



Post Traumatic Growth & Suicide Prevention Conference Agenda

Conference June 17 & 18th, 2026

Overview: This conference is designed to empower medical staff, therapists, military, law enforcement, and peer support professionals with the knowledge and tools to foster post traumatic growth (PTG) in clients and within themselves. By exploring the latest research, clinical practices, and personal experiences, attendees will gain a deeper understanding of trauma, resilience, and healing!

Master of Ceremonies (MC) Ryan MacPherson - Solution Services

June 17, 2026

7:30-8:30 a.m. Registration

8:30-9:00 a.m. Conference Starts - Welcome

9:00 – 10:00 a.m.

Hugh D. Watt, MSW, LCSW, Executive Director Post Traumatic Growth Project

Post Traumatic Growth - Keynote Address

CEU = 1

10:00 – 11:00 a.m.

Laura E. Juarez, DPA, PA-C, MPH, Board Member Post Traumatic Growth Project

“Research and Clinical Practice of Post Traumatic Growth”

CEU= 1

11:00 – 12:00 a.m.

Ruth Gerritsen-McKane, PhD, MSW, LCSW (UT), LICSW (MN)

Director MSW Field Education, Associate Professor, Regis College – Weston MA

“Life's Possibilities Redefined: Navigating Trauma Without Toxic Positivity” **CEU = 1**

LUNCH IS NOT PROVIDED - Lunch on your own 12:00-1:30

1:30 – 2:30 p.m.

Jason Webb, MSW, LCSW

“Appreciation For Life” - Reframe trauma: From PTSD to PTG

CEU = 1

2:30 – 3:30 p.m.

Benée Larsen, Suicide Prevention Director NAMI

“Words Matter”

CEU = 1

Messaging Matters is a community-focused education program that builds capacity for safe, effective, and prevention-oriented communication about suicide.

3:30 – 4:30 p.m. Suicide Prevention

Laura Bradbury, LCSW, PhD, Assistant Professor U of U Nursing

“Suicide Prevention”

CEU = 1

4:30 – 5:30 p.m. Summary for first day

5:30 End Day One

June 18, 2026

8:30-9:00 a.m. Conference Starts Welcome

9:00 – 10:00 a.m.

Dr. David B. England II, PsyD, MS, PCC Performance & Licensed Clinical Psychologist

“Sustaining Helper Growth Integration”

CEU = 1

10:00-11:00 a.m.

Steffanie Anderson, MBA

“Spiritual and Existential Change with Post Traumatic Growth”

CEU = 1

11:00 – 12:00 a.m.

Betsy Kanarowski, PhD, LCSW Chief Clinical Officer at Saprea

“The Role of Relationships in Post Traumatic Growth”

CEU = 1

LUNCH IS NOT PROVIDED - Lunch on your own 12:00-1:30

1:30 – 2:30 p.m. Suicide Prevention

Edwin, E. Nyambi, PA-C, DMSc, MPAS

“Suicide Prevention”

CEU = 1

2:30 – 3:30 p.m.

The Honorable Paul M. Warner, J.D., M.P.A. Retired U.S. Magistrate Judge, Colonel,
Army National Guard Judge Advocate General (Retired)

“Finding Personal Strength after Trauma”

CEU = 1

3:30 – 4:30 p.m.

Hugh Watt, MSW, LCSW

“Finding Hope After Trauma with Post Traumatic Growth”

CEU = 1

4:30 – 5:00 p.m. Certificates & Feedback

5:30 End Day Two

See you Next June!