July 2025





Register For Lessons, Camp, Off Ice and POPS sessions at www.laceemupskating.com



		1 ,		0	O	,
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4 Happy 4th of July	5
6	7	8	9 Excel Nationals	10 Excel Nationals	11 Excel Nationals	12 Excel Nationals
	Summer Camp AM 9a-12:30p Summer Camp PM 1p-5p	Summer Camp AM 9a-12:30p Summer Camp PM 1p-5p	Summer Camp AM 9a-12:30p Summer Camp PM 1p-5p	Summer Camp AM 9a-12:30p Summer Camp PM 1p-5p	Summer Camp AM 9a-12:30p Summer Camp PM 1p-5p	
13 Excel Nationals	14	15	16 Vail Invitational	17 Vail Invitational	18 Vail Invitational	19 Vail Invitational
	Summer Camp AM 9a-12:30p	Summer Camp AM 9a-12:30p	Summer Camp AM 9a-12:30p	Summer Camp AM 9a-12:30p	Summer Camp AM 9a-12:30p	
	Summer Camp PM 12:30p-5p Advanced skills 5:15p-6:15p Learn To skate 5:30p-6:15p	Summer Camp PM 1p-5p Advanced Off Ice 10:30am Advanced skills 4:45p-5:45p Learn To skate 5p-5:45p	Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	Summer Camp PM 1p-5p Advanced Off Ice 10:30am Advanced skills 5:15p-6:15p Learn To skate 5:30p-6:15p	Summer Camp PM 1p-5p	
20	Advanced skills 5:15p-6:15p Learn To skate 5:30p-6:15p	Advanced Off Ice 10:30am Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	24 Advanced Off Ice 10:30am Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	POPS 5pm-7pm Power class, Program Practice Summer BBQ	26
27	Advanced skills 5:15p-6:15p Learn To skate 5:30p-6:15p	29 Advanced Off Ice 10:30am Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	31 Advanced Off Ice 10:30am Advanced skills 5:30p-6:30p Learn To skate 5:45p-6:30p	POPS 5pm-7pm Power class, Program Practice Summer BBQ	2
3	4	Reach out to Jill Mintz @ 651-208-9125 to schedule private Lessons Learn to skate classes for all ages- 45 minutes on ice Tuesday and Thursday Advanced Skills -1 hour on Ice. 30 minutes off Ice training with Casey Bond and the Performance Den in AM Monday and Thursday Off Ice with Lace'Em Up coaches Full Performance Den Membership required Summer Camp- 1/2 Day and Full Day options available				