disrespect" | 28 *Developing A Good Bedtime Routine Discussion Group 7 – 9pm | 29 Coffee With Corinna 830-9am "Toilet Training" | 30 *Reducing Family Conflict Discussion Group 7 – 9pm | RED – for parents with children under age 10 BLUE – for parents    with children ages 10 -16 | **Coffee with Corinna** Grab your morning coffee and join Corinna in a conversation of common parenting topics. |