Granthams Family Bakers

** - May have traces as we use in the bakery **** - seed topping - brown & golden linseeds, sunflower, pumpkin & sesame														
	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
Products		containing										Seeds		Dioxide
		Gluten												
BREAD														
Currant Teacake	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	yes
Flatcake	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
Harvester Farmhouse	**	wheat bran, oats, rye	**	**	**	**	**	**	**	**	**	**	soya lecithin	**
Harvester Teacake	**	wheat bran, oats, wheat, rye	**	**	**	**	**	**	**	**	**	**	soya lecithin	**
Hot X Buns	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	yes
Italinan Ciabatta	**	wheat, rye, barley	**	**	**	**	**	**	**	**	**	**	soya beans	**
Long Bun	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	yes
Multiseed Sub ****	**	wheat bran, oats, wheat, rye	**	egg top wash	**	**	**	**	**	**	**	****seed topping	soya lecithin	**
Soup roll	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
White Baguette	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
White Farmhouse	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
White/Brown Bap	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
White/Brown Teacake	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
Wholemeal Baguette	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
Wholemeal Cob	**	wheat, oat flakes	**	egg top wash	**	**	**	**	**	**	**	**	soya flour	**
Wholemeal Farmhouse	**	wheat	**	**	**	**	**	**	**	**	**	**	soya flour	**
Wholemeal Square	**	wheat, oat flakes	**	egg top wash	**	**	**	**	**	**	**	**	soya flour	**
Wholemeat Sub with oats	**	wheat, oat flakes	**	egg top wash	**	**	**	**	**	**	**	**	soya flour	**

** - May have traces as we use in the bakery

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
BAKED GOODS		containing Gluten										Seeds		Dioxide
Apple Pie	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Blueberry Pie	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Cherry Pie	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Cherry Scone	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Curd Tart	**	wheat	**	yes	**	**	yes	**	**	nutmeg	**	**	**	yes
Cusrard Danish	**	wheat, maize	**	yes	**	**	yes	**	**	**	**	**	soya flour	yes
Custard Tart	**	wheat	**	yes	**	**	yes	**	**	nutmeg	**	**	**	**
Danish Pastry	**	wheat	**	yes	**	**	yes	**	**	**	**	**	soya flour	yes
Date Scone	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
French Bun	**	wheat	**	yes	**	**	yes	**	**	**	**	**	soya flour	yes
Fruit Scone	**	wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Stollen	**	wheat	**	yes	**	**	yes	**	**	almonds	**	**	**	yes

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
FRESH CREAMS		containing Gluten										Seeds		Dioxide
Apple Turnover	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Cake	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Chocolate Éclair	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Chocolate Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Cream Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Donut	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
French Bun	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	Soya Flour	yes
Meringue	**	**	**	yes	**	**	yes	**	**	**	**	**	**	yes
Scone	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Strawberry Tart	**	Maize, Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Triffle	**	Maize, Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Vanilla Slice	**	Maize, Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes

^{** -} May have traces as we use in the bakery

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
** - May have traces as we use	e in the baker	ry												
SAVOURIES/PIES														
Cheese & Bacon Lattice	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	yes
Cheese & Onion Pasty	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	yes
Cheese & Onion Quiche	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Cheese & Tomato Pizza	**	Barley, Wheat, Rye	**	yes	**	**	yes	**	**	**	**	**	Soya Beans	**
Chicken & Mushroom Slice	yes	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Corned Beef & Onion Slice	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	yes
Cream of Veg Slice	yes	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Ham & Cheese Quiche	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	**
Mince & Onion Pie	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Minced Beef & Veg Pasty	**	Barley, Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Peppered Steak Slice	**	Barley, Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Pepperoni Pizza	**	Barley, Wheat, Rye	**	yes	**	**	yes	**	**	**	**	**	Soya Beans	**
Pork Pie	yes	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	**
Potato & Meat Pie	**	Barley, Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Red Thai Pasty	**	Wheat	**	yes	**	**	**	**	**	**	**	**	yes	**
Sausage Roll	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	yes
Stand Pie	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**
Steak & Kidney Pie	**	Wheat	**	yes	**	**	yes	**	yes	**	**	**	yes	**

** - May have traces as we use in the bakery

.,	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
		Containing Gluten										Seeds		Dioxide
CONFECTIONERY														
Almond Slice	**	Wheat	**	yes	**	**	**	**	**	Almonds	**	**	**	**
Apple & Almond Slice	**	Wheat	**	yes	**	**	yes	**	**	Almonds	yes	**	yes	yes
Apple Crumble	**	Wheat	**	**	**	**	**	**	**	**	**	**	yes	**
Blueberry Muffin	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Brighton Jam Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Caramel & Cranberry Melt	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Caramel Flapjack	**	Wheat	**	**	**	**	yes	**	**	**	**	**	yes	**
Carrot Cake	**	Wheat	**	yes	**	**	yes	**	**	Walnuts	**	**	**	yes
Cherry & Almond Flapjack	**	Wheat	**	yes	**	**	**	**	**	Almonds	**	**	**	yes
Cherry & Walnut Shortcake	**	Wheat	**	yes	**	**	**	**	**	Walnuts	**	**	**	yes
Cherry & Coconut Crunch	**	Oats, Barley, Wheat	**	yes	**	**	**	**	**	Almonds	yes	**	soya	yes
Chocolate Brownie	**	Wheat	**	yes	**	**	yes	**	**	Walnuts	**	**	yes	**
Chocolate Caramel Slice	**	Wheat	**	**	**	**	yes	**	**	**	**	**	yes	yes
Chocolate Chip Shortcake	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	Lecthin	**
Chocolate Crunch	**	Oats, Barley, Wheat	**	**	**	**	yes	**	**	**	**	**	yes	**
Chocolate Muffin	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Chocolate Orange Cookie	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	**
Chocolate Satin Cake	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	Soya Beans	**
Chocolate Tiffin	**	Wheat	**	**	**	**	yes	**	**	**	**	**	yes	yes
Coconut Macaroon	**	Wheat	**	yes	**	yes	yes	**	**	**	**	**	yes	yes
Coconut Slice	**	Wheat	**	yes	**	yes	yes	**	**	Almonds	**	**	yes	yes
Coconut Tart	**	Wheat	**	yes	**	yes	yes	**	**	Almonds	**	**	yes	yes
Crunch - Cherry & Coconut	**	Oats, Barley, Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Crunch - Plain	**	Oats, Barley, Wheat	**	**	**	**	ves	**	**	**	**	**	yes	**
Currant Slice	**	Wheat	**	ves	**	**	**	**	**	**	**	**	**	yes
Date Pasty	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	yes
Delux Fruitcake Slice	**	Wheat	**	yes	**	**	ves	**	**	**	**	**	**	yes
Eccles Cakes	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	yes
Fruit & Nut Crunch	**	Wheat	**	yes	**	**	yes	**	**	Almonds, Hazelnuts	yes	**	**	yes
Fruit Vienesse	**	Wheat	**	**	**	**	**	**	**	**	**	**	**	yes
Ginger Buns	**	Wheat	**	**	**	**	**	**	**	**	**	**	**	**
Ginger Paradise Slice	**	Wheat	**	ves	**	**	ves	**	**	**	**	**	yes	yes
Ginger Slice	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	**
Gingerbread	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	**
Granola Traybake	**	Barley, Oats	**	**	**	**	yes	**	**	**	**	**	**	yes
Ground Rice Tart	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	yes
Honey & Fruit Flapjack	**	Oats, Barley, Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Halloween Bun	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Halloween Oreo Spider Bun	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Iced Buns	**	Wheat	**	yes	**	yes	yes	**	**	**	**	**	**	**
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Lemon Sensation Cake	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	Soya Beans	yes
Mint Chocolate Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	**
Muesli Slice	**	Wheat	**	yes	**	**	**	**	**	**	**	**	yes	yes
Muffins	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Paradise Slice	**	Wheat	**	yes	**	**	**	**	**	Almonds	**	**	**	yes
Raspberry Buns	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Rocky Road	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	Lecthin	yes
Satin Cake	**	Wheat	**	yes	**	yes	yes	**	**	**	**	**	Soya Beans	**
Shrewsburry Biscuits	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	yes
Smartie Cookie	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	yes	yes
Sprinkle Cake	**	Wheat	**	yes	**	yes	yes	**	**	**	**	**	soya beans	yes
Tiffin Traybake	**	Wheat	**	**	**	**	yes	**	**	**	**	**	Lecthin	yes
Xmas Cake	**	Wheat	**	yes	**	**	yes	**	**	Almonds	**	**	yes	yes
Xmas Mince Pie	**	Wheat	**	**	**	**	**	**	**	**	**	**	yes	yes
Xmas Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	**	yes
Xmas Viennese Slice	**	Wheat	**	**	**	**	**	**	**	**	**	**	**	yes
Yogurt Muesli Slice	**	Wheat	**	yes	**	**	yes	**	**	**	**	**	soya, lecthin	yes
Yorkshire Fat Rascal	**	Wheat	**	yes	**	**	yes	**	**	Almonds	**	**	**	yes
Yum Yums	**	Wheat	**	yes	**	**	**	**	**	**	**	**	**	**

^{** -} May have traces as we use in the bakery

MISCELLANEOUS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Baked Beans	**	**	**	**	**	**	**	**	**	**	**	**	**	**
Chilli	**	**	**	**	**	**	**	**	**	**	**	**	**	**
Coleslaw	**	**	**	yes	**	**	yes	**	yes	**	**	**	**	**
Gravy	**	Barley, Wheat	**	**	**	**	**	**	**	**	**	**	yes	**
Mayonaise - All	**	**	**	yes	**	**	**	**	yes	**	**	**	**	**
Mayonaise - Light	**	**	**	yes	**	**	**	**	yes	**	**	**	**	**
Mushy Peas	**	**	**	**	**	**	**	**	**	**	**	**	**	**
Pickle	**	Barley	**	**	**	**	**	**	**	**	**	**	**	yes
Salad Cream	**	**	**	yes	**	**	**	**	yes	**	**	**	**	**

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