

# STORMS in Life

*A Sermon for the Seasons When the Wind Gets Loud*

## **Mark 4:37- 40 (NKJV)**

*“And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow... Then He arose and rebuked the wind, and said to the sea, ‘Peace, be still!’ And the wind ceased and there was a great calm...”*

**Bible Besties, let’s talk about something every single one of us will face: Storms in life.**

Not “maybe” storms. Not “if you’re extra holy you won’t have storms” storms. I’m talking about **real life** storms.

Sometimes the storm is **external**: money gets tight, health gets shaky, relationships get strained, doors close, the news is heavy, the pressure is real.

Sometimes the storm is **internal**: anxiety, fear, grief, discouragement, burnout, and silent battles nobody sees.

But here’s the good news: **storms don’t mean Jesus left you.** Storms are often the place where Jesus shows you **who He is** in a deeper way.

## **Storms Do Not Cancel Your Calling**

**Matthew 14:22–33** shows the disciples in a storm after obeying Jesus. They didn’t get in trouble because they lacked faith. They got in the boat because **Jesus told them to go.**

### **Wisdom Nugget:**

Sometimes you can be in the middle of God’s will *and still be in the middle of a storm.*

Storms don't mean you missed God.  
Storms don't mean you're cursed.  
Storms don't mean your faith is fake.

Storms simply mean: **you live in a broken world and you serve a mighty Savior.**

### **Life Application:**

Stop interpreting storms as rejection.

Start seeing storms as an invitation to **depend on Jesus more deeply.**

### **Storms Reveal What's In the Boat**

In **Mark 4**, the boat starts filling with water. That's pressure. That's panic. That's the moment you realize you can't "positive talk" your way out.

**Storms have a way of exposing what we really believe.**

- Do I believe God is good when I don't understand?
- Do I trust God when the timeline changes?
- Do I still worship when the wind is loud?

### **Luke 8:25 (NKJV)**

*"But He said to them, 'Where is your faith?'"*

Jesus wasn't shaming them. He was calling them higher.

### **Life Application:**

Storms don't create fear they expose it.

Then Jesus heals it, trains it, strengthens it, and turns it into testimony.

### **Jesus Might Be Quiet, But He's Not Absent**

This is the part that gets people:  
**Jesus was asleep in the storm.**

Not because He didn't care.  
But because He knew the outcome.

Sometimes you pray and it feels like heaven is quiet.  
But quiet does not mean powerless.  
Quiet does not mean absent.

### **Psalm 46:1–2 (NKJV)**

*“God is our refuge and strength, A very present help in trouble. Therefore we will not fear...”*

#### **Wisdom Nugget:**

If Jesus is in your boat, you may take on water but you will not take on defeat.

#### **Storms Obey the Voice of Jesus**

In **Mark 4:39**, Jesus speaks: “**Peace, be still!**”

Notice something:

Jesus didn’t negotiate with the storm.

He didn’t panic.

He didn’t match the storm’s energy.

He spoke with authority.

That same Jesus is still speaking today.

### **John 16:33 (NKJV)**

*“In the world you will have tribulation; but be of good cheer, I have overcome the world.”*

#### **When Jesus says He overcame, He means:**

- the storm can roar
- but it can't rule
- it can shake you
- but it cannot claim you

## Storms Can Become Your School

Storms teach things sunshine never will.

**Storms teach:**

- **endurance**
- **discernment**
- **prayer**
- **humility**
- **God-dependence**

**James 1:2-4 (NKJV)**

*“Count it all joy when you fall into various trials... knowing that the testing of your faith produces patience.”*

Now listen, James did not say the storm feels joyful.

He said count it joy because God uses it to produce something in you that you couldn't get any other way.

## How To Stand In Your Storm

Here are **5 ways to respond when storms hit:**

**1. Run to Jesus first** (not social media first, not worry first).

**Psalm 121:1-2 (NKJV)**

**2. Speak faith out loud.**

“Lord, You are with me. You will carry me. You will provide.”

**3. Keep doing the last thing God told you to do.**

Don't abandon obedience because of turbulence.

**4. Reject panic partnerships.**

Don't agree with fear. Don't marry anxiety. Don't sign contracts with despair.

**5. Expect peace that surpasses understanding.**

**Philippians 4:6-7 (NKJV)**

## A Holy Highlight

**The storm is not your ending, calm is coming.**

God never promised no storms.

But He did promise: **He will bring you through.**

### **Psalm 34:19 (NKJV)**

*“Many are the afflictions of the righteous, But the Lord delivers him out of them all.”*

### **Call to Salvation / Call to Return**

If you're in a storm and you realize you've been trying to survive without Jesus, today is the day to come home.

Jesus is not just a helper.

He is Savior.

He is Lord.

He is Peace.

Dear Lord Jesus, we come to You right now. You see every storm we are facing storms in our minds, storms in our homes, storms in our bodies, storms in our finances, storms in our relationships. We invite You into the boat. We ask You to speak peace over us. Strengthen our faith, steady our hearts, and silence every voice of fear. Help us to trust You even when the waves are loud. We declare that You are Lord over every storm, and we will not drown in what You've already conquered. In Jesus' mighty name, Amen.

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# **Jesus, Our Savior in Every Storm**

Jesus, our Savior, when storms appear,  
You draw us close and calm our fear.

When thunder roars, and winds blow wild,  
You hold us safe, Your precious child.

The waves may rise, the dark may grow,  
But You are Lord of all we know.

You speak, “Be still,” and peace will come,  
Our hearts find rest in God’s own Son.

So, in each storm, both day and night,  
You are our hope, our strength, our light.  
No matter what this world may prove,  
We stand secured in Savior-love.

*Poem by: Stephanie Smith*

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