

FUELED BY HEAVENLYFIT

 heavenlyfit_ || heavenly-fit.com

CALL OR TEXT TO ORDER



714-767-9726

Delivery +\$15 within 20mi.

*Extra Protein +\$4 - Olive oil used to prepare all meals

Breakfast

Blueberry Vanilla Overnight Oats

Overnight oats with almond milk, protein, blueberries & nut topping.

\$10.99

339 CAL 26 PROTEIN 42 g CARBS 28 g FAT

Chocolate Peanut Butter Protein Oats

Chocolate oats with peanut butter, protein & chocolate chips.

\$10.99

370 CAL 38 g PROTEIN 41 g CARBS 8 g FAT

Protein Box

3 boiled eggs with turkey bacon.

\$9.99

300 CAL and 27g PROTEIN 3 g CARBS 20 g FAT

Energy Bites

No-bake oats, peanut butter, protein, honey & chocolate bites (3).

\$9.99

339 CAL 18 g PROTEIN 18 g CARBS 5 g FAT

Breakfast Skillet

Sausage, potatoes, peppers & eggs with salsa.

\$12.99

375 CAL 29 g PROTEIN 29 CARBS 10 g FAT

Breakfast Sandwich

Eggs, cheese, arugula & turkey bacon on sourdough.

\$12.99

295 CAL 28 g PROTEIN 14 g CARBS 3 g FAT

Entrees

Build a Bowl

\$16.99

Choose protein : ground chicken, turkey or beef

Veggies: broccoli, green beans or Brussels

Carb: rice, or sweet potatoes

380 CAL 32 g PROTEIN Carbs: 35 g CARBS 12 g FAT

Teriyaki Chicken Bowl

\$16.99

Teriyaki chicken with rice, broccoli & sesame seeds.

427 CAL 34 g PROTEIN 35 g CARBS 9 g FAT

Chicken Fajitas

\$16.99

Grilled chicken with peppers, onions & rice.

365 CAL 29 g PROTEIN 39 g CARBS 10 g FAT

Grilled Chicken Salad

\$15.99

Chicken, greens, tomatoes & green goddess dressing.

227 CAL 29 g PROTEIN 10 g CARBS 8 g FAT

Carne Asada Bowl

\$17.49

Marinated steak with rice, beans & corn salsa..

420 CAL 40 g PROTEIN 52 g CARBS 15 g FAT

Steak Stir-Fry

\$17.49

Steak with peppers and onions over rice.

347 CAL 34 g PROTEIN 47 g CARBS 3.7 g FAT

Korean Ground Beef Bowl

\$17.49

Sweet & savory beef with rice & green beans.

396 CAL 29 g PROTEIN 44 g CARBS 11 g FAT

Spaghetti Squash w/ Meat Sauce

\$16.49

Turkey meat sauce over spaghetti squash.

281 CAL 28g PROTEIN 24 g CARBS 8 g FAT

10 PLATES / \$170

12 PLATES/\$198

16 PLATES/\$248

JUICES & VEGAN OPTIONS -->

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Vegan Entrees

Sticky Sesame Chickpeas

\$16.50

Seasoned chickpeas served with jasmine rice and broccoli.

Calories: 321 Carbs: 49 g Protein: 12 g Fat: 9.6 g

Jackfruit Carnitas Bowl

\$16.50

Juicy seasoned jackfruit served over basmati rice with black beans, corn and cilantro.

Calories: 180 Carbs: 38 g Protein: 7 g Fat: .75 g

Korean Ground Beef Bowl

\$17.99

Marinated ground “beef” served with jasmine rice and green beans + Korean glaze sauce.

Calories: 180 Carbs: 38 g Protein: 7 g Fat: .75 g

Spaghetti Squash w/ Meat Sauce

\$16.99

Spaghetti Squash served with ground beyond beef mixed with red sauce and broccoli.

Calories: 225 Carbs: 14 g Protein: 16 g Fat: 13 g

Grilled Portobello Mushroom Steak

\$17.99

Seasoned mushroom served with asparagus and potatoes.

Calories: 185 Carbs: 27 g Protein: 7 g Fat: 5.5 g

Spiced Chickpea Rice Bowl

\$16.50

Roasted spiced chickpeas served with jasmine rice, roasted seasonal vegetables and a lemon tahini dressing.

Calories: 480 Carbs: 44g Protein: 28g Fat: 18g

7-Day Reset (42 juices)

Vanilla Milk

\$240

Filtered water, raw almonds, dates, vanilla extract and sea salt.

360 CAL 12g PROTEIN 26 g CARBS 25 g FAT

Greens 2

Green apples, cucumber, celery, spinach, kale, parsley and lemon.

185 CAL 3g PROTEIN 43 g CARBS 1 g FAT

Roots 2

Apples, beets, carrot, butternut squash, spinach, kale, parsley, lemon and ginger.

220 CAL 4g PROTEIN 51 g CARBS 1 g FAT

Citrus

Pineapple, apple, lemon, mint.

210 CAL 2g PROTEIN 51 g CARBS 1 g FAT

Greens 3

Green apples, cucumber, celery, spinach, kale, parsley and lemon.

185 CAL 3g PROTEIN 43 g CARBS 1 g FAT

Chocolate Banana Protein Smoothie

Banana, almond milk, protein powder, almond butter, cocoa powder, agave, vanilla, cinnamon, sea salt.

360 CAL 12g PROTEIN 26 g CARBS 25 g FAT

Juices / Meal Replacements

Celery

\$10.99

Watermelon

\$10.99

Pineapple

\$10.99

Orange

\$10.99

Green Goddess

\$10.99

Protein Meal Replacement

\$10.99