



# CARING DADS

**Do you have a few hours in your week, either during the day, evenings or weekends to be part of a rewarding & exciting team of volunteers?**

- **FULL TRAINING PROVIDED**
- **TRAIN TO BECOME A CARING DAD'S FACILITATOR**
- **LEARN NEW SKILLS**
- **ON-GOING SUPPORT PROVIDED**
- **FLEXIBLE HOURS**

**REQUIREMENTS: HAVE KNOWLEDGE AROUND DOMESTIC ABUSE.**

**Caring Dads** is an intervention that aims to contribute to the safety and well-being of children. Caring Dads is for fathers who have been physically or emotionally abusive towards their partners and children. It is an evidence based programme which uses Cognitive Behavioural Therapy (CBT).

## TRAINING

192 Cumberland Road  
12th Dec & 19th Dec  
1-4pm

Please contact the Caring Dads lead Musarat Rashid for more details on:  
[Musarat.rashid@newham.gov.uk](mailto:Musarat.rashid@newham.gov.uk)