

Small changes,
big differences.



FREE!

Teen Triple P Discussion Group

Positive parenting help for parents/caregivers with youth ages 10 - 16

Thursday September 26th
"Building Teenagers Survival Skills"

Understand why teens take part in risky activities and how we can teach them to enjoy themselves without putting their health and wellbeing at risk.

Thursday October 24th
"Reducing Family Conflict"

Learn strategies and simple tools on how to manage family conflict. Learn why teens are argumentative or aggressive, and how we can teach them how to behave more appropriately.

DR. BRASS SCHOOL
19 Darlington Street West
YORKTON, SASK.

**Parents may attend as many sessions of interest.

**Childcare is available (must notify at the time of registration)
Children are not permitted in the sessions

**Space is limited to 12 participants per session

Supper from 5:30 – 6pm with
Sessions running from 6 – 8pm

REGISTRATION IS REQUIRED:
CALL: Dr. Brass School at 306-786-5520

****WATCH FOR MORE SESSIONS COMING IN 2020!****

www.triplep-parenting.ca