

Small changes,
big differences.



FREE!! Triple P Discussion Groups

Positive parenting help for parents/caregivers of
children age 0 - 10

Thursday September 26th

"Developing A Good Bedtime Routine"

Learn how to develop positive strategies to help you develop a good bedtime routine and teach your child to fall asleep in their own bed and stay in bed until morning. Learn why bedtime problems happen, and what to do about it.

Thursday October 24th

"Dealing With Disobedience"

Learn why your child is disobedient. Develop strategies on how to teach your child limits, do as they are told, and to understand the meaning of the word *No*.

Dr. BRASS SCHOOL

19 Darlington Street West
YORKTON, SASK.

****Parents may attend as many sessions of interest.**

****Childcare is available** (must notify at the time of registration)
Children are not permitted in the sessions

****Space is limited to 12 participants per session**

Supper from 5:30 – 6pm with
Sessions running from 6 – 8pm

REGISTRATION IS REQUIRED:
CALL: Dr. Brass School at 306-786-5520

****WATCH FOR MORE SESSIONS COMING IN 2020!****

www.triplep-parenting.ca