

POLAR HABITATS: ARCTIC & ANTARCTIC

COPING WITH COLD

Conditions at the North and South polar regions are a tremendous challenge for the animal life found there. Maintaining body temperature when the air is way below freezing, moving over the snow and ice, and staying hidden, present constant difficulties in these frozen wildernesses.

emperor penguin

A WINTER COAT



Having thick fur to trap warm air close to the skin reduces heat loss. The musk ox has a heavy coat of fur that guards against the fury of the Arctic storms. Protective "guard hairs" and insulating hairs laid underneath form an effective barrier to losing precious energy. Huddling with others also helps protect the younger oxen.

What is the best insulation to prevent cooling?

Design an investigation to show heat loss over time for warm water*. Record how three different materials compare against no insulation.

MATERIALs	TEMPERATURE (°C)		
	START TEMP	END TEMP	LOSS
No insulation			

* Do not use boiling water – just hot tap water

PENGUIN ADAPTATIONS

There are a variety of penguin species, who all share a **stout body shape**. A layer of **dense feathers** preserves body heat even in the chilly Antarctic waters.

Adelie penguin

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macaroni penguin

PENGUIN ADAPTATIONS

Having such a **compact body shape** also helps preserve warmth. If penguins had a long thin body, there would be more **surface area**. Their stout, compact shape means less of the surface is exposed to the freezing air or water.

chinstrap penguin

WARM INTERNAL CORE

FREEZING EXTERNAL TEMPERATURE

BLUBBER

The **pinniped** family (meaning "paddle feet") includes the walrus, seals and sealions. They have a thick layer of fat called **blubber** under their skin that insulates them against the icy waters in which they spend most of their time.

walrus

RAISING YOUNG

Young harp seals are born on the ice and are extremely vulnerable to predators. Their snowy white fur **camouflages** them from equally well disguised polar bears. Hiding may not be enough, as polar bears can smell a seal from great distances and they can even break through thick ice to reach what would a valuable meal.

harp seal (with pup)



FOOD CHAIN FOUNDATIONS

Because of nutrients carried by ocean currents, vast volumes of microscopic plant life (phytoplankton) bloom in these cold waters.





Zooplankton e.g. krill, copepods and fish larvae

This provides food for a multitude of tiny animal life. The collective term for this living soup is **zooplankton**. In turn, the zooplankton provides the foundation of countless **food chains**

FOOD CHAINS What could come next?

Using organisms from the last image complete two food chains...



INCREDIBLE AGES

Living in chilly waters slows the body chemistry (metabolism) and results in some long-lived species.

Bowhead whales may reach an impressive **200 years old** and maybe even more!



INCREDIBLE AGES

The Greenland shark is the **oldest vertebrate** animal on Earth at somewhere between **250 and 500 years old**.

At 6m long, they are as big as any great white.

Greenland shark

WEARING WHITE

It makes sense in a world of white, to bland in and avoid being seen. Beluga, share this tactic with the polar bears that hunt them.





VOCAB Can you give a definition for these terms?

TERM	DEFINITION
insulation	
blubber	
metabolism	
zooplankton	
camouflage	

RESEARCH CHALLENGE



Consider diet, adaptations, where they live, size and conservation issues.