

TICK-TOCKS ON TERRACE

GLUTEN FREE DINNER MENU

ENTRÉES

(GF) SERVED WITH A HOUSE SALAD. DRESSINGS - BLUE CHEESE, LOW-FAT BALSAMIC HOUSEMADE FARMERS RANCH, CITRUS & RUSSIAN. PROTEINS - CHICKEN OR SHRIMP

GF NY STRIP STEAK *	\$28.95
12OZ NY STRIP STEAK, HAND CUT. SERVED WITH MASHED POTATOES AND ROASTED SEASONAL VEGETABLES	
GF PORK CHOP	\$20.95
12OZ BONE IN PORK CHOP SERVED WITH MASHED POTATOES AND ROASTED VEGETABLES	
GF RIBS	\$22.95
RACK OF OUR HOUSE ROASTED BABY BACK RIBS GRILLED AND TOPPED WITH BOURBON BARBECUE SAUCE. SERVED WITH COLE SLAW AND COLLARD GREENS.	
GF TUNA STEAK*	\$22.95
SESAME CRUSTED, RARE, YELLOWFIN TUNA OVER YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.	
GF PAN SEARED SALMON	\$20.95
PAN SEARED SALMON, BLACK AND WHITE SESAME SEEDS, CHOPPED GREEN ONIONS WITH YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.	

SOUPS

GF FRENCH ONION SOUP	\$6.50
SLOW CARAMELIZED ONION SOUP TOPPED WITH PROVOLONE AND SWISS CHEESE.	

SALADS - LOCALLY SOURCED WHEN AVAILABLE

APPLE WALNUT SALAD	\$10.95
MIXED GREENS, SLICED APPLE, CANDIED WALNUTS, AND DRIED CRANBERRIES. • ADD A PROTEIN	
FIELD GREENS SALAD	\$10.95
CALKINS CREAMERY LIDA GOLD, TOASTED PEPITA SEEDS, RED ONION, CUCUMBER, TOMATO, CHOICE OF DRESSING..... • ADD A PROTEIN *	
KALE SALAD	\$11.95
FRESH KALE FROM FAR AWAY FARMS, DRIED CRANBERRIES, APPLES, AND CANDIED WALNUTS. SERVED WITH A HOUSE MADE CRANBERRY VINAIGRETTE.	

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

GF SANDWICHES

GF SANDWICHES SERVED WITH A HOUSE SALAD & SEASONAL HOUSE MADE SLAW

(GF) BLT	\$8.95
BACON, LETTUCE AND TOMATO ON TOASTED GLUTEN FREE BREAD	
(GF) THE CLASSIC BURGER*	\$13.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL, WITH LETTUCE, TOMATO AND RED ONION.	
(GF) STEAKHOUSE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH STEAK SAUCE AIOLI, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS, BACON, SWISS CHEESE, LETTUCE, TOMATO AND RED ONION	
(GF) TWISTED TERRACE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH BOURBON BARBECUE SAUCE, CHEDDAR CHEESE, CRISPY BACON, CARAMELIZED ONIONS AND GREENS	
(GF) STEAK SANDWICH	\$13.95
SLICED BEEF, ROASTED GARLIC AIOLI, PROVOLONE CHEESE, BALSAMIC REDUCTION AND ARUGULA ON GLUTEN FREE BREAD	
(GF) GRILLED CHICKEN	\$13.95
ON A TOASTED GLUTEN FREE ROLL WITH SRIRACHA AIOLI, PICKLES AND SEASONAL SLAW	
(GF) SESAME CRUSTED TUNA SANDWICH*	\$15.95
SESAME CRUSTED YELLOWFIN TUNA COOKED RARE ON A TOASTED GLUTEN FREE ROLL WITH PICKLED ONIONS, ASIAN SLAW, SRIRACHA MAYO AND FRESH CILANTRO	
(GF) KIM CHI GRILLED CHEESE	\$10.95
GRILLED GLUTEN FREE BREAD, SHARP CHEDDAR CHEESE AND KOREAN SPICY, FERMENTED CABBAGE AND VEGETABLES.	

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