

TICK-TOCKS ON TERRACE

GLUTEN FREE DINNER MENU

ENTRÉES

(GF) SERVED WITH A HOUSE SALAD. DRESSINGS - BLUE CHEESE, LOW-FAT BALSAMIC HOUSEMADE FARMERS RANCH, CITRUS & RUSSIAN. PROTEINS - CHICKEN OR SHRIMP

GF NY STRIP STEAK *	\$28.95
12OZ NY STRIP STEAK, HAND CUT. SERVED WITH MASHED POTATOES AND ROASTED SEASONAL VEGETABLES	
GF PORK CHOP	\$20.95
12OZ BONE IN PORK CHOP SERVED WITH MASHED POTATOES AND ROASTED VEGETABLES	
GF RIBS	\$22.95
RACK OF OUR HOUSE ROASTED BABY BACK RIBS GRILLED AND TOPPED WITH BOURBON BARBECUE SAUCE. SERVED WITH COLE SLAW AND COLLARD GREENS.	
GF TUNA STEAK*	\$23.95
SESAME CRUSTED, RARE, YELLOWFIN TUNA OVER YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.	
GF PAN SEARED SALMON	\$20.95
PAN SEARED SALMON, BLACK AND WHITE SESAME SEEDS, CHOPPED GREEN ONIONS WITH YOUR CHOICE OF COCONUT QUINOA OR BASMATI RICE WITH STIR FRIED BROCCOLI AND CARROTS.	
GF SHRIMP SKEWERS	\$20.95
TWO GRILLED SHRIMP SKEWERS TOPPED WITH SWEET CHILI SAUCE, RICE AND CHEF'S CHOICE VEGETABLE.	

SOUPS

GF FRENCH ONION SOUP	\$6.50
SLOW CARAMELIZED ONION SOUP TOPPED WITH PROVOLONE AND SWISS CHEESE.	

SALADS - LOCALLY SOURCED WHEN AVAILABLE

APPLE WALNUT SALAD	\$10.95
MIXED GREENS, SLICED APPLE, CANDIED WALNUTS, AND DRIED CRANBERRIES. • ADD A PROTEIN	
FIELD GREENS SALAD	\$10.95
CALKINS CREAMERY LIDA GOLD, TOASTED PEPITA SEEDS, RED ONION, CUCUMBER, TOMATO, CHOICE OF DRESSING..... • ADD A PROTEIN *	

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

GF SANDWICHES

GF SANDWICHES SERVED WITH A HOUSE SALAD & SEASONAL HOUSE MADE SLAW

(GF) BLT	\$8.95
BACON, LETTUCE AND TOMATO ON TOASTED GLUTEN FREE BREAD	
(GF) THE CLASSIC BURGER*	\$13.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL, WITH LETTUCE, TOMATO AND RED ONION.	
(GF) STEAKHOUSE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH STEAK SAUCE AIOLI, CARAMELIZED ONIONS, SAUTÉED MUSHROOMS, BACON, SWISS CHEESE, LETTUCE, TOMATO AND RED ONION	
(GF) TWISTED TERRACE BURGER*	\$16.95
10OZ CERTIFIED ANGUS FLAME BROILED BEEF ON A TOASTED GLUTEN FREE ROLL WITH BOURBON BARBECUE SAUCE, CHEDDAR CHEESE, CRISPY BACON, CARAMELIZED ONIONS AND GREENS	
(GF) STEAK SANDWICH	\$13.95
SLICED BEEF, ROASTED GARLIC AIOLI, PROVOLONE CHEESE, BALSAMIC REDUCTION AND ARUGULA ON GLUTEN FREE BREAD	
(GF) GRILLED CHICKEN	\$13.95
ON A TOASTED GLUTEN FREE ROLL WITH SRIRACHA AIOLI, PICKLES AND SEASONAL SLAW	
(GF) SESAME CRUSTED TUNA SANDWICH*	\$15.95
SESAME CRUSTED YELLOWFIN TUNA COOKED RARE ON A TOASTED GLUTEN FREE ROLL WITH PICKLED ONIONS, ASIAN SLAW, SRIRACHA MAYO AND FRESH CILANTRO	
(GF) KIM CHI GRILLED CHEESE	\$10.95
GRILLED GLUTEN FREE BREAD, SHARP CHEDDAR CHEESE AND KOREAN SPICY, FERMENTED CABBAGE AND VEGETABLES.	

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