

Small changes,
big differences.



FREE!

Teen Triple P Discussion Group

Positive parenting help for
parents/caregivers with youth ages 10 - 16

Tuesday September 17, 2019
"Getting Teenagers to Cooperate"

Tuesday November 19, 2019
"Coping with Teenagers Emotions"

Tuesday February 11, 2020
"Building Teenagers Survival Skills"

Tuesday April 21, 2020
"Reducing Family Conflict"

P.J. Gillen School
500 St. Mary's Street
ESTERHAZY, SASK.

**Parents may attend as many sessions of interest.

**Space is limited to 12 participants per session

Children are NOT permitted. Please make adequate childcare arrangements

ALL SESSIONS RUN FROM 6:30 – 8:30pm

REGISTRATION IS REQUIRED:
P.J. Gillen School at 306-745-2171

**Sessions for parents with children ages 0 -10 are also offered on alternate dates.
Call the school for more information, or the Triple P office at 306-783-3080

www.triplep-parenting.ca