

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Drinks: Water/Milk. A selection of cereals, toast, porridge.	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Morning snack Drinks: Milk or Water. Served with Mixed fresh fruits on the side	Toasted English muffin and spread with clementine.	hummus and breadsticks	Rice cakes & sliced grapes	Buttered Croissant	Hot cross burns with Jam
Lunch and dessert Drinks: Water	Roast chicken with potatoes, gravy and vegetables followed by fresh fruit yoghurt.	Lamb tagine with vegetable couscous/plain Pasta followed by warm winte[-r fruit sakad and vanilla sauce.	vegetarian meatballs with spaghetti/plain Rice, peas, and carrots. Followed by seasonal fruits.	Chickpea and vegetable biryani/ Cheese pizza followed by mandarin jelly.	Haddock and salmon pie with red cabbage & runner beans. Oven chips Followed by Eves Pudding
Afternoon Snack Drinks: Milk or Water	mixed fruits and oat biscuit	Buttered Crumpets	Buttered Pitta bread chicken slice/Cheese roll	Sweetcorn and crackers with spread	Crackers/Carrots stick, pepper sticks houmous
Tea Drinks: Water	Mixed Veg Noodles	Tuna mayonnaise with jacket potato	Fish, peas and chips	Mushroom/cheese pasta bake	Mexican and cheese wraps.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Drinks: Water/Milk. A selection of cereals, toast, porridge.	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Morning snack Drinks: Milk or Water. Served with Mixed fresh fruits on the side	Cucumber and carrot sticks	Rice Cakes with cream cheese	Crackers and sliced grapes	Banana slices/buttered Toast	Mixed fruits
Lunch and dessert Drinks: Water	Lamb goulash with brown rice and green beans followed by orange slices and shortbread	Creamy chicken and leek hotpot with broccoli. Followed by yoghurt and pear	Beef lasagne with garlic bread and peas. Followed by mixed fruit	Fishcakes with potatoe wedges and mixed veg followed by seasonal fruit and yoghurt	Sweet and sour vegetable noodles followed by banana and rice pudding
Afternoon Snack Drinks: Milk or Water	Banana and toast	Mixed fruits	Cheese sticks and tomatoes/buttered Toast	Buttered Crumpet	Melon and blueberries
Tea Drinks: Water	Mac and cheese	Little Chef's Choice Veg Pizza	Salmon rice salad	Selection of sandwiches.	Mixed bean chilli and jacket potatoes



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Drinks: Water/Milk. A selection of cereals, toast, porridge.					
Morning snack	Bagel and cream cheese	Plain yoghurt and banana slices	Buttered Croissant	Hot cross burns with Jam	Bread sticks and apple
Drinks: Milk or Water. Served with Mixed fresh fruits on the side					
Lunch and dessert	Mixed bean and root vegetable stew with couscous	Lamb barley hotpot with pasta followed by custard	Chicken korma with brown rice followed by mixed fruit	Little Chef's Choice Children cooking activity.	Haddock in cheese sauce with baby potatoes followed
Drinks: Water	followed by apple pie	and cake	youghurt	Children cooking activity.	by fruity oat crumble
Afternoon Snack	chicken and cheese slice	Pitta bread and tzatziki	Mixed chopped seasonal fruit	mixed fruit barbecue	Crumpets with berries.
Drinks: Milk or Water	wrap				
Tea Drinks: Water	Couscous and chickpea salad	Mexican and cheese wraps.	Little Chef's Choice Veg Pizza	Tomatoes and cucumber Sandwiches	Mushroom/cheese pasta bake
Drinks: Water			Veg / 1224	TOMATO CUCUMBER SANDWICH	



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Drinks: Water/Milk. A selection of cereals, toast, porridge.	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Morning snack Drinks: Milk or Water. Served with Mixed fresh fruits on the side	Bagel and cream cheese	Plain yoghurt and banana slices	Avocado on toast	Carrot and celery sticks	Bread sticks and apple
Lunch and dessert Drinks: Water	Mixed bean and veg stew with rice and ice cream	Minced lamb lasagne with garlic bread with cream cake	Chicken korma with brown pasta followed by yoghurt/peach	Little Chef's Choice Children cooking activity.	Haddock with oven chips followed by fruity ice cream
Afternoon Snack Drinks: Milk or Water	chicken and cheese slice wrap	Pitta bread wrap	Mixed chopped seasonal fruit and buttered toast	Crumpets and spread	Crackers with cheese and cucumber
Tea Drinks: Water	Cheese, runner beans potato	Tomatoes and cucumber Sandwiches Tomato cucumber Tomato cucumber	Tuna, tomatoes, sweet corn and pasta	Couscous and chickpea salad	Crackers and cucumber and carrot