


FUELED BY HEAVENLYFIT

 heavenlyfit_ || heavenly-fit.com

CALL OR TEXT TO ORDER



714-767-9726

Delivery +\$10 within 20mi.

Olive & Avocado oil used to prepare all meals

Breakfast

Blueberry Protein Overnight Oats \$7.49

Cold oats mixed with protein powder, chia seeds, almond milk, cinnamon, topped with greek yogurt, blueberries and nuts. (DF yogurt available upon request)

Calories: 339 Carbs: 52 g Protein: 26 g Fat: 28 g

PB Banana Protein Overnight Oats \$7.49

Cold oats mixed with protein powder, chia seeds, almond milk, peanut butter, vanilla, maple syrup, topped with sliced banana and almond slices. (DF yogurt available upon request)

Calories: 377 Carbs: 56 g Protein: 28 g Fat: 11 g

Strawberries & Cream Parfait \$6.49

Creamy greek yogurt layered and topped with strawberries, coconut and GF granola.

Calories: 339 Carbs: 52 g Protein: 26 g Fat: 28 g

Energy Bites \$6.99

No-bake mixture of oats, peanut butter, honey, chia seeds, dark chocolate nibs and coconut flakes. (3)

Calories: 339 Carbs: 18 g Protein: 18 g Fat: 5 g

Breakfast Plate \$9.99

Eggs served with red potatoes, red peppers and chicken sausage. + salsa.

Calories: 368 Carbs: 28 g Protein: 26 g Fat: 15 g

Beverages

Celery Juice \$8

Watermelon Juice \$8

Strawberry Apple Juice \$8

Ginger Shot \$4

Entrees

*Tofu substitute available upon request

Steak Frites \$13.99

Tender steak bites served with spinach and sweet potatoes + chimichurri sauce.

Calories: 518 Carbs: 28 g Protein: 35 g Fat: 29 g

Carne Asada Bowl \$13.99

Tender and juicy marinated steak served with basmati rice, black beans and corn + avocado salsa.

Calories: 579 Carbs: 57 g Protein: 40 g Fat: 20 g

Lemon Garlic Shrimp \$14.99

Marinated shrimp served with asparagus and basmati rice.

Calories: 339 Carbs: 38 g Protein: 40 g Fat: 3 g

Cajun Salmon Linguine \$14.99

Fresh salmon served on top of gluten free linguine noodles and asparagus + cajun cream sauce.

Calories: 382 Carbs: 29 g Protein: 42 g Fat: 3 g

Pollo Asada Bowl \$12.99

Grilled marinated chicken thigh paired with black beans and basmati rice + green tomatillo salsa.

Calories: 463 Carbs: 52 g Protein: 38 g Fat: 10g

Zesty Chipotle Lime Chicken Bowl \$12.99

Seasoned shredded chicken served over Mexican rice + salsa verde.

Calories: 424 Carbs: 45 g Protein: 31 g Fat: 14g

10 ENTREES FOR \$120

15 ENTREES FOR \$168

Order by : Saturday for Monday pick up & Monday for Wednesday pick up