


FUELED BY HEAVENLYFIT

 heavenlyfit_ || heavenly-fit.com

CALL OR TEXT TO ORDER



714-767-9726

Delivery +\$15 within 20mi.

*Extra Protein +\$4 - Olive oil used to prepare all meals

Breakfast

Blueberry Protein Overnight Oats

Overnight oats with almond milk, protein, blueberries & nut topping. **\$10.99**

339 CAL 26 PROTEIN 42 g CARBS 28 g FAT

Chocolate Peanut Butter Protein Oats

Chocolate oats with peanut butter, protein & chocolate chips. **\$10.99**

370 CAL 38 g PROTEIN 41 g CARBS 8 g FAT

Protein Box

3 boiled eggs with turkey bacon. **\$9.99**

300 CAL and 27g PROTEIN 3 g CARBS 20 g FAT

Energy Bites

No-bake oats, peanut butter, protein, honey & chocolate bites (3). **\$9.99**

339 CAL 18 g PROTEIN 18 g CARBS 5 g FAT

Breakfast Skillet

Sausage, potatoes, peppers & eggs with salsa. **\$12.99**

375 CAL 29 g PROTEIN 29 CARBS 10 g FAT

Breakfast Sandwich

Eggs, cheese, arugula & turkey bacon on sourdough. **\$12.99**

295 CAL 28 g PROTEIN 14 g CARBS 3 g FAT

High Protein Chocolate Brownies

Fudgy protein brownies made with oats & Greek yogurt. (2) **\$12.00**

295 CAL 28 g PROTEIN 14 g CARBS 3 g FAT

Juices

Celery **\$10**

Watermelon

Pineapple

Orange

Green Goddess

Entrees

Build a Bowl

Choose protein : ground chicken, turkey or beef
Veggies: broccoli, green beans or Brussels
Carb: rice, or sweet potatoes

380 CAL 32 g PROTEIN Carbs: 35 g CARBS 12 g FAT

\$16.99

Teriyaki Chicken Bowl

Teriyaki chicken with rice, broccoli & sesame seeds.

427 CAL 34 g PROTEIN 35 g CARBS 9 g FAT

\$16.99

Chicken Fajitas

Grilled chicken with peppers, onions & rice.

365 CAL 29 g PROTEIN 39 g CARBS 10 g FAT

\$16.99

Grilled Chicken Salad

Chicken, greens, tomatoes & green goddess dressing.

227 CAL 29 g PROTEIN 10 g CARBS 8 g FAT

\$15.99

Carne Asada Bowl

Marinated steak with rice, beans & corn salsa..

420 CAL 40 g PROTEIN 52 g CARBS 15 g FAT

\$17.49

Steak Stir-Fry

Steak with peppers and onions over rice.

347 CAL 34 g PROTEIN 47 g CARBS 3.7 g FAT

\$17.49

Korean Ground Beef Bowl

Sweet & savory beef with rice & green beans.

396 CAL 29 g PROTEIN 44 g CARBS 11 g FAT

\$17.49

Spaghetti Squash w/ Meat Sauce

Turkey meat sauce over spaghetti squash.

281 CAL 28g PROTEIN 24 g CARBS 8 g FAT

\$16.49

10 PLATES / \$170

12 PLATES/\$198

16 PLATES/\$248