

Posttraumatic Growth Inventory for Children – Revised (PTGI-C-R)

Child's Name/ID: _____ Date: _____

Age: _____ Administered by: _____

Introduction (read aloud to the child): Ok, now we're going to move on to another one... Some things change over time, some things don't. For example, some things in your life are different now than they were before [the event/what happened] and some things are not.

I want to hear from you – what has changed since [the event]?

Some kids like you tell us that they have noticed ways in which they are different now in how they are and what they feel and think, compared to how they were before [the event] and what happened afterward. How about you? How have you changed?

Let's talk about some more specific questions about changes...

As we have been talking about, some kids like you tell us that they have noticed ways in which they are different now, compared to how they were before [the event] and what happened afterward. Everybody's different, so some kids don't notice any change, some kids notice a lot, and some kids are in between. There are no right or wrong answers, and there's no right or wrong way to be.

I want you to think about how you used to be before [the event] and how you are now. I am going to ask you some questions about some different changes that might have happened from before [the event] to now. Tell me how much you have changed. It is ok to say that these changes didn't happen, and it is ok to say that they did. Tell me what answer is better.

[Show response scale card/visual with hand gestures for emphasis: No change (hands close), A little (small gap), Some (medium gap), A lot (big gap).]

Practice examples (read aloud):

- The first one is: "I am a boy/girl." Has that changed since before [the event]? (No change expected.)
- Next: "I am bigger than I used to be." Has that changed? (Think about height/growth – usually some/a lot.)

Any questions? Ok, now let's go on to our other questions. These aren't for practice anymore.

Response Scale (circle or check one for each item): 0 = No change 1 = A little 2 = Some 3 = A lot (If the child says "I don't know," note it but do not score that item.)

- | | | | | |
|---|---|---|---|---|
| 1. I learned how nice and helpful some people can be. | 0 | 1 | 2 | 3 |
| 2. I can now handle big problems better than I used to. | 0 | 1 | 2 | 3 |
| 3. I know what is important to me better than I used to. | 0 | 1 | 2 | 3 |
| 4. I understand how God works better than I used to. | 0 | 1 | 2 | 3 |
| 5. I feel closer to other people (friends or family) than I used to. | 0 | 1 | 2 | 3 |
| 6. I appreciate (enjoy) each day more than I used to. | 0 | 1 | 2 | 3 |
| 7. I now have a chance to do some things I couldn't do before. | 0 | 1 | 2 | 3 |
| 8. My faith (belief) in God is stronger than it was before. | 0 | 1 | 2 | 3 |
| 9. I have learned that I can deal with more things than I thought I could before. | | | | |
| | 0 | 1 | 2 | 3 |
| 10. I have new ideas about how I want things to be when I grow up. | 0 | 1 | 2 | 3 |

Customize the event reference (e.g., replace "[the event]" with "the accident," "the fire," etc.) as appropriate.

Scoring Guide:

- Sum the responses to the 10 closed-ended items (0–3 each).
- Total score range: 0–30 (higher scores indicate greater perceived posttraumatic growth).
- Do **not** include “I don’t know” responses in the sum (treat as missing for that item).
- The two open-ended questions are qualitative/verification only (not scored) — they help confirm the child understands the concept of change over time.
- Subscales/domains (optional; 2 items each):
 - Relating to Others: Items 1 & 5
 - Personal Strength: Items 2 & 9
 - Appreciation of Life: Items 3 & 6
 - Spiritual Change: Items 4 & 8
 - New Possibilities: Items 7 & 10

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(Developed by researchers at UNC Charlotte; free for research/clinical/educational use. Send copies of any resulting publications/reports to the UNC Charlotte Psychology Department.)