

# TICK-TOCKS ON TERRACE

## GLUTEN FREE DINNER MENU

### ENTRÉES

(GF) SERVED WITH A HOUSE SALAD. DRESSINGS - BLUE CHEESE, LOW-FAT BALSAMIC HOUSEMADE FARMERS RANCH, CITRUS & RUSSIAN. PROTEINS - CHICKEN OR SHRIMP

**GF NY STRIP STEAK \*** \$29.95  
12OZ, HAND CUT, NY STRIP STEAK. SERVED WITH MASHED POTATOES AND ROASTED SEASONAL VEGETABLES

**GF PORK CHOP** \$21.95  
12OZ BONE IN PORK CHOP SERVED WITH MASHED POTATOES AND ROASTED VEGETABLES

**GF TUNA STEAK\*** \$23.95  
CAJUN SEASONED AND SEARED TUNA STEAK TOPPED WITH PINEAPPLE SALSA AND SERVED WITH RICE WITH CHEF'S CHOICE VEGETABLE.

**GF PAN SEARED SALMON** \$20.95  
PAN SEARED SALMON, BLACK AND WHITE SESAME SEEDS, CHOPPED GREEN ONIONS WITH YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.

**GF SHRIMP SKEWERS** \$20.95  
TWO GRILLED SHRIMP SKEWERS TOPPED WITH SWEET CHILI SAUCE, RICE, AND CHEF'S CHOICE VEGETABLE.

**GF RIBS** HALF RACK 19.95 FULL RACK 23.95  
RACK OF OUR HOUSE ROASTED BABY BACK RIBS GRILLED AND TOPPED WITH BOURBON BARBECUE SAUCE. SERVED WITH COLE SLAW AND CHEF'S CHOICE VEGETABLE.

### SOUPS

**GF FRENCH ONION SOUP** \$6.50  
SLOW CARAMELIZED ONION SOUP TOPPED WITH PROVOLONE AND SWISS CHEESE.

### SALADS

PROTEINS: CHICKEN, SHRIMP, SALMON, TUNA, OR 8OZ SIRLOIN.

DRESSINGS: CAESAR, BLUE CHEESE, RANCH, BALSAMIC, PARMESAN PEPPERCORN, AND RUSSIAN.

**APPLE WALNUT SALAD** \$11.95  
MIXED GREENS, SLICED APPLE, CANDIED WALNUTS, AND DRIED CRANBERRIES.  
• ADD A PROTEIN

**FIELD GREENS SALAD** \$10.95  
CALKINS CREAMERY LIDA GOLD, TOASTED PEPITA SEEDS, RED ONION, CUCUMBER, TOMATO, CHOICE OF DRESSING.....  
• ADD A PROTEIN \*

**GREEK SALAD** \$12.95  
MIXED GREENS, KALAMATA OLIVES, ROASTED RED PEPPERS, SMOKED FETA CHEESE AND, GREEK DRESSING.  
• ADD A PROTEIN.

\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

## GF SANDWICHES

GF SANDWICHES SERVED WITH A HOUSE SALAD & SEASONAL HOUSE MADE SLAW

(GF) BLT	\$8.95
BACON, LETTUCE, AND TOMATO ON TOASTED GLUTEN FREE BREAD	
(GF) THE CLASSIC BURGER*	\$14.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL, WITH LETTUCE, TOMATO, AND RED ONION.	
(GF) STEAKHOUSE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH STEAK SAUCE AIOLI, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS, BACON, SWISS CHEESE, LETTUCE, TOMATO, AND RED ONION	
(GF) TWISTED TERRACE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH BOURBON BARBECUE SAUCE, CHEDDAR CHEESE, CRISPY BACON, CARAMELIZED, ONIONS AND GREENS.	
(GF) STEAK SANDWICH	\$14.95
SLICED BEEF, GARLIC AIOLI, PROVOLONE CHEESE, BALSAMIC REDUCTION, AND ARUGULA ON GLUTEN FREE BREAD	
(GF) GRILLED CHICKEN SANDWICH	\$14.95
ON A TOASTED GLUTEN FREE ROLL WITH SRIRACHA AIOLI, PICKLES, AND SLAW	
(GF) KIM CHI GRILLED CHEESE	\$10.95
GRILLED GLUTEN FREE BREAD, SHARP CHEDDAR CHEESE, AND KOREAN SPICY FERMENTED CABBAGE, AND VEGETABLES.	

BE SURE TO LET YOUR SERVER KNOW IF YOU HAVE AN ALLERGY.

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