

September 2023



Lace'em up Skating 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 No Group Lessons	29 No Group Lessons	30 No Group Lessons	31 No Group Lessons	1 No Group Lessons	2 No Group Lessons
3 Crossfit Terranova 10am	4 Labor Day No Group Lessons	5 No Group Lessons	6 No Group Lessons	7 No Group Lessons	8 CO Springs Invitation No Group Lessons	9 CO Springs Invitation No Group Lessons Crossfit Terranova 10am
10 CO Springs Invitation Crossfit Terranova 10am	11 Learn to Skate 4:30pm Off- Ice	12 Advanced Skills 4:30pm	13 Learn to Skate 4:30pm	14 Advanced Skills 4:45pm	15 Learn to Skate 4:30pm	16 No Group Lessons Crossfit Terranova 10am
17 Crossfit Terranova 10am	18 Learn to Skate 4:30pm Off- Ice	19 Advanced Skills 4:45pm	20 Learn to Skate 4:30pm	21 Learn to Skate 4:45pm	22 Fall Camp 9am Fall Camp 1pm Learn to Skate 4:45pm	23 No Group Lessons Crossfit Terranova 10am
24 Crossfit Terranova 10am	25 Learn to Skate 4:30pm Off- Ice	26 Learn to Skate 4:45pm	27 Learn to Skate 4:30pm	28 Learn to Skate 4:45pm	29 Learn to Skate 5pm	30 Learn to Skate 8am Crossfit Terranova 10am
1 Crossfit Terranova 10am	2 Learn to Skate 4:30pm Off- Ice	<p>Reach out to Jill Mintz @ 651-208-9125 to schedule private Lessons</p> <p>Off-ice lessons Monday's After Learn to Skate.</p> <p>Hockey lessons and Adult Lessons available during Learn to Skate Sessions</p> <p>Learn to Skate Levels: Snowplow Sam to Freeskiate 6</p> <p>Advanced skills Basic 4 and above. Advanced skills lessons are 1.5 hours split up between ice time and off ice.</p> <p>Crossfit for Figure Skaters paid separately to Roberto @ Crossfit TerraNova --Schedule subject to change</p> <p>Register for Lessons at www.laceemupskating.com</p>				