

# TICK-TOCKS ON TERRACE

## GLUTEN FREE DINNER MENU

### ENTRÉES

(GF) SERVED WITH A HOUSE SALAD. DRESSINGS - BLUE CHEESE, LOW-FAT BALSAMIC HOUSEMADE FARMERS RANCH, CITRUS & RUSSIAN. PROTEINS - CHICKEN OR SHRIMP

**GF NY STRIP STEAK \*** \$28.95

12OZ NY STRIP STEAK, HAND CUT. SERVED WITH MASHED POTATOES AND ROASTED SEASONAL VEGETABLES

**GF PORK CHOP** \$20.95

12OZ BONE IN PORK CHOP SERVED WITH MASHED POTATOES AND ROASTED VEGETABLES

**GF TUNA STEAK\*** \$23.95

SESAME CRUSTED, RARE, YELLOWFIN TUNA OVER YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.

**GF PAN SEARED SALMON** \$20.95

PAN SEARED SALMON, BLACK AND WHITE SESAME SEEDS, CHOPPED GREEN ONIONS WITH YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.

### SOUPS

**GF FRENCH ONION SOUP** \$6.50

SLOW CARAMELIZED ONION SOUP TOPPED WITH PROVOLONE AND SWISS CHEESE.

### SALADS - LOCALLY SOURCED WHEN AVAILABLE

**APPLE WALNUT SALAD** \$11.95

MIXED GREENS, SLICED APPLE, CANDIED WALNUTS, AND DRIED CRANBERRIES.  
• ADD A PROTEIN

**FIELD GREENS SALAD** \$10.95

CALKINS CREAMERY LIDA GOLD, TOASTED PEPITA SEEDS, RED ONION, CUCUMBER, TOMATO, CHOICE OF DRESSING.....  
• ADD A PROTEIN \*

**PEAR AND BLUE CHEESE SALAD** \$11.95

FRESH SLICED PEARS, BLUE CHEESE CRUMBLES, AND DRIED CRANBERRIES OVER A BED OF MIXED GREENS.  
• ADD A PROTEIN

\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

## GF SANDWICHES

GF SANDWICHES SERVED WITH A HOUSE SALAD & SEASONAL HOUSE MADE SLAW

(GF) BLT	\$8.95
BACON, LETTUCE AND TOMATO ON TOASTED GLUTEN FREE BREAD	
(GF) THE CLASSIC BURGER*	\$14.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL, WITH LETTUCE, TOMATO AND RED ONION.	
(GF) STEAKHOUSE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH STEAK SAUCE AIOLI, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS, BACON, SWISS CHEESE, LETTUCE, TOMATO AND RED ONION	
(GF) TWISTED TERRACE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH BOURBON BARBECUE SAUCE, CHEDDAR CHEESE, CRISPY BACON, CARAMELIZED ONIONS AND GREENS	
(GF) STEAK SANDWICH	\$14.95
SLICED BEEF, ROASTED GARLIC AIOLI, PROVOLONE CHEESE, BALSAMIC REDUCTION AND ARUGULA ON GLUTEN FREE BREAD	
(GF) GRILLED CHICKEN	\$14.95
ON A TOASTED GLUTEN FREE ROLL WITH SRIRACHA AIOLI, PICKLES AND SEASONAL SLAW	
(GF) SESAME CRUSTED TUNA SANDWICH*	\$15.95
SESAME CRUSTED YELLOWFIN TUNA COOKED RARE ON A TOASTED GLUTEN FREE ROLL WITH PICKLED ONIONS, ASIAN SLAW, SRIRACHA MAYO AND FRESH CILANTRO	
(GF) KIM CHI GRILLED CHEESE	\$10.95
GRILLED GLUTEN FREE BREAD, SHARP CHEDDAR CHEESE AND KOREAN SPICY, FERMENTED CABBAGE AND VEGETABLES.	

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