



ASK FOR KARA MASSAGE THERAPIST

Sēb's Recreation Center is dedicated to empowering individuals with special needs and unique challenges through Community Outreach, Health and Wellness, Recreation and Education that promote learning opportunities designed to strengthen and develop lives.



LET US HELP
REDUCE YOUR PAIN

30/60/90 MIN
\$30/\$55/\$75

WALK-INS WELCOME
OFFERING CHAIR OR
SWEDISH MASSAGE

SPRING MASSAGE
HOURS:
MONDAY, TUESDAY,
AND THURSDAY
FROM 8AM-12PM

**SĒB'S RECREATION
CENTER**

1710 S Buckley Rd. Unit 9
Aurora, CO 80017
(303) 353-9822

<https://sebsrec.org/>