



FUELED BY HEAVENLYFIT

 heavenlyfit_ || heavenly-fit.com

CALL OR TEXT TO ORDER
 **714-767-9726**
Delivery +\$10 within 20mi.

Olive & Avocado oil used to prepare all meals

Breakfast

Protein Overnight Oats V/DF/GF \$10

Cold oats mixed with protein powder, chia seeds, almond milk, cinnamon, topped with nuts, fruit and yogurt (DF/greek)

Blueberry Yogurt Parfait DF/GF \$8

Layers of yogurt mixed with protein powder, topped with a scoop of granola and blueberries

Egg Bites DF/GF \$8

Mini omelets packed with protein including eggs, turkey bacon, shredded cheese and cottage cheese (DF cheeses available) (3)

Energy Bites DF/GF \$6

No-bake mixture of oats, peanut butter, honey, chia seeds, dark chocolate chips, coconut flakes and oil (3)

Beverages

Meal Replacement Shake \$9

Almond/peanut butter, protein, banana, oats, almond milk (plant/whey protein) 25g

Celery Juice \$8

Ginger Shot \$4

Lunch/Dinner

Glazed Salmon Bites DF/GF \$19

Salmon bites served with basmati rice and brussel sprouts + honey glaze on side

Steak Fajita Bowl DF/GF \$18

Sliced beef mixed with onions, and bell peppers served with brown rice + sauce on side

Turkey Chipotle Bowl DF/GF \$16

Ground turkey, served with quinoa, corn, black beans, topped with shredded lettuce + chipotle lime sauce

Spaghetti Squash V/DF/GF \$14

Spaghetti squash w/meatless red sauce and broccoli +\$2 ground beef or turkey

Honey Sriracha Chicken Bowl DF/GF \$15

Chicken breast served with asparagus and basmati rice + sriracha sauce on side

RECEIVE 20% OFF WHEN BUYING 10+ PLATES

Please notify of any allergies/food restrictions
Substitutions are available