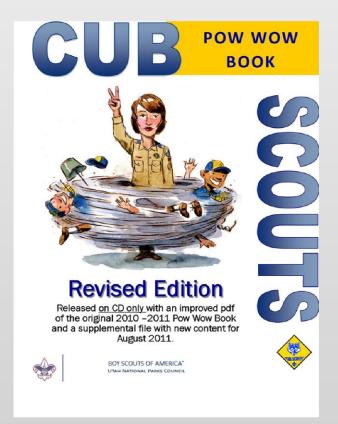
Utah National Parks Council



Pow Wow Book CD Supplement

This section is available on CD only and is included with the revised edition pdf of the UNPC 2010-2011 Pow Wow Book.

August 2011

A NOTE FROM THE EDITOR

Dear Cub Scouters,

I must take this opportunity to put in print the appreciation that I have for the Pow Wow Book Committee. I am thankful for all their help, ideas and the time that they have put into helping get this CD ready. A Project like this takes many many many (I can't count how many) hours to complete. Spreading those hundreds of hours among multiple people is of course a much better way of doing things for many reasons. 1) It wouldn't be done yet if any one person were to do it, or it would be done but it would be very short. 2) It wouldn't be filled with the diversity of ideas that are present – with multiple contributors your odds of finding just the right idea that works for you just went way up. 3) The combined work of us all adds up to more than the sum of our individual contributions. And so to this year's Pow Wow Book Committee, Ann Shumway, Donna Collins, Felice Clements, Karole Scott, Mary Halvorson, and VaLayne Ostler, I say "Thanks" for all your work on this Pow Wow Book/CD. And to Mark Baldwin, our professional advisor, and Ben Summerhaulder, our volunteer advisor, I also want to acknowledge and thank you also for all of your encouragement, support and help getting this project from start to completion.

I would also like to make a note of explanation to you the Cub Scout leaders who turn to Pow Wow books month after month for ideas and inspiration. I count myself among you. I was asked to be the cubmaster of our pack in late summer of 2003. For many years I considered the Pack Resource Sheet from roundtable, the Program Helps from National and the Pow Wow Books put out each year by our council to be my lifelines. Time after time I would turn to those resources for ideas I would use at our next pack meeting. I loved the Pow Wow books and wouldn't be without one each year and I considered those ideas the "tried and true" ones. The ideas that someone else like me said - "Here, this works" - and it usually did. Fast forward to Fall 2010 when I was asked to help with last year's Pow Wow book. What, no themes? So how are we going to do this? It was quite a dilemma for us to decide upon "a new delivery method" – (to borrow Nationals recent wording) that made sense with the new lack of themes. So we focused most of our efforts on the first half of the book, the part that would help us each find the right ceremony, game or skit to go with the monthly core value. Now jump to February 2011, just about the same time I agreed to be in charge of this project. After almost 7 ½ years as cubmaster, a role that I loved and felt very comfortable in, I was asked to be a den leader. (My youngest son was just about to turn 8.) I was, I'll admit, quite nervous and yet confident that I would find the help I needed in those same resources that I had learned to turn to as a cubmaster. I did find some helpful ideas, and yet somehow many of the questions I had as a brand new den leader just couldn't be solved by the current Pow Wow Books. And since, as I said, I had just taken on the job of Pow Wow Book Committee Chair and Editor, I felt that I now had the ability to do something about that. So, this Pow Wow Book was started with the goal – sort of selfishly I know, – to give den leaders more useful information about Character Connections, New Webelos ideas, Record Keeping ideas and How to use the Resource Guide more effectively. (Let me interject here that Karole's example of a customized yearly plan using the plans in the Resource Guide truly open my eyes to a whole new way of planning, Thank you Karole!) And although my main purpose was to help den leaders, I do think that much of this new information will be very helpful to cubmasters and committees as well.

This CD is a project that I am very proud to be a part of. It has been a lot of work and has taken a lot of my time but I have learned SO much in the process and I feel truly blessed to have had this opportunity and to have worked with some amazing Cub Scout Leaders! Thanks for the ideas, help, support and the opportunity to have built upon the legacy of past Pow Wow Book Committees!

Annaleis Smith - Pow Wow Book Editor

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Coordinating

Advancement

and the monthly

Core Values

How can we coordinate the advancement requirements in the boy's handbooks with the monthly core value? What activities can we do at den or pack meetings to help emphasize the monthly core value?

Ideas in this section were collected from Baloo's Bugle Aug 2010 – July 2011

A Great Big Thank You to Alice of the Golden Empire Council

Correlating ADVANCEMENT With the monthly CORE VALUES

(Ideas collected from Alice of Baloo's Bugle Aug 2010 - July 2011)

With the den meeting plans in the new *Den and Pack Meeting Resource Guide*, many of the Achievements and Electives for each rank have been assigned to specific meetings. But maybe you are not following the exact schedule or maybe your Cubs did some advancement in camp and you got to skip a section. Maybe your den is streaking through the program. Maybe you want some ideas to tie into the Core Value of the month. Maybe your presenter or field trip for that week fell through and you need a "Plan B". Here are some possible ideas of activities based on requirements in the handbooks that support the assigned core value for the month – <u>Character Connections have been underlined</u>.

Ach = Achievement

Elect = Elective

Why are they repeated?

Since this is a CD supplement to the Pow Wow book and we are not constrained by printing costs we are presenting the exact same information in a number of ways so that if you want a printed copy you can print just those pages that you want or need (or print none at all ince each section is bookmarked also) This way the den leaders over one den does not have to sift thru the info for the other dens to get to what they are looking for. Not all ranks have info every month and some months have more info than others. In all sections they are listed in the order of the Cub Scout Year - September - August

You will find the info listed in the following ways and order:

- <u>All Ranks</u> Core Values and Handbook Advancements for all ranks listed by month Sept Aug. This may be handy for the cubmaster or committee chair looking to correlate possible activities for a pack meeting.
- <u>Tiger Cubs</u> For the Tiger Cub den leaders wanting to incorporate the monthly core value into their plans to help the boys on the advancement in their handbooks.
- **Wolf** for the Wolf den leaders looking to incorporate the monthly core value into their plans to help the boys advance.
- **Bear** For the Bear den leaders wanting to incorporate the monthly core value into their plans to help the boys advance.
- <u>Wolf & Bear</u> because many of the packs in our council often hold den meetings that combine both the boys working towards the Wolf and Bear badges. Listing these together may be helpful to the den leaders trying to figure out how to combine the wolf and bears together and pass off stuff for both.
- <u>Webelos</u> For the Webelos leaders wanting to incorporate the monthly core value into their advancement plan..

Core Value for September - COOPERATION

When you plan your activity or belt loop to work on this month, be sure and choose those that require a team or group – and reinforce the idea of everyone cooperating before, during and after each activity.

Every level of Cubs and Webelos are assigned to work on the **Bobcat** as needed this month. One part of cooperation is inclusion and recognition, so be sure that everyone encourages and celebrates any boy who learns the requirements. Here are some unusual and fun ways to combine learning the bobcat requirements with Cooperation:

Bobcat Requirements:

Cub Promise Relay Game

As suggested in the Resource Guide, print out the Promise or Law and cut into strips – but to do it "cooperatively" form the den into two teams. Each team has a set of strips at the finish line, but lying on the floor or randomly put up on the wall. One at a time, one boy from each team runs to the strips and chooses one to start. He then runs back, taps the next player in line, who must go to the strips and try to put down another one in order. Once the last strip is put in place, the whole team runs to the strips and have to "cooperatively" agree if it is in the right order, or what changes need to be made. Winning team is the one with the strips all down and in the right order.

The Law of the Pack in Motion – as taught by Connie Blackwood Welcher

This is a fun and effective way to learn the Law of the Pack together because it puts a physical spin on memorizing this "hardest part" of the Bobcat requirements. Decide on your "props" first, To make this more effective, explain the game first – make sure the boys understand the words. Explain that you're going to put the Law of the Pack in Motion. Line up the boys and do the following:

For "The Cub Scout Follows Akela" have the boys actually follow you around the room, doing what you do — and keep saying the phrase over and over while you do the action, such as pumping your right arm in the air. For "The Cub Scout Helps the Pack Go" have something to represent the Pack that all the Cubs must push forward, all the time repeating the phrase. (The "Pack" could be the Den Leader wearing a sign reading "Pack" or a wagon with the Pack number on it, or a simple sign that the boys must pass from boy to boy to move it forward to the front of the line, once again repeating the phrase) For "The Pack Helps the Cub Scout Grow" the boys squat down and then gradually stand up tall as they say the line — or the leader can "pull" them up by the shoulders. For "The Cub Scout Gives Goodwill" boys can simply shake hands with the boys next to them — repeating the phrase as they do — or have a picture of a service project that they pass from boy to boy.

Signing the Promise or Law

If you have a parent or leader who can sign, let the boys learn how to sign either or both and perform it at the next Pack Meeting. They must work together signing and saying the words, until everyone is able to do it right. By saying it as they sign it, they will learn the words.

When I do this, I sometimes talk to the boys about whether they think this is an easier way to learn, and why. You could also talk about how people learn in different ways – and that we need to communicate to people in ways that will help them to be included – part of cooperation! They could also demonstrate signing at the Pack meeting.

Core Value for September - COOPERATION

Tiger Cubs:

- Ach. #1G If you visit a museum or other historical location, look for examples of cooperation to point out (for example, bringing in the harvest required the help of every member of the family. Even the littlest children might be assigned to pull the husks off the corn, or pick up and dispose of the chaff or husks.)
- **Elect #24** Help the adult who is preparing a meal to set up and also clean up (this could be the chore you agree on to fulfill Ach. #1F)

Wolf Achievements:

- Ach. #1 Feats of Skill, challenge the boys to tell which ones include Cooperation (#1a and #1j require two people) Also, you can encourage cooperation by pairing two boys to work together to help each other accomplish other activities, such as the front, back and falling forward roll. Also, make sure the boys encourage and cheer on each other!
- Ach. #2 Flag is also assigned, be sure to point out that no boy can accomplish a flag ceremony or folding on his own everyone must cooperate! You might have the boys take a turn and try to fold the flag by themselves do this by laying the flag on a table and asking each boy to take a turn making a fold then talk about whether it is easier to fold the flag when you have others helping you!
- Ach. #8e with an adult, help plan, prepare and cook an outdoor meal

Wolf Electives:

- **Elect. #1a** Introduce Cooperation by using a code that has been divided into parts so that every boy is needed to break the code. For example: Put this phrase into a code "Everyone must work together to demonstrate Cooperation." Each boy must break one section of code to arrive at the solution.
- **Elect. #4f** play one of the Cooperative games shown in the *Cub Scout How to Book*.
- **Elect. #7c** Make a set of Foot Racers and use them cooperatively with a friend. A longer one is a challenge!
- **Elect. #8b** help an adult do a chore using a wheel and axle (wheelbarrow) you could also play the game of wheelbarrow to demonstrate cooperation.
- **Elect. #9a** help with a home or den party divide up the jobs, work together, and talk about how it worked
- **Elect. #10f** Make some sets of the American Indian word pictures; divide boys into teams and let each team work together to come up with a story made from 12 of the pictures.
- **Elect. #11a, f** Learn a song about cooperation and sing it with your den at a pack meeting. (I've Got the Cub Scout Spirit is a good choice, too.)
- **Elect. #12d** If your den is doing a skit, let everyone help to make some scenery or a backdrop for the skit, play or puppet show.
- **Elect. #16** Family Alert; some families may want to take this opportunity to make preparations for possible weather, flooding or home emergencies by working together to make sure everyone knows what to do in case of emergency. The Den could also work together to make a Den First Aid box, with each family donating different items.
- **Elect. #17d,e,f, g** Tie a stack of newspapers together the right way; tie two cords together; practice how to tie a necktie; whip a rope by wrapping to keep the end pieces together
- **Elect. #20** Play some team sports and cooperate together; **#20j** flag football; **#20l** baseball or softball; **#20m** basketball
- **Elect. #21b** Use a computer to write a report on cooperation or on symbiotic relationships in nature.
- Elect. #22e Invite a boy to join Scouts, or help a boy earn his Bobcat
- Elect. #23d Explain the Buddy system

Core Value for September - COOPERATION

Bear Achievements:

Ach. #3a,b Think about ways that cooperation between Americans makes our country special, or look for connections to cooperation as you learn about two famous Americans.

Ach. #3d, and visit a historic location, make sure you look for ways that people worked together, or spent time together. For example, how did they eat or did they do for entertainment?

Ach. #6g – Take part in a den or pack conservation service project.

Ach. #8, look for examples of cooperation in activities from the past; if you talk to a grandparent or older person, find out how they feel cooperation was important in their lives.

Ach. #9 – Work with an adult to bake cookies, make a snack, prepare meals, make trail food for a hike or make a dessert.

Ach. #10 - Family Fun - demonstrate cooperation as you do a family outing or have a game night.

Ach. #14g - go for a family bike ride

Ach. #24a – Help a boy join Scouts or complete the Bobcat trail.

Bear Electives:

Elect. #8c – Play in a den band using homemade or regular instruments; perform together at a Pack Meeting.

Elect. #13b – work with other scouts to put on a magic show

Elect. #15e - As a den, visit a lake, stream, river, or ocean; Plan and do a den project to help clean up this important source of water; Name four kinds of water pollution.

Elect. #21b – Help with a garage sale or rummage sale for your family, den or another organization

Elect. #24 Learn about American Indian people in your area and how they cooperated to make clothing, housing, tools and to use the resources available in your area.

Webelos Activity Pins

When working with the boys on their Activity Awards, guide them into cooperation. Here are some ideas:

- Two or more work together to put up tents
- They figure out the trees together
- They play team sports together

<u>Boys</u> can take responsibility for completing the Bobcat or helping another boy earn his. <u>Parents</u> can help teach responsibility by example by making sure to read and discuss the first section of each rank's book. <u>Den Leaders</u> model responsibility by taking time to plan their meetings, being on time, and going the "Extra Mile." We can also point out both opportunities to be responsible, and examples of boys who are being responsible. Look at Responsibility from a boy's view – find everyday ways boys can practice it!

Tiger Achievements:

- **Ach. #1F** <u>Character Connection for Responsibility</u>, and choosing a chore to do with the adult partner be sure to check the Note to Adult Partner;
- Ach. #1G If visiting a library, look for a book about responsibility or chores (ask the children's librarian), or if visiting a farm or museum, look for examples of how people shared responsibilities and did chores to help their family. (Think outside the box some relatives may take on responsibility for keeping family history or photographs)
- **Ach. #2G** If you visit a fire station to celebrate National Fire Safety Month, ask firefighters about their responsibilities also ask about how people, including Tiger Cubs, can be responsible to help prevent or deal with fires and their aftermath. They might share ideas about using "911" responsibly, keeping smoke alarms in working order, and what to do in case of a home fire.
- **Ach. #3F** Boys can be responsible to help their families plan and practice a safe fire escape from their home. They could also help check out the home and school for potential fire dangers. See Web Sites or check with your local fire department for brochures, information.
- **Ach.#3D** Each boy can take responsibility for looking through old magazines and cutting out pictures of food, and learning where they would go on the Food Pyramid.
- **Ach. #3G** Each boy should take responsibility for his behavior if attending a game review good sportsmanship, not leaving trash behind, and being a "good neighbor" to others at the game. (This could be a chance to begin work on the Good Manners Belt Loop)
- **Ach. #5D** If you take advantage of fall color to do leaf rubbings, be sure and talk about being responsible collect only fallen leaves, don't disturb animals and their homes, and pick up and dispose of any trash.

Tiger Electives:

- <u>Elect. #5 —</u> Anytime the boys take a hike, remind them of being responsible to pick up their own trash, stay on trails, respect boundaries and the homes of others, (including animals), and have good outdoor manners so everyone can enjoy being outside in nature.
- **Elect. #9** Ask boys to share experiences about helping someone new to the neighborhood, pack or class to feel welcome. Talk about how each boy could help a new scout complete his Bobcat.
- **Elect. #14** Read about Responsibility or Fire Safety, or about Disabilities look for stories about people who have overcome their challenges.
- **Elect. #21** You could prepare puppets and do a short show about Responsibility, Fire Safety, Disability Awareness, or even Good Manners.
- Elect. #24 Help an adult prepare a family meal and take responsibility to clean up afterwards
- **Elect. #25** Make a snack to share with family or your den –
- **Elect. #26** Take on the responsibility to learn and practice how to use good phone manners and take good messages
- **Elect. #27** Talk with adult partner to know what to do in an emergency.
- **Elect. #28** Check smoke alarm batteries with your adult partner
- Elect. #32 If you make a bird feeder, remember that you are responsible to make sure it gets refilled

Tiger Electives - continued

- Elect. #33 With your den or family have a Cleanup Treasure Hunt
- Elect. #34 Think of a way to conserve water or electricity and do it for one week
- **Elect.** #47 Learn about recycling and help your family do it properly.

Wolf Achievements

- **Ach.** #2a Use a dictionary or thesaurus to help you understand the meaning of the Pledge of Allegiance; take responsibility to always do it with respect.
- **Ach.** #2c Take responsibility to show how to respect and display the flag, and to always be a good example to others.
- Ach. #2d Learn about your state flag, and be responsible for displaying it properly with other flags.
- **Ach. #2e, f** Learn about the correct way to do an outdoor ceremony, then take responsibility for doing it properly and showing others how to be a part of an outdoor ceremony remember to focus on the flag and be guiet and respectful even if you are in the audience.
- **Ach.** #2g learn to fold the flag properly, then be responsible to practice so you can do it with only the stars showing. This would be a great gathering activity.
- **Ach. #3a** Take responsibility to keep a health chart for two weeks and turn it in to your leader see a sample under Theme Related Ideas.
- **Ach. #3b** Each boy can be responsible to protect others from their sneezes or coughs teach them the "Cafeteria Cough" to always turn to the side and cough into their inside elbow. Food workers must do this to protect again getting germs on their hands and then using their hands while working with food.
- **Ach. #3c** Remind boys to be responsible for telling an adult about a cut right away so it can be handled properly.
- **Ach. #4a** Be responsible for emergency numbers near each phone and know how to use "911" responsibly.
- **Ach.** #4d Be responsible to help make sure your home is secure before you leave, and to take everything you need.
- **Ach. #4e** Talk with family members about what jobs you will do, then make a list and mark them off when finished do this for a month. *Being responsible means you don't have to be reminded over and over to the job!*
- Ach. #7c, d, f Take responsibility to recycle, pick up litter and help save energy.
- Ach. #8c Help fix at least one meal for your family, from setting the table, to clean up after.
- Ach. #8d Fix your own breakfast and wash and put away the dishes
- Ach. #9a Complete the Character Connection for Responsibility; you could also do
- Ach. #9b, c to check for fire and safety hazards in your home and make your home safe.
- Ach. #10a if you go bowling and work on that belt loop.
- **Ach. #10f** If you go to a concert, play or program with your family be responsible for having good manners.

Wolf Electives:

- **Elect. #1c** If you celebrate Disability Awareness Month, you could learn to sign your name in ASL; as you work on the patch, remember to take responsibility for showing proper respect
- **Elect. #2** Do any or all of the requirements if you do a skit about Responsibility, Disability Awareness, Fire Safety or Keeping Your Body Healthy
- Elect. #3 Take responsibility to make and play games with younger children

Wolf Electives - continued

- **Elect.** #6 b, c Take care of library books and be responsible to mark your calendar so you return them on time; help protect your own books with covers and by opening them the right way. Don't write in books or crimp the corners be responsible!
- **Elect. #9a** Take responsibility to help with a party at your home or in your den help decorate, serve refreshments and clean up.
- **Elect. #11a or b** Learn and sing "America" or the national anthem be responsible for singing it as part of a flag ceremony with your den
- **Elect. #13e** If you feed wild birds, be responsible to keep the feeders filled, especially during the colder months of the year when natural food is scarce
- **Elect. 14** Be responsible to take good care of your pet, read a book about your pet, and know what to do about strange dogs or possibly rabid animals.
- **Elect. #16a, b** Talk with your family about what to do in an emergency, and be responsible for knowing how to shut off water, electricity, and gas if you need to do it.
- **Elect.** #18a, b Help plan and hold a picnic or outing with your family or den.
- **Elect. 20** be responsible to learn and practice the safety rules of any sport you take part in, such as bowling basics if your pack goes bowling.
- Elect. 20e take responsibility for helping a boy join scouts or finish his Bobcat
- **Elect. #23b, c** Know and explain the basics of how to take care of yourself in the outdoors; tell what to do if you get lost

Bear Achievements

- **Ach. #1b** Make a list of things you can do to practice your religion; check them off your list as you do them be responsible for looking in the workbook for your faith's religious emblem for ideas.
- Ach. #6 a Be responsible to help sort and recycle trash at your home
- **Ach.** #7c, d be responsible for learning about how you can help prevent crime and secure your home and belongings; be sure you know where to get help in your neighborhood; know what you can do (and should not do) to help law enforcement;
- **Ach. #7e** Learn local emergency phone numbers and post them by each phone; learn how to use "911" responsibly, and practice how to make an emergency call and give the right information
- Ach. #9b,e, f With an adult, make snacks for a den meeting; trail food for a hike, or dessert for your family and clean up afterwards!
- **Ach. #9c** With an adult, prepare part of your breakfast, lunch and dinner Cleaning up is part of being Responsible!
- **Ach. #11a** Know what to do in case of an accident in the home.
- **Ach. #11e** With your family, plan and practice a home escape drill.
- **Ach. #12b** Go on a hike with your family, and be Responsible for knowing the safety rules and what to do if lost, BEFORE you go on a hike
- **Ach. #13b, c** Set up a savings account; Keep a record of how you spend your money for 2 weeks, so you can be responsible for knowing where your money goes.
- **Ach. #14** Be responsible for learning and practicing rules of safe riding, always wearing your helmet the RIGHT way, learning and practicing bike skills, and being responsible for knowing how to care for your bike and protect it from theft.
- **Ach. #18a, c** Make a "to-do" list and check off each item; keep a daily record of what you do for two weeks be responsible for using your time wisely!
- Ach. #18e Write a thank you note to someone.

Bear Achievements - continued

- **Ach. #19a, b, d** Show that you are responsible by learning the rules for knife safety, how to take care of a pocketknife, and earning the Whittling Chip card.
- **Ach.** #20 Show that you know how to use and take care of at least four HAND tools; Build your own toolbox and use two tools to fix something.
- **Ach. #23e** If you attend a sporting event, take responsibility for showing good sportsmanship and manners.
- Ach. #24a, b, c Be responsible for helping a new boy join scouting or complete his Bobcat; serve as a denner or assistant denner; plan and conduct a den activity with your den leader's approval.

Bear Electives

- **Elect. #14a** With an adult, help take care of a lawn or flower bed at home or at a church, home or public building; pick up litter; weed and prepare beds for winter.
- **Elect. #14c** Take part in a project with family, den or pack to beautify or clean up your neighborhood or community be responsible for your behavior and for completing the job
- Elect. #17 With the help of an adult take responsibility to do any or all of the requirements listed.
- **Elect. #21a, b** Be responsible to keep track of your own sales if you take part in a den, pack or council fund raiser; or help with a garage sale for your family, neighbor, school, church or pack.
- **Elect. #22** Take responsibility for sorting and displaying your collection; keep your own library in order and store the subject information so it can be used
- **Elect. #25a**, **b** Learn about and assemble ten essential items you need for a hike or campout; follow the buddy system and know the rules to follow if lost

Webelos Activity Pins

- Whatever pin a Webelos Scout works on, he should feel responsible for taking care of the equipment, returning supplies to the right place, and cleaning up the area when he is done. Den Leaders can help encourage responsibility by positive comments whenever this is done, and by personal example.
- **Artist #1** Talk to an artist about different occupations; be responsible for having good manners and showing interest in various kinds of art that may seem unfamiliar to you.
- Athlete #4 Be responsible to always start with stretching exercises to help prevent injury;
- **Athlete #5 9** Be responsible for following the program and doing the activities for a 30 day period to track improvement.
- **Citizen #3, 4, 7, 9** Show that you know how to hoist and lower the flag, display, retrieve and retire it properly, and how and when to display the flag; Explain the rights and duties of a citizen; know how you can help law enforcement agencies
- Communicator #9, #10 During Disability Awareness Month, invite a person with visual, speaking or hearing impairment to visit the den and learn about special ways they communicate and how you can communicate with them; Or invite a person who is bi-lingual to visit the den and discuss familiar words and how to learn another language. Talk about ways to be responsible for good manners and showing respect.
- **Craftsman #I** Show that you can safely handle tools, and be responsible for taking care of them, putting them away properly, and cleaning up the area.
- **Family Member #1-6** Take responsibility for learning about and helping with family jobs, budget and spending, family meetings and inspecting your home for safety and security.

Webelos Activity Pins - continued

- **Family Member #7, 9, 10, 11** Take responsibility for helping prepare an energy saving plan; learning how to clean your home and doing it for a month; taking care of your own clothes and helping with family laundry; helping plan meals, buy and prepare three family meals
- **Fitness #3, 4, 8** If it has not been completed, plan a week of meals with a family member, using meal planning information in the Webelos book; keep a record of your meals and snacks for a week and decide if they have been good choices; Be responsible for reading "Take a Stand Against Drugs" and discuss it with an adult, showing that you understand the material.
- **Handyman #1** Complete <u>Character Connection for Responsibility</u> and do any six of the suggested activities (#1-17) and make sure to be responsible for taking care of the tools and cleaning up the mess!
- **Readyman #3, 4, 5, 6, 7, 11, 14** Be Responsible for making a "help" list for emergencies; Learn and show how to do various first aid procedures; Make a home fire escape plan for your family; Explain six safety rules to remember when riding in a car.
- **Showman #2, 3, 4, 5** Put on a puppet show about Responsibility, Disability Awareness, or Fire Safety. **Showman #16** Give a talk on a subject of your choice how about Responsibility?

Core Value for November - CITIZENSHIP

Cub Scouts of any rank could work on the Citizenship Belt Loop and Pin.

Tiger Achievements:

- **Ach. #1G** Go see a historical building in your community such as City Hall, or some other government building. Or visit a museum and find examples of how people in the past showed they were good citizens.
- **Ach. #2F** Look at a map with your adult partner, and find places where people can learn about or practice being good citizens like schools and government buildings. Look for places where you could practice good citizenship by picking up trash or doing a good turn.
- **Ach. #2D** <u>Character Connection for Citizenship</u> Practice the Pledge of Allegiance and participate in a flag ceremony.
- Ach. #2G Visit a police or fire station find out how citizens can help community helpers do their job, and how those helpers keep our community safe
- **Ach. #4G** Visit a television or radio station or a newspaper office find out how they help people practice good citizenship.

Tiger Electives

- **Elect. #9, 10 & 11** Talk with your adult partner about how good citizens have a responsibility to help others in need then help someone who is new in your school or an elderly person who needs help. If you get together with your den or pack, or a community organization, you can see how people working together as citizens can improve their communities.
- **Elect. #14** Choose a short story or article about being a good citizen or about the history of our country and how citizens help to protect our freedoms
- **Elect. #20** Make a PSA (Public Service Announcement) skit to tell people about Tiger Cubs or about the privileges and duties of citizens in our country
- Elect. #21 Make a puppet and use it to help tell a story about citizenship.
- Elect. #25 Make a snack like the Patriotic Surprise cake in your Tiger book to share with your family or den
- Elect. #33, 34 Practice your duty as a citizen by clean up or conservation of our resources
- Elect. #35 Play one of the games from this packet outdoors with your family or den.
- **Elect. #47** Learn about recycling in your community, how you can recycle at home, and what to do with hazardous materials how does this improve your community and show good citizenship?
- **Elect. #49** Visit a government office in Sacramento, we can visit the State Capitol and grounds and learn about our system of government

Wolf Achievements

- Ach. #2 Each requirement will help you understand and appreciate how to show your patriotism
- **Ach. #4d** Help make your house more secure prevent crime in your community, by practicing good habits
- Ach. #4f Visit a government location in your community and explain why it's important.
- **Ach. #9d, e** Practice good citizenship and stay safe by learning and using good rules of street and bike safety think about how rules and laws help keep everyone safe

Wolf Electives

- Elect. #2 Help to plan and put on a skit using any of these requirements.
- Elect. #4f Play a wide area or large group game with your den or pack
- **Elect.** #6a Visit the library; get a card if you don't have one; find out how having free public libraries helps protect our freedom the librarian can help you find a book about government or citizenship.

Core Value for November - CITIZENSHIP

Wolf Electives - continued

- **Elect.** #6c show that you know how to take care of books talk about why books and libraries are important.
- **Elect. #11a, b, c, f** Learn and sing a patriotic song; learn and sing three Cub Scout songs; Sing a song with your den at a pack meeting.
- **Elect. #12a, d, f** Make a freehand sketch of something patriotic; Make some scenery for a skit, play or puppet show about citizenship; Make a poster about ways to be a good citizen, or encouraging people to vote
- **Elect. #16** Do any or all of these requirements people and families who are prepared for emergencies make it easier for first responders and people in the community during emergencies.
- **Elect. #21b** Use a computer to write a report about being a good citizen, or some patriotic subject or person
- **Elect. #22d, e** Tell how to get to a nearby fire or police station a good citizen scout is ready for emergencies; Invite a boy to scouts or help a boy through Bobcat a good citizen is helpful.
- **Elect. #23b, c** Be prepared to take good care of yourself.

Bear Achievements

- **Ach. #3a** Write and tell what makes America special to you.
- **Ach.** #3j <u>Character Connection for Citizenship.</u> Know how people have served our country; Commit to doing one thing to be a good citizen and understand what would happen if you were not a responsible citizen; Tell three things you did in one week to practice good citizenship.
- Ach. #3b-i Do any or all to demonstrate patriotism and citizenship.
- Ach. #6g Take part in a den or pack neighborhood clean-up project.
- **Ach. #7b-f** Discuss crime prevention with a local law enforcement officer; help prevent crime prevention in your home; know where to get help in your area; Learn and post emergency phone numbers; know what YOU can do to help law enforcement.
- Ach. #8a At a library or newspaper office, look for examples of good citizenship in your community;
- **Ach.** #8b Talk to an older person about their experiences as a Cub Scout, and how they learned about good citizenship ask how they demonstrated their good citizenship. Did they participate in a parade, special ceremonies on Veteran's Day?
- **Ach. #10a** Go on a day trip with your family to visit a local government building, to celebrate Veteran's Day, or to participate in some event honoring our history and/or demonstrating good citizenship.
- **Ach. #14a, e, f** Know rules for bike safety, and if required in your community, get a bike license; help prevent bike theft by always using a bike lock and putting your bike away; Obey all traffic rules on a one mile bike ride.
- **Ach. #17a** With an adult, watch a TV show about some patriotic subject or example of good citizenship;
- Ach. #17d Using a computer, write a report about an example of good citizenship.
- **Ach.** #24a Help a boy join scouting and/or complete his Bobcat you will help another boy learn about good citizenship as you demonstrate service and leadership.
- **Ach.** #24b Serve as a Denner or Asst. Denner do your best to demonstrate good citizenship and to encourage other boys to practice qualities of good citizenship

Core Value for November - CITIZENSHIP

Bear Electives

- **Elect. #8 b, d** Learn to play two patriotic songs on any instrument or on a recognized band or orchestral instrument.
- **Elect. #9a, b, c** do an original art project with patriotism or citizenship as the subject; Visit an art exhibit in honor of veterans, a local who demonstrates good citizenship, or shows scenes of what makes America great; find a favorite outdoor location and draw or paint it display it at the pack meeting and explain how this location represents what makes your area or America great
- **Elect. #11** Learn to use a camera to "Shoot Citizenship in action; while doing each requirement, photograph and display examples of good citizenship or patriotic subjects.
- Elect. #14c With family, den or pack, take part in a project to beautify your community
- **Elect. #22a, b** Start a stamp collection look for subjects that are patriotic or honor people who display good citizenship; mount and display your collection and share what you have learned.
- **Elect. #25h** Earn the Leave No Trace award and demonstrate your commitment to help protect and preserve our nation's natural beauty

Webelos Activity Pins

- **Artist #3, #10** Draw or paint, then frame, an original picture out of doors choose a patriotic subject or one that features an example of one of the duties or privileges of citizenship, such as Freedom of Religion; or create a collage that expresses something about you and the freedoms you enjoy
- **Citizenship#1, #8** Character Connection for Citizenship; if you haven't already earned it, do the Citizenship Belt Loop or Pin; also do any of the other requirements suggested
- **Communicator #2, #7, #13** Prepare a 3 minute talk about Citizenship, or write an article about a den activity involving Citizenship; under trusted adult supervision, search the internet for five sites about citizenship or a patriotic subject that interests you.
- **Readyman #3** Know how to get help quickly; become familiar with community agencies and people available for different emergencies; post help list near your phone.
- Scholar #9, 10, 11 Learn about changes in education and how our present school system developed and how free public education and libraries fit in to our system of government; make a chart to show how the school system is run; Ask a parent and five other adults their opinion of the best things about your school, needed improvements, and how they could be made try to talk to someone who serves on a school site council or school board to learn how government and local citizen service impacts your school
- **Showman #5, #19** Put on a puppet show or write and take part in a short play about a famous American patriot, a moment in American history, examples of the Bill or Rights in action, or encouraging good citizenship

Every rank could work on any one of several Belt Loops and Pins – Disabilities Awareness, (respect for those who are different) Good Manners, (Showing respect for self and others by your behavior) Heritages or Language & Culture (showing respect for other cultures and ethnic groups). And of course, Sports Belt Loops should include Respect – both in showing good sportsmanship and in following the rules. Respect for safety rules is especially important, sometimes life-saving, in winter sports. Respect for the environment is also a big part of the World Conservation Award and the Leave No Trace Award.

Tiger Achievements

- **Ach. #1F** Talk about how having chores helps us to show respect for yourself, your possessions, and other family members and their possession.
- **Ach. #1D** As you work on a family scrapbook, you can gain new respect for your talents and those of family members.
- **Ach. #2D** As you practice the pledge and participate in flag ceremonies, you can show respect for country and flag.
- **Ach. #3D, G** Show respect for your body when you learn how to take keep healthy and safe, and get enough exercise.
- **Ach.** #4F <u>Character Connection for Respect</u> –Discuss how to deal with family members and others in a respectful way.

Tiger Electives

- **Elect. #1** Share with you den how your family celebrates the holidays learn how other people have different ways of celebrating, and respect the differences.
- **Elect. #2** Make some decorations for a celebration you might choose a different culture and learn more about how they celebrate.
- **Elect. #5** Make a family mobile, and focus on the talents and interests that make each one special, and worthy of respect.
- **Elect.** #6 Sing one of the songs about Respect.
- **Elect. #8** Get to know the people who lead or teach at your place of worship talk about how to show them respect
- Elect. #9 Help a new girl or boy get to know other people remember to treat them with respect
- Elect. #18 Learn to sew on a button, and practice other ways to take care of your clothing.
- **Elect. #24** One way to show respect is to help the adult who is preparing a family meal to set the table and clean up afterward-and to appreciate their work!
- **Elect. #26** Practice good phone manners and always use them!
- Elect. #33 Show your respect for your home or your neighborhood by playing Cleanup Treasure Hunt.
- Elect. #34 Conserving electricity and water for a week shows your respect for the environment.
- **Elect. #37** Take a bicycle ride with your adult partner be sure to respect your body by wearing a helmet, and respect the environment by carrying out any trash.
- **Elect. #46** Healthy teeth and gums, and regular visits to the dentist show you have respect for your body.
- **Elect. #47** Reduce, reuse and recycle to show your respect for the environment.

Wolf Achievements

- Ach. #2a, b, e, f, g Always show respect for the flag when participating in a flag ceremony
- Ach.#2c Tell how to respect the flag.
- Ach. #3a, b, c Show respect for your body by practicing good health habits
- Ach. #7a- Character Connection for Respect;

Wolf Achievements - continued

- **Ach.** #7b-f Show your respect for the world and your environment by completing these requirements.
- **Ach. #8a, b** Show your respect for your body by learning about the Food Guide Pyramid and using that information to plan good family meals.
- **Ach. #9d, e** Show respect for your body by practicing good rules of street and bike safety.
- Ach. #10d Read a book or article about another culture or the way they celebrate their holidays.
- **Ach. #12** as you study the different scenarios, talk about how respect for yourself or others would affect your answers

Wolf Electives

- **Elect. #1c** Learn to use American Sign Language it will help you learn to be respectful of someone who uses ASL.
- **Elect. #1d** Use American Indian Sign Language to tell a story this is a different kind of code than the Navajo Code Talkers used in WWII.
- **Elect. #2** Participate in a skit about Respect.
- **Elect.** #6c Learn how to take care of books to show you respect your possessions.
- **Elect. #10** You can study how American Indians showed respect for their environment as you do these requirements.
- **Elect. #11a, b** Learn to sing a patriotic song to show your respect for your country.
- **Elect. #13e** Feed wild birds but show your respect for nature and the environment by continuing to feed bird while natural food is scarce.
- **Elect. #14a, c** To show respect for a pet, learn more about it from a book and share with your den; also, remember that every pet needs good care from an owner who loves and respects them.
- **Elect. #19d, e -** When fishing, respect safety rules and laws where you live.
- **Elect. #20b, d, e** Know and respect safety rules and courtesy codes when boating, skiing or ice skating it not only shows you respect others, but also the dangers of winter sports.
- **Elect. #22e** Invite a boy to join Cub Scouts or complete his Bobcat show him respect and be an example of respect to him.

Bear Achievements

- Ach. #2 As you learn more about your religious faith and those who lead it, your respect for both leaders and principles can grow.
- **Ach. #3a, b** Respect for your country and those who are or have improved our way of life will be strengthened as you learn more about them.
- **Ach. #3f, g, h, i** whenever you participate in a flag ceremony, remember to show your respect with your actions.
- **Ach. #5a, b** respect for animals can be shown by learning about them, and by being careful to build a bird feeder or birdhouse that will be appropriate for a particular species these activities can also be used to earn the World Conservation Award showing respect for our world and environment.
- Ach. #6 any of the requirements will show respect for our planet the only one we have!
- **Ach. #7b, f** know how you can show respect for law enforcement by helping in safe ways.
- Ach. #8g Character Connection for Respect.
- **Ach.** #8b Be respectful as you talk to someone who was a Cub Scouter a long time ago ask how they showed respect to their leader, parents, teachers and country when they were a Cub.
- **Ach.** #8d, e Find out about your family history or community history it will help you respect people who lived in different times.

Bear Achievements - continued

Ach. #10a – On a day or evening trip with your family, be courteous and use good manners

Ach. #14a,f – Show respect by following all safety rules when riding a bike;

Ach. #14c, d, e – Show respect for your bike by learning to take care of it, and always protecting it from theft.

Ach. #15 – Remember to follow the rules and be a good sport when playing a game, to show you have self-respect and respect for others.

Ach. #17a – While watching a TV show with an adult, watch for examples of respect or lack of respect.

Ach. #17d – When using a computer, respect family rules and rules about internet safety

Ach. #19a, b, d – Show that you respect the rules of knife safety, and that your know how to take care of it.

Ach. #20a - Show how to use and take care of four tools and put them away properly

Ach. #23 - While playing or watching any sport, follow the rules and be a good sport to show your respect.

Ach. #24 – Whenever you are serving as a leader, show respect for yourself and others.

Bear Electives

Elect. #5 – Know and follow safety rules on the water and around boats – show respect for your environment and the possible dangers.

Elect. #15- Learn how to take care of water and soil – use these activities as part of the Cub Scout World Conservation Award requirements.

Elect. #20 a, b, c – Follow the rules of safety and courtesy when participating in winter sports

Elect. #24 – Do any or all of these requirements as you learn how American Indians have shown respect for their environment and their country.

Webelos Activity Pins

Webelos Badge – While earning this badge, show respect by wearing the uniform properly, showing respect towards the flag at all times, and demonstrating respect for the Scout Oath and Scout Law.

Athlete #3, 4 – Show respect for yourself and your body by learning what you can do to stay healthy and by beginning physical workouts with stretching to protect your body.

Citizen #4, #9. #14 – Explain why you should respect the flag, and show how to do it; tell what you can do to show respect for the law and help law enforcement agencies.

Communicator #9, 10 – as you learn about communication, or using another language, be respectful to everyone – ask for ideas on how respect can be shown to those with other ways of communicating.

Communicator #11- #14 – As you use the internet, be sure to have respect for yourself and others; follow family and general rules of internet safety.

Craftsman #1 – Explain how to safely handle tools – respect the potential danger of ignoring safety rules.

Engineer #4 – Explore property lines with a civil engineer and learn how respect for property rights is maintained.

Family Member #5 – During family meetings, show respect for yourself and others, especially in what you say and how you say it.

Family Member #9, 10, 13 – Learn how to clean your home, take care of your clothes and dispose of trash and garbage – proper care of your possessions is part of being respectful.

Fitness # 5-#8 – Learn about and tell an adult why you should avoid tobacco, alcohol and drugs – and how avoiding such things can help encourage self-respect.

Webelos Activity Pins - continued

Handyman #2 - #10, #15 – Demonstrate respect for possessions by learning how to take care of them; clean and properly store hand tools or garden tools.

Naturalist #1 – Character Connection for respect.

Naturalist # 12, 13 – Clean up litter in your neighborhood to make it safer for animals; earn the Wildlife Conservation Belt Loop.

Outdoorsman #5, #6 – Discuss how to follow Leave No Trace; do an outdoor conservation project with your den or a Boy Scout troop.

Showman #2 – Write a puppet play about Respect.

Showman #16 – Give a monologue about Respect.

Sportsman #2 – Explain what good sportsmanship is.

Core Value for January – POSITIVE ATTITUDE

Cub Scouts can focus on having a Positive Attitude this month as they learn new skills or tackle new challenges. They can also share their skills and interests at the Pack meeting – and any requirement for any rank that covers a special interest of a boy could be included. Belt Loops and Pins can serve as a starting point for setting goals. Parents and Den Leaders can help scouts by teaching how to work step by step on learning or improving a skill.

Tiger Achievements

Ach. # 1D – Make a family scrapbook – looking back at past activities is a POSITIVE experience.

Ach. #1G – Visit a museum, library, or historical building, look for examples of Positive Attitude in action.

Ach. #3Fa and Fb — Discussing and practicing what to do in an emergency or when lost helps build confidence that you will KNOW what to do. Even if you have already done these activities, review them from time to time — you could even make a game of it!

Ach. #4F – Continue to practice family conversation and good manners at family meals.

Ach. #4G – Visit a TV or Radio station or Newspaper office – find out how people there communicate to each other (and ask if they have any special ways of sharing "Good News" or positive stories)

Tiger Electives

Elect. #1 – Celebrations are a way to share Positive Attitude – Have each boy share an example from his family or experience.

Elect. #2 – Make some decorations – boys could work on decorations for the Pinewood Derby, or make special awards for parents and others who have helped the den.

Elect. #6 – With your adult partner, teach a song to your family or den and sign it together – try a "Positive Attitude" song like the one on pg. 87.

Elect. #7 – Make a musical instrument and play it with others to demonstrate Positive Attitude.

Elect. #9 – Share your Positive Attitude by making a new friend.

Elect. #13 – Learn to make change accurately – you can do it!

Elect. #14 – With your adult partner, read about someone who demonstrates Positive Attitude, like an athlete or someone who has had to overcome a challenge

Elect. #16 – Show or tell your den about a collection or favorite hobby or interest

Elect. #17 – Make a Pinewood Derby car or other model

Elect. #18 – Learn how to sew on a button – you might also be able to sew patches on your vest with some help from your adult partner!

Elect. #19, #21 – Learn how to perform a magic trick or make a puppet – remember to keep a Positive Attitude that you can do it.

Elect. #27 – Talk about what to do in an emergency so you will feel confident you know what to do

Elect. #50 – Visit a bank to learn how money is kept safe.

Wolf Achievements

Ach. #1 - Keep a Positive Attitude if you need more practice to do some of the Feats of Skill;

Ach. #2g – Practice with a positive attitude to perfect folding the flag.

Ach. #5 – Keep a positive attitude as you practice skills so you can use tools to make a wood project.

Ach. #6a – Complete the Character Connection for Positive Attitude;

Ach. #6b, c – Make a collection and share it with another person.

Ach. #9b, c, d, e – Know how to make your home and yourself safe and you will be more confident

Ach. #10d, e – Read a book or Boy's Life article or watch a TV show about someone who showed Positive Attitude – share what you learned

Core Value for January – POSITIVE ATTITUDE

Wolf Electives

- **Elect. #3** Do these requirements while you are working with tools on **Ach. #5** the more you learn and practice, the more confident you will be using tools
- Elect. #5g,h,i Make a Pinewood Derby Racer
- Elect. #6b Choose a book about Positive Attitude or someone with that quality
- **Elect. #7c** Make a pair of foot racers using tools for Ach. #5e.
- **Elect. #11c, f** Learn and sing Cub Scout songs choose one about Positive Attitude, such as Cub Scout Spirit on pg. 164
- **Elect. #16** Talk with your family and learn what to do in case of an emergency, so you can feel confident; take the positive step of listing what should be in a first aid kit and knowing where your family kit is kept.
- **Elect. #20b, d, e** Know and practice the safety rules for boating or winter sports.
- **Elect. #22c, d, e** Tell a short story to your den look for one that shows Positive Attitude; Demonstrate that you know how to get to nearby police and fire stations and other important places; Demonstrate Positive Attitude by helping a boy join scouting or complete his Bobcat.
- **Elect. #23b,c,d** Learn how to take care of yourself in the outdoors, if you get lost, and how to use the buddy system you can feel more confident if you know what to do!

Bear Achievements

- **Ach. #3b** With the help of a parent of den leader, find out about two famous Americans who have had a Positive impact.
- **Ach.** #6a, b Demonstrate Positive Attitude and the power of one person by doing recycling in your home or planting a tree.
- **Ach. #8c, d, f** Start or add to a den or pack scrapbook so others can look back on positive experiences; Trace your family genealogy and talk to a family member about their experiences; Start your own personal history people have a more Positive Attitude about themselves when they know where they come from.
- Ach. #11 (Elect 5) Learn what to do in case of emergencies or accidents so you will be confident in an emergency.
- **Ach. #13b, c** Set up a savings account and learn how to keep track of what you spend, so you can feel confident about where you are in money terms
- **Ach. #16** Increase your confidence and improve your abilities by doing the requirements in Building Muscles
- **Ach. #17a** With an adult, choose and watch a TV show about someone who has demonstrated a positive attitude or discuss how a positive attitude would have changed the outcome.
- Ach. #18a, c, d Make a To Do list and keep a daily record planning your time will help keep you Positive!

 Or focus on the positive by sending a thank you note to someone.
- Ach. #21a Build a model from a kit for the Pinewood Derby
- **Ach. #23d, e –** Watch a sport on TV or at an event discuss how Positive Attitude was demonstrated. Were there examples of Poor Attitude? How could a Positive Attitude affected what happened?
- **Ach. #24a,b, d** Demonstrate Positive Attitude as you help a boy join scouting or complete the Bobcat; when you serve as a Denner or Asst. Denner; or by telling two people they have done a good job be specific about what they did well!

Core Value for January – POSITIVE ATTITUDE

Bear Electives

Sharing talents and interests, those things that make each person unique, are great ways to demonstrate Positive Attitude. Encourage boys to share their interests with the den or pack.

Elect. #1- If Space is a special interest, do any of the requirements and share with the den or at the pack meeting.

Elect. #3, #4 – If a boy is interested in radios or electricity, he could share his accomplishments.

Elect. #5 – Learn what to do in case of emergencies or accidents so you will be confident in an emergency.

Elect. #6, 7 – A boy with interest in aircraft or building something that goes, they can display their accomplishments for the den or pack.

Elect. #8, 9, 10 – A boy with a passion for music or art could display items made for these requirements.

Elect. #11- Photography – any or all of the requirements can be shared at the Pack meeting

Elect. #12 – Nature crafts or collections can be shared as examples of Positive Attitude.

Elect. #13 – Doing magic tricks can be an example of talent to share.

Elect. #17 – Learning how to make repairs can allow a boy to help others who need that skill – and make a positive difference in their life – it can also demonstrate self-confidence and Positive Attitude.

Elect. #19, #20 – Learning new sports skills and improving performance require Positive Attitude – and it's important to know and practice safety rules for winter sports.

Elect. #22 - Collections can be displayed and shared.

Webelos Activity Pins

Sharing talents and interests, those things that make each person unique, are great ways to demonstrate Positive Attitude. Encourage boys to share their interests with the den or pack.

Artist #2 - Create a portfolio of art projects.

Artist #3, #6, #7, #8, #9, #10 - Do any of these to reflect artistic talent and share with others.

Athlete – a boy could share his interest or abilities as an example of Positive Attitude

Communicator #2, #8 – give a talk or write an article about Positive Attitude or an activity or interest you want to share with others;

Communicator #9, #10 – Learn how to communicate using ASL or Braille, or in another language or improve your skill.

Craftsman – Do any of the requirements to demonstrate your ability and Positive Attitude

Engineer #2, #6, #7, #8, #9, #10 - Display any items that show your interest and ability.

Family Member #11, #12 – Use your abilities and display the results.

Geologist #1, #7, #9 – Make a collection of samples and display; earn the Belt Loop and/or pin.

Handyman – do any of the requirements and share as a talent using pictures, charts or a display

Naturalist #2, #3, #5 – Do these or any of the requirements and share what you know to demonstrate Positive Attitude and ability.

Readyman #5, #6, #7, #11, #15 - Share your knowledge by demonstration or display

Scholar #1 - Character Connection for Positive Attitude;

Scholar #3, #6, #7, #8, #10 – Display items that show your Positive Attitude and activities in scholarship in any subject, including school work.

Scientist – Demonstrate or display any of the requirements to show your work and Positive Attitude

Showman #1 – Do this and any other requirements to demonstrate or display your talent and interest in puppetry, music or drama.

Core Value for February – RESOURCEFULNESS.

Cub Scouts can focus on **Resourcefulness** this month by learning about people and animals that display resourcefulness. Since **February is also the Birthday month of BSA**, you can also learn about the ways creativity and imagination have been used in the Scouting program. It's also **Black History Month**, and there are some great examples of resourcefulness among African Americans like George Washington Carver. Boys and families can explore games and activities that focus away from technology. Be sure the boys, families and dens are involved in **the Blue & Gold Dinner** – choose a theme, decorations, activities and food that everyone can enjoy – and let the boys help!

Wolf Achievements

- **Ach. #1g, k** Be resourceful! Think of another animal and how you can demonstrate their walk in a fun exercise.
- Ach. #4b, c Discuss how to handle these situations with an adult, and be prepared to do the right thing.
- **Ach. #7e** When you read about people who are protecting our world, look for ways in which they have shown resourcefulness.
- Ach. #10f Attend a concert, play or other live program honoring someone resourceful.
- **Ach. #10g** Practice being resourceful by spending an evening playing board games or other old fashioned games that don't use technology. Think about how these kinds of games help you practice being resourceful.
- **Ach. #12** Be prepared to handle any of these circumstances by discussing with an adult how you should act BEFORE anything happens.

Wolf Electives

- **Elect. #1** Learn how to use a code or ASL to communicate in the past, people have shown their resourcefulness in using all kinds of codes.
- **Elect. #2** Be resourceful in helping make scenery, costumes, props, and sound effects for a skit; or make a paper bag sea otter puppet and learn about how resourceful otters are.
- **Elect. #4b, c, d, f** Be resourceful in making what you need to play a game; or play a game that you have made up or that requires resourcefulness.
- **Elect. #5** Be resourceful in using materials to make a kite, a boat, airplane, train or car.
- **Elect. #6** Visit a bookstore or library and choose a book about Resourcefulness or someone who has shown that value
- **Elect.** #7b Make puddle jumpers using recycled materials
- Elect. #8d Use recycled materials to make a windlass
- Elect. #9a Help with a home or den party
- **Elect. #10a-e** Read a book about Native Americans and/or be resourceful in making an instrument, article of clothing or model home from creative materials
- Elect. 13b If weather allows, put out nesting material and notice how birds use it
- **Elect. #16** Be resourceful and help your family prepare for an emergency or natural disaster; make a list of items for a family first aid kit or make a kit for your family
- **Elect. #20b,c,d,e,f** Learn the safety rules for various sports so you can be prepared to stay out of trouble and danger.
- **Elect. #22d** Demonstrate your ability to give directions to various places you might need to visit in an emergency
- Elect. #23b, c, d Show that you have the resources to take care of yourself in the outdoors or when lost.

Core Value for February – RESOURCEFULNESS.

Bear Achievements

- **Ach. #3b, d** Learn about two famous Americans and tell how they improved our way of life; point out how they demonstrated resourcefulness; Visit a place of historic interest in your area and look for examples of resourcefulness.
- **Ach.** #4c Read two folklore stories and tell your favorite one to the den; share examples of how the characters showed resourcefulness
- **Ach. #5a, d** Learn about a bird or animal you like and make a poster to share with others; visit a zoo or nature center and observe the animals; be sure to look for examples of animals showing resourcefulness, such as in building their homes or obtaining food.
- **Ach.** #9a,f make Chinese almond cookies to honor Chinese New Year; make a Trifle for a family dessert George Washington's favorite!
- Ach. #10a, b Prepare for a family day trip and keep your eyes open for examples of resourcefulness; have a family fun night and play a game or make something together do something non-technological, such as a board game or making a Jacob's Ladder
- Ach. #11- Prepare to be able to deal with an emergency by learning what to do beforehand
- **Ach. #12b, d** prepare for a hike with your family and keep an eye out for examples of resourcefulness; or attend an outdoor family event for one of the February holidays
- **Ach. #13b, c, f** become more prepared and familiar with your personal finances by keeping good records and setting up a savings account; play a board game that involves play money with your family.
- Ach. #15c try one of the Resourceful games
- Ach. #16c create your own version of an animal related relay or exercise
- Ach. #17 a, b, d Choose and watch a TV show with an adult you may even be able to find something about one of the resourceful people listed in this packet; Play charades it's a game that can challenge your resourcefulness; use a computer to find information about a person or animal that uses resourcefulness and write a report about what you learned
- **Ach. #21a-g** As you do any of the projects, list and locate or substitute for needed materials; complete the <u>Character Connection for Resourcefulness</u> by considering each project and what changes you might make to improve each one and what worked well and why.
- **Ach. #22** Do any or all of the requirements to become more skilled to use all available resources as needed in the future
- Ach. #24 –demonstrate leadership skills needed to become more resourceful

Bear Electives

- Elect. #2 learn to use equipment and skills to record and understand weather forecasting
- **Elect. #5** Become more proficient in being around and on boats; be resourceful in making repairs and using equipment
- Elect. #7 use materials and tools in a resourceful way in doing the requirements
- Elect. #8a, c be resourceful with materials and tools in making and playing a homemade musical instrument
- Elect. #9a use materials resourcefully in doing an original art project
- **Elect. #17** Be resourceful in your use of materials and tools when making home repairs
- **Elect. #20a, b, c** Become familiar with and follow safety rules so you can do sports with more safety and understanding
- **Elect. #24a, b, c** Learn about Native Americans in your area; look for examples of their resourcefulness in using everything available to them in their environment; share what you learn with your den or pack
- **Elect. #25a, b** Learn about essentials for hiking or camping safely; use the buddy system; on a hike, look for examples of plant or animal resourcefulness

Core Value for February – RESOURCEFULNESS.

Webelos Activity Pins

Artist #5, 6, 7, 8, 9, 10 – Using materials and tools resourcefully, create an original work of art **Communicator #3** – Invent and use a sign or picture language

Craftsman #2, #4 – Use materials and tools resourcefully to make a useful item such as a Jacob's Ladder game Engineer #1, 2, 3, 4, 5, 6 – While learning about engineering in a visit with an engineer or at a construction site, look for examples of how resources, materials, equipment and skills are used; when drawing or constructing engineering projects, be aware of the best way to use the materials and tools available to you

- **Family Member #4, 5** Use skills and tools available to you in making the best use of your money and other resources
- **Forester #5, 6** Draw a picture showing how a tree uses water, minerals and sunlight and how resources available affect its growth
- **Handyman #2-17** As you do any of the requirements, make sure you are using your skills and tools in the most resourceful way; consider possible substitutions or changes and how they might affect the final outcome
- **Naturalist #4, 5, 6 10, 11** Visit a nature center of natural history museum and tell what you saw, especially the use of resources by plants and animals; Observe birds, plants or animals and learn how they use the resources available to them and why they live in certain areas.

Some Belt Loops such as Good Manners and some patches such as Good Turn for America can also help teach Compassion.

Tiger Achievements

- **Ach. #4F** Family Activity, At a family meal, have each family member take turns telling the others one thing that happened to him or her that day. Remember to practice being a good listener while you wait for your turn to talk. Try to share some examples of people being kind to one another, or showing compassion.
- Ach. #4D Play "Tell It Like It Isn't" and point out how easy it is for us to misunderstand someone else, or think they are trying to hurt our feelings.

Tiger Electives

- **Elect. #1 -** Think of a time when your family celebrated something, and tell the den about it and how it made your feel and how good it is to feel part of the group.
- **Elect. #3** With your family, play a board game or put a puzzle together practice being kind, taking turns and not arguing or boasting
- **Elect. #5** Make a family mobile make sure you think about what each person is good at or likes to do; talk about how each family member is important to the group
- **Elect. #8** Invite a religious leader to visit the den and ask them to talk about how important it is to treat others in the right way they might also share some projects or activities that help people
- Elect. #14 Read a short story pick one that teaches about compassion, like "Horton Hears the Who"
- Elect. #26 Learn about and practice good phone manners it's important to treat everyone kindly
- Elect. #31 Learn about animals so you will appreciate them and know how to help take care of them.
- **Elect. #43** Visit a veterinarian or groomer and learn how to take care of animals learn the right way to behave around an animal, and how to make them feel comfortable.

Wolf Achievements

- **Ach.** #6a, c Practice having a cheerful and positive attitude it will rub off on others! If a den member shows their collection, be sure to listen and tell them something positive about their collection.
- **Ach. #8c, d** When you help fix a meal or make your own breakfast, remember that sharing the work and cleaning up after yourself can make your mother or someone else feel good
- **Ach. #10b** Make a game to play with your family make sure everyone gets a fair turn, help younger siblings if they need it, and practice saying only positive comments; congratulate or encourage everyone;
- Ach. #10d Read a book or Boy's Life article that demonstrates someone being compassionate;
- Ach. #10g Use only kind words and actions when playing a board game with your family

Wolf Electives

- **Elect. #1c** Learn to write your name using ASL think about how a deaf person must learn the language, be able to use their hands quickly, and how it would feel if you couldn't hear what anyone was saying
- **Elect. #1d** Use 12 American Indian signs to tell a story Was it hard to learn the signs? Do you know if any of the signs are used today in other ways? Why do you think they worked sometimes even if the other person didn't know the language? Was there a really good reason to use sign language? (maybe so you could stay quiet in a dangerous place, so someone who didn't know your spoken language could follow the story)
- Elect. #2 If you put on a skit about Compassion.
- **Elect. #4** Practice being kind and encouraging and showing good sportsmanship, as you play any of the games.

Wolf Electives - continued

- **Elect.** #6 Visit a library and find out how to find a story, poem, magazine or newspaper article about Compassion; Choose a book about Compassion and read it, then discuss it with an adult.
- **Elect. #10** As you do any of the activities about Native American life, look for examples of their ingenuity and caring for the earth how they used materials available to them and didn't waste anything Understanding and appreciating others helps us to be compassionate.
- **Elect. #11c, f** Learn the words of three Cub Scouting Songs try the ones that have something to do with kindness and compassion Sing a song with your den at the pack meeting
- **Elect. #14** Take care of a pet understand what your pet needs and how he deserves to be treated; think about what he adds to your world
- **Elect. #20** As you participate in any of the sports requirements, remember to be kind, show support for others, and never hurt another person's feelings Talk about the difference between enjoying a challenge or a victory and belittling someone else.
- Elect. #22a, b, e Learn to say some words in another language and remember that their language is just different from yours imagine how you would feel if everyone around you spoke another language; If you know someone who doesn't know English, imagine how they might feel when everyone is laughing do you think they might feel everyone is laughing at them? If you have a chance to invite a boy to join Cub Scouts, or to help another boy earn his Bobcat, remember to be kind and encourage him. (You didn't know the Law at first either!)
- **Elect. #23d** When it's time to "Buddy Up" don't always avoid the new boy, or the one who isn't as fast, or who doesn't know all the rules yet give him a chance and pick him for your Buddy!

Bear Achievements

- Ach. #1b List and practice ways you can practice your religion by being kind and thoughtful toward others.
- **Ach. #3b** Find out about two famous Americans (look for someone who was compassionate); Tell what they did or how they improved our way of life. *Consider those who invented equipment or methods that help those with disabilities to fit in or those who treated everyone with equal respect.*
- **Ach.** #4 Learn all about Johnny Appleseed and how his actions made life easier for thousands of others; look for examples of compassion, kindness or being helpful in the other folklore examples and learn if they were based on true stories or real people.
- **Ach. #5** Learn about sharing your world with wildlife, about your favorite animals, how you can help them survive, learn about the people who help wildlife in many different ways, visit a zoo, nature center or other wildlife area. When you visit animals in the wild or in an organized area, be sure to follow the rules and treat the animals with respect.
- **Ach.** #6 Learn about and practice caring for your planet recognize that it's the only planet we have to live on, and that we must conserve resources and find ways to share water and other limited resources with everyone. Take part in a project that benefits your neighborhood, the planet, and maybe even a local charity!
- **Ach. #9b, f** Make a snack for your den or your family. You could celebrate Johnny Appleseed and the value of a smile, take better care of your body by making a healthy "walking" snack, or enjoy an Irish scone to honor St. Patrick's Day.
- **Ach. #10** Remember to be kind and thoughtful of other family members as you work on these requirements.
- **Ach.** #12b Go on a hike with your family and pick up trash show you understand how important it is to take care of your planet.

Bear Achievements - continued

- **Ach. #15** Remember to be compassionate, act with kindness and good sportsmanship as you play any of the games try one from the Games section!
- Ach. #16 Don't forget to cheer on others and keep a good attitude while you are Building Muscles.
- **Ach. #18e** Write a thank you note to someone if they have been thoughtful to you or have shown you how to be compassionate, tell them how it made you feel and why you think they are so great.
- **Ach. #23** Show good sportsmanship, and avoid contention when you play any of the sports. Never make fun of someone else who makes a mistake.
- **Ach. #24a, e** Help a boy join Cub Scouts or finish his Bobcat; Learn how to be a leader without being a bully or following others in a bad choice that will bring harm to someone or something

Bear Electives

- **Elect. #9** Make an art project that will help others value the earth or its wildlife; if you visit a museum, look for examples that make you feel like you want to preserve the natural beauty of the earth, or learn more about the world of nature and how to protect it.
- **Elect. #10b** Make a mask of a favorite animal; you might display with information about the animal and how it contributes to the world of nature
- **Elect. #11b,c** If you like to do photography, mount some pictures that will show the value of wildlife or our planet display at the pack meeting
- **Elect. #12** Make any of the Nature Crafts to help people see the beauty and value of taking care of our planet
- **Elect. #15** Learn about Water and Soil Conservation and spread the word so others will want to help protect our environment
- **Elect. #25b** Go on a short hike with your den, using the Buddy System Be sure that no boy feels like he isn't wanted, or doesn't have anyone willing to be a buddy. Encourage others to include every boy by your example.

Webelos Activity Pins

- **Artist #8, 9** Make a mobile or art construction that celebrates the unique value of each member of your family, den or part of the environment.
- Citizen # 10, #11, #13 With your Webelos den or your family, visit a community leader, learn about his duties and ask him/her about the need for respect, kindness and understanding between community leaders, groups and individuals. Ask if there are specific examples to demonstrate compassion in your community; Write a short story about a great American who demonstrated compassion, understanding and fair treatment; List the names of three people you think are good citizens and tell why you chose them include examples of their compassion for others.
- Communicator #1, #9, #10, #12 Play the Body Language game with your den and consider how actions can send a positive or negative message, especially when someone is trying to communicate with you; Invite a person with a visual, speaking or hearing impairment to visit your den and learn about the special ways to communicate and how you can communicate with those with impairments; Invite a person who speaks another language to share their knowledge about their own language, words from that language you might already know, how it feels to be surrounded by people you don't understand, and how to behave in a positive way around those who don't speak your language; Under adult supervision, search the internet and learn more about Compassion and how to demonstrate it.

Webelos Activity Pins - continued

- **Family Member #5** Take part in at least four family meetings to help make decisions about family activities or serious topics, always acting with respect, understanding and kindness you might even suggest a family meeting about overcoming contention in your home.
- Forester #9 Describe both the benefits and harm wildfires can cause and tell how you can help care for the earth by learning to prevent wildfires
- Naturalist #1, #4, #9, # 10, #11 Learn about ways that people have shown a lack of respect for wildlife, and name and practice ways you will show appreciation and respect for wildlife; Visit a museum of natural history or other nature center and tell what you saw, including what you learned about how you can help protect the natural world; Give examples of a producer, consumer and decomposer in the food chain, explain how humans how changed the balance of nature, and how you can protect that balance; Identify a plant, bird or wild animal found only in your area and tell why it survives and how you can help protect it; Learn about aquatic ecosystems or wetlands in your area and discuss their importance with your Webelos Den Leader or Activity Badge Counselor.
- Outdoorsman #5, #6, #7 Learn how to follow the Leave No Trace Frontcountry Guidelines during outdoor activities so you can care for the earth; Participate in an outdoor conservation project with your Webelos den or a Boy scout troop; Discuss the rules of Fire Safety and show how to handle a fire so that it doesn't have a negative impact on the environment.

Core Value for April – FAITH.

Tiger Achievements

- Ach. #5F Go outside and watch the weather. Do the Character Connection for Faith.
- **Ach. #5D** With a crayon or colored pencil and a piece of paper, make a leaf rubbing. Notice the shape, kind of edge, color of the leaf. Do you know what kind of tree the leaf is from?
- **Ach. #5G** Take a hike with your den you might look and listen for signs of Spring.

Tiger Electives

- **Elect. #6** Along with your adult partner, teach a song to your family or to your den and sing it together choose a religious song or a song about Faith.
- Elect. #8 Invite a religious leader from your place of worship to your home or to your den meeting
- **Elect. #10** Along with your adult partner, help an elderly or shut-in person with a chore. Service is a way of showing your faith.
- **Elect. #14** Together with your adult partner, read a short story or a magazine article. Choose a story about faith, or a person who has shown great faith
- **Elect. #30** Plant a seed, pit, or greens from something you have eaten. Planting a garden or a seed is a way to show you have faith that it will grow.
- Elect. #35 Play a game outdoors with your family or den. Choose one of the Trust Games.
- **Elect. #36** With your family or your den, go see a play or musical performance in your community. Many communities have special events for the Easter season.

Wolf Achievements

- **Ach.** #4f Visit an important place in your community and explain why it is important you might visit a religious structure, maybe even for another faith. Or visit a local memorial building, park or statue and think about how those honored showed their faith.
- **Ach. #7d** With an adult, pick up litter in your neighborhood. Taking care of where we live shows our appreciation for nature and for what we have been given.
- **Ach. #10c** Plan a walk with your family notice the beauty of the world and talk about your beliefs concerning creation and how to show appreciation for nature.
- **Ach. #10f** Attend a concert, play or other live program with your family.
- Ach. #11a, b, c, d Complete the <u>Character Connection for Faith</u>; Talk with your family about what they believe is their duty to God; Give two ideas how you can practice your faith-choose one and do it; Find out how you can help your church or other religious fellowship.

Wolf Electives

- **Elect. #5a, b, c, d, e** Learn the rules of safe kite flying; Make and fly a paper bag kite; a two stick kite; a three-stick kite; make and use a reel for kite string. Like Faith, the wind is something you cannot see, smell or touch but you can feel its presence.
- **Elect. #6b** Choose a book about Faith, or someone who has shown faith or read some scriptures!
- **Elect. #11d, e, f** Learn and sing three songs about faith, hymns or prayers; learn and sing a "grace" a prayer before a meal; sing a song with your den at a pack meeting.
- **Elect. #15** Do any or all of the activities of planting and growing watching a seed grow into a plant is a great example of faith and how it can grow.

Core Value for April – FAITH.

Bear Achievements

- Ach. # 1a, b Complete the Character Connection for Faith: Know some people in history who have shown great faith and discuss their faith with an adult; discuss with an adult how having faith can help you in life and how you can strengthen your faith; practice your faith as you are taught; make a list of things you can do to practice your faith, and check them off your list as you do them
- Ach. #2 Earn the religious emblem of your faith. (Only Ach. #1 OR #2 are required)
- **Ach. #3a, b** Write or tell what makes America special to you be sure to include the freedom to practice your religion; Find out about two famous Americans who have shown faith.
- **Ach.** #6b Plant a tree in your yard, at your chartered organization site, in a park or at a school in honor of Arbor Day and to show your appreciation for the wonders of creation.
- **Ach.** # **8e** Find out some history about your community, especially the different religious groups that live there and their buildings.
- Ach. 9a Make some Scripture Cookies, or Faith Cookies
- Ach. #10a Go for a day out in nature or to an evening performance with your family.
- **Ach. #12** Do any of the activities with your family; practice the principles of your faith in your relationships with your family, and take note of the beauties of creation around you.
- **Ach.** #13c Keep a record for two weeks of how you spend your money; consider paying a tithe to your church and/or to help the needy.
- **Ach. #18f** Write about something you have done with your den; choose an activity that has something to do with the value of Faith.

Bear Electives

- **Elect. #14** Do any or all of the requirements landscaping is a way to beautify our surroundings and observe nature
- **Elect. #25 b, d** Go on a short hike with your den, taking notice of the wonders of nature; with your den, participate in a religious service during a scouting event.

Webelos Activity Pins

- Artist #10 Create a collage that expresses something about you and your faith.
- **Citizen #11, #12** Write a short story about a former US President or other great American, and include examples of their faith; Tell about another boy who is a good citizen and share some examples of how he lives his faith.
- **Communicator #8** Write an article about a den activity focus on a service project or some way that faith was demonstrated
- Forester #8 Plant 20 forest seedlings in honor of Arbor Day, and tell what you did to take care of them **Outdoorsman #2** With your family or Webelos Den, help plan and take part in an evening outdoor activity that includes a campfire be sure there is some inspirational or faith promoting component.
- **Showman: Music #8, #9** Play four tunes on any band or orchestra instrument, reading from music; Sing one song indoors and one outdoors and tell what you had to do differently. For each of these, choose music that has some connection to faith or your religion

Core Value for May – HEALTH & FITNESS

Tiger Achievements

Ach. #2G – If you visit a police or fire station, ask how the men and women keep their bodies fit so they can do their jobs

Ach. #3G – Learn the rules of a game or sport. Then, go watch an amateur or professional game or sporting event – as an extra challenge, practice some of the moves you see to help make your body more fit!
 Ach. #5G – Go for a hike with your den – it's a fun way to practice fitness!

Tiger Electives

Elect. #16 – Tell your den about a favorite activity that helps keep your body fit.

Elect. #23 – Find out what kind of milk your family drinks, and why. Find out the health reasons why people choose different kinds of milk, or may have to use a certain kind of milk.

Elect. #25 – Make a snack and share it with your family or den – choose one that is good for your body.

Elect. #29 – Talk with your adult partner about when you should use sunscreen. Find out whether you have any in your home and where it is kept. With your adult partner, look at a container of sunscreen and find out whether it still protects you when you are wet, how long it lasts, the expiration date. Talk about how using sunscreen is important to your health.

Elect. #35 – Play a game outdoors with your family or den – being outdoors is healthy!

Elect. #37 – Take a bike ride with your adult partner.

Elect. #40 – Together with an adult partner, go swimming or take part in a water activity. Be sure to go over Water Safety FIRST!

Elect. #44 – Visit a dairy, milk processing plant or cheese factory – find out how the products help keep your body healthy.

Elect. #46 – Visit a dentist or dental hygienist and find out why caring for your teeth is important for good health

Wolf Achievements

Ach. #1 – Do any of the Feats of Skill as a way to practice fitness.

Ach. #3a, b, c – Make a chart and keep track of good health habits for two weeks; Tell four ways to stop the spread of colds; Show what to do about a small cut on your finger

Ach. #4f - Wide Area or Group Game with Den or Pack

Ach. #8a, b – Study the Food Guide Pyramid and name some foods from each food group; Plan the meals your family should have for one day, using foods from at least three of the food groups at each meal.

Ach. #9e – Know the rules of bike safety – always wear a bicycle helmet!

Ach. #10c – Plan a walk with your family – doing something physical outdoors is great for health and fitness!

Wolf Electives

Elect. #2 – Help to plan and put on a skit about how to be fit and healthy.

Elect. #4f – Get moving outdoors – play a wide area or large group game with your den or pack. Check for ideas under Games.

Elect. #5a, b, c, d – Have some active fun outdoors – make and fly a kite – be sure to read and know the safety rules for flying a kite first!

Elect. #7a, b, c – Learn to walk on a pair of stilts; Make a pair of puddle jumpers and walk with them; Make a pair of "foot racers" and use them with a friend – each activity could be part of a physical relay game.

Elect. #11f – Sing a song about Health & Fitness with your den at the Pack Meeting.

Core Value for May – HEALTH & FITNESS

Wolf Electives - continued

- **Elect. #18a, b** Help plan and hold a picnic with your family or den; With an adult, help plan and run a family or den outing; (a kite flying activity, hike, bike ride)
- **Elect. #18d** help plan and lay out an obstacle race; you could use the requirements of Elect. #7 Foot Power, the stilts, puddle jumpers and foot racers as part of an obstacle course.
- **Elect. #20** Do any of the suggested activities to improve your fitness by getting physically active but be sure to go over Sportsmanship and any Safety Rules for the activity FIRST! Many sports are represented in this section check it out!
- **Elect. #23b, c, d** In order to stay healthy, make sure you are prepared for outdoor activities and camping by doing these requirements

Bear Achievements

- **Ach.** #8b If you talk with a long-ago scout, find out what kind of fitness activities they did you might be surprised!
- **Ach. #9b, d, e, f** With an adult, make snacks for the next den meeting choose a healthy one! Check the ideas in Cub Grub; make a list of junk foods you eat then do the "Take Five" Challenge to make better choices; make healthy trail food for a hike; with an adult, make a healthy dessert for your family
- Ach. #12b, e Go on a hike with your family, after you make sure you are prepared; Plan an outdoor family day that includes some physical activity
- **Ach. #13a, g** Go grocery shopping with an adult member of your family and compare prices of different brands and at different stores, and also compare prices based on nutritional value; With an adult, figure out how much it costs for each person in your home to eat one meal choose a meal that has good nutrition value based on the Food Pyramid.
- **Ach. #14f, g** Ride a bike for 1 mile without rest be sure to obey traffic and safety rules; Plan and take a family bike ride.
- Ach. #15a, b, c Set up equipment and play two outdoor games with family or friends; Play two organized games with your den; Select an (active) game that your den has never played, explain it and play it with them.
- **Ach. #16** Do any or all of the activities they will help you Build Muscles!
- **Ach. #18c** Keep a daily record of your activities for 2 weeks look to see if you were following the rules for being healthy and fit.
- Ach. #23c Take part in one team and one individual sport to improve your fitness.
- **Ach. #24c** Plan and conduct a den activity with the approval of your leader choose an activity that involves becoming fit or learning about being healthy.

Bear Electives

- **Elect. #5e** With an adult on board, and both wearing PFDs, row a boat around a 100-yard course that has at least two turns. Demonstrate forward strokes, turns to both sides, and backstrokes. Review Boating Safety Rules BEFORE you start!
- **Elect. #18a, d** Build and use an outdoor gym with at least three items from the list on page 250; Hold an open house so everyone can enjoy your gym!
- **Elect. #19** Do any or all of the Swimming requirements make sure you have an adult with you who can swim.
- **Elect. #20** Choose any or all the requirements to help improve your fitness by physical activity. Read and follow the Safety Rules for any of the activities!
- **Elect. #25b** Go on a short hike with your den, following the buddy system and telling what to do if you become lost.

Core Value for May – HEALTH & FITNESS

Webelos Activity Pins

Aquanaut #1, 2, 3 4, 7, 8 – These requirements all involve physical activity and fitness.

Athlete #5, 6, 7, 8, 9, 10 – These activities not only require physical activity, they include working to improve your performance and fitness!

Communicator #2 – Prepare and give a talk to your den about a subject that has something to do with Health or Fitness.

Craftsman #2 – Make a set of foot racers (Wolf Book pg. 147) so your den or pack can have a fun relay.

Family Member #8, #11 – Make a list of fun things and plan a family fun night, choosing an activity that includes action and fitness; with adult supervision, plan, purchase and help prepare three meals for your family – make sure they are nutritious!

Outdoorsman #9 – Go on a three-mile hike with your Webelos den or a Scout troop after discussing with your Webelos Den Leader what you need to take with you.

Showman #6 – Make a set of four paper bag puppets for a singing group and put on a performance with three others (Try doing a song that has something to do with Health & Fitness)

Showman #16 – Give a monologue or talk – if you choose a subject about Health or Fitness

Core Value for June - PERSEVERANCE

Belt Loops related to Art, Music, and almost any sports, as well as many of the Academics Belt Loops, require a boy to commit to lots of practice so he can Do his BEST – in other words, perseverance!

Tiger Achievements

Ach. #2 D – Practice the Pledge of Allegiance with your den, and participate in a den or pack flag ceremony – it can take lots of practice to do it just right, so just persevere!

Tiger Electives

- **Elect. #3** With your family, play a card or board game, or put a jigsaw puzzle together it can require a lot of time and perseverance to put together a jigsaw puzzle with lots of pieces!
- Elect. #6 Along with your adult partner, teach a song to your family or den and sing it together.
- **Elect. #7** Make a musical instrument and play it with others. The others can sing or have instruments of their own. The more you practice, the easier it will be.
- **Elect. #18** Sew on a button. Be sure to keep your fingers out of the way of that needle!
- **Elect. #19** Learn a magic trick and show it to your family or den. There are some simple tricks in the Den Review Tiger Section.
- **Elect. #30** Plant a seed, pit, or greens from something you have eaten. You will have to make sure to keep it in a place where it can get light, but keep the soil a little moist so the plant will germinate this can take patience and perseverance!
- **Elect. #37** Take a bike ride with your adult partner be sure to wear your HELMET! It can take some perseverance to keep going when your legs start to get tired.

Wolf Achievements

- Ach. #1a,b, c, d, e Feats of Skill It might take a lot of practice for a Cub Scout to master some of these skills Ach. #1h,i Swimming 25 feet or treading water for as long as you can takes a lot of practice.
- **Ach. #2g** With the help of another person, fold the U.S. Flag it takes practice to be able to do it right every time.
- Ach. #3a Make a chart and keep track of your health habits for two weeks you will need to remember to do this every day
- **Ach.** #4e After talking with your family members, make a list of your jobs and mark off when you have finished them. Do this for one month it will take some perseverance!
- **Ach. #5c, d** Identify and use a Phillips head and standard screwdriver to drive in and then remove the right kind of screw; Use the pictures in your Wolf book to learn how to use a hammer, and show that you know how to do it. It will take some practice to do it right! Hint: Both a screw and a nail are easier to drive in if you make a "pilot" hole first.

Wolf Electives:

- **Elect. #1d** Use 12 American Indian signs to tell a story first make up your story, and then practice the signs till you can do them without looking it will take some perseverance!
- **Elect. #5b, c, d** –Make and fly a paper bag kite; make a fly a two-stick or three-stick kite. You will need to work carefully so your kite will fly and it can take some trial and error to get a kite up in the air. Elect. #5a BE SURE to do this FIRST the safety rules for kite flying!
- **Elect. #7a** Learn to walk on a pair of stilts. Stand on something to get started, and the more your practice, the better you will get.
- **Elect. #10f** Learn 12 American Indian word pictures and write a story with them.

Core Value for June - PERSEVERANCE

Wolf Electives - continued

- **Elect. #11a, b, f** Learn the words and sing the first and last verses of America, or the first verse of the National Anthem; sing one of them with your den at a pack meeting.
- **Elect. 15a, b, c, d** Plant and raise a box garden, a flower bed, an indoor plant, or some vegetables. You will need to be patient and remember to take care of your plants regularly.
- **Elect. #17a,b, e, f** Learn to tie an overhand knot and a square knot; tie your shoes with a square bow knot; Tie two cords together with an overhand knot; Learn to tie a necktie.
- **Elect. #18d** Help plan and lay out an obstacle race; for even more challenge, have another den lay out a race for your den to do, and you lay out one for them to do!
- **Elect. #19b, c, f** Rig a pole with the right kind of line and hook, with bobber and sinker if needed, then go fishing; Bait your own hook and do your best to catch a fish when fishing with an adult or members of your family; Show you know how to use a rod and reel.
- **Elect. #20** Do the requirements for any of the sports activities But be sure to know and follow any safety rules that are required. If you are going boating now that the weather is warmer, be sure your go over Elect. 20b FIRST so you know the boating safety rules.
- **Elect. #22b** Count to 10 in another language it might take some practice.

Bear Achievements

- Ach. #2 Earn the religious emblem of your faith it may take some time and effort.
- **Ach. #3h, i** Learn how to raise and lower the flag properly for an outdoor ceremony; then participate in an outdoor flag ceremony
- **Ach.** #4c Read two folklore stories and tell your favorite one to your den choose one that demonstrates perseverance.
- **Ach.** #6a Save 5 pounds of glass or aluminum or 1 month of daily newspapers and turn them in at a recycling center you'll have to commit to a whole month a good way to practice perseverance!
- **Ach. #8d, f** Trace your family back through your grandparents or great-grandparents; Start your own history and keep a journal for two weeks.
- **Ach. #13c** Keep a record of how you spend money for two weeks.
- **Ach. #14f** Ride a bike for 1 mile without rest. Be sure to obey all traffic rules and remember to WEAR YOUR HELMET!
- **Ach. #17d** Use a computer to get information. Write, spell-check, proofread and print out a report on what you learned. (You might choose someone you admire and report on why you admire them and how they have shown perseverance)
- **Ach. #18c** Keep a daily record of your activities for two weeks.
- Ach. #22b, c, d, e Persevere in learning how to tie several knots; Learn how to keep a rope from tangling practice till you can do it without thinking; Coil and rope and practice throwing it till you
- can consistently hit a two-foot square marker 20 feet away; Practice a magic rope trick till you can do it well enough so that an observer doesn't see the trick.
- Ach. #23a, b Learn the rules and how to play three team sports or two sports in which only one person is on each side.

Core Value for June - PERSEVERANCE

Bear Electives

- **Elect. #2 a, b, f** Commit to keeping a record for two weeks of temperature and weather conditions; Wind direction and weather every day at the same time for two weeks; Watching the weather forecast on TV every day for two weeks, then keeping a record comparing the forecast with actual conditions
- **Elect. #5** Wearing a PFD, help an adult rig and sail a real boat; Help an adult repair a real boat or canoe; Know the signals for storm warnings; Help an adult repair a boat dock; With an adult on board, and both wearing PFDs, row a boat around a 100 yard course that has at least two turns and demonstrate other strokes as required.
- **Elect. #11** Photography Do any or all of these requirements you will have to commit to practicing and taking and mounting several kinds of pictures you can display your work at a Pack event in honor of Camera Day.
- **Elect. #13** Magic In order to learn the magic tricks, puzzles or rope tricks, or to put on a magic show, you will need to practice till you can do each magic trick very well! There are ideas in your book and also under both Tiger and Bear ideas in the Den Review section.
- **Elect. #19** Swimming Before you start, do Elect. #19d, and commit that you will never swim alone. Then do any or all of the requirements you may have to practice over and over to get really comfortable and have good swimming skills.
- **Elect. #20** Do any of the requirements, but commit to practicing and improving your skills and knowing and following safety and courtesy rules of the sport you choose.

Webelos Activity Badges

Several of the Activity Badges are a natural fit with Perseverance:

Artist #2 – Create a scrapbook (portfolio) of your Artist Activity Badge projects and show it to your den leader – requires commitment, taking care of and collecting art projects over a time period.

Athlete #1 - Character Connection for Perseverance

Athlete #5a-e – Requires showing improvement in various activities after 30 days.

Sportsman #3, 4 – Requires earning Belt Loops in two different sports, so Perseverance is required.

Core Value for July – COURAGE

The BSA_has a number of Lifesaving and Meritorious Awards, which recognize conduct exhibiting courage and daring, skill and self-sacrifice. Moral courage is also required in earning Religious Awards — especially when dealing with peer pressure to "follow the crowd." Also, learning or reviewing the steps for Hug A Tree and Survive can help a scout act with courage if they ever do become lost. Courage is sometimes needed when learning any new skill, especially if demonstrating or performing in front of other people.

Tiger Achievements

- **Ach. 2G** Visit a Police or Fire Station. Ask someone there how he or she helps people. Ask them what they think about courage and if they have any stories of courage to share.
- Ach. #3F a With your family, plan and practice a fire drill in your home it will make it easier to have courage if you ever need to actually have a fire.
- Ach. #3F b With your adult partner, plan what to do if you become lost or separated from your family in a strange place learn how to do the steps of Hug A Tree and Survive so you will have the courage to do the right thing if you ever do become lost.

Tiger Electives

- **Elect. #1** Think of a time when your family celebrated something, and tell the den about it and how it made your feel. See if your family has a story of courage that might be celebrated during a family birthday or patriotic celebration.
- **Elect. #8** Invite a religious leader from your place of worship to your home or to your den meeting ask them to share a story of religious or moral courage.
- **Elect. #9** Help a new boy or girl get to know other people it can take courage to greet someone new and introduce them to others, especially if your friends might want to ignore them.
- **Elect. #10** Along with your adult partner, help and elderly or shut-in person with a chore. Even if you are a little afraid of them, or have heard scary stories about them, have the courage to give service.
- **Elect. #12** Make at least two cards or decorations and take them to a hospital or long-term care facility. Be friendly and kind, even if you are uncomfortable or not used to being in that kind of place.
- **Elect. #18** Learn how to sew on a button it can take courage to learn a skill that your friends may think only girls do.
- **Elect. #27** Talk to your adult partner about what to do if these things happened and how you can show courage: The adult who is caring for you becomes ill. You are alone with someone who makes you feel uncomfortable.
- **Elect. #40** Together with an adult partner, go swimming or take part in an activity on water. Sometimes it takes courage to go swimming or be in or on the water or to learn to swim if the water scares you.
- **Elect. #47** –Learn about recycling in your community, especially things that need to be recycled in special ways. Learn about the courage of Tom Whittaker and how he recycled trash found on Mt. Everest.
- **Elect. #49** Visit a government office such as the mayor's office, the state capitol building, or a courthouse and have the courage to ask some questions so you can learn more.

Wolf Achievements

- Ach. #1c, d, e or h –Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of falling or getting hurt or when it looks like a long way to swim so remember that Cub Scouts can have courage to try new things.
- **Ach. #4b, #4c** Tell what to do if someone comes to the door and wants to come in; And if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.
- Ach. #12a –12k Do the <u>Character Connection for Courage</u>. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.

Core Value for July - COURAGE

Wolf Electives

- **Elect. #2a, d** Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.
- Elect. #7a Learn to walk on a pair of stilts it might take courage if they seem too high!
- **Elect. #16a, b** Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.
- **Elect. #21b** Explain what a computer program does and use a program to write a report about someone who showed courage.
- **Elect. #22c** Tell a short story to an adult, your leader or your den. Sometimes it takes courage to do this, but the more you do it, the easier it will be for you to talk in front of other people.
- **Elect. #23b, c** Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to "Hug a Tree and Survive" if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

Bear Achievements

- **Ach. #1, 2** Whether practicing your faith or working on the Religious Award, it can take real courage to do the right thing, especially if other people make fun of you but have courage to do your best and make good choices.
- **Ach. #6a** In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.
- Ach. #6c Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call but make a list of questions before you start so you don't get confused.
- Ach. #11g Complete the Character Connection for Courage.
- Ach. #12b The suggestions for what to do if lost or how to prepare also would require courage to fulfill and fit with the Hug A Tree and Survive program.
- Ach. #14b Learning to ride a bike can require courage if a boy hasn't learned previously.
- **Ach. #17a** With an adult in your family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. Talk about how they showed courage.
- Ach. #17d Use a computer to get information about a person who has shown courage, such as Lewis & Clark Write, spell check, proofread and print out a report on what you learned.
- **Ach. #22b** If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot tell how each is used.
- Ach. #24a, c It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.
- Ach. #24e It definitely takes courage to make a choice on how to do something when not everybody likes your choice go over the hard choices and decide what you would do.

Core Value for July - COURAGE

Bear Electives

- **Elect. #6b** For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.
- **Elect.** #8c If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.
- **Elect. #13** It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself.
- **Elect. #19** Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.
- **Elect. #21a** It can take courage to take part in a council or pack- sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.
- **Elect. #25b** Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

Webelos Activity Pins

- Aquanaut It can take courage to do any of the requirements, especially if you are not comfortable in the water. It can also take courage to do Requirement #7 even if you know how to swim, passing the BSA "Swimmer" test can be hard to do and may require courage, especially if others are watching. Practice the skills with a parent or leader, or take swim lessons to improve your skills.
- **Citizen #11** Write a short story about a former US President or other great American. Include examples of his or her morale or physical courage. Give a report on this to your Webelos den.
- Communicator #2 It can take courage to prepare and give a three minute talk to your den.
- **Fitness #8** Read the booklet Take a Stand Against Drugs! Discuss it with an adult and show that you understand the material. If you find yourself in a situation where drugs are involved, it will take courage to stand up and do the right thing.
- **Outdoorsman #3, #9** With your parent or guardian, take part in a Webelos den overnighter; or discuss with your den leader the things you need to take on a hike before doing a 3 mile hike. Learn or review the steps of Hug A Tree and Survive so you will be able to show courage if you ever do become lost.
- **Readyman #1** Complete the Character Connection for Courage. Do the Know, Commit and Practice steps so you will be prepared to act with courage in an emergency. Also, any of the requirements of Readyman may require courage to use in an emergency.

Core Value for August – HONESTY

Scouts should be encouraged to be honest in working on any of the Belt Loops and Pins – whether it is a Sports or an Academic subject. During the Summer, many boys will be participating in team sports – and that's another opportunity for them to be **honest** and to show good sportsmanship.

Tiger Achievements

- **Ach. #1G** go see a museum, lighthouse, or other historical building where you can learn more about how families lived in the past.
- **Ach. #2D** Practice the Pledge of Allegiance and participate in a flag ceremony with your pack or den you could do this on Coast Guard Day.
- Ach. #4F At a family meal, take turns telling one thing that happened that day; remember to tell the story honestly; practice being a good listener while you wait your turn.
- **Ach.** #4D Play "Tell It Like It Isn't" and then talk about how easy it might be to make the story more exciting by adding some things that aren't true.
- **Ach. #4G** Visit a television or radio station or newspaper office. Find out how people there communicate with others. Do they have some special ways to make sure the story they tell is completely true?
- Ach. #5G Take a hike with your den, just like the boys at Brownsea did at the very first Scout camp!

Tiger Electives

- **Elect. #2** Make a decoration with your family or your den. Display it or give it to someone as a gift. (If your den or families go to the beach to celebrate Play in the Sand Day on Aug. 11, and if it's legal in the area, you could collect some beach glass, pebbles and sand to make a special art project to make as a gift).
- Elect. #6 With your adult partner, teach a song from Baloo to your family or your den and sing it together.
- **Elect. #25** Make a snack and share it with your family or den you could make Trail Mix for the special day on Aug. 31st, or a S'Mores Treat in honor of S'Mores Day on Aug. 10th.
- Elect. #35 Play a game outside with your family or den

Wolf Achievements

- Ach. #4e Talk with family members. Agree on the household jobs you will be responsible for. Make a list of your jobs and mark them off when you have finished them. Do this for a month. Remember to be honest about whether you have done the job the right way, even though no one else might know if you aren't truthful about it.
- **Ach. #7c** Discuss with your family ways that water can get dirty.
- **Ach. #7d** With an adult, pick up trash in your neighborhood; wear gloves to protect against cuts. In honor of Clean Water Month, you could make sure all storm drains are clear of trash or your pack could even do a project to paint warnings on the curb about where the water drains to.
- **Ach. #12j** Read the scenario and discuss why you shouldn't let peer pressure or wanting to be popular change your decision about what is right and honest

Wolf Electives

- Elect. #2 If you do a skit based on honesty, and do any of the elective requirements, mark them off.
- **Elect. #4** If you play any of the games listed, be sure you are honest in how you play be a good sport and don't try to cheat in order to win.
- **Elect. #11b** Learn and sing the National Anthem share the story of how Francis Scott Key was in the right place to witness the events because he was considered an honest man of integrity

Core Value for August - HONESTY

Wolf Electives - continued

- **Elect. #12a** Draw a free-hand sketch; you might make a picture that can be used in the "Honesty is the Best Policy" opening, or as part of a display about a person who is honest.
- **Elect. #14a** Remember to be honest in caring for a pet; don't forget to provide water, food, exercise and good care for your pet it's a way of showing you are honest in your dealings.
- **Elect. #20** Remember to be honest about how you play any sport, and in learning and following the rules.
- **Elect. #21b** Use a computer program to write a report about honesty, or an honest person. You could also use a program to make signs for a display about an honest person.
- Elect. #23 If you go camping, practice some of the skills that the first boys at Brownsea also used.

Bear Achievements

- **Ach. #1** Practice your faith as you have been taught think about what place honesty has in showing you believe and honor your faith.
- **Ach. #3b** With the help of your family or den leader, find out about two famous Americans. Tell the things they did or are doing to improve our way of life. Remember to consider how they show integrity and honesty in their dealings, and how that might affect what they can accomplish.
- **Ach. #3d** Find out where places of historical interest are located in your town or city. Go and visit them with your family or den you might visit a lighthouse or a Coast Guard station, or even a beach that has some historic connection.
- **Ach. #3f** Be a member of a color guard for your den or pack you might have a special ceremony for Coast Guard Day or some other special event in August.
- **Ach.** #6g Take part in a den or pack neighborhood clean-up; you might especially clear debris from storm drains to protect water quality; if curbs aren't marked, you r pack might paint warnings by storm drains to ask people not to pollute the water supply.
- **Ach. #8b** Find and talk to someone who was a Cub Scout long ago; try to find out how they learned to live honestly and what ways they had to help them.
- Ach. #9a With an adult, make cookies.
- Ach. #9b or f With an adult make a treat for a den meeting or a dessert for your family
- Ach. #9e Make some trail mix in honor of Aug 31st.
- Ach. #10a, b Go on a Perseid Meteor Night trip, or try doing it at home with your family.
- **Ach. #12c** Go on a picnic with your family on Australian Picnic Day, August 1st.
- **Ach. #12a, b** Go camping with your family and do some of the Brownsea activities or make some Trail Mix for and take a hike.
- Ach. #13f Play a board game that involves money with your family; be sure to play honestly!
- Ach. #15 Remember to be a good sport and play without cheating when you participate in any games!
- **Ach. #17c** Visit a newspaper office, TV or radio station, and talk to a news reporter; find out how they make sure that their information is true.
- **Ach. #17d** Use a computer to get information. Write, spell-check and print out a report on what you learned; you could do a report about honesty, or a person who you admire for their honesty.
- **Ach. #17f** Talk with a parent or other family member about how getting and giving facts fits into his or her job; ask how they make sure the facts are true.
- **Ach. #18** Do any or all the requirements and be sure to consider the Character Connection for Honesty as you do them.
- **Ach.** #18h Complete the Character Connection for Honesty:
- **Ach. #22d** Coil a rope. Throw it, hitting a 2 foot square marker 20 feet away. This skill would be useful in helping in a water rescue.
- Ach. #23 a, b, c While playing a sport, be honest and show good sportsmanship.

Core Value for August - HONESTY

Bear Electives

- **Elect. #1a** Identify two constellations and the North Star; you might be able to do this if you decide to do a Perseid Meteor Night Watch.
- **Elect. #10a** Make a simple papier-mâché mask; if you decide to make a mask of a character with a reputation for honesty.
- **Elect. #15e** In honor of Water Quality Month, as a den, visit a lake, stream, river or ocean. Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.
- **Elect. #19** Do any or all of the requirements, especially if you have a pack swim activity. Be sure to remember that you should never swim alone.
- **Elect. #20** When you take part in any of the sports, be honest and show good sportsmanship.
- **Elect. #25b** Go on a short hike with your den, following the buddy system. Explain how the buddy system works and why it is important to you to follow it. Tell what to do if you are lost. While on your hike, be sure to observe as much as you can, as the boys did at the original Brownsea camp.

Webelos Activity Pins

- **Aquanaut** Do any of the requirements at a den swimming or beach party; be sure to follow the rules of Safe Swim.
- **Athlete #5, 6, 7, 8, 9** While working on these requirements, be completely honest in reporting your progress.
- Fitness #4 While keeping a record of what you eat, be sure that you report with honesty all that you eat.
- **Sportsman # 2, 3, 4 –** While participating in sports, show good sportsmanship and be honest in how you play.
- Citizen #6 Tell how our National Anthem was written.
- **Citizen #11, 12 & 13** While doing these requirements, consider honesty and integrity as one of the qualities of the person you report on.
- **Communicator #7** Visit the newsroom of a newspaper, radio or TV studio and find out how they receive information; ask how they confirm that they have the facts and not just rumor.
- **Family Member #2, 4, 9, 10, 11** Talk with your family about other jobs you can do for two months; plan your budget for 30 days and keep track of your daily expenses for 7 days; Learn how to clean your home properly and help do it for one month; Show you know how to take care of your clothes and help at least twice with the family laundry; With adult supervision, help plan the meals for your family for one week; Help buy the food and prepare three meals for your family. In each of these requirements, be careful to be honest in doing what you commit to, and in reporting the results.
- **Readyman #8** Tell what steps to take for a safe swim and explain the reasons for the Buddy System.
- **Outdoorsman #3, 6.9** Take part in a Webelos den or family campout and sleep in a tent you have helped pitch; participate in an outdoor conservation project; Discuss with your Webelos den leader what you need to take on a hike, then go on a 3-mile hike with your Webelos den or a Scout troop. Observe nature as the first Brownsea scouts were taught to do.
- **Artist #9** Make an art construction; you could gather the materials as a den, pack or family visit to the beach.
- **Scholar # 2** Have a good record in attendance, behavior and grades at school it reflects honesty and integrity.
- **Showman #5, 16, 19** Alone or with others, put on a puppet show about honesty; give a monologue about honesty or some person you admire who lives with integrity and honesty; Write, put on and take part in a one act play you could use one of the play ideas about honesty under skits.

COOPERATION - September

- Ach. #1G If you visit a museum or other historical location, look for examples of cooperation to point out (for example, bringing in the harvest required the help of every member of the family. Even the littlest children might be assigned to pull the husks off the corn, or pick up and dispose of the chaff or husks.)
- **Elect #24** Help the adult who is preparing a meal to set up and also clean up (this could be the chore you agree on to fulfill Ach. #1F)

RESPONSIBILITY - October

- **Ach. #1F** <u>Character Connection for Responsibility</u>, and choosing a chore to do with the adult partner be sure to check the Note to Adult Partner;
- Ach. #1G If visiting a library, look for a book about responsibility or chores (ask the children's librarian), or if visiting a farm or museum, look for examples of how people shared responsibilities and did chores to help their family. (Think outside the box some relatives may take on responsibility for keeping family history or photographs)
- Ach. #2G If you visit a fire station to celebrate National Fire Safety Month, ask firefighters about their responsibilities also ask about how people, including Tiger Cubs, can be responsible to help prevent or deal with fires and their aftermath. They might share ideas about using "911" responsibly, keeping smoke alarms in working order, and what to do in case of a home fire.
- **Ach. #3F** Boys can be responsible to help their families plan and practice a safe fire escape from their home. They could also help check out the home and school for potential fire dangers. See Web Sites or check with your local fire department for brochures, information.
- **Ach.#3D** Each boy can take responsibility for looking through old magazines and cutting out pictures of food, and learning where they would go on the Food Pyramid.
- **Ach. #3G** Each boy should take responsibility for his behavior if attending a game review good sportsmanship, not leaving trash behind, and being a "good neighbor" to others at the game. (This could be a chance to begin work on the Good Manners Belt Loop)
- **Ach. #5D** If you take advantage of fall color to do leaf rubbings, be sure and talk about being responsible collect only fallen leaves, don't disturb animals and their homes, and pick up and dispose of any trash.
- **Elect. #5** Anytime the boys take a hike, remind them of being responsible to pick up their own trash, stay on trails, respect boundaries and the homes of others, (including animals), and have good outdoor manners so everyone can enjoy being outside in nature.
- **Elect. #9** Ask boys to share experiences about helping someone new to the neighborhood, pack or class to feel welcome. Talk about how each boy could help a new scout complete his Bobcat.
- **Elect. #14** Read about Responsibility or Fire Safety, or about Disabilities look for stories about people who have overcome their challenges.
- **Elect. #21** You could prepare puppets and do a short show about Responsibility, Fire Safety, Disability Awareness, or even Good Manners.
- Elect. #24 Help an adult prepare a family meal and take responsibility to clean up afterwards
- Elect. #25 Make a snack to share with family or your den -
- **Elect. #26** Take on the responsibility to learn and practice how to use good phone manners and take good messages
- **Elect. #27** Talk with adult partner to know what to do in an emergency.
- Elect. #28 Check smoke alarm batteries with your adult partner
- Elect. #32 If you make a bird feeder, remember that you are responsible to make sure it gets refilled

RESPONSIBILITY - continued

- Elect. #33 With your den or family have a Cleanup Treasure Hunt
- Elect. #34 Think of a way to conserve water or electricity and do it for one week
- **Elect.** #47 Learn about recycling and help your family do it properly.

<u>CITIZENSHIP – November</u>

- **Ach. #1G** Go see a historical building in your community such as City Hall, or some other government building. Or visit a museum and find examples of how people in the past showed they were good citizens.
- **Ach.** #2F Look at a map with your adult partner, and find places where people can learn about or practice being good citizens like schools and government buildings. Look for places where you could practice good citizenship by picking up trash or doing a good turn.
- **Ach. #2D** <u>Character Connection for Citizenship</u> Practice the Pledge of Allegiance and participate in a flag ceremony.
- **Ach.** #2G Visit a police or fire station find out how citizens can help community helpers do their job, and how those helpers keep our community safe
- **Ach.** #4G Visit a television or radio station or a newspaper office find out how they help people practice good citizenship.
- **Elect. #9, 10 & 11** Talk with your adult partner about how good citizens have a responsibility to help others in need then help someone who is new in your school or an elderly person who needs help. If you get together with your den or pack, or a community organization, you can see how people working together as citizens can improve their communities.
- **Elect. #14** Choose a short story or article about being a good citizen or about the history of our country and how citizens help to protect our freedoms
- **Elect. #20** Make a PSA (Public Service Announcement) skit to tell people about Tiger Cubs or about the privileges and duties of citizens in our country
- Elect. #21 Make a puppet and use it to help tell a story about citizenship.
- Elect. #25 Make a snack like the Patriotic Surprise cake in your Tiger book to share with your family or den
- Elect. #33, 34 Practice your duty as a citizen by clean up or conservation of our resources
- **Elect. #35** Play one of the games from this packet outdoors with your family or den.
- **Elect. #47** Learn about recycling in your community, how you can recycle at home, and what to do with hazardous materials how does this improve your community and show good citizenship?
- **Elect. #49** Visit a government office in Sacramento, we can visit the State Capitol and grounds and learn about our system of government

RESPECT - December

- **Ach. #1F** Talk about how having chores helps us to show respect for yourself, your possessions, and other family members and their possession.
- **Ach. #1D** As you work on a family scrapbook, you can gain new respect for your talents and those of family members.
- **Ach. #2D** As you practice the pledge and participate in flag ceremonies, you can show respect for country and flag.
- **Ach. #3D, G** Show respect for your body when you learn how to take keep healthy and safe, and get enough exercise.
- **Ach.** #4F Character Connection for Respect –Discuss how to deal with family members and others in a respectful way.

RESPECT - continued

- **Elect. #1** Share with you den how your family celebrates the holidays learn how other people have different ways of celebrating, and respect the differences.
- **Elect. #2** Make some decorations for a celebration you might choose a different culture and learn more about how they celebrate.
- **Elect. #5** Make a family mobile, and focus on the talents and interests that make each one special, and worthy of respect.
- **Elect.** #6 Sing one of the songs about Respect.
- **Elect. #8** Get to know the people who lead or teach at your place of worship talk about how to show them respect
- Elect. #9 Help a new girl or boy get to know other people remember to treat them with respect
- Elect. #18 Learn to sew on a button, and practice other ways to take care of your clothing.
- **Elect. #24** One way to show respect is to help the adult who is preparing a family meal to set the table and clean up afterward-and to appreciate their work!
- **Elect. #26** Practice good phone manners and always use them!
- **Elect. #33** Show your respect for your home or your neighborhood by playing Cleanup Treasure Hunt.
- **Elect.** #34 Conserving electricity and water for a week shows your respect for the environment.
- **Elect. #37** Take a bicycle ride with your adult partner be sure to respect your body by wearing a helmet, and respect the environment by carrying out any trash.
- Elect. #46 Healthy teeth and gums, and regular visits to the dentist show you have respect for your body.
- **Elect. #47** Reduce, reuse and recycle to show your respect for the environment.

<u>POSITIVE ATTITUDE – January</u>

- Ach. # 1D Make a family scrapbook looking back at past activities is a POSITIVE experience.
- Ach. #1G Visit a museum, library, or historical building, look for examples of Positive Attitude in action.
- Ach. #3Fa and Fb Discussing and practicing what to do in an emergency or when lost helps build confidence that you will KNOW what to do. Even if you have already done these activities, review them from time to time you could even make a game of it!
- **Ach.** #4F Continue to practice family conversation and good manners at family meals.
- **Ach.** #4G Visit a TV or Radio station or Newspaper office find out how people there communicate to each other (and ask if they have any special ways of sharing "Good News" or positive stories)
- **Elect. #1** Celebrations are a way to share Positive Attitude Have each boy share an example from his family or experience.
- **Elect. #2** Make some decorations boys could work on decorations for the Pinewood Derby, or make special awards for parents and others who have helped the den.
- **Elect. #6** With your adult partner, teach a song to your family or den and sign it together try a "Positive Attitude" song like the one on pg. 87.
- **Elect. #7** Make a musical instrument and play it with others to demonstrate Positive Attitude.
- **Elect. #9** Share your Positive Attitude by making a new friend.
- **Elect. #13** Learn to make change accurately you can do it!
- **Elect. #14** With your adult partner, read about someone who demonstrates Positive Attitude, like an athlete or someone who has had to overcome a challenge
- **Elect. #16** Show or tell your den about a collection or favorite hobby or interest
- Elect. #17 Make a Pinewood Derby car or other model
- **Elect. #18** Learn how to sew on a button you might also be able to sew patches on your vest with some help from your adult partner!

POSITIVE ATTITUDE - Continued

Elect. #19, #21 – Learn how to perform a magic trick or make a puppet – remember to keep a Positive Attitude that you can do it.

Elect. #27 – Talk about what to do in an emergency so you will feel confident you know what to do **Elect. #50** – Visit a bank to learn how money is kept safe.

RESOURCEFULNESS - February

<u>COMPASSION – March</u>

- **Ach.** #4F Family Activity, At a family meal, have each family member take turns telling the others one thing that happened that day. Remember to practice being a good listener while you wait for your turn to talk. Try to share some examples of people being kind to one another, or showing compassion.
- Ach. #4D Play "Tell It Like It Isn't" and point out how easy it is for us to misunderstand someone else, or think they are trying to hurt our feelings.
- **Elect. #1 -** Think of a time when your family celebrated something, and tell the den about it and how it made your feel and how good it is to feel part of the group.
- **Elect. #3** With your family, play a board game or put a puzzle together practice being kind, taking turns and not arguing or boasting
- **Elect. #5** Make a family mobile make sure you think about what each person is good at or likes to do; talk about how each family member is important to the group
- **Elect. #8** Invite a religious leader to visit the den and ask them to talk about how important it is to treat others in the right way they might also share some projects or activities that help people
- Elect. #14 Read a short story pick one that teaches about compassion, like "Horton Hears the Who"
- Elect. #26 Learn about and practice good phone manners it's important to treat everyone kindly
- **Elect. #31** Learn about animals so you will appreciate them and know how to help take care of them.
- **Elect. #43** Visit a veterinarian or groomer and learn how to take care of animals learn the right way to behave around an animal, and how to make them feel comfortable.

FAITH - April

- Ach. #5F Go outside and watch the weather. Do the Character Connection for Faith.
- **Ach. #5D** With a crayon or colored pencil and a piece of paper, make a leaf rubbing. Notice the shape, kind of edge, color of the leaf. Do you know what kind of tree the leaf is from?
- Ach. #5G Take a hike with your den you might look and listen for signs of Spring.
- **Elect. #6** Along with your adult partner, teach a song to your family or to your den and sing it together choose a religious song or a song about Faith.
- Elect. #8 Invite a religious leader from your place of worship to your home or to your den meeting
- **Elect. #10** Along with your adult partner, help an elderly or shut-in person with a chore. Service is a way of showing your faith.
- **Elect. #14** Together with your adult partner, read a short story or a magazine article. Choose a story about faith, or a person who has shown great faith
- **Elect. #30** Plant a seed, pit, or greens from something you have eaten. Planting a garden or a seed is a way to show you have faith that it will grow.
- Elect. #35 Play a game outdoors with your family or den. Choose one of the Trust Games.
- **Elect. #36** With your family or your den, go see a play or musical performance in your community. Many communities have special events for the Easter season

HEALTH AND FITNESS – May

- **Ach. #2G** If you visit a police or fire station, ask how the men and women keep their bodies fit so they can do their jobs
- Ach. #3G Learn the rules of a game or sport. Then, go watch an amateur or professional game or sporting event as an extra challenge, practice some of the moves you see to help make your body more fit!
- **Ach. #5G** Go for a hike with your den it's a fun way to practice fitness!
- Elect. #16 Tell your den about a favorite activity that helps keep your body fit.
- **Elect. #23** Find out what kind of milk your family drinks, and why. Find out the health reasons why people choose different kinds of milk, or may have to use a certain kind of milk.
- **Elect. #25** Make a snack and share it with your family or den choose one that is good for your body.
- **Elect. #29** Talk with your adult partner about when you should use sunscreen. Find out whether you have any in your home and where it is kept. With your adult partner, look at a container of sunscreen and find out whether it still protects you when you are wet, how long it lasts, and the expiration date. Talk about how using sunscreen is important to your health.
- **Elect. #35** Play a game outdoors with your family or den being outdoors is healthy!
- **Elect. #37** Take a bike ride with your adult partner.
- **Elect. #40** Together with an adult partner, go swimming or take part in a water activity. Be sure to go over Water Safety FIRST!
- **Elect. #44** Visit a dairy, milk processing plant or cheese factory find out how the products help keep your body healthy.
- Elect. #46 Visit a dentist or dental hygienist and ask why caring for your teeth is important for good health

PERSEVERANCE – June

- Ach. #2 D Practice the Pledge of Allegiance with your den, and participate in a den or pack flag ceremony it can take lots of practice to do it just right, so just persevere!
- **Elect. #3** With your family, play a card or board game, or put a jigsaw puzzle together it can require a lot of time and perseverance to put together a jigsaw puzzle with lots of pieces!
- **Elect. #6** Along with your adult partner, teach a song to your family or den and sing it together.
- **Elect. #7** Make a musical instrument and play it with others. The others can sing or have instruments of their own. The more you practice, the easier it will be.
- Elect. #18 Sew on a button. Be sure to keep your fingers out of the way of that needle!
- **Elect. #19** Learn a magic trick and show it to your family or den. There are some simple tricks in the Den Review Tiger Section.
- **Elect. #30** Plant a seed, pit, or greens from something you have eaten. You will have to make sure to keep it in a place where it can get light, but keep the soil a little moist so the plant will germinate this can take patience and perseverance!
- **Elect. #37** Take a bike ride with your adult partner be sure to wear your HELMET! It can take some perseverance to keep going when your legs start to get tired.

COURAGE - July

- **Ach. 2G** Visit a Police or Fire Station. Ask someone there how he or she helps people. Ask them what they think about courage and if they have any stories of courage to share.
- **Ach.** #3F a With your family, plan and practice a fire drill in your home it will make it easier to have courage if you ever need to actually have a fire.

Courage - continued

- **Ach.** #3F b With your adult partner, plan what to do if you become lost or separated from your family in a strange place learn how to do the steps of Hug A Tree and Survive so you will have the courage to do the right thing if you ever do become lost.
- **Elect. #1** Think of a time when your family celebrated something, and tell the den about it and how it made your feel. See if your family has a story of courage that might be celebrated during a family birthday or patriotic celebration.
- **Elect. #8** Invite a religious leader from your place of worship to your home or to your den meeting ask them to share a story of religious or moral courage.
- **Elect. #9** Help a new boy or girl get to know other people it can take courage to greet someone new and introduce them to others, especially if your friends might want to ignore them.
- **Elect. #10** Along with your adult partner, help and elderly or shut-in person with a chore. Even if you are a little afraid of them, or have heard scary stories about them, have the courage to give service.
- **Elect. #12** Make at least two cards or decorations and take them to a hospital or long-term care facility. Be friendly and kind, even if you are uncomfortable or not used to being in that kind of place.
- **Elect. #18** Learn how to sew on a button it can take courage to learn a skill that your friends may think only girls do.
- **Elect. #27** Talk to your adult partner about what to do if these things happened and how you can show courage: The adult who is caring for you becomes ill. You are alone with someone who makes you feel uncomfortable.
- **Elect. #40** Together with an adult partner, go swimming or take part in an activity on water. Sometimes it takes courage to go swimming or be in or on the water or to learn to swim if the water scares you.
- **Elect. #47** –Learn about recycling in your community, especially things that need to be recycled in special ways. Learn about the courage of Tom Whittaker and how he recycled trash found on Mt. Everest.
- **Elect. #49** Visit a government office such as the mayor's office, the state capitol building, or a courthouse and have the courage to ask some questions so you can learn more.

HONESTY – August

- **Ach. #1G** go see a museum, lighthouse, or other historical building where you can learn more about how families lived in the past.
- **Ach. #2D** Practice the Pledge of Allegiance and participate in a flag ceremony with your pack or den you could do this on Coast Guard Day.
- **Ach. #4F** At a family meal, take turns telling one thing that happened that day; remember to tell the story honestly; practice being a good listener while you wait your turn.
- **Ach.** #4D Play "Tell It Like It Isn't" and then talk about how easy it might be to make the story more exciting by adding some things that aren't true.
- **Ach. #4G** Visit a television or radio station or newspaper office. Find out how people there communicate with others. Do they have some special ways to make sure the story they tell is completely true?
- Ach. #5G Take a hike with your den, just like the boys at Brownsea did at the very first Scout camp!
- **Elect. #2** Make a decoration with your family or your den. Display it or give it to someone as a gift. (If your den or families go to the beach to celebrate Play in the Sand Day on Aug. 11, and if it's legal in the area, you could collect some beach glass, pebbles and sand to make a special art project to make as a gift).
- **Elect. #6** With your adult partner, teach a song from Baloo to your family or your den and sing it together.
- **Elect. #25** Make a snack and share it with your family or den you could make Trail Mix for the special day on Aug. 31st, or a S'Mores Treat in honor of S'Mores Day on Aug. 10th.
- Elect. #35 Play a game outside with your family or den

COOPERATION - September

- Ach. #1 Feats of Skill, challenge the boys to tell which ones include Cooperation (#1a and #1j require two people) Also, you can encourage cooperation by pairing two boys to work together to help each other accomplish other activities, such as the front, back and falling forward roll. Also, make sure the boys encourage and cheer on each other!
- Ach. #2 Flag is also assigned, be sure to point out that no boy can accomplish a flag ceremony or folding on his own everyone must cooperate! You might have the boys take a turn and try to fold the flag by themselves do this by laying the flag on a table and asking each boy to take a turn making a fold then talk about whether it is easier to fold the flag when you have others helping you!
- Ach. #8e with an adult, help plan, prepare and cook an outdoor meal
- **Elect. #1a** Introduce Cooperation by using a code that has been divided into parts so that every boy is needed to break the code. For example: Put this phrase into a code "Everyone must work together to demonstrate Cooperation." Each boy must break one section of code to arrive at the solution.
- **Elect. #4f** play one of the Cooperative games shown in the *Cub Scout How to Book*.
- Elect. #7c Make a set of Foot Racers and use them with a friend. A longer one is a challenge!
- **Elect. #8b** help an adult do a chore using a wheel and axle (wheelbarrow) you could also play the game of wheelbarrow to demonstrate cooperation.
- **Elect. #9a** help with a home or den party divide up the jobs, work together, and talk about how it worked
- **Elect. #10f** Make some sets of the American Indian word pictures; divide boys into teams and let each team work together to come up with a story made from 12 of the pictures.
- **Elect. #11a, f** Learn a song about cooperation and sing it with your den at a pack meeting. (I've Got the Cub Scout Spirit is a good choice, too.)
- **Elect. #12d** If your den is doing a skit, let everyone help to make some scenery or a backdrop for the skit, play or puppet show.
- **Elect. #16** Family Alert; some families may want to take this opportunity to make preparations for possible weather, flooding or home emergencies by working together to make sure everyone knows what to do in case of emergency. The Den could also work together to make a Den First Aid box, with each family donating different items.
- **Elect. #17d,e,f, g** Tie a stack of newspapers together the right way; tie two cords together; practice how to tie a necktie; whip a rope by wrapping to keep the end pieces together
- **Elect. #20** Play some team sports and cooperate together; **#20j** flag football; **#20l** baseball or softball; **#20m** basketball
- **Elect. #21b** Use a computer to write a report on cooperation or on symbiotic relationships in nature.
- Elect. #22e Invite a boy to join Scouts, or help a boy earn his Bobcat
- Elect. #23d Explain the Buddy system

RESPONSIBILITY - October

- **Ach. #2a** Use a dictionary or thesaurus to help you understand the meaning of the Pledge of Allegiance; take responsibility to always do it with respect.
- **Ach. #2c** Take responsibility to show how to respect and display the flag, and to always be a good example to others.
- Ach. #2d Learn about your state flag, and be responsible for displaying it properly with other flags.
- **Ach. #2e, f** Learn about the correct way to do an outdoor ceremony, then take responsibility for doing it properly and showing others how to be a part of an outdoor ceremony remember to focus on the flag and be quiet and respectful even if you are in the audience.

RESPONSIBILITY - continued

- **Ach. #2g** learn to fold the flag properly, then be responsible to practice so you can do it with only the stars showing. This would be a great gathering activity.
- **Ach. #3a** Take responsibility to keep a health chart for two weeks and turn it in to your leader see a sample under Theme Related Ideas.
- **Ach. #3b** Each boy can be responsible to protect others from their sneezes or coughs teach them the "Cafeteria Cough" to always turn to the side and cough into their inside elbow. Food workers must do this to protect again getting germs on their hands and then using their hands while working with food.
- **Ach. #3c** Remind boys to be responsible for telling an adult about a cut right away so it can be handled properly.
- Ach. #4a Be responsible for emergency #s near each phone and know how to use "911" responsibly.
- **Ach. #4d** Be responsible to help make sure your home is secure before you leave, and to take everything you need.
- **Ach.** #4e Talk with family members about what jobs you will do, then make a list and mark them off when finished do this for a month. Being responsible means you don't have to be reminded to the job!
- **Ach.** #7c, d, f Take responsibility to recycle, pick up litter and help save energy.
- Ach. #8c Help fix at least one meal for your family, from setting the table, to clean up after.
- Ach. #8d Fix your own breakfast and wash and put away the dishes
- Ach. #9a Complete the Character Connection for Responsibility; you could also do
- Ach. #9b, c to check for fire and safety hazards in your home and make your home safe.
- Ach. #10a if you go bowling and work on that belt loop.
- Ach. #10f If you go to a concert, play or program w/your family be responsible for having good manners.
- **Elect. #1c** If you celebrate Disability Awareness Month, you could learn to sign your name in ASL; as you work on the patch, remember to take responsibility for showing proper respect
- **Elect. #2** Do any or all of the requirements if you do a skit about Responsibility, Disability Awareness, Fire Safety or Keeping Your Body Healthy
- Elect. #3 Take responsibility to make and play games with younger children
- **Elect. #6 b, c** Take care of library books and be responsible to mark your calendar so you return them on time; help protect your own books with covers and by opening them the right way. Don't write in books or crimp the corners be responsible!
- **Elect. #9a** Take responsibility to help with a party at your home or in your den help decorate, serve refreshments and clean up.
- **Elect. #11a or b** Learn and sing "America" or the national anthem be responsible for singing it as part of a flag ceremony with your den
- **Elect. #13e** If you feed wild birds, be responsible to keep the feeders filled, especially during the colder months of the year when natural food is scarce
- **Elect. 14** Be responsible to take good care of your pet, read a book about your pet, and know what to do about strange dogs or possibly rabid animals.
- **Elect. #16a, b** Talk with your family about what to do in an emergency, and be responsible for knowing how to shut off water, electricity, and gas if you need to do it.
- **Elect. #18a, b** Help plan and hold a picnic or outing with your family or den.
- **Elect. 20** be responsible to learn and practice the safety rules of any sport you take part in, such as bowling basics if your pack goes bowling.
- Elect. 20e take responsibility for helping a boy join scouts or finish his Bobcat
- **Elect. #23b, c** Know and explain the basics of how to take care of yourself in the outdoors; tell what to do if you get lost

<u>CITIZENSHIP – November</u>

Ach. #2 – Each requirement will help you understand and appreciate how to show your patriotism

Ach. #4d - Help make your house secure - prevent crime in your community, by practicing good habits

Ach. #4f – Visit a government location in your community and explain why it's important.

Ach. #9d, e – Practice good citizenship and stay safe by learning and using good rules of street and bike safety – think about how rules and laws help keep everyone safe

Elect. #2 – Help to plan and put on a skit using any of these requirements.

Elect. #4f – Play a wide area or large group game with your den or pack

Elect. #6a – Visit the library; get a card if you don't have one; find out how having free public libraries helps protect our freedom – the librarian can help you find a book about government or citizenship.

Elect. #6c – show you know how to take care of books – talk about why books and libraries are important.

Elect. #11a, b, c, f – Learn and sing a patriotic song; learn and sing three Cub Scout songs; Sing a song with your den at a pack meeting.

Elect. #12a, d, f – Make a sketch of something patriotic; Make some scenery for a skit, play or puppet show about citizenship; Make a poster about ways to be a good citizen, or encouraging people to vote

Elect. #16 – Do any or all of these requirements – people and families who are prepared for emergencies make it easier for first responders and people in the community during emergencies.

Elect. #21b – Use a computer to write about being a good citizen, or some patriotic subject or person

Elect. #22d, e – Tell how to get to a nearby fire or police station – a good citizen scout is ready for emergencies; Invite a boy to scouts or help a boy through Bobcat – a good citizen is helpful.

Elect. #23b, c – Be prepared to take good care of yourself.

RESPECT - December

Ach. #2a, b, e, f, g - Always show respect for the flag when participating in a flag ceremony

Ach.#2c - Tell how to respect the flag.

Ach. #3a, b, c – Show respect for your body by practicing good health habits

Ach. #7a- Character Connection for Respect;

Ach. #7b-f – Show your respect for the world and your environment by completing these requirements.

Ach. #8a, b – Show your respect for your body by learning about the Food Guide Pyramid and using that information to plan good family meals.

Ach. #9d, e – Show respect for your body by practicing good rules of street and bike safety.

Ach. #10d – Read a book or article about another culture or the way they celebrate their holidays.

Ach. #12 - study the different scenarios, how does respect for yourself or others would affect your answers

Elect. #1c – Learn American Sign Language – it'll help you learn to be respectful of someone who uses ASL.

Elect. #1d – Use American Indian Sign Language to tell a story

Elect. #2 – Participate in a skit about Respect.

Elect. #6c – Learn how to take care of books – to show you respect your possessions.

Elect. #10 – Study how American Indians showed respect for the environment while doing requirements.

Elect. #11a, b – Learn to sing a patriotic song to show your respect for your country.

Elect. #13e – Feed wild birds – but show your respect by continuing to feed bird while food is scarce.

Elect. #14a, c – To show respect for a pet, learn more about it from a book and share with your den; also, remember that every pet needs good care from an owner who loves and respects them.

Elect. #19d, e - When fishing, respect safety rules and laws where you live.

Elect. #20b, d, e – Know and respect safety rules and courtesy codes when boating, skiing or ice skating – it not only shows you respect others, but also the dangers of winter sports.

Elect. #22e – Invite a boy to join Cub Scouts or complete his Bobcat – show him respect and be an example of respect to him.

<u>POSITIVE ATTITUDE – January</u>

Ach. #1 - Keep a Positive Attitude if you need more practice to do some of the Feats of Skill;

Ach. #2g - Practice with a positive attitude to perfect folding the flag.

Ach. #5 – Keep a positive attitude as you practice skills so you can use tools to make a wood project.

Ach. #6a – Complete the Character Connection for Positive Attitude;

Ach. #6b, c – Make a collection and share it with another person.

Ach. #9b, c, d, e - Know how to make your home and yourself safe and you will be more confident

Ach. #10d, e – Read a book or Boy's Life article or watch a TV show about someone who showed Positive Attitude – share what you learned

Elect. #3 – Do these requirements while you are working with tools on **Ach. #5** – the more you learn and practice, the more confident you will be using tools

Elect. #5g,h,i – Make a Pinewood Derby Racer

Elect. #6b - Choose a book about Positive Attitude or someone with that quality

Elect. #7c – Make a pair of foot racers using tools for Ach. #5e.

Elect. #11c, f - Learn and sing Cub Scout songs - choose one about Positive Attitude,

Elect. #16 – Talk with your family and learn what to do in case of an emergency, so you can feel confident; take the positive step of listing what should be in a first aid kit and knowing where it's kept.

Elect. #20b, d, e – Know and practice the safety rules for boating or winter sports.

Elect. #22c, d, e – Tell a short story to your den – look for one that shows Positive Attitude; Demonstrate that you know how to get to nearby police and fire stations and other important places; Demonstrate Positive Attitude by helping a boy join scouting or complete his Bobcat.

Elect. #23b,c,d – Learn how to take care of yourself in the outdoors, if you get lost, and how to use the buddy system – you can feel more confident if you know what to do!

RESOURCEFULNESS – February

Ach. #1g, k - Be resourceful! Think of an animal and how you can demonstrate their walk in a fun exercise.

Ach. #4b, c – Discuss how to handle these situations with an adult, and be prepared to do the right thing.

Ach. #7e – When you read about people who are protecting our world, look for ways in which they have shown resourcefulness.

Ach. #10f – Attend a concert, play or other live program honoring someone resourceful.

Ach. #10g – Practice being resourceful by spending an evening playing board games or other old fashioned games that don't use technology. How do these kinds of games help you practice being resourceful.

Ach. #12 – Be prepared to handle any of these circumstances by discussing with an adult how you should act BEFORE anything happens.

Elect. #1 – Learn how to use a code or ASL to communicate – in the past, people have shown their resourcefulness in using all kinds of codes.

Elect. #2 – Be resourceful in helping make scenery, costumes, props, and sound effects for a skit; or make a paper bag sea otter puppet and learn about how resourceful otters are.

Elect. #4b, c, d, f— Be resourceful in making what you need to play a game; or play a game that you have made up or that requires resourcefulness.

Elect. #5 – Be resourceful in using materials to make a kite, a boat, airplane, train or car.

Elect. #6 – Choose a book about Resourcefulness or someone who has shown that value

Elect. #7b – Make puddle jumpers using recycled materials

Elect. #8d – Use recycled materials to make a windlass

Elect. #9a – Help with a home or den party

Elect. #10a-e – Read a book about Native Americans and/or be resourceful in making an instrument, article of clothing or model home from creative materials

RESOURCEFULNESS -continued

Elect. 13b – If weather allows, put out nesting material and notice how birds use it

Elect. #16 – Be resourceful and help your family prepare for an emergency or natural disaster; make a list of items for a family first aid kit or make a kit for your family

Elect. #20b,c,d,e,f – Learn safety rules for sports so you can be prepared to stay out of trouble and danger.

Elect. #22d – Demonstrate how to give directions to various places you might need to visit in an emergency

Elect. #23b, c, d – Show that you have the resources to take care of yourself in the outdoors or when lost.

COMPASSION – March

- **Ach.** #6a, c Practice having a cheerful and positive attitude it will rub off on others! If a den member shows their collection, be sure to listen and tell them something positive about their collection.
- **Ach. #8c, d** When you help fix a meal or make your own breakfast, remember that sharing the work and cleaning up after yourself can make your mother or someone else feel good
- **Ach. #10b** Make a game to play with your family make sure everyone gets a fair turn, help younger siblings, and practice saying only positive comments; congratulate or encourage everyone;
- Ach. #10d Read a book or Boy's Life article that demonstrates someone being compassionate;
- Ach. #10g Use only kind words and actions when playing a board game with your family
- **Elect. #1c** Learn to write your name using ASL think about how a deaf person must learn the language, be able to use their hands quickly, and how it would feel if you couldn't hear what anyone was saying
- **Elect. #1d** Use 12 American Indian signs to tell a story Was it hard to learn the signs? Are any of the signs used today in other ways? Why do you think they worked sometimes even if the other person didn't know the language? Was there a really good reason to use sign language? (to stay quiet in a dangerous place, or so someone who didn't know your spoken language could follow the story)
- **Elect. #2** If you put on a skit about Compassion.
- **Elect. #4** Practice being kind and showing good sportsmanship, as you play any of the games.
- **Elect.** #6 Visit a library and find out how to find a story, poem, magazine or newspaper article about Compassion; Choose a book about Compassion and read it, then discuss it with an adult.
- **Elect. #10** As you do any of the activities about Native American life, look for examples of their ingenuity and caring for the earth how they used materials available to them and didn't waste anything Understanding and appreciating others helps us to be compassionate.
- **Elect. #11c, f** Learn the words of three Cub Scouting Songs try the ones that have something to do with kindness and compassion Sing a song with your den at the pack meeting
- **Elect. #14** Take care of a pet understand what your pet needs and how he deserves to be treated; think about what he adds to your world
- **Elect. #20** As you participate in any of the sports requirements, remember to be kind, show support for others, and never hurt another person's feelings Talk about the difference between enjoying a challenge or a victory and belittling someone else.
- Elect. #22a, b, e Learn to say some words in another language and remember that their language is just different from yours imagine how you would feel if everyone around you spoke another language; If you know someone who doesn't know English, imagine how they might feel when everyone is laughing do you think they might feel everyone is laughing at them? If you have a chance to invite a boy to join Cub Scouts, or to help another boy earn his Bobcat, remember to be kind and encourage him. (You didn't know the Law at first either!)
- **Elect. #23d** When it's time to "Buddy Up" don't always avoid the new boy, or the one who isn't as fast, or who doesn't know all the rules yet give him a chance and pick him for your Buddy!

FAITH - April

- **Ach.** #4f Visit an important place in your community and explain why it is important you might visit a religious structure, maybe even for another faith. Or visit a local memorial building, park or statue and think about how those honored showed their faith.
- **Ach.** #7d With an adult, pick up litter in your neighborhood. Taking care of where we live shows our appreciation for nature and for what we have been given.
- **Ach. #10c** Plan a walk with your family notice the beauty of the world and talk about your beliefs concerning creation and how to show appreciation for nature.
- **Ach. #10f** Attend a concert, play or other live program with your family.
- Ach. #11a, b, c, d Complete the <u>Character Connection for Faith</u>; Talk with your family about what they believe is their duty to God; Give two ideas how you can practice your faith-choose one and do it; Find out how you can help your church or other religious fellowship.
- **Elect. #5a, b, c, d, e** Learn the rules of safe kite flying; Make and fly a paper bag kite; a two stick kite; a three-stick kite; make and use a reel for kite string. Like Faith, the wind is something you cannot see, smell or touch but you can feel its presence.
- Elect. #6b Choose a book about Faith, or someone who has shown faith or read some scriptures!
- **Elect. #11d, e, f** Learn and sing three songs about faith, hymns or prayers; learn and sing a "grace" a prayer before a meal; sing a song with your den at a pack meeting.
- **Elect. #15** Do any or all of the activities of planting and growing watching a seed grow into a plant is a great example of faith and how it can grow.

HEALTH AND FITNESS – May

- Ach. #1 Do any of the Feats of Skill as a way to practice fitness.
- **Ach. #3a, b, c** Make a chart and keep track of good health habits for two weeks; Tell four ways to stop the spread of colds; Show what to do about a small cut on your finger
- Ach. #4f Wide Area or Group Game with Den or Pack
- **Ach.** #8a, b Study the Food Guide Pyramid and name some foods from each food group; Plan the meals your family should have for one day, using foods from at least three of the food groups at each meal.
- **Ach. #9e** Know the rules of bike safety always wear a bicycle helmet!
- Ach. #10c Plan a walk with your family being physical outdoors is great for health and fitness!
- **Elect. #2** Help to plan and put on a skit about how to be fit and healthy.
- **Elect.** #4f Get moving outdoors play a wide area or large group game with your den or pack. Check for ideas under Games.
- **Elect. #5a, b, c, d** Have some active fun outdoors make and fly a kite be sure to read and know the safety rules for flying a kite first!
- **Elect. #7a, b, c** Learn to walk on a pair of stilts; Make a pair of puddle jumpers and walk with them; Make a pair of "foot racers" and use them with a friend each activity could be part of a physical relay game.
- **Elect. #11f** Sing a song about Health & Fitness with your den at the Pack Meeting.
- **Elect. #18a, b** Help plan and hold a picnic with your family or den; With an adult, help plan and run a family or den outing; (a kite flying activity, hike, bike ride)
- **Elect. #18d** help plan and lay out an obstacle race; you could use the requirements of Elect. #7 Foot Power, the stilts, puddle jumpers and foot racers as part of an obstacle course.
- **Elect. #20** Do any of the suggested activities to improve your fitness by getting physically active but be sure to go over Sportsmanship and any Safety Rules for the activity FIRST! Many sports are represented in this section check it out!
- **Elect. #23b, c, d** In order to stay healthy, make sure you are prepared for outdoor activities and camping by doing these requirements

PERSEVERANCE – June

- Ach. #1a,b, c, d, e Feats of Skill It might take a lot of practice for a Cub Scout to master some of these skills Ach. #1h,i Swimming 25 feet or treading water for as long as you can, takes a lot of practice.
- Ach. #2g With the help of another person, fold the U.S. Flag it takes practice to do it right every time.
- **Ach. #3a** Make a chart and keep track of your health habits for two weeks you will need to remember to do this every day
- **Ach. #4e** After talking with your family members, make a list of your jobs and mark off when you have finished them. Do this for one month it will take some perseverance!
- Ach. #5c, d Identify and use a Phillips head and standard screwdriver to drive in and then remove the right kind of screw; Use the pictures in your Wolf book to learn how to use a hammer, and show that you know how to do it. It will take some practice to do it right! Hint: Both a screw and a nail are easier to drive in if you make a "pilot" hole first.
- **Elect. #1d** Use 12 American Indian signs to tell a story first make up your story, and then practice the signs till you can do them without looking it will take some perseverance!
- **Elect. #5b, c, d** –Make and fly a paper bag kite; make a fly a two-stick or three-stick kite. You will need to work carefully so your kite will fly and it can take some trial and error to get a kite up in the air. Elect. #5a BE SURE to do this FIRST the safety rules for kite flying!
- **Elect. #7a** Learn to walk on a pair of stilts. Stand on something to get started, and the more your practice, the better you will get.
- **Elect. #10f** Learn 12 American Indian word pictures and write a story with them.
- **Elect. #11a, b, f** Learn the words and sing the first and last verses of America, or the first verse of the National Anthem; sing one of them with your den at a pack meeting.
- **Elect. 15a, b, c, d** Plant and raise a box garden, a flower bed, an indoor plant, or some vegetables. You will need to be patient and remember to take care of your plants regularly.
- **Elect. #17a,b, e, f** Learn to tie an overhand knot and a square knot; tie your shoes with a square bow knot; Tie two cords together with an overhand knot; Learn to tie a necktie.
- **Elect. #18d** Help plan and lay out an obstacle race; for even more challenge, have another den lay out a race for your den to do, and you lay out one for them to do!
- **Elect. #19b, c, f** Rig a pole with the right kind of line and hook, with bobber and sinker if needed, then go fishing; Bait your own hook and do your best to catch a fish when fishing with an adult or members of your family; Show you know how to use a rod and reel.
- **Elect. #20** Do the requirements for any of the sports activities But be sure to know and follow any safety rules that are required. If you are going boating now that the weather is warmer, be sure your go over Elect. 20b FIRST so you know the boating safety rules.
- **Elect. #22b** Count to 10 in another language it might take some practice.

COURAGE – July

- Ach. #1c, d, e or h –Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of falling or getting hurt or when it looks like a long way to swim so remember that Cub Scouts can have courage to try new things.
- **Ach. #4b, #4c** Tell what to do if someone comes to the door and wants to come in; And if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.
- **Ach.** #12a –12k Do the <u>Character Connection for Courage</u>. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.
- **Elect. #2a, d** Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.
- Elect. #7a Learn to walk on a pair of stilts it might take courage if they seem too high!

COURAGE - continued

- **Elect. #16a, b** Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.
- **Elect. #21b** Explain what a computer program does and use a program to write a report about someone who showed courage.
- **Elect. #22c** Tell a short story to an adult, your leader or your den. Sometimes it takes courage to do this, but the more you do it, the easier it will be for you to talk in front of other people.
- **Elect. #23b, c** Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to "Hug a Tree and Survive" if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

HONESTY – August

- Ach. #4e Talk with family members. Agree on the household jobs you will be responsible for. Make a list of your jobs and mark them off when you have finished them. Do this for a month. Remember to be honest about whether you have done the job the right way, even though no one else might know if you aren't truthful about it.
- **Ach. #7c** Discuss with your family ways that water can get dirty.
- **Ach. #7d** With an adult, pick up trash in your neighborhood; wear gloves to protect against cuts. In honor of Clean Water Month, you could make sure all storm drains are clear of trash or your pack could even do a project to paint warnings on the curb about where the water drains to.
- **Ach. #12j** Read the scenario and discuss why you shouldn't let peer pressure or wanting to be popular change your decision about what is right and honest
- **Elect. #2** If you do a skit based on honesty, and do any of the elective requirements, mark them off.
- **Elect. #4** If you play any of the games listed, be sure you are honest in how you play be a good sport and don't try to cheat in order to win.
- **Elect. #11b** Learn and sing the National Anthem share the story of how Francis Scott Key was in the right place to witness the events because he was considered an honest man of integrity
- **Elect. #12a** Draw a free-hand sketch; you might make a picture that can be used in the "Honesty is the Best Policy" opening, or as part of a display about a person who is honest.
- **Elect. #14a** Remember to be honest in caring for a pet; don't forget to provide water, food, exercise and good care for your pet it's a way of showing you are honest in your dealings.
- **Elect. #20** Remember to be honest about how you play any sport, and in learning and following the rules.
- **Elect. #21b** Use a computer program to write a report about honesty, or an honest person. You could also use a program to make signs for a display about an honest person.
- Elect. #23 If you go camping, practice some of the skills that the first boys at Brownsea also used.

COOPERATION - September

Ach. #3a,b Think about ways that cooperation between Americans makes our country special, or look for connections to cooperation as you learn about two famous Americans.

Ach. #3d, and visit a historic location, make sure you look for ways that people worked together, or spent time together. For example, how did they eat or did they do for entertainment?

Ach. #6g – Take part in a den or pack conservation service project.

Ach. #8, look for examples of cooperation in activities from the past; if you talk to a grandparent or older person, find out how they feel cooperation was important in their lives.

Ach. #9 - Work with an adult to bake cookies, make a snack, prepare meals, make trail food or dessert.

Ach. #10 – Family Fun – demonstrate cooperation as you do a family outing or have a game night.

Ach. #14g - go for a family bike ride

Ach. #24a – Help a boy join Scouts or complete the Bobcat trail.

Elect. #8c – Play in a den band using homemade or regular instruments together at a Pack Meeting.

Elect. #13b - work with other scouts to put on a magic show

Elect. #15e - As a den, visit a lake, stream, river, or ocean; Plan and do a den project to help clean up this important source of water; Name four kinds of water pollution.

Elect. #21b – Help with a garage sale or rummage sale for your family, den or another organization

Elect. #24 Learn about American Indian people in your area and how they cooperated to make clothing, housing, tools and to use the resources available in your area.

RESPONSIBILITY - October

Ach. #1b – Make a list of things you can do to practice your religion; check them off your list as you do them – be responsible for looking in the workbook for your faith's religious emblem for ideas.

Ach. #6 a – Be responsible to help sort and recycle trash at your home

Ach. #7c, d – be responsible for learning about how you can help prevent crime and secure your home and belongings; be sure you know where to get help in your neighborhood; know what you can do (and should not do) to help law enforcement;

Ach. #7e – Learn local emergency phone numbers and post them by each phone; learn how to use "911" responsibly, and practice how to make an emergency call and give the right information

Ach. #9b,e, f – With an adult, make snacks for a den meeting; trail food for a hike, or dessert for your family – and clean up afterwards!

Ach. #9c - W/adult, prepare part of breakfast, lunch and dinner - Clean-up is part of being Responsible!

Ach. #11a – Know what to do in case of an accident in the home.

Ach. #11e – With your family, plan and practice a home escape drill.

Ach. #12b – Go on a hike with your family, and be Responsible for knowing the safety rules and what to do if lost, BEFORE you go on a hike

Ach. #13b, c – Set up a savings account; Keep a record of how you spend your money for 2 weeks, so you can be responsible for knowing where your money goes.

Ach. #14 – Be responsible for learning and practicing rules of safe riding, always wearing your helmet the RIGHT way, learning and practicing bike skills, and being responsible for knowing how to care for your bike and protect it from theft.

Ach. #18a, c - Make a "to-do" list and check off each item; keep a daily record of what you do for two weeks – be responsible for using your time wisely!

Ach. #18e – Write a thank you note to someone.

Ach. #19a, b, d - Show that you are responsible by learning the rules for knife safety, how to take care of a pocketknife, and earning the Whittling Chip card.

RESPONSIBILITY - continued

- **Ach.** #20 Show that you know how to use and take care of at least four HAND tools; Build your own toolbox and use two tools to fix something.
- Ach. #23e Attend a sporting event, take responsibility for showing good sportsmanship and manners.
- **Ach. #24a, b, c** Be responsible for helping a new boy join scouting or complete his Bobcat; serve as a denner or assistant denner; plan and conduct a den activity with your den leader's approval.
- **Elect. #14a** With an adult, help take care of a lawn or flower bed at home or at a church, home or public building; pick up litter; weed and prepare beds for winter.
- **Elect. #14c** Take part in a project with family, den or pack to beautify or clean up your neighborhood or community be responsible for your behavior and for completing the job
- Elect. #17 With the help of an adult take responsibility to do any or all of the requirements listed.
- **Elect. #21a, b** Be responsible to keep track of your own sales if you take part in a den, pack or council fund raiser; or help with a garage sale for your family, neighbor, school, church or pack.
- **Elect. #22** Take responsibility for sorting and displaying your collection; keep your own library in order and store the subject information so it can be used
- **Elect. #25a**, **b** Learn about and assemble ten essential items you need for a hike or campout; follow the buddy system and know the rules to follow if lost

<u>CITIZENSHIP – November</u>

- Ach. #3a Write and tell what makes America special to you.
- Ach. #3j Character Connection for Citizenship.
- **Ach. #3b-i** Do any or all to demonstrate patriotism and citizenship. -Know how people have served our country; Commit to doing one thing to be a good citizen and understand what would happen if you were not a responsible citizen; Tell three things you did in one week to practice good citizenship.
- **Ach.** #6g Take part in a den or pack neighborhood clean-up project.
- **Ach. #7b-f** Discuss crime prevention with a local law enforcement officer; help prevent crime prevention in your home; know where to get help in your area; Learn and post emergency phone numbers; know what YOU can do to help law enforcement.
- Ach. #8a At a library or newspaper office, look for examples of good citizenship in your community;
- **Ach.** #8b Talk to an older person about their experiences as a Cub Scout, and how they learned about good citizenship ask how they demonstrated their good citizenship.
- **Ach. #10a** Go on a day trip with your family to visit a local government building, to celebrate Veteran's Day, or to participate in some event honoring our history and/or demonstrating good citizenship.
- Ach. #14a, e, f Know rules for bike safety, and if required, get a bike license; help prevent bike theft by always using a bike lock and putting your bike away; Obey all traffic rules on a one mile bike ride.
- **Ach. #17a** With an adult, watch a TV show about some patriotic subject or example of good citizenship;
- Ach. #17d Using a computer, write a report about an example of good citizenship.
- **Ach. #24a** Help a boy join scouting and/or complete his Bobcat you will help another boy learn about good citizenship as you demonstrate service and leadership.
- **Ach.** #24b Serve as a Denner or Asst. Denner do your best to demonstrate good citizenship and to encourage other boys to practice qualities of good citizenship
- **Elect. #8 b, d** Learn to play two patriotic songs on any instrument.
- **Elect. #9a, b, c** do an original art project with patriotism or citizenship as the subject; Visit an art exhibit in honor of veterans, a local who demonstrates good citizenship, or shows scenes of what makes America great; find a favorite outdoor location and draw or paint it display it at the pack meeting and explain how this location represents what makes your area or America great

CITIZENSHIP - continued

- **Elect. #11** Learn to use a camera to "Shoot Citizenship in action; while doing each requirement, photograph and display examples of good citizenship or patriotic subjects.
- Elect. #14c With family, den or pack, take part in a project to beautify your community
- **Elect. #22a, b** Start a stamp collection look for subjects that are patriotic or honor people who display good citizenship; mount and display your collection and share what you have learned.
- **Elect. #25h** Earn the Leave No Trace award and demonstrate your commitment to help protect and preserve our nation's natural beauty

RESPECT - December

- **Ach. #2** As you learn more about your religious faith and those who lead it, your respect for both leaders and principles can grow.
- Ach. #3a, b Respect for your country and those who are or have improved our way of life will be strengthened as you learn more about them.
- Ach. #3f, g, h, i when you participate in a flag ceremony, remember, show your respect with your actions.
- **Ach. #5a, b** respect for animals can be shown by learning about them, and by being careful to build a bird feeder or birdhouse that will be appropriate for a particular species these activities can also be used to earn the World Conservation Award showing respect for our world and environment.
- Ach. #6 any of the requirements will show respect for our planet the only one we have!
- Ach. #7b, f know how you can show respect for law enforcement by helping in safe ways.
- Ach. #8g Character Connection for Respect.
- **Ach.** #8b Be respectful as you talk to someone who was a Cub Scouter a long time ago ask how they showed respect to their leader, parents, teachers and country when they were a Cub.
- **Ach. #8d, e** Find out about your family history or community history it will help you respect people who lived in different times.
- Ach. #10a On a day or evening trip with your family, be courteous and use good manners
- **Ach. #14a,f** Show respect by following all safety rules when riding a bike;
- Ach. #14c, d, e Show respect for your bike by learning to take care of it, and protecting it from theft.
- **Ach. #15** Remember to follow the rules and be a good sport when playing a game, to show you have self-respect and respect for others.
- Ach. #17a While watching a TV show with an adult, watch for examples of respect or lack of respect.
- Ach. #17d When using a computer, respect family rules and rules about internet safety
- Ach. #19a, b, d Show that you respect the rules of knife safety, and that your know how to take care of it.
- Ach. #20a Show how to use and take care of four tools and put them away properly
- Ach. #23 While playing or watching any sport, follow the rules and be a good sport to show your respect.
- Ach. #24 Whenever you are serving as a leader, show respect for yourself and others.
- **Elect. #5** Know and follow safety rules on the water and around boats show respect for your environment and the possible dangers.
- **Elect. #15-** Learn how to take care of water and soil use these activities as part of the Cub Scout World Conservation Award requirements.
- Elect. #20 a, b, c Follow the rules of safety and courtesy when participating in winter sports
- **Elect. #24** Do any or all of these requirements as you learn how American Indians have shown respect for their environment and their country.

POSITIVE ATTITUDE – January

- **Ach. #3b** With the help of a parent of den leader, find out about two famous Americans who have had a Positive impact.
- Ach. #6a, b Demonstrate Positive Attitude and the power of one person by doing recycling in your home or planting a tree.
- **Ach. #8c, d, f** Start or add to a den or pack scrapbook so others can look back on positive experiences; Trace your family genealogy and talk to a family member about their experiences; Start your own personal history people have a more Positive Attitude about themselves when they know where they come from.
- Ach. #11 (Elect 5) Learn what to do in case of emergencies or accidents so you will be confident in an emergency.
- **Ach. #13b, c** Set up a savings account and learn how to keep track of what you spend, so you can feel confident about where you are in money terms
- Ach. #16 Increase your confidence and improve abilities by doing the requirements in Building Muscles
- **Ach. #17a** With an adult, choose and watch a TV show about someone who has demonstrated a positive attitude or discuss how a positive attitude would have changed the outcome.
- **Ach. #18a, c, d** Make a To Do list and keep a daily record planning your time will help keep you Positive! Or focus on the positive by sending a thank you note to someone.
- Ach. #21a Build a model from a kit for the Pinewood Derby
- **Ach. #23d, e** Watch a sport on TV or at an event discuss how Positive Attitude was demonstrated. Were there examples of Poor Attitude? How could a Positive Attitude affected what happened?
- **Ach. #24a,b, d** Demonstrate Positive Attitude as you help a boy join scouting or complete the Bobcat; when you serve as a Denner or Asst. Denner; or by telling two people they have done a good job be specific about what they did well!
- Elect. #1- If Space is an interest, do any of the requirements and share with the den or at the pack meeting.
- **Elect. #3, #4** If a boy is interested in radios or electricity, he could share his accomplishments.
- **Elect. #5** Learn what to do in case of emergencies or accidents so you will be confident in an emergency.
- **Elect. #6, 7** A boy with interest in aircraft or building something that goes, they can display their accomplishments for the den or pack.
- **Elect. #8, 9, 10** A boy with a passion for music or art could display items made for these requirements.
- **Elect. #11-** Photography any or all of the requirements can be shared at the Pack meeting
- Elect. #12 Nature crafts or collections can be shared as examples of Positive Attitude.
- **Elect. #13** Doing magic tricks can be an example of talent to share.
- **Elect. #17** Learning how to make repairs can allow a boy to help others who need that skill and make a positive difference in their life it can also demonstrate self-confidence and Positive Attitude.
- **Elect. #19, #20** Learning new sports skills and improving performance require Positive Attitude and it's important to know and practice safety rules for winter sports.
- **Elect. #22** Collections can be displayed and shared.

RESOURCEFULNESS - February

- **Ach. #3b, d** Learn about two famous Americans and tell how they improved our way of life; point out how they demonstrated resourcefulness; Visit a place of historic interest in your area and look for examples of resourcefulness.
- **Ach.** #4c Read two folklore stories and tell your favorite one to the den; share examples of how the characters showed resourcefulness
- **Ach. #5a, d** Learn about a bird or animal you like and make a poster to share with others; visit a zoo or nature center and observe the animals; be sure to look for examples of animals showing resourcefulness, such as in building their homes or obtaining food.
- **Ach.** #9a,f make Chinese almond cookies to honor Chinese New Year; make a Trifle for a family dessert George Washington's favorite!
- Ach. #10a, b Prepare for a family day trip and keep your eyes open for examples of resourcefulness; have a family fun night and play a game or make something together do something non-technological, such as a board game or making a Jacob's Ladder
- Ach. #11- Prepare to be able to deal with an emergency by learning what to do beforehand
- **Ach. #12b, d** prepare for a hike with your family and keep an eye out for examples of resourcefulness; or attend an outdoor family event for one of the February holidays
- **Ach. #13b, c, f** become more prepared and familiar with your personal finances by keeping good records and setting up a savings account; play a board game that involves play money with your family.
- Ach. #15c try one of the Resourceful games
- Ach. #16c create your own version of an animal related relay or exercise
- Ach. #17 a, b, d Choose and watch a TV show with an adult you may even be able to find something about one of the resourceful people listed in this packet; Play charades it's a game that can challenge your resourcefulness; use a computer to find information about a person or animal that uses resourcefulness and write a report about what you learned
- **Ach. #21a-g** As you do any of the projects, list and locate or substitute for needed materials; complete the <u>Character Connection for Resourcefulness</u> by considering each project and what changes you might make to improve each one and what worked well and why.
- **Ach. #22** Do any or all of the requirements to become more skilled to use all available resources as needed in the future
- **Ach. #24** –demonstrate leadership skills needed to become more resourceful
- Elect. #2 learn to use equipment and skills to record and understand weather forecasting
- **Elect. #5** Become more proficient in being around and on boats; be resourceful in making repairs and using equipment
- Elect. #7 use materials and tools in a resourceful way in doing the requirements
- **Elect. #8a, c** be resourceful with materials and tools in making and playing a homemade musical instrument
- **Elect.** #9a use materials resourcefully in doing an original art project
- Elect. #17 Be resourceful in your use of materials and tools when making home repairs
- **Elect. #20a, b, c** Become familiar with and follow safety rules so you can do sports with more safety and understanding
- **Elect. #24a, b, c** Learn about Native Americans in your area; look for examples of their resourcefulness in using everything available to them in their environment; share what you learn with your den or pack
- **Elect. #25a, b** Learn about essentials for hiking or camping safely; use the buddy system; on a hike, look for examples of plant or animal resourcefulness

COMPASSION – March

- Ach. #1b List and practice ways you can practice your religion by being kind and thoughtful toward others.
- **Ach. #3b** Find out about two famous Americans (look for someone who was compassionate); Tell what they did or how they improved our way of life. *Consider those who invented equipment or methods that help those with disabilities to fit in or those who treated everyone with equal respect.*
- **Ach. #4** Learn all about Johnny Appleseed and how his actions made life easier for thousands of others; look for examples of compassion, kindness or being helpful in the other folklore examples and learn if they were based on true stories or real people.
- **Ach. #5** Learn about sharing your world with wildlife, about your favorite animals, how you can help them survive, learn about the people who help wildlife in many different ways, visit a zoo, nature center or other wildlife area. When you visit animals in the wild or in an organized area, be sure to follow the rules and treat the animals with respect.
- **Ach. #6** Learn about and practice caring for your planet recognize that it's the only planet we have to live on, and that we must conserve resources and find ways to share water and other limited resources with everyone. Take part in a project that benefits your neighborhood, the planet, and maybe even a local charity!
- **Ach. #9b, f** Make a snack for your den or your family. You could celebrate Johnny Appleseed and the value of a smile, take better care of your body by making a healthy "walking" snack, or enjoy an Irish scone to honor St. Patrick's Day.
- **Ach. #10** Remember to be kind and thoughtful of other family members as you work on these requirements.
- **Ach.** #12b Go on a hike with your family and pick up trash show you understand how important it is to take care of your planet.
- **Ach. #15** Remember to be compassionate, act with kindness and good sportsmanship as you play any of the games try one from the Games section!
- Ach. #16 Don't forget to cheer on others and keep a good attitude while you are Building Muscles.
- **Ach. #18e** Write a thank you note to someone if they have been thoughtful to you or have shown you how to be compassionate, tell them how it made you feel and why you think they are so great.
- **Ach. #23** Show good sportsmanship, and avoid contention when you play any of the sports. Never make fun of someone else who makes a mistake.
- **Ach. #24a, e** Help a boy join Cub Scouts or finish his Bobcat; Learn how to be a leader without being a bully or following others in a bad choice that will bring harm to someone or something
- **Elect. #9** Make an art project that will help others value the earth or its wildlife; if you visit a museum, look for examples that make you feel like you want to preserve the natural beauty of the earth, or learn more about the world of nature and how to protect it.
- **Elect. #10b** Make a mask of a favorite animal; you might display with information about the animal and how it contributes to the world of nature
- **Elect. #11b,c** If you like to do photography, mount some pictures that will show the value of wildlife or our planet display at the pack meeting
- Elect. #12 Make a Nature Craft to help people see the beauty and value of taking care of our planet
- **Elect. #15** Learn about Water and Soil Conservation and spread the word so others will want to help protect our environment
- **Elect.** #25b Go on a short hike with your den, using the Buddy System Be sure that no boy feels like he isn't wanted, or doesn't have anyone willing to be a buddy. Encourage others to include every boy by your example.

FAITH - April

- Ach. # 1a, b Complete the <u>Character Connection for Faith</u>: Know some people in history who have shown great faith and discuss their faith with an adult; discuss with an adult how having faith can help you in life and how you can strengthen your faith; practice your faith as you are taught; make a list of things you can do to practice your faith, and check them off your list as you do them
- Ach. #2 Earn the religious emblem of your faith. (Only Ach. #1 OR #2 are required)
- **Ach. #3a, b** Write or tell what makes America special to you be sure to include the freedom to practice your religion; Find out about two famous Americans who have shown faith.
- **Ach.** #6b Plant a tree in your yard, at your chartered organization site, in a park or at a school in honor of Arbor Day and to show your appreciation for the wonders of creation.
- **Ach.** # **8e** Find out some history about your community, especially the different religious groups that live there and their buildings.
- Ach. 9a Make some Scripture Cookies, or Faith Cookies
- Ach. #10a Go for a day out in nature or to an evening performance with your family.
- **Ach. #12** Do any of the activities with your family; practice the principles of your faith in your relationships with your family, and take note of the beauties of creation around you.
- **Ach. #13c** Keep a record for two weeks of how you spend your money; consider paying a tithe to your church and/or to help the needy.
- **Ach.** #18f Write about something you have done with your den; choose an activity that has something to do with the value of Faith.
- **Elect. #14** Do any or all of the requirements landscaping is a way to beautify our surroundings and observe nature
- **Elect. #25 b, d** Go on a short hike with your den, taking notice of the wonders of nature; with your den, participate in a religious service during a scouting event.

HEALTH AND FITNESS – May

- Ach. #8b Talk with a long-ago scout, find out what kind of fitness activities they
- **Ach. #9b, d, e, f** With an adult, make snacks for the next den meeting choose a healthy one! Check the ideas in Cub Grub; make a list of junk foods you eat then do the "Take Five" Challenge to make better choices; make healthy trail food for a hike; with an adult, make a healthy dessert for your family
- **Ach. #12b, e** Go on a hike with your family, after you make sure you are prepared; Plan an outdoor family day that includes some physical activity
- **Ach. #13a, g** Go grocery shopping with an adult member of your family and compare prices of different brands and at different stores, and also compare prices based on nutritional value; With an adult, figure out how much it costs for each person in your home to eat one meal choose a meal that has good nutrition value based on the Food Pyramid.
- **Ach. #14f, g** Ride a bike for 1 mile without rest be sure to obey traffic and safety rules; Plan and take a family bike ride.
- Ach. #15a, b, c Set up equipment and play 2 outdoor games w/family or friends; Play 2 organized games with your den; Select an (active) game that your den has never played, explain it and play it with them.
- **Ach. #16** Do any or all of the activities they will help you Build Muscles!
- **Ach. #18c** Keep a daily record of your activities for 2 weeks look to see if you were following the rules for being healthy and fit.
- Ach. #23c Take part in one team and one individual sport to improve your fitness.
- **Ach. #24c** Plan and conduct a den activity with the approval of your leader choose an activity that involves becoming fit or learning about being healthy.

HEALTH AND FITNESS - continued

- **Elect. #5e** With an adult on board, and both wearing PFDs, row a boat around a 100-yard course that has at least two turns. Demonstrate forward strokes, turns to both sides, and backstrokes. Review Boating Safety Rules BEFORE you start!
- **Elect. #18a, d** Build and use an outdoor gym with at least three items from the list on page 250; Hold an open house so everyone can enjoy your gym!
- **Elect. #19** Do any or all of the Swimming requirements make sure you have an adult with you who can swim.
- **Elect. #20** Choose any or all the requirements to help improve your fitness by physical activity. Read and follow the Safety Rules for any of the activities!
- **Elect. #25b** Go on a short hike with your den, following the buddy system and telling what to do if you become lost.

PERSEVERANCE – June

- Ach. #2 Earn the religious emblem of your faith it may take some time and effort.
- Ach. #3h, i Learn how to raise & lower the flag properly for an outdoor ceremony; then participate in one
- **Ach.** #4c Read two folklore stories and tell your favorite one to your den choose one that demonstrates perseverance.
- Ach. #6a Save 5 pounds of glass or aluminum or 1 month of daily newspapers and turn them in at a recycling center you'll have to commit to a whole month a good way to practice perseverance!
- **Ach.** #8d, f Trace your family back through your grandparents or great-grandparents; Start your own history and keep a journal for two weeks.
- **Ach. #13c** Keep a record of how you spend money for two weeks.
- Ach. #14f Ride a bike for 1 mile without rest. Be sure to obey all traffic rules WEAR YOUR HELMET!
- **Ach.** #17d Use a computer to get information. Write, spell-check, proofread and print out a report on what you learned. (Choose someone you admire and report on why and how they show perseverance)
- Ach. #18c Keep a daily record of your activities for two weeks.
- Ach. #22b, c, d, e Persevere in learning how to tie several knots; Learn how to keep a rope from tangling practice till you can do it without thinking; Coil and rope and practice throwing it till you
- can consistently hit a two-foot square marker 20 feet away; Practice a magic rope trick till you can do it well enough so that an observer doesn't see the trick.
- Ach. #23a, b Learn rules and how to play 3 team sports or 2 sports which only one person is on each side.
- **Elect. #2 a, b, f** Commit to keeping a record for two weeks of temperature and weather conditions; Wind direction and weather every day at the same time for two weeks; Watching the weather forecast on TV every day for two weeks, then keeping a record comparing the forecast with actual conditions
- **Elect. #5** Wearing a PFD, help an adult rig and sail a real boat; Help an adult repair a real boat or canoe; Know the signals for storm warnings; Help an adult repair a boat dock; With an adult on board, and both wearing PFDs, row a boat around a 100 yard course that has at least two turns and demonstrate other strokes as required.
- **Elect. #11** Photography Do any or all of these requirements you will have to commit to practicing and taking and mounting several kinds of pictures you can display your work at a Pack event in honor of Camera Day.
- **Elect. #13** Magic In order to learn the magic tricks, puzzles or rope tricks, or to put on a magic show, you will need to practice till you can do each magic trick very well! There are ideas in your book and also under both Tiger and Bear ideas in the Den Review section.

PERSEVERANCE - continued

- **Elect. #19** Swimming Before you start, do Elect. #19d, and commit that you will never swim alone. Then do any or all of the requirements you may have to practice over and over to get really comfortable and have good swimming skills.
- **Elect. #20** Do any of the requirements, but commit to practicing and improving your skills and knowing and following safety and courtesy rules of the sport you choose.

COURAGE – July

- Ach. #1, 2 Whether practicing your faith or working on the Religious Award, it can take real courage to do the right thing, especially if other people make fun of you but have courage to do your best and make good choices.
- Ach. #6a In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.
- Ach. #6c Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call but make a list of questions before you start so you don't get confused.
- Ach. #11g Complete the Character Connection for Courage.
- Ach. #12b The suggestions for what to do if lost or how to prepare also would require courage to fulfill and fit with the Hug A Tree and Survive program.
- Ach. #14b Learning to ride a bike can require courage if a boy hasn't learned previously.
- **Ach. #17a** With an adult in your family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. Talk about how they showed courage.
- **Ach. #17d** Use a computer to get information about a person who has shown courage, such as Lewis & Clark Write, spell check, proofread and print out a report on what you learned.
- Ach. #22b If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot tell how each is used.
- Ach. #24a, c It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.
- Ach. #24e It definitely takes courage to make a choice on how to do something when not everybody likes your choice go over the hard choices and decide what you would do.
- **Elect. #6b** For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.
- **Elect. #8c** If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.
- **Elect. #13** It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself.
- **Elect. #19** Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.
- **Elect. #21a** It can take courage to take part in a council or pack- sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.
- **Elect. #25b** Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

HONESTY – August

- **Ach.** #1 Practice your faith as you have been taught think about what place honesty has in showing you believe and honor your faith.
- **Ach. #3b** With the help of your family or den leader, find out about two famous Americans. Tell the things they did or are doing to improve our way of life. Remember to consider how they show integrity and honesty in their dealings, and how that might affect what they can accomplish.
- **Ach. #3d** Find out where places of historical interest are located in your town or city. Go and visit them with your family or den you might visit a lighthouse or a Coast Guard station, or even a beach that has some historic connection.
- **Ach. #3f** Be a member of a color guard for your den or pack you might have a special ceremony for Coast Guard Day or some other special event in August.
- **Ach.** #6g Take part in a den or pack neighborhood clean-up; you might especially clear debris from storm drains to protect water quality; if curbs aren't marked, you r pack might paint warnings by storm drains to ask people not to pollute the water supply.
- **Ach.** #8b Find and talk to someone who was a Cub Scout long ago; try to find out how they learned to live honestly and what ways they had to help them.
- Ach. #9a With an adult, make cookies.
- Ach. #9b or f With an adult make a treat for a den meeting or a dessert for your family
- **Ach.** #9e Make some trail mix in honor of Aug 31st.
- Ach. #10a, b Go on a Perseid Meteor Night trip, or try doing it at home with your family.
- Ach. #12c Go on a picnic with your family on Australian Picnic Day, August 1st.
- **Ach. #12a, b** Go camping w/your family and do some of the Brownsea activities or take a hike.
- Ach. #13f Play a board game that involves money with your family; be sure to play honestly!
- Ach. #15 Remember to be a good sport and play without cheating when you participate in any games!
- **Ach. #17c** Visit a newspaper office, TV or radio station, and talk to a news reporter; find out how they make sure that their information is true.
- **Ach. #17d** Use a computer to get information. Write, spell-check and print out a report on what you learned; you could do a report about honesty, or a person who you admire for their honesty.
- **Ach. #17f** Talk with a parent or other family member about how getting and giving facts fits into his or her job; ask how they make sure the facts are true.
- Ach. #18 Do any or all the req. and be sure to consider the Character Connection for Honesty as you do.
- **Ach. #18h** Complete the Character Connection for Honesty:
- Ach. #22d Coil a rope. Throw it, hitting a 2 foot square marker 20 feet away. This skill would be useful in helping in a water rescue.
- **Ach. #23 a, b, c** While playing a sport, be honest and show good sportsmanship.
- **Elect. #1a** Identify two constellations and the North Star; you might be able to do this if you decide to do a Perseid Meteor Night Watch.
- **Elect. #10a** Make a simple papier-mâché mask; if you decide to make a mask of a character with a reputation for honesty.
- **Elect. #15e** In honor of Water Quality Month, as a den, visit a lake, stream, river or ocean. Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.
- **Elect. #19** Do any or all of the requirements, especially if you have a pack swim activity. Be sure to remember that you should never swim alone.
- **Elect. #20** When you take part in any of the sports, be honest and show good sportsmanship.
- **Elect. #25b** Go on a short hike with your den, following the buddy system. Explain how the buddy system works and why it is important to you to follow it. Tell what to do if you are lost. While on your hike, be sure to observe as much as you can, as the boys did at the original Brownsea camp.

COOPERATION - Wolf Handbook - September

- Ach. #1 Feats of Skill, challenge the boys to tell which ones include Cooperation (#1a and #1j require two people) Also, you can encourage cooperation by pairing two boys to work together to help each other accomplish other activities, such as the front, back and falling forward roll. Also, make sure the boys encourage and cheer on each other!
- Ach. #2 Flag is also assigned, be sure to point out that no boy can accomplish a flag ceremony or folding on his own everyone must cooperate! You might have the boys take a turn and try to fold the flag by themselves do this by laying the flag on a table and asking each boy to take a turn making a fold then talk about whether it is easier to fold the flag when you have others helping you!
- Ach. #8e with an adult, help plan, prepare and cook an outdoor meal
- **Elect. #1a** Introduce Cooperation by using a code that has been divided into parts so that every boy is needed to break the code. For example: Put this phrase into a code "Everyone must work together to demonstrate Cooperation." Each boy must break one section of code to arrive at the solution.
- **Elect. #4f** play one of the Cooperative games shown in the *Cub Scout How to Book*.
- Elect. #7c Make a set of Foot Racers and use them cooperatively with a friend. Longer one is a challenge!
- **Elect. #8b** help an adult do a chore using a wheel and axle (wheelbarrow) you could also play the game of wheelbarrow to demonstrate cooperation.
- Elect. #9a help with a home or den party divide up the jobs, work together, and talk about it
- **Elect. #10f** Make some sets of the American Indian word pictures; divide boys into teams and let each team work together to come up with a story made from 12 of the pictures.
- **Elect. #11a, f** Learn a song about cooperation and sing it with your den at a pack meeting.
- **Elect. #12d** Do a skit, let everyone help make scenery or a backdrop for the skit, play or puppet show.
- **Elect. #16** Family Alert; some families may want to take this opportunity to make preparations for possible weather, flooding or home emergencies by working together to make sure everyone knows what to do in case of emergency. The Den could also work together to make a Den First Aid box, with each family donating different items.
- **Elect. #17d,e,f, g** Tie a stack of newspapers together the right way; tie two cords together; practice how to tie a necktie; whip a rope by wrapping to keep the end pieces together
- **Elect. #20** Play team sports and cooperate **#20j** flag football; **#20l** baseball or softball; **#20m** basketball
- **Elect. #21b** Use a computer to write a report on cooperation or on symbiotic relationships in nature.
- Elect. #22e Invite a boy to join Scouts, or help a boy earn his Bobcat
- Elect. #23d Explain the Buddy system

COOPERATION -Bear Handbook- **September**

- **Ach. #3a,b** Think about ways that cooperation between Americans makes our country special, or look for connections to cooperation as you learn about two famous Americans.
- **Ach. #3d**, and visit a historic location, make sure you look for ways that people worked together, or spent time together. For example, how did they eat or did they do for entertainment?
- **Ach.** #6g Take part in a den or pack conservation service project.
- **Ach. #8,** look for examples of cooperation in activities from the past; if you talk to a grandparent or older person, find out how they feel cooperation was important in their lives.
- **Ach. #9** Work with an adult to bake cookies, make a snack, prepare meals, make trail food for a hike or make a dessert.
- Ach. #10 Family Fun demonstrate cooperation as you do a family outing or have a game night.

COOPERATION - Bear Handbook - continued

- Ach. #14g go for a family bike ride
- Ach. #24a Help a boy join Scouts or complete the Bobcat trail.
- **Elect. #8c** Play in a den band using homemade or regular instruments; perform together at a Pack Meeting.
- Elect. #13b work with other scouts to put on a magic show
- **Elect. #15e** As a den, visit a lake, stream, river, or ocean; Plan and do a den project to help clean up this important source of water; Name four kinds of water pollution.
- Elect. #21b Help with a garage sale or rummage sale for your family, den or another organization
- **Elect. #24** Learn about American Indian people in your area and how they cooperated to make clothing, housing, tools and to use the resources available in your area.

RESPONSIBILITY - Wolf Handbook - October

- **Ach. #2a** Use a dictionary or thesaurus to help you understand the meaning of the Pledge of Allegiance; take responsibility to always do it with respect.
- **Ach. #2c** Take responsibility to show how to respect and display the flag, and to always be a good example to others.
- Ach. #2d Learn about your state flag, and be responsible for displaying it properly with other flags.
- **Ach. #2e, f** Learn about the correct way to do an outdoor ceremony, then take responsibility for doing it properly and showing others how to be a part of an outdoor ceremony remember to focus on the flag and be quiet and respectful even if you are in the audience.
- **Ach.** #2g learn to fold the flag properly, then be responsible to practice so you can do it with only the stars showing. This would be a great gathering activity.
- **Ach. #3a** Take responsibility to keep a health chart for two weeks and turn it in to your leader see a sample under Theme Related Ideas.
- **Ach. #3b** Each boy can be responsible to protect others from their sneezes or coughs teach them the "Cafeteria Cough" to always turn to the side and cough into their inside elbow. Food workers must do this to protect again getting germs on their hands and then using their hands while working with food.
- **Ach. #3c** Remind boys to be responsible for telling an adult about a cut right away so it can be handled properly.
- **Ach. #4a** Be responsible for emergency numbers near each phone and know how to use "911" responsibly.
- **Ach.** #4d Be responsible to help make sure your home is secure before you leave, and to take everything you need.
- **Ach.** #4e Talk with family members about what jobs you will do, then make a list and mark them off when finished do this for a month. Being responsible means you don't have to be reminded to the job!
- **Ach. #7c, d, f** Take responsibility to recycle, pick up litter and help save energy.
- Ach. #8c Help fix at least one meal for your family, from setting the table, to clean up after.
- Ach. #8d Fix your own breakfast and wash and put away the dishes
- Ach. #9a Complete the Character Connection for Responsibility; you could also do
- Ach. #9b, c to check for fire and safety hazards in your home and make your home safe.
- Ach. #10a if you go bowling and work on that belt loop.
- Ach. #10f At a concert, play or program with your family be responsible for having good manners.

RESPONSIBILITY - Wolf Handbook - Continued

- **Elect. #1c** If you celebrate Disability Awareness Month, you could learn to sign your name in ASL; as you work on the patch, remember to take responsibility for showing proper respect
- **Elect. #2** Do any or all of the requirements if you do a skit about Responsibility, Disability Awareness, Fire Safety or Keeping Your Body Healthy
- **Elect. #3** Take responsibility to make and play games with younger children
- **Elect.** #6 b, c Take care of library books and be responsible to mark your calendar so you return them on time; help protect your own books with covers and by opening them the right way. Don't write in books or crimp the corners be responsible!
- **Elect. #9a** Take responsibility to help with a party at your home or in your den help decorate, serve refreshments and clean up.
- **Elect. #11a or b** Learn and sing "America" or the national anthem be responsible for singing it as part of a flag ceremony with your den
- **Elect. #13e** If you feed wild birds, be responsible to keep the feeders filled, especially during the colder months of the year when natural food is scarce
- **Elect. 14** Be responsible to take good care of your pet, read a book about your pet, and know what to do about strange dogs or possibly rabid animals.
- **Elect. #16a, b** Talk with your family about what to do in an emergency, and be responsible for knowing how to shut off water, electricity, and gas if you need to do it.
- **Elect. #18a, b** Help plan and hold a picnic or outing with your family or den.
- **Elect. 20** be responsible to learn and practice the safety rules of any sport you take part in, such as bowling basics if your pack goes bowling.
- Elect. 20e take responsibility for helping a boy join scouts or finish his Bobcat
- **Elect. #23b, c** Know and explain the basics of how to take care of yourself in the outdoors; tell what to do if you get lost

RESPONSIBILITY - Bear Handbook - **October**

- **Ach. #1b** Make a list of things you can do to practice your religion; check them off your list as you do them be responsible for looking in the workbook for your faith's religious emblem for ideas.
- Ach. #6 a Be responsible to help sort and recycle trash at your home
- Ach. #7c, d be responsible for learning about how you can help prevent crime and secure your home and belongings; be sure you know where to get help in your neighborhood; know what you can do (and should not do) to help law enforcement;
- **Ach. #7e** Learn local emergency phone numbers and post them by each phone; learn how to use "911" responsibly, and practice how to make an emergency call and give the right information
- Ach. #9b,e, f With an adult, make snacks for a den meeting; trail food for a hike, or dessert for your family and clean up afterwards!
- Ach. #9c W/ adult, prepare part of breakfast, lunch and dinner Cleaning up is part of being Responsible!
- Ach. #11a Know what to do in case of an accident in the home.
- **Ach. #11e** With your family, plan and practice a home escape drill.
- Ach. #12b Go on a hike with your family, and be Responsible for knowing the safety rules and what to do if lost, BEFORE you go on a hike
- **Ach. #13b, c** Set up a savings account; Keep a record of how you spend your money for 2 weeks, so you can be responsible for knowing where your money goes.
- **Ach. #14** Be responsible for learning and practicing rules of safe riding, always wearing your helmet the RIGHT way, learning and practicing bike skills, and being responsible for knowing how to care for your bike and protect it from theft.

RESPONSIBILITY - Bear Handbook - Continued

- **Ach. #18a, c** Make a "to-do" list and check off each item; keep a daily record of what you do for two weeks be responsible for using your time wisely!
- Ach. #18e Write a thank you note to someone.
- **Ach. #19a, b, d** Show that you are responsible by learning the rules for knife safety, how to take care of a pocketknife, and earning the Whittling Chip card.
- **Ach. #20** Show that you know how to use and take care of at least four HAND tools; Build your own toolbox and use two tools to fix something.
- Ach. #23e Attend a sporting event, take responsibility for showing good sportsmanship and manners.
- **Ach. #24a, b, c** Be responsible for helping a new boy join scouting or complete his Bobcat; serve as a denner or assistant denner; plan and conduct a den activity with your den leader's approval.
- **Elect. #14a** With an adult, help take care of a lawn or flower bed at home or at a church, home or public building; pick up litter; weed and prepare beds for winter.
- **Elect. #14c** Take part in a project with family, den or pack to beautify or clean up your neighborhood or community be responsible for your behavior and for completing the job
- Elect. #17 With the help of an adult take responsibility to do any or all of the requirements listed.
- **Elect. #21a, b** Be responsible to keep track of your own sales if you take part in a den, pack or council fund raiser; or help with a garage sale for your family, neighbor, school, church or pack.
- **Elect. #22** Take responsibility for sorting and displaying your collection; keep your own library in order and store the subject information so it can be used
- **Elect. #25a**, **b** Learn about and assemble ten essential items you need for a hike or campout; follow the buddy system and know the rules to follow if lost

CITIZENSHIP – Wolf Handbooks - **November**

- Ach. #2 Each requirement will help you understand and appreciate how to show your patriotism
- Ach. #4d Help make your house secure prevent crime in your community, by practicing good habits
- Ach. #4f Visit a government location in your community and explain why it's important.
- **Ach. #9d, e** Practice good citizenship and stay safe by learning and using good rules of street and bike safety think about how rules and laws help keep everyone safe
- Elect. #2 Help to plan and put on a skit using any of these requirements.
- Elect. #4f Play a wide area or large group game with your den or pack
- **Elect.** #6a Visit the library; get a card if you don't have one; find out how having free public libraries helps protect our freedom the librarian can help you find a book about government or citizenship.
- **Elect. #6c** show how to take care of books talk about why books and libraries are important.
- **Elect. #11a, b, c, f** Learn and sing a patriotic song; learn and sing three Cub Scout songs; Sing a song with your den at a pack meeting.
- **Elect. #12a, d, f** Make a sketch of something patriotic; Make some scenery for a skit, play or puppet show about citizenship; Make poster about ways to be a good citizen, or encouraging people to vote
- **Elect.** #16 Do any or all of these requirements people and families who are prepared for emergencies make it easier for first responders and people in the community during emergencies.
- **Elect. #21b** Use a computer to write a report about being a good citizen, or patriotic subject or person
- **Elect. #22d, e** Tell how to get to a nearby fire or police station a good citizen scout is ready for emergencies; Invite a boy to scouts or help a boy through Bobcat a good citizen is helpful.
- **Elect. #23b, c** Be prepared to take good care of yourself.

<u>CITIZENSHIP – Bear Handbook - November</u>

Ach. #3a – Write and tell what makes America special to you.

Ach. #3j – Character Connection for Citizenship.

Ach. #3b-i – Do any or all to demonstrate patriotism and citizenship.

Ach. #6g – Take part in a den or pack neighborhood clean-up project.

Ach. #7b-f – Discuss crime prevention with a local law enforcement officer; help prevent crime prevention in your home; know where to get help in your area; Learn and post emergency phone numbers; know what YOU can do to help law enforcement.

Ach. #8a – At a library or newspaper office, look for examples of good citizenship in your community;

Ach. #8b – Talk to an older person about their experiences as a Cub Scout, and how they learned about good citizenship – ask how they demonstrated their good citizenship

Ach. #10a – Go on a day trip with your family to visit a local government building, to celebrate Veteran's Day, or to participate in some event honoring our history and/or demonstrating good citizenship.

Ach. #14a, e, f – Know bike safety rule, and if required, get a bike license; help prevent bike theft by always using a bike lock and putting your bike away; Obey all traffic rules on a one mile bike ride.

Ach. #17a – With an adult, watch a TV show about some patriotic subject or example of good citizenship;

Ach. #17d – Using a computer, write a report about an example of good citizenship.

Ach. #24a – Help a boy join scouting and/or complete his Bobcat – you will help another boy learn about good citizenship as you demonstrate service and leadership.

Ach. #24b – Serve as a Denner or Asst. Denner – do your best to demonstrate good citizenship and to encourage other boys to practice qualities of good citizenship

Elect. #8 b, d – Learn to play two patriotic songs on any instrument.

Elect. #9a, b, c – do an original art project with patriotism or citizenship as the subject; Visit an art exhibit in honor of veterans, a local who demonstrates good citizenship, or shows scenes of what makes America great; find a favorite outdoor location and draw or paint it – display it at the pack meeting and explain how this location represents what makes your area or America great

Elect. #11- Learn to use a camera to "Shoot Citizenship in action; while doing each requirement, photograph and display examples of good citizenship or patriotic subjects.

Elect. #14c – With family, den or pack, take part in a project to beautify your community

Elect. #22a, b – Start a stamp collection – look for subjects that are patriotic or honor people who display good citizenship; mount and display your collection and share what you have learned.

Elect. #25h – Earn the Leave No Trace award and demonstrate your commitment to help protect and preserve our nation's natural beauty

RESPECT – Wolf Handbook - December

Ach. #2a, b, e, f, g - Always show respect for the flag when participating in a flag ceremony

Ach.#2c – Tell how to respect the flag.

Ach. #3a, b, c – Show respect for your body by practicing good health habits

Ach. #7a- Character Connection for Respect;

Ach. #7b-f – Show your respect for the world and your environment by completing these requirements.

Ach. #8a, b – Show your respect for your body by learning about the Food Guide Pyramid and using that information to plan good family meals.

Ach. #9d, e – Show respect for your body by practicing good rules of street and bike safety.

Ach. #10d – Read a book or article about another culture or the way they celebrate their holidays.

Ach. #12 - Study the different scenarios, How does respect for yourself or others affect your answers

Elect. #1c – Learn American Sign Language – it will help you learn respect for of someone who uses ASL.

Elect. #1d – Use American Indian Sign Language to tell a story

RESPECT – Wolf Handbook - continued

- **Elect. #2** Participate in a skit about Respect.
- **Elect. #6c** Learn how to take care of books to show you respect your possessions.
- Elect. #10 Study how American Indians showed respect for their environment as you do these req.
- **Elect. #11a, b** Learn to sing a patriotic song to show your respect for your country.
- **Elect. #13e** Feed wild birds Show your respect for nature by continuing to feed birds while food's scarce.
- **Elect. #14a, c** To show respect for a pet, learn more about it from a book and share with your den; also, remember that every pet needs good care from an owner who loves and respects them.
- Elect. #19d, e When fishing, respect safety rules and laws where you live.
- **Elect. #20b, d, e** Know and respect safety rules and courtesy codes when boating, skiing or ice skating it not only shows you respect others, but also the dangers of winter sports.
- **Elect. #22e** Invite a boy to join Cub Scouts or complete his Bobcat show him respect and be an example of respect to him.

RESPECT – Bear Handbook - December

- Ach. #2 As you learn more about your religious faith and those who lead it, your respect for both leaders and principles can grow.
- **Ach. #3a, b** Respect for your country and those who are or have improved our way of life will be strengthened as you learn more about them.
- Ach. #3f, g, h, i when you participate in a flag ceremony, remember to show respect with your actions.
- **Ach. #5a, b** respect for animals can be shown by learning about them, and by being careful to build a bird feeder or birdhouse that will be appropriate for a particular species these activities can also be used to earn the World Conservation Award showing respect for our world and environment.
- Ach. #6 any of the requirements will show respect for our planet the only one we have!
- **Ach. #7b, f** know how you can show respect for law enforcement by helping in safe ways.
- Ach. #8g Character Connection for Respect.
- **Ach. #8b** Be respectful as you talk to someone who was a Cub Scouter a long time ago ask how they showed respect to their leader, parents, teachers and country when they were a Cub.
- Ach. #8d, e Family or community history it will help you respect people who lived in different times.
- Ach. #10a On a day or evening trip with your family, be courteous and use good manners
- Ach. #14a,f Show respect by following all safety rules when riding a bike;
- Ach. #14c, d, e Show respect for your bike by learning to take care of it, and protecting it from theft.
- Ach. #15 Follow rules and be a good sport when playing games, to show self-respect & respect for others.
- Ach. #17a While watching a TV show with an adult, watch for examples of respect or lack of respect.
- Ach. #17d When using a computer, respect family rules and rules about internet safety
- Ach. #19a, b, d Show that you respect the rules of knife safety, and that your know how to take care of it.
- Ach. #20a Show how to use and take care of four tools and put them away properly
- Ach. #23 While playing or watching any sport, follow the rules and be a good sport to show your respect.
- **Ach. #24** Whenever you are serving as a leader, show respect for yourself and others.
- **Elect. #5** Know and follow safety rules on the water and around boats show respect for your environment and the possible dangers.
- **Elect. #15-** Learn how to take care of water and soil use these activities as part of the Cub Scout World Conservation Award requirements.
- Elect. #20 a, b, c Follow the rules of safety and courtesy when participating in winter sports
- **Elect. #24** Do any or all of these requirements as you learn how American Indians have shown respect for their environment and their country.

POSITIVE ATTITUDE - Wolf Handbook - January

Ach. #1 - Keep a Positive Attitude if you need more practice to do some of the Feats of Skill;

Ach. #2g – Practice with a positive attitude to perfect folding the flag.

Ach. #5 – Keep a positive attitude as you practice skills so you can use tools to make a wood project.

Ach. #6a – Complete the Character Connection for Positive Attitude;

Ach. #6b, c – Make a collection and share it with another person.

Ach. #9b, c, d, e - Know how to make your home and yourself safe and you will be more confident

Ach. #10d, e – Read a book or Boy's Life article or watch a TV show about someone who showed Positive Attitude – share what you learned

Elect. #3 – Do these requirements while you are working with tools on **Ach. #5** – the more you learn and practice, the more confident you will be using tools

Elect. #5g,h,i - Make a Pinewood Derby Racer

Elect. #6b - Choose a book about Positive Attitude or someone with that quality

Elect. #7c - Make a pair of foot racers using tools for Ach. #5e.

Elect. #11c, f – Learn and sing Cub Scout songs – choose one about Positive Attitude, such as Cub Scout Spirit on pg. 164

Elect. #16 – Talk with your family and learn what to do in case of an emergency, so you can feel confident; take the positive step of listing what should be in a first aid kit and knowing where your family kit is kept.

Elect. #20b, d, e – Know and practice the safety rules for boating or winter sports.

Elect. #22c, d, e – Tell a short story to your den – look for one that shows Positive Attitude; Demonstrate that you know how to get to nearby police and fire stations and other important places; Demonstrate Positive Attitude by helping a boy join scouting or complete his Bobcat.

Elect. #23b,c,d – Learn how to take care of yourself in the outdoors, if you get lost, and how to use the buddy system – you can feel more confident if you know what to do!

POSITIVE ATTITUDE - Bear Handbook – January

Ach. #3b – W/help of a parent of den leader, find out about 2 Americans who have had a Positive impact.

Ach. #6a, b – Demonstrate Positive Attitude and the power of one person by doing recycling in your home or planting a tree.

Ach. #8c, d, f – Start or add to a den or pack scrapbook so others can look back on positive experiences; Trace your family genealogy and talk to a family member about their experiences; Start your own personal history – people have a more Positive Attitude about themselves when they know where they come from.

Ach. #11 (Elect 5) – Learn what to do in case of emergencies or accidents so you will be confident.

Ach. #13b, c – Set up a savings account and learn how to keep track of what you spend, so you can feel confident about where you are in money terms

Ach. #16 – Increase your confidence and improve your abilities by doing the requirements.

Ach. #17a – With an adult, choose and watch a TV show about someone who has demonstrated a positive attitude – or discuss how a positive attitude would have changed the outcome.

Ach. #18a, c, d – Make a To Do list and keep a daily record – planning your time will help keep you Positive! Or focus on the positive by sending a thank you note to someone.

Ach. #21a - Build a model from a kit for the Pinewood Derby

Ach. #23d, e – Watch a sport on TV or at an event – discuss how Positive Attitude was demonstrated. Were there examples of Poor Attitude? How could a Positive Attitude affected what happened?

POSITIVE ATTITUDE - Bear Handbook - continued

Ach. #24a,b, d - Demonstrate Positive Attitude as you help a boy join scouting or complete the Bobcat; when you serve as a Denner or Asst. Denner; or by telling two people they have done a good job

Elect. #1- If Space is a interest, do any of the requirements and share with the den or at the pack meeting.

Elect. #3, #4 – If a boy is interested in radios or electricity, he could share his accomplishments.

Elect. #5 – Learn what to do in case of emergencies or accidents so you will be confident in an emergency.

Elect. #6, 7 – A boy with interest in aircraft or building something that goes, they can display their accomplishments for the den or pack.

Elect. #8, 9, 10 – A boy with a passion for music or art could display items made for these requirements.

Elect. #11- Photography – any or all of the requirements can be shared at the Pack meeting

Elect. #12 - Nature crafts or collections can be shared as examples of Positive Attitude.

Elect. #13 – Doing magic tricks can be an example of talent to share.

Elect. #17 – Learning how to make repairs can allow a boy to help others who need that skill – and make a positive difference in their life – it can also demonstrate self-confidence and Positive Attitude.

Elect. #19, #20 – Learning new sports skills and improving performance require Positive Attitude – and it's important to know and practice safety rules for winter sports.

Elect. #22 – Collections can be displayed and shared.

RESOURCEFULNESS – Wolf Handbook - February

Ach. #1g, k - Be resourceful! Think of an animal and how you can demonstrate their walk in a fun exercise.

Ach. #4b, c – Discuss how to handle these situations with an adult, and be prepared to do the right thing.

Ach. #7e – Read about people protecting our world, look for ways in which they have shown resourcefulness.

Ach. #10f – Attend a concert, play or other live program honoring someone resourceful.

Ach. #10g – Practice being resourceful by spending an evening playing board games or other old fashioned games that don't use technology. Think about how games help you practice being resourceful.

Ach. #12 – Be prepared to handle any of these circumstances by discussing with an adult how you should act BEFORE anything happens.

Elect. #1 – Learn how to use a code or ASL to communicate – in the past, people have shown their resourcefulness in using all kinds of codes.

Elect. #2 – Be resourceful in helping make scenery, costumes, props, and sound effects for a skit; or make a paper bag sea otter puppet and learn about how resourceful otters are.

Elect. #4b, c, d, f— Be resourceful in making what you need to play a game; or play a game that you have made up or that requires resourcefulness.

Elect. #5 – Be resourceful in using materials to make a kite, a boat, airplane, train or car.

Elect. #6 - Choose a book about Resourcefulness or someone who has shown that value

Elect. #7b – Make puddle jumpers using recycled materials

Elect. #8d – Use recycled materials to make a windlass

Elect. #9a – Help with a home or den party

Elect. #10a-e – Read a book about Native Americans and/or be resourceful in making an instrument, article of clothing or model home from creative materials

Elect. 13b – If weather allows, put out nesting material and notice how birds use it

Elect. #16 – Be resourceful and help your family prepare for an emergency or natural disaster; make a list of items for a family first aid kit or make a kit for your family

Elect. #20b,c,d,e,f – Learn safety rules for sports so you can be prepared to stay out of trouble and danger.

Elect. #22d – Demonstrate ability to give directions to various places you might need to visit in an emergency

Elect. #23b, c, d – Show that you have the resources to take care of yourself in the outdoors or when lost.

RESOURCEFULNESS –Bear Handbook - February

- **Ach. #3b, d** Learn about 2 famous Americans and tell how they improved our way of life; point out how they demonstrated resourcefulness; Visit a place of historic interest and look for examples of resourcefulness.
- Ach. #4c Read two folklore stories and tell your favorite; share examples of resourcefulness
- **Ach.** #5a, d Learn about a bird or animal you like and make a poster to share with others; visit a zoo or nature center and observe the animals; be sure to look for examples of animals showing resourcefulness, such as in building their homes or obtaining food.
- Ach. #9a,f make Chinese almond cookies to honor Chinese New Year; make a Trifle for a family dessert
- **Ach. #10a, b** Prepare for a family day trip and keep your eyes open for examples of resourcefulness; have a family fun night and play a game or make something together do something non-technological, such as a board game or making a Jacob's Ladder
- Ach. #11- Prepare to be able to deal with an emergency by learning what to do beforehand
- **Ach. #12b, d** prepare for a hike with your family and keep an eye out for examples of resourcefulness; or attend an outdoor family event for one of the February holidays
- **Ach. #13b, c, f** become more prepared and familiar with your personal finances by keeping good records and setting up a savings account; play a board game that involves play money with your family.
- Ach. #15c try one of the Resourceful games
- Ach. #16c create your own version of an animal related relay or exercise
- Ach. #17 a, b, d Choose and watch a TV show with an adult you may even be able to find something about one of the resourceful people listed in this packet; Play charades it's a game that can challenge your resourcefulness; use a computer to find information about a person or animal that uses resourcefulness and write a report about what you learned
- **Ach. #21a-g** List and locate or substitute for needed materials; complete the <u>Character Connection for</u>
 <u>Resourcefulness</u> by considering each project and what changes you might make to improve each one
- Ach. #22 Do requirements to become more skilled to use all available resources as needed in the future
- Ach. #24 –demonstrate leadership skills needed to become more resourceful
- Elect. #2 learn to use equipment and skills to record and understand weather forecasting
- Elect. #5 Be more proficient around and on boats; be resourceful in making repairs and using equipment
- Elect. #7 use materials and tools in a resourceful way in doing the requirements
- Elect. #8a, c be resourceful with materials and tools in making and playing a homemade musical instrument
- Elect. #9a use materials resourcefully in doing an original art project
- Elect. #17 Be resourceful in your use of materials and tools when making home repairs
- Elect. #20a, b, c Become familiar with and follow safety rules so you can play with safety and understanding
- **Elect. #24a, b, c** Learn about Native Americans in your area; look for examples of their resourcefulness in using everything available to them in their environment; share what you learn with your den or pack
- **Elect. #25a, b** Learn about essentials for hiking or camping safely; use the buddy system; on a hike, look for examples of plant or animal resourcefulness

<u>COMPASSION - Wolf Handbook – March</u>

- **Ach.** #6a, c Practice having a cheerful and positive attitude it will rub off on others! If a den member shows their collection, be sure to listen and tell them something positive about their collection.
- **Ach.** #8c, d When you help fix a meal or make your own breakfast, remember that sharing the work and cleaning up after yourself can make your mother or someone else feel good
- **Ach. #10b** Make a game with your family make sure everyone gets a fair turn, help younger siblings if they need it, and practice saying only positive comments; congratulate or encourage everyone;
- Ach. #10d Read a book or Boy's Life article that demonstrates someone being compassionate;
- Ach. #10g Use only kind words and actions when playing a board game with your family
- **Elect. #1c** Learn to write your name using ASL think about how a deaf person must learn the language, be able to use their hands quickly, and how it would feel if you couldn't hear what anyone was saying
- **Elect. #1d** Use 12 American Indian signs to tell a story Was it hard to learn? Are any of the signs used today in other ways? Why do you think they worked sometimes even if the other person didn't know the language? Was there a really good reason to use sign language? (maybe to stay quiet in a dangerous place,or so someone who didn't know your spoken language could follow the story)
- Elect. #2 If you put on a skit about Compassion.
- **Elect. #4** Practice being kind and encouraging and showing good sportsmanship, as you play games.
- **Elect.** #6 Visit a library and find out how to find a story, poem, magazine or newspaper article about Compassion; Choose a book about Compassion and read it, then discuss it with an adult.
- **Elect. #10** As you do any of the activities about Native American life, look for examples of their ingenuity and caring for the earth how they used materials available to them and didn't waste anything Understanding and appreciating others helps us to be compassionate.
- **Elect. #11c, f** Learn the words of three Cub Scouting Songs try the ones that have something to do with kindness and compassion Sing a song with your den at the pack meeting
- **Elect. #14** Take care of a pet understand what your pet needs and how he deserves to be treated; think about what he adds to your world
- **Elect. #20** As you participate in any of the sports requirements, remember to be kind, show support for others, and never hurt another person's feelings Talk about the difference between enjoying a challenge or a victory and belittling someone else.
- **Elect. #22a, b, e** Learn to say some words in another language and remember that their language is just different from yours imagine how you would feel if everyone around you spoke another language; If you know someone who doesn't know English, imagine how they might feel when everyone is laughing do you think they might feel everyone is laughing at them? If you have a chance to invite a boy to join Cub Scouts, or to help another boy earn his Bobcat, remember to be kind and encourage him.
- **Elect. #23d** When it's time to "Buddy Up" don't always avoid the new boy, or the one who isn't as fast, or who doesn't know all the rules yet give him a chance and pick him for your Buddy!

<u>COMPASSION - Bear Handbook – March</u>

- **Ach. #1b** List and practice ways you can practice your religion by being kind and thoughtful toward others.
- **Ach. #3b** Find out about two famous Americans (look for someone who was compassionate); Tell what they did or how they improved our way of life. *Consider those who invented equipment or methods that help those with disabilities to fit in or those who treated everyone with equal respect.*
- Ach. #4 Learn all about Johnny Appleseed and how his actions made life easier for thousands of others; look for examples of compassion, kindness or being helpful in the other folklore examples and learn if they were based on true stories or real people.

<u>COMPASSION - Bear Handbook</u> - continued

- **Ach. #5** Learn about sharing your world with wildlife, about your favorite animals, how you can help them survive, learn about the people who help wildlife in many different ways, visit a zoo, nature center or other wildlife area. When you visit animals in the wild or in an organized area, be sure to follow the rules and treat the animals with respect.
- **Ach.** #6 Learn about and practice caring for your planet recognize that it's the only planet we have to live on, and that we must conserve resources and find ways to share water and other limited resources with everyone. Take part in a project that benefits your neighborhood, planet, or a local charity!
- **Ach. #9b, f** Make a snack for your den or your family. You could celebrate Johnny Appleseed and the value of a smile, take better care of your body by making a healthy "walking" snack, or enjoy an Irish scone to honor St. Patrick's Day.
- **Ach. #10** Remember to be kind and thoughtful of other family members as you do these requirements.
- Ach. #12b Go on hike w/family and pick up trash show how important it is to take care of your planet.
- **Ach. #15** Remember to be compassionate, act with kindness and good sportsmanship as you play any of the games try one from the Games section!
- Ach. #16 Don't forget to cheer on others and keep a good attitude while you are Building Muscles.
- **Ach. #18e** Write a thank you note to someone if they have been thoughtful to you or have shown you how to be compassionate, tell them how it made you feel and why you think they are so great.
- **Ach. #23** Show good sportsmanship, and avoid contention when you play any of the sports. Never make fun of someone else who makes a mistake.
- **Ach. #24a, e** Help a boy join Cub Scouts or finish his Bobcat; Learn how to be a leader without being a bully or following others in a bad choice that will bring harm to someone or something
- **Elect. #9** Make an art project that will help others value the earth or its wildlife; if you visit a museum, look for examples that make you feel like you want to preserve the natural beauty of the earth, or learn more about the world of nature and how to protect it.
- **Elect. #10b** Make a mask of a favorite animal; you might display with information about the animal and how it contributes to the world of nature
- **Elect. #11b,c** If you like to do photography, mount some pictures that will show the value of wildlife or our planet display at the pack meeting
- Elect. #12 Make Nature Crafts to help people see the beauty and value of taking care of our planet
- **Elect. #15** Learn about Water and Soil Conservation and spread the word so others will want to help protect our environment
- **Elect. #25b** Go on a short hike with your den, using the Buddy System Be sure no boy feels like he isn't wanted, or doesn't have anyone willing to be a buddy. Set the example to include every boy.

FAITH -Wolf Handbook - April

- **Ach.** #4f Visit an important place in your community and explain why it is important you might visit a religious structure, maybe even for another faith. Or visit a local memorial building, park or statue and think about how those honored showed their faith.
- **Ach. #7d** With an adult, pick up litter in your neighborhood. Taking care of where we live shows our appreciation for nature and for what we have been given.
- **Ach. #10c** Plan a walk with your family notice the beauty of the world and talk about your beliefs concerning creation and how to show appreciation for nature.
- **Ach. #10f** Attend a concert, play or other live program with your family.
- Ach. #11a, b, c, d Complete the <u>Character Connection for Faith</u>; Talk with your family about what they believe is their duty to God; Give two ideas how you can practice your faith-choose one and do it; Find out how you can help your church or other religious fellowship.
- **Elect. #5a, b, c, d, e** Learn the rules of safe kite flying; Make and fly a paper bag kite; a two stick kite; a three-stick kite; make and use a reel for kite string. Like Faith, the wind is something you cannot see, smell or touch but you can feel its presence.
- Elect. #6b Choose a book about Faith, or someone who has shown faith or read some scriptures!
- **Elect. #11d, e, f** Learn and sing three songs about faith, hymns or prayers; learn and sing a "grace" a prayer before a meal; sing a song with your den at a pack meeting.
- **Elect. #15** Do any or all of the activities of planting and growing watching a seed grow into a plant is a great example of faith and how it can grow.

FAITH -Bear Handbook - April

- Ach. # 1a, b Complete the Character Connection for Faith:
- Ach. #2 Earn the religious emblem of your faith. (Only Ach. #1 OR #2 are required)
- **Ach. #3a, b** Write or tell what makes America special to you be sure to include the freedom to practice your religion; Find out about two famous Americans who have shown faith.
- **Ach.** #6b Plant a tree in your yard, at your chartered organization site, in a park or at a school in honor of Arbor Day and to show your appreciation for the wonders of creation.
- **Ach.** # **8e** Find out some history about your community, especially the different religious groups that live there and their buildings.
- **Ach. 9a** Make some Scripture Cookies, or Faith Cookies
- Ach. #10a Go for a day out in nature or to an evening performance with your family.
- **Ach. #12** Do any of the activities with your family; practice the principles of your faith in your relationships with your family, and take note of the beauties of creation around you.
- **Ach. #13c** Keep a record for two weeks of how you spend your money; consider paying a tithe to your church and/or to help the needy.
- **Ach.** #18f Write about something you have done with your den; choose an activity that has something to do with the value of Faith.
- Elect. #14 Landscaping is a way to beautify our surroundings and observe nature
- **Elect. #25 b, d** Go on a short hike with your den, taking notice of the wonders of nature; with your den, participate in a religious service during a scouting event.

HEALTH AND FITNESS Wolf Handbook-May

Ach. #1 – Do any of the Feats of Skill as a way to practice fitness.

Ach. #3a, b, c – Make a chart and keep track of good health habits for two weeks; Tell four ways to stop the spread of colds; Show what to do about a small cut on your finger

Ach. #4f - Wide Area or Group Game with Den or Pack

Ach. #8a, b – Study the Food Guide Pyramid and name some foods from each food group; Plan the meals your family should have for one day, using foods from at least three of the food groups at each meal.

Ach. #9e – Know the rules of bike safety – always wear a bicycle helmet!

Ach. #10c - Plan a walk with your family - being physical outdoors is great for health and fitness!

Elect. #2 – Help to plan and put on a skit about how to be fit and healthy.

Elect. #4f – Get moving outdoors – play a wide area or large group game with your den or pack.

Elect. #5a, b, c, d – Have some active fun outdoors – make and fly a kite – be sure to read and know the safety rules for flying a kite first!

Elect. #7a, b, c – Learn to walk on a pair of stilts; Make a pair of puddle jumpers and walk with them; Make a pair of "foot racers" and use them with a friend – each activity could be part of a physical relay game.

Elect. #11f – Sing a song about Health & Fitness with your den at the Pack Meeting.

Elect. #18a, b – Help plan and hold a picnic with your family or den; With an adult, help plan and run a family or den outing; (a kite flying activity, hike, bike ride)

Elect. #18d - help plan and lay out an obstacle race; you could use the requirements of Elect. #7 – Foot Power, the stilts, puddle jumpers and foot racers as part of an obstacle course.

Elect. #20 – Do any of the suggested activities to improve your fitness by getting physically active – but be sure to go over Sportsmanship and any Safety Rules for the activity FIRST! Many sports are represented in this section – check it out!

Elect. #23b, c, d - In order to stay healthy, make sure you are prepared for outdoor activities and camping by doing these requirements

HEALTH AND FITNESS Bear Handbook- May

Ach. #8b - If you talk with a long-ago scout, find out what kind of fitness activities they did

Ach. #9b, d, e, f – With an adult, make snacks for the next den meeting – choose a healthy one! Check the ideas in Cub Grub; make a list of junk foods you eat – then do the "Take Five" Challenge to make better choices; make healthy trail food for a hike; with an adult, make a healthy dessert for your family

Ach. #12b, e – Go on a hike with your family, after you make sure you are prepared; Plan an outdoor family day that includes some physical activity

Ach. #13a, g – Go grocery shopping with an adult member of your family and compare prices of different brands and at different stores, and also compare prices based on nutritional value; With an adult, figure out how much it costs for each person in your home to eat one meal – choose a meal that has good nutrition value based on the Food Pyramid.

Ach. #14f, g – Ride a bike for 1 mile without rest – obey traffic and safety rules; Plan & take family bike ride.

Ach. #15a, b, c – Set up equipment and play two outdoor games with family or friends; Play two organized games with your den; Select an (active) game that your den has never played, explain it and play it.

Ach. #16 - Do any or all of the activities - they will help you Build Muscles!

Ach. #18c – Keep a daily record of your activities for 2 weeks – look to see if you were following the rules for being healthy and fit.

Ach. #23c – Take part in one team and one individual sport to improve your fitness.

Ach. #24c – Plan and conduct a den activity with the approval of your leader – choose an activity that involves becoming fit or learning about being healthy.

HEALTH AND FITNESS Bear Handbook—- continued

- **Elect. #5e** With an adult on board, and both wearing PFDs, row a boat around a 100-yard course that has at least two turns. Demonstrate forward strokes, turns to both sides, and backstrokes. Review Boating Safety Rules BEFORE you start!
- **Elect. #18a, d** Build and use an outdoor gym with at least three items from the list on page 250; Hold an open house so everyone can enjoy your gym!
- **Elect. #19** Do any or all of the Swimming req make sure you have an adult with you who can swim.
- **Elect. #20** Choose any or all the requirements to help improve your fitness by physical activity. Read and follow the Safety Rules for any of the activities!
- **Elect. #25b** Go on a short hike w/den, use the buddy system and telling what to do if you become lost.

<u>PERSEVERANCE – Wolf Handbook – June</u>

- **Ach.** #1a,b, c, d, e Feats of Skill It might take a lot of practice for a Cub Scout to master some of these skills Ach. #1h,i Swimming 25 feet or treading water for as long as you can takes a lot of practice.
- Ach. #2g With the help, fold the U.S. Flag it takes practice to be able to do it right every time.
- **Ach. #3a** Make a chart and keep track of your health habits for two weeks you will need to remember to do this every day
- **Ach.** #4e After talking with your family members, make a list of your jobs and mark off when you have finished them. Do this for one month it will take some perseverance!
- Ach. #5c, d Identify and use a Phillips head and standard screwdriver to drive in and then remove the right kind of screw; Use the pictures in your Wolf book to learn how to use a hammer, and show that you know how to do it. It will take some practice to do it right! Hint: Both a screw and a nail are easier to drive in if you make a "pilot" hole first.
- **Elect. #1d** Use 12 American Indian signs to tell a story first make up your story, and then practice the signs till you can do them without looking it will take some perseverance!
- **Elect. #5b, c, d** –Make and fly a paper bag kite; make a fly a two-stick or three-stick kite. You will need to work carefully so your kite will fly and it can take some trial and error to get a kite up in the air. Elect. #5a BE SURE to do this FIRST the safety rules for kite flying!
- **Elect. #7a** Learn to walk on a pair of stilts. Stand on something to get started, and the more your practice, the better you will get.
- **Elect. #10f** Learn 12 American Indian word pictures and write a story with them.
- **Elect. #11a, b, f** Learn the words and sing the first and last verses of America, or the first verse of the National Anthem; sing one of them with your den at a pack meeting.
- **Elect. 15a, b, c, d** Plant and raise a box garden, a flower bed, an indoor plant, or some vegetables. You will need to be patient and remember to take care of your plants regularly.
- **Elect. #17a,b, e, f** Learn to tie an overhand knot and a square knot; tie your shoes with a square bow knot; Tie two cords together with an overhand knot; Learn to tie a necktie.
- **Elect. #18d** Help plan and lay out an obstacle race; for even more challenge, have another den lay out a race for your den to do, and you lay out one for them to do!
- **Elect. #19b, c, f** Rig a pole with the right kind of line and hook, with bobber and sinker if needed, then go fishing; Bait your own hook and do your best to catch a fish when fishing with an adult or members of your family; Show you know how to use a rod and reel.
- **Elect. #20** Do the requirements for any of the sports activities But be sure to know and follow any safety rules that are required. If you are going boating now that the weather is warmer, be sure your go over Elect. 20b FIRST so you know the boating safety rules.
- **Elect. #22b** Count to 10 in another language it might take some practice.

<u>PERSEVERANCE – Bear Handbook – June</u>

- Ach. #2 Earn the religious emblem of your faith it may take some time and effort.
- Ach. #3h, i Learn how to raise and lower the flag properly for outdoor ceremony; then participate in one
- Ach. #4c Read two folklore stories and tell favorite to den choose one that demonstrates perseverance.
- **Ach.** #6a Save 5 pounds of glass or aluminum or 1 month of daily newspapers and turn them in at a recycling center you'll have to commit to a whole month a good way to practice perseverance!
- **Ach. #8d, f** Trace your family back through your grandparents or great-grandparents; Start your own history and keep a journal for two weeks.
- **Ach. #13c** Keep a record of how you spend money for two weeks.
- Ach. #14f Ride a bike for 1 mile without rest. Obey all traffic rules and WEAR YOUR HELMET!
- Ach. #17d –Choose someone and report on why you admire them and how they have shown perseverance
- **Ach. #18c** Keep a daily record of your activities for two weeks.
- Ach. #22b, c, d, e Persevere in learning how to tie several knots; Learn how to keep a rope from tangling practice till you can do it without thinking; Coil and rope and practice throwing it till you can consistently hit a two-foot square marker 20 feet away; Practice a magic rope trick till you can do it well enough so that an observer doesn't see the trick.
- Ach. #23a, b Learn the rules and how to play 3 team sports or 2 sports with only one person on each side. Elect. #2 a, b, f Commit to keeping a record for two weeks of temperature and weather conditions; Wind direction and weather every day at the same time for two weeks; Watching the weather forecast on TV every day for two weeks, then keeping a record comparing the forecast with actual conditions
- **Elect. #5** Wearing a PFD, help an adult rig and sail a real boat; Help an adult repair a real boat or canoe; Know the signals for storm warnings; Help an adult repair a boat dock; With an adult on board, and both wearing PFDs, row a boat around a 100 yard course that has at least two turns and demonstrate other strokes as required.
- **Elect. #11** Photography you will have to commit to practicing and taking and mounting several kinds of pictures you can display your work at a Pack event in honor of Camera Day.
- **Elect. #13** Magic In order to learn the magic tricks, puzzles or rope tricks, or to put on a magic show, you will need to practice till you can do each magic trick very well! There are ideas in your book and also under both Tiger and Bear ideas in the Den Review section.
- **Elect. #19** Swimming Before you start, do Elect. #19d, and commit that you will never swim alone. Then do any or all of the requirements you may have to practice over and over to get really comfortable and have good swimming skills.
- **Elect. #20** Do any of the requirements, but commit to practicing and improving your skills and knowing and following safety and courtesy rules of the sport you choose.

COURAGE Wolf Handbook-July

- Ach. #1c, d, e or h –Do a front roll, a back roll and a falling forward roll; using a basic swim stroke, swim 25 feet. It can be scary to do something physical when you are afraid of falling or getting hurt or when it looks like a long way to swim so remember that Cub Scouts can have courage to try new things.
- Ach. #4b, #4c Tell what to do if someone comes to the door and wants to come in; And if someone calls on the phone. Remember it takes courage to remember the best thing to do in some situations.
- Ach. #12a –12k Do the <u>Character Connection for Courage</u>. Then do at least the four required activities as you decide how you would make the right choices when faced with difficult situations.
- **Elect. #2a, d** Help to put on a play or skit using costumes; Be the announcer for a skit. If you are shy, or not used to performing in front of people, it can take courage to do it.
- Elect. #7a Learn to walk on a pair of stilts it might take courage if they seem too high!
- **Elect. #16a, b** Talk with your family about what you will do in an emergency; In case of a bad storm or flood, know where you can get safe food and water in your home. Tell how to purify water and show one way; Know where and how to shut off water, electricity, gas or oil. Talk about why you might have to show courage in a real emergency, and practice so you will remember what to do.
- **Elect. #21b** Explain what a computer program does and use a program to write a report about someone who showed courage.
- **Elect. #22c** Tell a short story to an adult, leader or den. Sometimes it takes courage to do this, but the more you do it, the easier it will be for you to talk in front of other people.
- **Elect. #23b, c** Explain the basics of how to take care of yourself in the outdoors; Tell what to do if you get lost. (Learn about how to "Hug a Tree and Survive" if you know what to do, it is easier to have the courage to do the right thing, especially if you are lost.

COURAGE Bear Handbook-July

- Ach. #1, 2 It can take real courage to do the right thing, especially if other people make fun of you but have courage to do your best and make good choices.
- Ach. #6a In honor of Tom Whittaker and his courage on Mt. Everest, and his hauling over 1,000 pounds of trash down the mountain, save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center and donate the proceeds, or use your community recycling service.
- Ach. #6c Call city or county officials or your trash hauling company and find out what happens to your trash after it is hauled away. It can take courage to make this kind of call but make a list of questions before you start so you don't get confused.
- **Ach. #11g** Complete the <u>Character Connection for Courage</u>.
- **Ach. #12b** The suggestions for what to do if lost or how to prepare also would require courage to fulfill and fit with the Hug A Tree and Survive program.
- Ach. #14b Learning to ride a bike can require courage if a boy hasn't learned previously.
- **Ach. #17a** W/adult in family, choose a TV show and watch it together. Look for a documentary about someone who has shown courage, such as a local or national hero. How did they show courage.
- **Ach. #17d** Use a computer to get information about a person who has shown courage, such as Lewis & Clark Write, spell check, proofread and print out a report on what you learned.
- **Ach. #22b** If you don't feel comfortable doing knots, it can take courage to learn to tie a square knot, bowline, sheet bend, two half hitches and slip knot tell how each is used.
- Ach. #24a, c It can take some courage to help a new boy through the Bobcat trail or to plan and conduct a den activity with the approval of your den leader.
- Ach. #24e It definitely takes courage to make a choice on how to do something when not everybody likes your choice go over the hard choices and decide what you would do.

COURAGE Bear Handbook - continued

- **Elect. #6b** For someone who has a fear of flying, or who hasn't ever flown, it can take courage to ride in a commercial airplane.
- **Elect.** #8c If you are a little shy, it can take courage to play in a den band using homemade or regular instruments, and to play at a pack meeting.
- **Elect. #13** It can take courage to show magic tricks, especially to put on a magic show for someone with your den. Lots of practice will make you feel more sure of yourself.
- **Elect. #19** Any of the requirements for Swimming can require courage, especially if you are unsure of yourself in the water. Remember never to swim alone, and get some lessons to help you feel more comfortable in the water.
- **Elect. #21a** It can take courage to take part in a council or pack- sponsored money earning sales program. Learn all you can about the product and practice how to make a sale with a parent.
- **Elect. #25b** Learn all about the Buddy system and why it's important to follow it. Tell what to do if lost knowing what to do, and how to follow Hug A Tree and Survive, will help you to have courage if you ever do get lost.

HONESTY - Wolf Handbook- August

- Ach. #4e -Remember to be honest about whether you have done the job the right way
- **Ach. #7c** Discuss with your family ways that water can get dirty.
- **Ach. #7d** With an adult, pick up trash in your neighborhood; wear gloves to protect against cuts. In honor of Clean Water Month, you could make sure all storm drains are clear of trash or your pack could even do a project to paint warnings on the curb about where the water drains to.
- **Ach.** #12j Read the scenario and discuss why you shouldn't let peer pressure or wanting to be popular change your decision about what is right and honest
- **Elect. #2** If you do a skit based on honesty, and do any of the elective requirements, mark them off.
- Elect. #4 Be sure you are honest in how you play be a good sport and don't try to cheat in order to win.
- **Elect. #11b** Learn and sing the National Anthem share the story of how Francis Scott Key was in the right place to witness the events because he was considered an honest man of integrity
- **Elect. #12a** Draw a free-hand sketch; you might make a picture that can be used in the "Honesty is the Best Policy" opening, or as part of a display about a person who is honest.
- **Elect. #14a** Remember to be honest in caring for a pet; don't forget to provide water, food, exercise and good care for your pet it's a way of showing you are honest in your dealings.
- **Elect. #20** Remember to be honest about how you play any sport, and in learning and following the rules.
- **Elect. #21b** Use a computer program to write a report about honesty, or an honest person. You could also use a program to make signs for a display about an honest person.
- Elect. #23 If you go camping, practice some of the skills that the first boys at Brownsea also used.

HONESTY - Bear Handbook- August

- **Ach. #1** Practice your faith as you have been taught think about what place honesty has in showing you believe and honor your faith.
- **Ach. #3b** With the help of your family or den leader, find out about two famous Americans. Tell the things they did or are doing to improve our way of life. Remember to consider how they show integrity and honesty in their dealings, and how that might affect what they can accomplish.
- **Ach. #3d** Find out where places of historical interest are located in your town or city. Go and visit them with your family or den you might visit a lighthouse or a Coast Guard station, or even a beach that has some historic connection.

HONESTY - Bear Handbook - continued

- **Ach. #3f** Be a member of a color guard for your den or pack you might have a special ceremony for Coast Guard Day or some other special event in August.
- **Ach.** #6g Take part in a den or pack neighborhood clean-up; you might especially clear debris from storm drains to protect water quality; if curbs aren't marked, you r pack might paint warnings by storm drains to ask people not to pollute the water supply.
- **Ach.** #8b Find and talk to someone who was a Cub Scout long ago; try to find out how they learned to live honestly and what ways they had to help them.
- Ach. #9a With an adult, make cookies.
- Ach. #9b or f With an adult make a treat for a den meeting or a dessert for your family
- **Ach. #9e** Make some trail mix in honor of Aug 31st.
- Ach. #10a, b Go on a Perseid Meteor Night trip, or try doing it at home with your family.
- **Ach. #12c** Go on a picnic with your family on Australian Picnic Day, August 1st.
- Ach. #12a, b Go camping with your family and do some of the Brownsea activities or take a hike.
- Ach. #13f Play a board game that involves money with your family; be sure to play honestly!
- Ach. #15 Remember to be a good sport and play without cheating when you participate in any games!
- **Ach. #17c** Visit a newspaper office, TV or radio station, and talk to a news reporter; find out how they make sure that their information is true.
- **Ach. #17d** Use a computer to get information. Write, spell-check and print out a report on what you learned; you could do a report about honesty, or a person who you admire for their honesty.
- **Ach.** #17f Talk with a parent or other family member about how getting and giving facts fits into his or her job; ask how they make sure the facts are true.
- Ach. #18 Consider the Character Connection for Honesty as you do these req.
- **Ach. #18h** Complete the Character Connection for Honesty:
- **Ach. #22d** Coil a rope. Throw it, hitting a 2 foot square marker 20 feet away. This skill would be useful in helping in a water rescue.
- Ach. #23 a, b, c While playing a sport, be honest and show good sportsmanship.
- **Elect. #1a** Identify two constellations and the North Star; you might be able to do this if you decide to do a Perseid Meteor Night Watch.
- **Elect. #10a** Make a simple papier-mâché mask; if you decide to make a mask of a character with a reputation for honesty.
- **Elect. #15e** In honor of Water Quality Month, as a den, visit a lake, stream, river or ocean. Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.
- **Elect. #19** Do any or all of the requirements, especially if you have a pack swim activity. Be sure to remember that you should never swim alone.
- **Elect. #20** When you take part in any of the sports, be honest and show good sportsmanship.
- **Elect. #25b** Go on a short hike with your den, following the buddy system. Explain how the buddy system works and why it is important to you to follow it. Tell what to do if you are lost. While on your hike, be sure to observe as much as you can, as the boys did at the original Brownsea camp.

COOPERATION - September

When working with the boys on their Activity Awards, guide them into cooperation. Here are some ideas:

- Two or more work together to put up tents
- They figure out the trees together
- They play team sports together

RESPONSIBILITY - October

Whatever pin a Webelos Scout works on, he should feel responsible for taking care of the equipment, returning supplies to the right place, and cleaning up the area when he is done. Den Leaders can help encourage responsibility by positive comments whenever this is done, and by personal example.

Artist #1 – Talk to an artist about different occupations; be responsible for having good manners and showing interest in various kinds of art that may seem unfamiliar to you.

Athlete #4 - Be responsible to always start with stretching exercises to help prevent injury;

Athlete #5 – 9 – Be responsible for following the program and doing the activities for a 30 day period to track improvement.

Citizen #3, 4, 7, 9 – Show that you know how to hoist and lower the flag, display, retrieve and retire it properly, and how and when to display the flag; Explain the rights and duties of a citizen; know how you can help law enforcement agencies

Communicator #9, #10 – During Disability Awareness Month, invite a person with visual, speaking or hearing impairment to visit the den and learn about special ways they communicate and how you can communicate with them; Or invite a person who is bi-lingual to visit the den and discuss familiar words and how to learn another language. Talk about ways to be responsible for good manners and showing respect.

Craftsman #I – Show that you can safely handle tools, and be responsible for taking care of them, putting them away properly, and cleaning up the area.

Family Member #1-6 Take responsibility for learning about and helping with family jobs, budget and spending, family meetings and inspecting your home for safety and security.

Family Member #7, 9, 10, 11 – Take responsibility for helping prepare an energy saving plan; learning how to clean your home and doing it for a month; taking care of your own clothes and helping with family laundry; helping plan meals, buy and prepare three family meals

Fitness #3, 4, 8 – If it has not been completed, plan a week of meals with a family member, using meal planning information in the Webelos book; keep a record of your meals and snacks for a week and decide if they have been good choices; Be responsible for reading "Take a Stand Against Drugs" and discuss it with an adult, showing that you understand the material.

Handyman #1 – Complete <u>Character Connection for Responsibility</u> and do any six of the suggested activities (#1-17) - and make sure to be responsible for taking care of the tools and cleaning up the mess!

Readyman #3, 4, 5, 6, 7, 11, 14 – Be Responsible for making a "help" list for emergencies; Learn and show how to do various first aid procedures; Make a home fire escape plan for your family; Explain six safety rules to remember when riding in a car.

Showman #2, 3, 4, 5 – Put on a puppet show about Responsibility, Disability Awareness, or Fire Safety. **Showman #16** – Give a talk on a subject of your choice – how about Responsibility?

CITIZENSHIP – November

- **Artist #3, #10** Draw or paint, then frame, an original picture out of doors choose a patriotic subject or one that features an example of one of the duties or privileges of citizenship, such as Freedom of Religion; or create a collage that expresses something about you and the freedoms you enjoy
- **Citizenship#1, #8** Character Connection for Citizenship; if you haven't already earned it, do the Citizenship Belt Loop or Pin; also do any of the other requirements suggested
- **Communicator #2, #7, #13** Prepare a 3 minute talk about Citizenship, or write an article about a den activity involving Citizenship; under trusted adult supervision, search the internet for five sites about citizenship or a patriotic subject that interests you.
- **Readyman #3** Know how to get help quickly; become familiar with community agencies and people available for different emergencies; post help list near your phone.
- Scholar #9, 10, 11 Learn about changes in education and how our present school system developed and how free public education and libraries fit in to our system of government; make a chart to show how the school system is run; Ask a parent and five other adults their opinion of the best things about your school, needed improvements, and how they could be made try to talk to someone who serves on a school site council or school board to learn how government and local citizen service impacts your school.
- **Showman #5, #19** Put on a puppet show or write and take part in a short play about a famous American patriot, a moment in American history, examples of the Bill or Rights in action, or encouraging good citizenship

RESPECT - December

- **Webelos Badge** While earning this badge, show respect by wearing the uniform properly, showing respect towards the flag at all times, and demonstrating respect for the Scout Oath and Scout Law.
- **Athlete #3, 4** Show respect for yourself and your body by learning what you can do to stay healthy and by beginning physical workouts with stretching to protect your body.
- **Citizen #4, #9. #14** Explain why you should respect the flag, and show how to do it; tell what you can do to show respect for the law and help law enforcement agencies.
- **Communicator #9, 10** as you learn about communication, or using another language, be respectful to everyone ask for ideas on how respect can be shown to those with other ways of communicating.
- **Communicator #11- #14 –** As you use the internet, be sure to have respect for yourself and others; follow family and general rules of internet safety.
- **Craftsman #1** Explain how to safely handle tools respect the potential danger of ignoring safety rules.
- **Engineer #4** Explore property lines with a civil engineer and learn how respect for property rights is maintained.
- **Family Member #5** During family meetings, show respect for yourself and others, especially in what you say and how you say it.
- **Family Member #9, 10, 13** Learn how to clean your home, take care of your clothes and dispose of trash and garbage proper care of your possessions is part of being respectful.
- **Fitness # 5-#8** Learn about and tell an adult why you should avoid tobacco, alcohol and drugs and how avoiding such things can help encourage self-respect.
- **Handyman #2 #10, #15** Demonstrate respect for possessions by learning how to take care of them; clean and properly store hand tools or garden tools.
- Naturalist #1 Character Connection for respect.
- Naturalist # 12, 13 Clean up litter in your neighborhood to make it safer for animals; earn the Wildlife Conservation Belt Loop.

RESPECT - continued

Outdoorsman #5, #6 – Discuss how to follow Leave No Trace; do an outdoor conservation project with your den or a Boy Scout troop.

Showman #2 – Write a puppet play about Respect.

Showman #16 – Give a monologue about Respect.

Sportsman #2 – Explain what good sportsmanship is.

POSITIVE ATTITUDE – January

Sharing talents and interests, those things that make each person unique, are great ways to demonstrate Positive Attitude. Encourage boys to share their interests with the den or pack.

Artist #2 - Create a portfolio of art projects.

Artist #3, #6, #7, #8, #9, #10 - Do any of these to reflect artistic talent and share with others.

Athlete – a boy could share his interest or abilities as an example of Positive Attitude

Communicator #2, #8 – give a talk or write an article about Positive Attitude or an activity or interest you want to share with others;

Communicator #9, #10 – Learn how to communicate using ASL or Braille, or in another language or improve your skill.

Craftsman – Do any of the requirements to demonstrate your ability and Positive Attitude

Engineer #2, #6, #7, #8, #9, #10 - Display any items that show your interest and ability.

Family Member #11, #12 – Use your abilities and display the results.

Geologist #1, #7, #9 – Make a collection of samples and display; earn the Belt Loop and/or pin.

Handyman – do any of the requirements and share as a talent using pictures, charts or a display

Naturalist #2, #3, #5 – Share what you know to demonstrate Positive Attitude and ability.

Readyman #5, #6, #7, #11, #15 - Share your knowledge by demonstration or display

Scholar #1 – Character Connection for Positive Attitude;

Scholar #3, #6, #7, #8, #10 – Display items that show your Positive Attitude and activities in scholarship **Scientist** – Demonstrate or display any of the requirements to show your work and Positive Attitude

Showman #1 – Demonstrate or display your talent and interest in puppetry, music or drama.

RESOURCEFULNESS - February

Artist #5, 6, 7, 8, 9, 10 – Using materials and tools resourcefully, create an original work of art

Communicator #3 – Invent and use a sign or picture language

Craftsman #2, #4 - Use materials and tools resourcefully to make a useful item such as a Jacob's Ladder game

Engineer #1, 2, 3, 4, 5, 6 – While learning about engineering in a visit with an engineer or at a construction site, look for examples of how resources, materials, equipment and skills are used; when drawing or constructing engineering projects, be aware of the best way to use the materials and tools available.

Family Member #4, 5 – Use skills and tools available to you in making the best use of your money and other resources

Forester #5, 6 – Draw a picture showing how a tree uses water, minerals and sunlight and how resources available affect its growth

Handyman #2-17 – As you do any of the requirements, make sure you are using your skills and tools in the most resourceful way; consider possible substitutions or changes and how they might affect the final outcome

Naturalist #4, 5, 6 10, 11 – Visit a nature center of natural history museum and tell what you saw, especially the use of resources by plants and animals; Observe birds, plants or animals and learn how they use the resources available to them and why they live in certain areas.

COMPASSION – March

- **Artist #8, 9** Make a mobile or art construction that celebrates the unique value of each member of your family, den or part of the environment.
- Citizen # 10, #11, #13 With your Webelos den or your family, visit a community leader, learn about his duties and ask him/her about the need for respect, kindness and understanding between community leaders, groups and individuals. Ask if there are specific examples to demonstrate compassion in your community; Write a short story about a great American who demonstrated compassion, understanding and fair treatment; List the names of three people you think are good citizens and tell why you chose them include examples of their compassion for others.
- Communicator #1, #9, #10, #12 Play the Body Language game with your den and consider how actions can send a positive or negative message, especially when someone is trying to communicate with you; Invite a person with a visual, speaking or hearing impairment to visit your den and learn about the special ways to communicate and how you can communicate with those with impairments; Invite a person who speaks another language to share their knowledge about their own language, words from that language you might already know, how it feels to be surrounded by people you don't understand, and how to behave in a positive way around those who don't speak your language; Under adult supervision, search the internet and learn more about Compassion and how to demonstrate it.
- **Family Member #5** Take part in at least four family meetings to help make decisions about family activities or serious topics, always acting with respect, understanding and kindness you might even suggest a family meeting about overcoming contention in your home.
- Forester #9 Describe both the benefits and harm wildfires can cause and tell how you can help care for the earth by learning to prevent wildfires
- Naturalist #1, #4, #9, # 10, #11 Learn about ways that people have shown a lack of respect for wildlife, and name and practice ways you will show appreciation and respect for wildlife; Visit a museum of natural history or other nature center and tell what you saw, including what you learned about how you can help protect the natural world; Give examples of a producer, consumer and decomposer in the food chain, explain how humans how changed the balance of nature, and how you can protect that balance; Identify a plant, bird or wild animal found only in your area and tell why it survives and how you can help protect it; Learn about aquatic ecosystems or wetlands in your area and discuss their importance with your Webelos Den Leader or Activity Badge Counselor.
- Outdoorsman #5, #6, #7 Learn how to follow the Leave No Trace Frontcountry Guidelines during outdoor activities so you can care for the earth; Participate in an outdoor conservation project with your Webelos den or a Boy scout troop; Discuss the rules of Fire Safety and show how to handle a fire so that it doesn't have a negative impact on the environment.

FAITH – April

Artist #10 – Create a collage that expresses something about you and your faith.

Citizen #11, #12 – Write a short story about a former President or other great American, include examples of their faith; Tell about another boy who's a good citizen, share examples of how he lives his faith.

Communicator #8 – Write an article about a den activity – focus on a service project or some way that faith was demonstrated

Forester #8 – Plant 20 forest seedlings in honor of Arbor Day, and tell what you did to take care of them **Outdoorsman #2** – With your family or Webelos Den, help plan and take part in an evening outdoor activity that includes a campfire – be sure there is some inspirational or faith promoting component.

Showman: Music #8, #9 – Play four tunes on any band or orchestra instrument, reading from music; Sing one song indoors and one outdoors and tell what you had to do differently. For each of these, choose music that has some connection to faith or your religion

HEALTH AND FITNESS – May

Aquanaut #1, 2, 3 4, 7, 8 – These requirements all involve physical activity and fitness.

Athlete #5, 6, 7, 8, 9, 10 – These activities not only require physical activity, they include working to improve your performance and fitness!

Communicator #2 – Prepare and give a talk to your den about a subject that has something to do with Health or Fitness.

Craftsman #2 – Make a set of foot racers (Wolf Book pg. 147) so your den or pack can have a fun relay. Family Member #8, #11 – Make a list of fun things and plan a family fun night, choosing an activity that includes action and fitness; with adult supervision, plan, purchase and help prepare three meals for

Outdoorsman #9 – Go on a three-mile hike with your Webelos den or a Scout troop after discussing with your Webelos Den Leader what you need to take with you.

Showman #6 – Make a set of four paper bag puppets for a singing group and put on a performance with three others (Try doing a song that has something to do with Health & Fitness)

Showman #16 – Give a monologue or talk – if you choose a subject about Health or Fitness

PERSEVERANCE – June

Several of the Activity Badges are a natural fit with Perseverance:

Artist #2 – Create a scrapbook (portfolio) of your Artist Activity Badge projects and show it to your den leader – requires commitment, taking care of and collecting art projects over a time period.

Athlete #1 - Character Connection for Perseverance

your family – make sure they are nutritious!

Athlete #5a-e – Requires showing improvement in various activities after 30 days.

Sportsman #3, 4 - Requires earning Belt Loops in two different sports, so Perseverance is required

COURAGE – July

Aquanaut – It can take courage to do any of the requirements, especially if you are not comfortable in the water. It can also take courage to do Requirement #7 – even if you know how to swim, passing the BSA "Swimmer" test can be hard to do and may require courage, especially if others are watching. Practice the skills with a parent or leader, or take swim lessons to improve your skills.

Citizen #11 – Write a short story about a former US President or other great American. Include examples of his or her morale or physical courage. Give a report on this to your Webelos den.

Communicator #2 – It can take courage to prepare and give a three minute talk to your den.

Fitness #8 – Read the booklet Take a Stand Against Drugs! Discuss it with an adult and show that you understand the material. If you find yourself in a situation where drugs are involved, it will take courage to stand up and do the right thing.

Outdoorsman #3, #9 – With your parent or guardian, take part in a Webelos den overnighter; or discuss with your den leader the things you need to take on a hike before doing a 3 mile hike. Learn or review the steps of Hug A Tree and Survive so you will be able to show courage if you ever do become lost.

Readyman #1 – Complete the Character Connection for Courage. Do the Know, Commit and Practice steps so you will be prepared to act with courage in an emergency. Also, any of the requirements of Readyman may require courage to use in an emergency.

HONESTY – August

- **Aquanaut** Do any of the requirements at a den swimming or beach party; be sure to follow the rules of Safe Swim.
- **Athlete #5, 6, 7, 8, 9** While working on these requirements, be completely honest in reporting your progress.
- Fitness #4 While keeping a record of what you eat, be sure that you report with honesty all that you eat.
- **Sportsman # 2, 3, 4** While participating in sports, show good sportsmanship and be honest in how you play.
- **Citizen #6** Tell how our National Anthem was written.
- **Citizen #11, 12 & 13** While doing these requirements, consider honesty and integrity as one of the qualities of the person you report on.
- **Communicator #7** Visit the newsroom of a newspaper, radio or TV studio and find out how they receive information; ask how they confirm that they have the facts and not just rumor.
- **Family Member #2, 4, 9, 10, 11** Talk with your family about other jobs you can do for two months; plan your budget for 30 days and keep track of your daily expenses for 7 days; Learn how to clean your home properly and help do it for one month; Show you know how to take care of your clothes and help at least twice with the family laundry; With adult supervision, help plan the meals for your family for one week; Help buy the food and prepare three meals for your family. In each of these requirements, be careful to be honest in doing what you commit to, and in reporting the results.
- Readyman #8 Tell what steps to take for a safe swim and explain the reasons for the Buddy System.
- Outdoorsman #3, 6. 9 Take part in a Webelos den or family campout and sleep in a tent you have helped pitch; participate in an outdoor conservation project; Discuss with your Webelos den leader what you need to take on a hike, then go on a 3-mile hike with your Webelos den or a Scout troop. Observe nature as the first Brownsea scouts were taught to do.
- **Artist #9** Make an art construction; you could gather the materials as a den, pack or family during a visit to the beach.
- **Scholar # 2** Have a good record in attendance, behavior and grades at school it reflects your honesty and integrity.
- **Showman #5, 16, 19** Alone or with others, put on a puppet show about honesty; give a monologue about honesty or some person you admire who lives with integrity and honesty; Write, put on and take part in a one act play you could use one of the play ideas about honesty under skits.

Character Connection™ Activities and Worksheets

Some new fun, interactive and easy ways to teach the boys Cub Scouting's 12 Core Values and complete the Character Connection requirements in their Handbooks. Presented here in alphabetical order. These ideas can be used at home, den or pack meetings.

This section put together by Annaleis Smith of the Black Hawk District and Ann Shumway of the Mt. Nebo District.

The Cub Scouting Character Connections Program identifies 12 core values which are incorporated into the advancement requirements for the Tiger Cub, Wolf, Bear, Webelos, and Arrow of Light.

- Citizenship: Contributing service and showing responsibility to local, state, and national communities.
 (Related requirements: Tiger Cub: 2 Where I Live, Bear: 3j What Makes America Special, Webelos: Citizen Activity Badge)
- Compassion: Being kind and considerate and showing concern for the well-being of others. (Related requirement: Bear: 24f – Be a Leader)
- 3. **Cooperation:** Being helpful and working together with others toward a common goal. (Related requirement: Wolf: 10a Family Fun)
- Courage: Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.
 (Related requirements: Wolf: 12a Making Choices, Bear: 11g Be Ready, Webelos: Readyman Activity Badge)
- 5. **Faith:** Having inner strength and confidence based on our trust in God. (Related requirements: Tiger Cub: 5 Let's Go Outdoors, Wolf: 11a Duty to God, Bear: 1a Ways We Worship, Webelos: 8 Faith)
- 6. **Health and Fitness:** Being personally committed to keeping our minds and bodies clean and fit. (Related requirements: Tiger Cub: 3 Keeping Myself Healthy and Safe, Webelos: Health and Fitness Activity Badge)

- 7. **Honesty:** Telling the truth and being worthy of trust. (Related requirements: Bear: 18h Jot it Down, Arrow of Light: 7)
- 8. **Perseverance:** Sticking with something and not giving up, even if it is difficult. (Related requirement: Webelos: Athlete Activity Badge)
- 9. **Positive Attitude:** Being cheerful and setting our minds to look for and find the best in all situations. (Related requirements: Wolf: 6a, Start a Collection, Webelos: Scholar Activity Badge)
- 10. Resourcefulness: Using human and other resources to their fullest. .(Related requirement: Bear: 21g Build a Model)
- 11. **Respect:** Showing regard for the worth of something or someone. (Related requirements: Tiger Cub: 4 How I Tell It, Wolf: 7a Your Living World, Bear: 8g The Past is Exciting and Important, Webelos: Naturalist Activity Badge)
- to God, country, other people, and ourselves. (Related requirements: Tiger Cub: 1 Making My Family Special, Wolf: 9a Be Safe at Home and on the Street, Webelos: Handyman Activity Badge)



CUB SCOUTING'S 12 CORE VALUES



Character can be defined as the collection of core values possessed by an individual that leads to moral commitment and action. Character is "values in action."

The Cub Scout Character Connections Program identifies 12 Core Values. The following definitions are from the Cub Scout Leader Book.

Citizenship: Contributing service and showing responsibility to local, state, and national communities.

Compassion: Being kind and considerate and showing concern for the well-being of others.

Cooperation: Being helpful and working together with others toward a common goal.

Courage: Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.

Faith: Having inner strength and confidence based on our trust in God.

Health and Fitness: Being personally committed to keeping our minds and bodies clean and fit.

Honesty: Telling the truth and being worthy of trust.

Perseverance: Sticking with something and not giving up, even if it is difficult.

Positive Attitude: Being cheerful and setting our minds to look for and find the best in all situations.

Resourcefulness: Using human and other resources to their fullest.

Respect: Showing regard for the worth of something or someone.

Responsibility: Fulfilling our duty to God, country, other people, and ourselves.

Month & Assigned Core Value

(As found in the Den and Pack Meeting Resource Guide)

| | | <u> </u> |
|----------------------|-------------------------|------------------------|
| Sep – Cooperation | Jan – Positive Attitude | May – Health & Fitness |
| Oct – Responsibility | Feb – Resourcefulness | Jun – Perseverance |
| Nov – Citizenship | Mar – Compassion | Jul – Courage |
| Dec – Respect | Apr – Faith | Aug – Honesty |
| | | |

This page is a Core Value Glue-in. It is designed to be printed, folded in half (so the writing is on the outside) and then glued into a leader's handbook so that these definitions are all in one place and easy to turn to. For additional instructions on "Glue-ins" see the Webelos section on this CD.

WHAT IS A CHARACTER CONNECTION® ACTIVITY?

Character Connection® is usually done as a "reflection discussion" that addresses the thinking (head), feeling (heart) and behavior (hand) experiences related to 12 core values." Certain requirements in the handbook are designated as Character Connection® activities and require a discussion about the specific core value and how it relates to the requirement. Let's face it sitting and having a discussion is probably the last thing most boys want to do. It can be really boring for most 7-10 yr. old boys. The following pages include some ideas to "spice up" your Character Connection®. The activities are not meant to replace the discussion part of the character connection, but to supplement it. They can be used as an introduction to the Character Connection® discussion (play the game or do the worksheet, then talk about how you felt) or as a reinforcement of the discussion (play the game after the discussion). Most of the activities can be used for either a den meeting, pack meeting, or as a family activity.

Other requirments are marked with a

Why use an activity like those in this section?

They are more likely to remember it. Cub Scout age boys like to be up and doing something fun. If we can do something fun that leads them to learn something too then we are following the Cub Scouting idea of Fun with a Purpose. The boys will be far more likely to remember something fun they did than a discussion you had with them. The more senses that are involved, the more likely they are to remember the things they learned. Also if the boys are free to explore and express their own feelings and ideas we have truly accomplished something great. What we really want to accomplish is to find a way for them to feel the importance of the core value being taught and personalize it to their own life.

What type of questions can lead to a good discussion?

The best types of questions to ask do not have a right or wrong answer. Questions like:

- How did you feel when...?
- What do you think about...?
- What did you learn about...?
- How can you...?

Questions that can simply be answered with a "Yes" or a "No" should usually be avoided if possible.

- Instead of "Can you...?" ask "How can you...?"
- Instead of "Do you think...?" ask "Why do you think...?"

Remember that the purpose of the questions is to help them think about how the core value fits into their personal life. How do they personally feel about it?

What if the boys are reluctant to participate or talk about how they feel and what they learned?

Odds are if the other boys are having fun they will want to join in but it may take a few times before some boys feel comfortable enough to participate fully. You may be surprised at what they can learn by just watching others. Be sure to ask them questions too like "What did you notice?"

As Cub Scout leaders we can only "do our best" but we cannot (nor should we try to) force a boy to share his feelings if he is reluctant to do so. However we should try to get him to think about it even if he won't share. Some ways to let him express his ideas a bit more privately:

- Have everyone show a "thumbs up" if they agree with the idea, a "thumbs down" if they disagree and a "thumb sideways" if they are unsure or have mixed answers.
- You might ask a boy what he thinks about another boys answer. "How do you feel or what do you think about what _____ just said? (Not to judge the other answer, just to add to)

CITIZENSHIP

Contributing service and showing responsibility to local, state, and national communities.

Suggested month: **NOVEMBER**

A CHARACTER CONNECTION® FOR CITIZENSHIP IS REQUIRED IN THEIR HANDBOOKS AT:

Tiger Achievement 2 - Where I live

Bear Achievement 3j – What makes America Special

Webelos Citizen Activity Badge - Requirement 1

AMERICA! PAPER CHAIN (Adapted from Program Helps February 2003)

Can also fulfill Bear Achievement 3b

Materials: Red, white and blue colored paper cut into 1 x 8 ½ strips; tape; markers or pens.

<u>Activity:</u> Each Cub Scout gets three colored strips and will write down some things that make America special to him. He signs his name, and connects his strips together in a chain. Then the boys link their chains together into one longer chain. Now that the chain is done we have a lot of ideas about our country, what makes it special, and how we can be a good citizen.

Questions: What new things have you learned about citizenship? How do you feel about being an American citizen? Do you feel that you are a good citizen? How does it feel to see people who don't act as good citizens? What can you do to set the example of good citizenship? Can you think of ways to help other people be good citizens?

PLEDGE OF ALLEGIANCE RELAY (Adapted from Tiger Cub Section of UNPC 2010-11 Pow Wow Book) Can also fulfill Wolf Achievement 2a

Materials: Create two sets of word strips containing phrases or words from the Pledge of Allegiance.

<u>Activity:</u> Group boys into 2 teams. Scatter each set of word strips on the floor in front of each team. A boy runs to the phrases, selects the first phrase, sets it aside, and returns to their team where he tags the next boy. That boy runs forward and finds the next phrase, then adds it to the first. The game continues until the teams have spelled out the entire Pledge. The first team to finish wins.

Questions: How does knowing what the pledge of allegiance means help you be a good citizen? What else can we do to be good citizens? How can we show our citizenship? Is it easy or hard to be a good citizen? When is it hard? When is it easy? What can you do this week to be a good citizen?

AMERICAN MATCH-UP (Adapted from Tiger Cub Section of the UNPC 2010-11 Pow Wow Book)

<u>Materials:</u> Make posters of well-known U. S. buildings, symbols, or people. (Old calendars, newspapers, magazines, and computer clip art programs are good sources for these images.) Number each poster and hang them up around the room. Also have some blank papers and pens or pencils.

<u>Activity:</u> Give each Cub Scout (or family if at a Pack Meeting) a piece of paper which is also numbered. Ask them to identify the posters and write the name by its corresponding number on the paper. Give a point for each correct answer, and give bonus points if they can tell where the building is located, or if they have visited that site. Some suggestions: President and Vice President, Governor, American flag, State flag, White House, Statue of Liberty, Mount Rushmore, Eagle, Uncle Sam, State capital building, City hall, etc.

Questions: Why would a citizen of the USA want to know about people and places like these? How can knowing about these important people and places in history help you be a better citizen? How do you feel when you visit a State or National Monument? A National or State Park? How would you feel if you got to meet the president? Governor? Etc...

WHO IS WHO?

Can also help complete Webelos Citizen Activity Badge?

<u>Materials</u> - Find pictures of the current President, Vice President, Governor, Mayor and any other government officials you would like to include. Then write their names and their positions on 3x5 cards.

<u>Activity</u> - and play a matching type game with them. You could do it as a relay or just a team challenge and time them to see how long it takes. Anything you can think of to make it fun for them.

<u>Discussion</u> -Have a discussion about why these individuals are important to know and/or recognize. Or you could turn it into a discussion about their jobs and what they do. Why parents should vote etc...

FLAG CODE – An activity designed to make them more aware of how the flag should be flown.

<u>Materials</u> - Find pictures and examples of ways a flag should and should not be treated. (You can find examples easily on the internet.) Have a copy of the flag code.to reference.

<u>Activity</u> - Have them identify if the flag is being flown properly or not and if not then tell which part of the flag code is being disregarded in each picture.

<u>Discussion</u> - Talk about how flying the flag properly and on the proper days helps us to show citizenship. How do you feel when you see the flag being flown? How do you feel when you see an old worn out flag being flow? How can the flag help us remember what a great county we live in? What else dose the flag make you think of?

COMPASSION

Being kind and considerate and showing concern for the well-being of others.

Suggested Month: MARCH

A CHARACTER CONNECTION® FOR COMPASSION IS REQUIRED IN THE HANDBOOKS AT:

Bear Achievement 24f - Be a Leader

LIGHTHOUSE GAME - An activity to increase awareness of visual impairments.

(Adapted from Program Helps March 2004)

Materials: None, just people to participate.

Activity: The leader is the lighthouse. Half the group will be the ships. They go to one end of the room and put on blindfolds. The other half are rocks and distribute themselves on the floor between the ships and the lighthouse, keeping their hands and feet in to minimize tripping. The lighthouse says, "Woo, Woo" to guide the ships. The rocks say "Swish, Swish" quietly to warn the ships of their presence. On "Go," the ships navigate between the rocks to the lighthouse. If they touch a rock, they are sunk and must sit on the floor (and say "Swish, Swish" also). When all the ships have made it to the lighthouse (or have been sunk), the rocks and ships switch places.

Questions:

Was it harder to be a ship (blind) or a rock? How did that make you feel?

What does it mean to have compassion for other people?

What kind of things might blind people need help with?

Can you think of a time when someone was kind or compassionate towards you?

How can we as leaders show compassion by helping others find their way?

Can you think of what compassion shows others about you?

What are two ways you can show compassion at school? With your Family?

How can you show compassion for someone who is having a difficult time or needs help?

What can you do to show others that you have compassion?

GOOD DEEDS DOMINOES (adapted from the GSLC 2005 Pow Wow Book)

<u>Materials:</u> Some Dominos and a list of good deeds. Examples: Build a birdhouse, Build a birdfeeder, Build a birdbath, Do not disturb a bird's nest, Don't litter, practice leave no trace, live by the outdoor code, plant a tree, recycle,

<u>Activity:</u> Use Dominos to demonstrate the chain reaction effect of showing compassion. Line the Dominos up in a row as you mention compassionate deeds. Then knock the last Domino over to illustrate how showing compassion spreads. Add more compassionate deeds as necessary.

Questions: How does doing good deeds show compassion?

What do think will happen to the birds/animals if their environment is destroyed?

What does it mean to have compassion?

Do you feel like you have compassion for animals/birds?

How would you feel if someone didn't care about you?

What can you do to show compassion for birds, animals, our environment etc...?

HOW DOES IT FEEL? (Adapted from the GSLC 2005 Pow Wow Book)

Materials: In each corner of the room tape a picture of a face showing happiness, sadness, being upset, and frustration. A list of situations such as: 1) your family is going to the movies. They ask you for your opinion as to which movie they should see. (Happy) 2) you and your brother are supposed to do the dishes. Your brother won't help and now you don't get to go for ice cream with your friends because the dishes aren't done. (Upset) 3) Your group didn't work together very well and you got a "D" on your class assignment. (Sad) 4) Your teacher says that everyone will get a turn to take care of the class pet. You wait patiently but then she skips you when it should be your turn. (Frustration)

<u>Activity:</u> Have the boys move to the corner of the room that describes their feelings as you read the situations. Add more scenarios as needed.

Questions: How do you feel when you have a job to do but no one will help you with it? How do you feel when others are willing to help you? What are some obstacles that prevent you from helping others? What can you do to be cooperative more with others?

FRUIT BASKET VARIATION

Everyone sits in chairs in a large circle. Group is divided into four sub groups called "Kindness" "Sharing" "Helping" and "Listening" The person in the middle calls out the name of one of the groups and everyone with that name trades chairs, including middle person. This often leaves a new person in the middle. If person in the middle calls out "Compassion" – then everyone changes chairs.

WIPE THAT SMILE OFF YOUR FACE

Explain that being compassionate to others often involves only sharing a smile. This game seeks to show how contagious smiling can be. A cub scout stands up front with a leader or another cub that grins and says a short poem or chant to try to get the cub to smile. The Cub Scout in turn tries his best not to smile. (Example of chant: I am a smiler who is coming to see which Cub Scout will not smile at me.) Regardless of whether the cub can remain non-smiling – it is great fun for others to watch the interaction.

WORD SEARCH

Create your own (on any topic). Let the cubs create one by helping the boys come up with words that are synonymous or inspired by the word *Compassion*. Google word searches for programs to create your own Word Search or check out this one which is free and easy to do:

http://puzzlemaker.discoveryeducation.com/WordSearchSetupForm.asp.

COMPASSION – Code/Puzzle (Next Page)

This can also help fulfill Wolf Achievement?

Copy the code on the following page and let the boys figure out what it says... Answer – "No act of kindness, no matter how small is ever wasted.

Compassion Character Connection

Key: In the blank write the letter that comes BEFORE the letter listed below.

O P B D U P G L J O E O F T T

O P N B U U F S I P X T N B M M

J T F W F S X B T U F E

Compassion Character Connection

Key: In the blank write the letter that comes BEFORE the letter listed below.

O P B D U P G L J O E O F T T

O P N B U U F S I P X T N B M M

J T F W F S X B T U F E

COOPERATION

Being helpful and working together with others toward a common goal.

Suggested Month: SEPTEMBER

A CHARACTER CONNECTION® FOR COOPERATION IS REQUIRED IN THEIR HANDBOOKS AT:

Wolf Achievement 10a - Family Fun

MIRROR IMAGE (Adapted from Program Helps Oct 04)

Materials: None, just people to participate.

<u>Activity:</u> Divide the den into pairs. Each stands and faces each other, almost toe-to-toe. One boy is the initiator and the other is his mirror image. The intention is to make movements that are both interesting and slow enough for imitator to mirror facial and physical actions. The partners cannot touch each other. All movements are in slow motion. One foot must remain on the ground at all times. After a few minutes, have boys switch.

Questions: Did you like being the leader or the follower better? Why? What did you feel was the hardest part of this activity? Did you have to cooperate to complete this activity? What does it mean to cooperate? Did you see anyone cooperate even though it was difficult to do that? Why is it important to cooperate? What makes it easy or hard? What can you do to cooperate in other things? What happens if members of a sports team don't cooperate? What about members of a band or Orchestra?

BOX OF BALLS (Adapted from an idea in the Tiger Section of the UNPC 2010-11 Pow Wow Book)

Materials: A box and 15 to 20 tennis balls

What if we don't follow the rules in a game?

Activity: One boy has the box with the tennis balls in it. The boy picks up one "loaf" at a time and rolls it across the ground. The rest of the players race after the balls, pick them up and put them back in the box. The boy rolling the loaves tries to empty out the box, while the other boys' objective is to return them as quickly as possible. As soon as the boy has an empty box, have him switch places with someone and start over with all the balls in the box again. You might want to be sure to mention that he can only roll one ball at a time. (No dumping them all out)

Questions: Was this harder or easier than you thought it would be? What made it hard to empty the box? Hard to fill it? Did those trying to fill the box have a plan? Or was it just a free for all? How could cooperation help keep the box full of balls?

ANY TEAM SPORT – can help teach the importance of and lead into a discussion on cooperation.

Cooperation Character Connection













3 things I'll do to be more cooperative are:

1 -

2 -

3 -

COURAGE

Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.

Suggested Month: JULY

A CHARACTER CONNECTION® FOR COURAGE IS REQUIRED IN THEIR HANDBOOKS AT:

Wolf Achievement 12a - Making Choices

Bear Achievement 11g - Be Ready

Webelos Readyman Activity Badge - Requirement 1

TATTLING OR TELLING? (Adapted from the GSLC 2005 Pow Wow Book)

Materials: A green piece of paper, or 3x5 cards, for each boy that says "telling" and a red with "tattling"

Activity: Sometimes you just need to make the discussion a little less "boring" by giving them a fun way to answer. Have them raise the color that they think is right in response to the question. How is "Tattling" different than "Telling" on someone for a good reason? It takes courage to tell an adult when a friend is about to get hurt.

- Joe is running into the street and a car is coming. (Telling)
- Tom is taking another cookie. (Tattling)
- Mike is playing with his pocketknife. (Telling)
- John is lighting a match. (Telling)
- Greg didn't bring his dues to den meeting this week. (Tattling)
- Phil got in trouble at school today. (Tattling)
- Frank is allergic to peanut butter. (Telling)

Add your own additional situations if you need more

Questions: Do you know the difference between tattling and telling?

How do you feel when someone tattles on you?

Why is it tempting to tattle on others?

How does it take courage to tell on someone?

Why does it take courage to not tattle on someone?

How can you make a plan now to talk to an adult when you know someone might get into trouble?

STORY BOOK COURAGE

Could also fulfill Bear Achievement 4 if you used some folklore stories

Materials: A book or short story about someone who showed courage. (Not too long 10-15 mins.) Or have the boys each to share a folklore story of courage. (You could do 1-3 boys each week all month)

Activity: Read the story to the boys as they draw a picture to go with the story you are reading. Tell them to try to draw a picture that reminds them of courage. Then have each boy show and talk about his picture and how it relates to courage.

Questions: How did someone show courage in that story? Who?

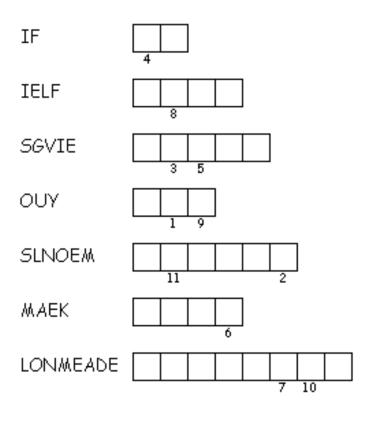
How would the story have been different if they had not shown courage?

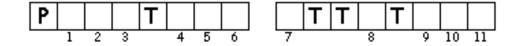
Can you think of a time when you had to show courage? Was it hard? Easy?

Why is it sometimes hard to show courage?

What can we do this week to show courage?

Solve the Puzzle





Unscramble each of the clue words. Copy the letters in the numbered cells to other cells with the same number.

FAITH

Having inner strength and confidence based on our trust in God.

Suggested Month: APRIL

A CHARACTER CONNECTION® FOR FAITH IS REQUIRED IN THEIR HANDBOOKS AT:

Tiger Cub Achievement 5 - Let's Go Outdoors

Wolf Achievement 11a - Duty to God

Bear Achievement 1a - Ways We Worship

Webelos Badge Requirement 8 - Faith

KINDA CORNY (adapted from Sondra Smith's Is there an object to good Character)

Materials – A single kernel of corn.

Activity/Discussion – Hide the kernel in your hand. Explain to the boys that you are holding something that could feed at least a hundred people. Ask them if they trust you. Let them guess what it could be. Hold up the kernel and discuss how it could feed 100 people. The process goes like this: That one kernel will grow into a stalk containing two ears of corn. You could feed two people with those ears, but if all of the kernels from the two ears were planted it would produce about 78 stalks with two ears each or 154 ears or 6,160 kernels. Another planting of the 6,160 kernels would yield about 1,160 stalks with two ears each (12,320 ears) or 492,800 kernels of corn. The result is that in just three plantings enough corn could be raised to feed over a hundred people.

Help the boys understand that faith is exercised in planting corn. Faith is believing in yourself, believing in God and acting on that belief. Faith is a gift, and if we practice obedience in acting on our beliefs or having faith we will be able to increase our faith, much like the kernel of corn.

SCRIPTURE EXAMPLES

Find and read different scripture stories about faith and how it healed, made whole, etc... Talk about the role of faith in their lives. What does it mean to have faith? How do you exercise or act upon that faith?

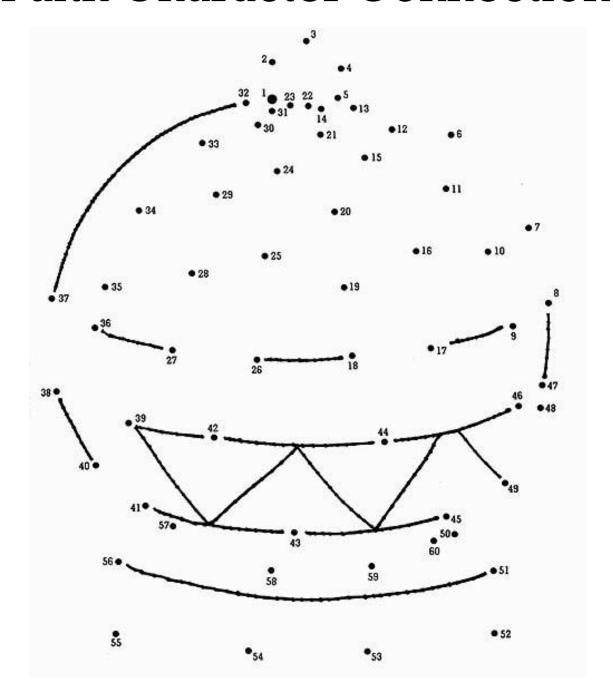
WHICH IS WHICH (adapted from Sondra Smith's Is there an object to good Character)

<u>Materials</u> - Two wrapped packages. One should be pretty and attractive and one should be plain and even beat up and dirty. Place a treat in one and some garbage in the other.

Activity – Present the two packages to the boys and ask each boy which package he would like. Pre-arrange with one boy to raise his hand and ask what is in the packages. You answer that one has a treat and one has garbage. Have the boy come forward and whisper in his ear which package has a treat in it. He does not tell the others. Then go back around the boys and ask them if they want to change their minds about which package they want. (Ask the boy you whispered to which one he wants before the others) Most of them will choose the same one he selects. Have two boys come forward and open the packages. Share the treat with them all.

<u>Discussion</u> - Explain to the boys that those who followed the boy who knew the contents were acting on faith that he would choose according to what he knew. Discuss the importance of following our leaders and asking for guidance from the Holy Spirit or wisdom in making decisions. We should rely on our parents and religious leaders and know that they are asking us to do those things which are best for us...

Faith Character Connection



"____ is taking the ____ even when you don't ___ the ___ __ ." -- Martin Luther King Jr.

HEALTH AND FITNESS

Being personally committed to keeping our minds and bodies clean and fit.

Suggested Month: MAY

CHARACTER CONNECTION® FOR HEALTH AND FITNESS IS REQUIRED IN THEIR HANDBOOKS AT:

Tiger Cub Achievement 3 - Keeping Myself Healthy and Safe

Webelos Fitness Activity Badge - Requirement 1

FOOD FIND

Can also fulfill Wolf Achievement 8a and Bear Achievement 9d

Materials: Before the meeting, hide cans, packages or pictures of food around the meeting place.

Activity: Divide the group into two teams and let them search for the food. (Keep a list to make sure you find everything that was hidden.) Once all the food is found, provide each team with a copy of the food pyramid and let them place the food on the correct spot on the pyramid. Have a "junk food" section too.

Questions: What is your favorite food and which food group is it in?

What did you learn about food that you didn't know before?

Why is it important to learn about what we should eat?

How do you feel when you eat lots of Junk food?

How do you feel when you eat healthy foods?

Do you think the saying "you are what you eat" is true?

What can you do to start eating healthier foods?

FITNESS CIRCLE GAME (Adapted from GSLC 2004 Pow Wow Book)

Can also fulfill some of Wolf Achievement 1 and Bear Achievement 16 if you do the req. activities.

Materials: Space to do the activities and a list of activities. (The Cub Scout Leader How-To Book has lots of physical fitness activities in chapter 3.)

Activity: Form a circle as large as the room permits with all players facing the same direction. Give instructions for various activities such as:

- Start walking in a circle and keep walking between these exercises.
- Start hopping.
- Make yourself as small as possible and continue walking.
- Make yourself as tall as possible and continue walking.
- Bend your knees slightly, grasp your ankles, and continue walking.
- Walk as if the heel of one foot and the toes of the other were sore.
- Squat down and jump forward from that position.
- Walk on hands and one foot, with the other leg held high, imitating a lame dog.
- Walk forward at a rapid pace (don't run) while swinging your arms vigorously.

Questions: Which activity was the hardest for you? Which was the easiest?

Was everyone able to do everything exactly the same?

Why is it important to recognize that everyone is different?

Why is it important to exercise and feed our body the proper foods?

How does being physically fit make us feel emotionally?

HONESTY

Telling the truth and being worthy of trust.

Suggested Month: AUGUST

A CHARACTER CONNECTION® FOR HONESTY IS REQUIRED IN THEIR HANDBOOKS AT:

Bobcat – Requirement 8 **Bear Achievement 18h** - Jot it down **Arrow of Light** - Requirement 7

UNTANGLE A "WEB OF LIES" (Utah County 1/11 Pow Wow handout – author unknown)

Players try escaping without untangling hands. Forming a circle, players extend their right and left hands into the circle and grab other players' right and left hands, without locking two hands with the same player. While still holding hands, players untangle the "web" by turning around, ducking under or stepping over other players. Upon untangling the "web," players may untangle hands.

Try playing the game first with 5 or 6 players and then repeat the game adding more and more players each time. Compare the increasing difficulty of the game to the difficulty of untangling a web of lies; if you're not straight with people, it's easy to get caught in a web of lies.

THE CONSEQUENCE GAME (Utah County 1/11 Pow Wow handout – author unknown)

This game can help boys understand that the long-term consequences of honesty are always better than the long-term consequences of dishonesty.

<u>Materials</u> - Prepare pairs of simple index cards or small sheets of paper (like those on the next page). On one side of each of the cards in the pair describe two alternative courses of action - one honest and one dishonest - along with the short-term consequences of each action. Fill out the other side of the cards so that when the two cards are flipped over, the long-term consequences are revealed. Develop additional cards to meet your own situation. Let the short-term consequence of a dishonest act be good, the long-term consequence bad. Develop cards on honesty with parents, with siblings, with friends, with institutions, and so on.

<u>Activity</u> - Play it as a game, letting children decide, by looking at the front sides only, which option they would take. Or you could see if they can match the front with the matching back.

Questions - After playing the game ask the following questions:

What helped you make the choices you made?

Were some easier to decide than others?

If we make a dishonest choice and feel bad about it afterward, what can we do?

When we choose to tell a lie do we sometimes "get away with it"?

How do you feel when you find out that someone has lied to you?

How would you feel if someone took something of yours without asking?

Who can you think of that is a good example of Honesty?

Are we only honest when someone else know or are we honest when we know we will never be found out?

Cards for the Consequence Game (use the blanks to make your own)

| Front Sides of Cards | Reverse Sides of Cards |
|---|--|
| You are at the store buying something and the clerk gives you \$10 too much change. You keep it. After all, it was his mistake and not yours. You go into the toy store next door and buy some new handle grips for your bike. | You know the money wasn't yours. You start to worry that the clerk will have to pay the store \$10 out of his wages. Whenever you ride your bike, the new handle grips remind you that you were dishonest. |
| When the clerk gives you the \$10 change, you tell him he has given you too much and give the \$10 back to him. He says thanks, but as you walk out, you start thinking about the new handle grips you could have bought with the \$10. | You feel good and strong inside because you were honest. Whenever you ride your bike, you remember that you need handle grips, but you also remember that you were honest. |
| You are sitting in class taking a really hard test that you forgot to study for. The girl across the aisle seems to know all the answers, and her paper is so easy to see. You copy a few answers and end up getting an A- on the test. | Your conscience bothers you. You know that you didn't deserve the A. You wonder if anyone saw you cheating. It's a little hard for you to get to sleep that night. On the next test you're unprepared again. |
| You're a little mad at yourself for not studying harder and you're really worried about your grade. Still, you keep your eyes on your paper and do your best. Unfortunately your best that day is only a C on the test. | You resolve to study harder. Next test you do better. You like yourself because you know you are honest. Other people like you because they know you can be trusted. |
| * | |
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Honesty Character Connection

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| R | I | Q | С | L | В | J | L | A | V | В | Τ | E | L | 0 | Η | D | Τ | С | Р |
| С | Η | R | Η | G | N | U | Р | Ε | 0 | 0 | U | J | D | 0 | D | S | S | Ε | D |
| K | L | Q | S | D | L | J | U | V | A | D | R | S | Ν | K | В | Р | Ε | Z | M |
| Y | U | Χ | G | Τ | С | Χ | M | N | Z | S | I | E | K | I | M | 0 | Ν | F | С |
| V | S | I | I | V | Y | Η | Χ | D | Η | M | M | Y | Τ | F | Α | J | 0 | Χ | Χ |
| Р | F | F | U | S | K | Z | 0 | M | M | A | Χ | G | U | P | N | G | Η | V | N |
| K | A | R | S | Ν | P | M | В | L | I | M | F | Η | В | J | A | В | V | J | V |
| Т | Y | S | U | E | G | J | Н | R | A | R | Y | A | D | V | D | Η | R | Т | N |
| 0 | В | U | С | A | L | V | Χ | I | Т | G | Τ | Т | Χ | R | M | J | С | G | 0 |
| N | 0 | S | R | E | F | F | E | J | A | Χ | В | В | Q | S | V | I | 0 | D | E |
| Q | V | Χ | L | Η | S | Z | K | I | С | L | D | Т | В | A | I | Χ | R | G | Q |
| С | В | Р | L | M | Т | Ε | U | G | I | Η | Р | Y | В | Р | С | F | G | Н | N |
| Р | I | U | D | R | Ν | D | J | M | U | M | G | F | Q | X | E | Α | Т | K | V |
| Ε | Η | A | J | M | Y | Q | Χ | M | Χ | N | G | J | F | J | S | F | Н | Q | M |
| D | M | С | A | F | Y | K | S | N | F | I | M | K | Р | Y | Χ | Z | С | С | V |
| N | M | E | Y | M | L | F | R | Т | Η | 0 | M | Α | S | M | С | В | S | Ν | С |
| V | I | В | Ρ | K | R | V | С | U | G | L | 0 | Р | G | F | Y | Τ | K | F | Τ |
| A | R | Q | J | A | K | G | A | M | Χ | M | 0 | 0 | V | F | Z | S | I | G | Q |
| M | Χ | Z | K | M | С | Y | F | 0 | M | Ε | V | M | S | M | V | Р | Q | U | Y |

BOOK CHAPTER FIRST HONESTY JEFFERSON THOMAS WISDOM

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PERSEVERANCE

Sticking with something and not giving up, even if it is difficult.

Suggested Month: JUNE
A CHARACTER CONNECTION® FOR PERSEVERANCE IS REQUIRED IN THEIR HANDBOOKS AT:
Webelos Athlete Activity Badge — Requirement 1

ICY PERSEVERANCE (adapted from a 1/11 Utah County Pow Wow handout – author unknown)

Materials: - an ice cube for each boy with a penny frozen inside

<u>Activity</u> - Begin your den or pack meting by giving each boy an ice cube. Tell them that the first one to get the penny out of their ice cube **without** putting it in their mouth or hitting it with another object is the winner. Then continue on with your regular plans until some is a winner. Once someone has their penny, discuss it...

Questions

How does melting the ice cube compare to reaching your goals?

Did you ever feel like quitting? Why do some people quit before reaching their goals?

Could you have gotten the penny quicker had you broken the rules? Would you feel as good about winning if you didn't follow the rules?

How do hard work and perseverance help you achieve your goals?

LIGHT IT UP (adapted from Sondra Smith's *Is there an object to good Character*)

Materials – A light bulb. You may also need to do a little research about some of the inventors mentioned.

<u>Activity</u> - Display the light bulb. Talk about the light bulb, what it does, how it works and who invented it. If you are in a location where you can turn out the lights and let the boys be in darkness for a few minutes safely – do so. Let them appreciate the light bulb by going without.

<u>Questions/Discussions</u> - Talk about **Thomas Edison**, who invented the light bulb. He had over 1000 failures before he had success. On the 1,152 try it worked. What would have happened if Thomas Edison had given up on the 1000th try? Or the 100th try?

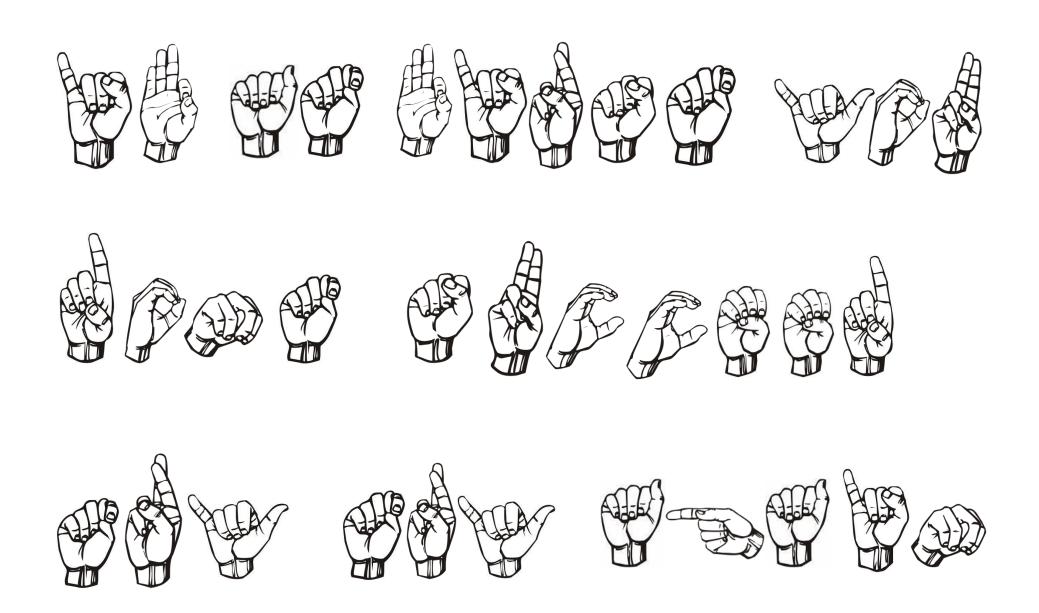
Has there ever been something that you have tried just once, it didn't work and so you never tried again? How would your life be different if Thomas Edison had not kept trying?

Christopher Columbus – What would it be like if Christopher Columbus had given in to his crew in 1492? They were discouraged and frightened and wanted to turn back. They were to the point of mutiny. He convinced them to go just one more day. They did and they found America.

Space Exploration – What would have happened if we hadn't continued working on space exploration after the first Russian sputnik was lost in space? We would never have put a man on the moon o learned the many things we have about space and the other planets. What other inventions do we now enjoy because of the space program?

Help the boys understand that these and many more accomplishments and inventions were made possible because of perseverance. The people involved never gave up, they kept trying.

Character Connection - Perseverance



PERSEVERANCE

| W | P | F | L | Y | Z | J | E | G | Y | Y | M | Z | P | В |
|--------------|---|---|--------------|---|---|---|---|---|---|---|---|--------------|---|---|
| S | N | C | T | Y | M | W | U | I | Y | S | В | Η | C | F |
| Q | Z | Ο | H | G | D | V | K | Z | L | L | Q | V | N | P |
| J | E | M | I | R | U | A | H | K | U | Z | I | \mathbf{Z} | G | Ο |
| E | P | M | \mathbf{Z} | T | H | A | E | R | F | K | В | P | N | T |
| \mathbf{C} | L | I | K | K | A | Y | R | T | E | F | S | Z | O | N |
| N | T | T | P | E | R | N | S | K | S | V | C | V | I | D |
| E | R | M | F | В | D | Q | I | P | Ο | P | C | L | T | Ο |
| I | C | E | F | H | W | A | Η | M | P | M | T | F | A | K |
| T | Z | N | E | G | Ο | U | | C | R | В | X | E | C | T |
| A | L | T | L | В | R | Y | Q | L | U | E | D | \mathbf{C} | I | R |
| P | Y | D | I | S | K | В | H | F | P | A | T | M | D | A |
| W | R | В | X | E | C | N | A | R | U | D | N | E | E | Y |
| M | L | E | U | Y | X | N | N | G | P | R | L | E | D | K |
| C | L | C | O | В | I | Q | A | T | G | K | E | R | H | W |

COMMITMENT DEDICATION DETERMINATION ENDURANCE HARDWORK PATIENCE

PURPOSEFUL STEADY

Ways you can practice perseverance:

- □ Try a new sport that is difficult and don't quit□ Study and work hard to improve your grades
- ☐ Do extra chores to earn money to buy something special
- ☐ Help a younger child learn to ride a bike or play a game
- ☐ Choose an instrument you'd like to learn to play and practice each day

From the list above choose one thing you'll work on this week (or write your own) –

This week I will

UNPC Pow Wow CD - Aug 2011

POSITIVE ATTITUDE

Being cheerful and setting our minds to look for and find the best in all situations.

Suggested Month: JANUARY

A CHARACTER CONNECTION® FOR POSITIVE ATTITUDE IS REQUIRED IN THEIR HANDBOOKS AT:

Wolf Achievement 6a - Start a Collection

Webelos Scholar Activity Badge – Requirement 1

POLISH IT UP (adapted from Sondra Smith's *Is There an Object to Good Character*?)

<u>Materials</u> – A very dirty window or mirror, some glass cleaner and a soft cloth.

Activity/Discussion – Explain to the boys that sometimes we feel confused, sad or unhappy for no particular reason. At times we all feel overwhelmed by all of the demands that are made of us; or we don't feel in control of our own situation because of things that are happening in our lives. In short, we feel kind of like this window/mirror. Take the glass cleaner and compare it with a positive attitude. Tell the boys that no matter what is happening in our lives, it will not stay that way forever. Spray the glass cleaner on a small corner of the window/mirror. We need to think about something we are glad about, something that makes us smile, even if it is just a small thing. Begin wiping the glass with the cloth. Show that there is now an area that we can see clearly. Then find something else that makes up happy. Continue in this way and help the boys understand that developing a positive attitude will help them. It's a choice!

POSITIVE ATTITUDE EXPRESS - To show examples of how having a positive attitude can help you succeed

<u>Materials</u> – One or two of the following books: The Little Engine That Could, by Watty Piper, The Monster at the End of this Book by Jon Stone Another Monster at the End of this Book by Jon Stone Or another book that shows a positive attitude.

Activity – Read the story and talk about how the attitude affected not only the outcome but the journey.

Switch that positive attitude to a negative one, how would that change the story?

Was there ever a time that you had to do something you didn't really want to do?

Did you find a way to make it more enjoyable?

Talk about the saying "Time flies when you're having fun!"

Has there ever been a time when you were having so much fun that the whole day went by really fast?

When you are bored does time go by more slowly?

Do you think that having a positive attitude can make the time (that you have to do something that you don't want to do) go by faster and not seem so long or boring?

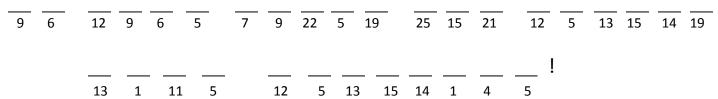
RIDDIKULUS! – An exercise in changing your attitude for the better.

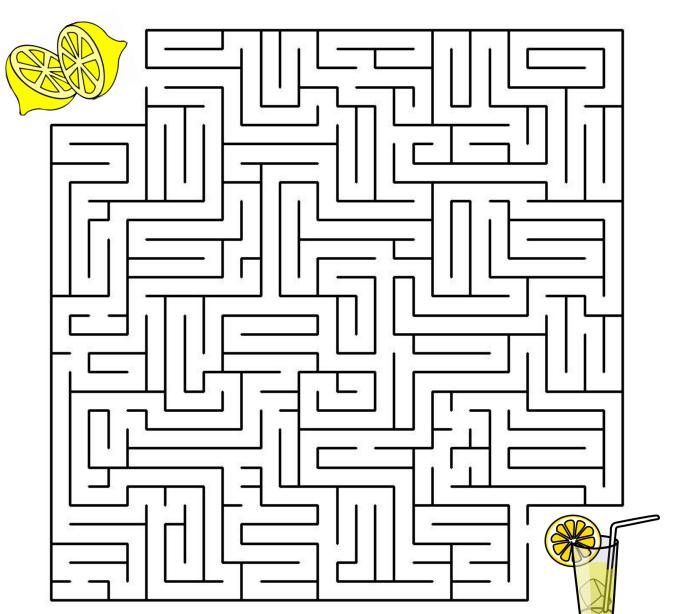
Materials – The Harry Potter DVD or Book of The Prisoner of Azkaban (Harry Potter 3)

Activity – Read or watch the section where they first learn to use the Riddikulus spell on the Boggert in the Wardrobe in Professor Lupin's class. Tell them that in much the same way we can change our attitude towards a person or a task that we may not like (or maybe even scares us) Take turns having the boys name their least favorite chore around the house or at school. Have all the boys brainstorm some way to think of that as fun. Have them use their imaginations. For example if they are asked to clean out under their bed, they could pretend that they are searching a cave for a tiny treasure hidden there by gnomes, they must be thorough or they might miss it.

Positive Attitude Character Connection

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
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UNPC Pow Wow CD - Aug 2011

RESOURCEFULNESS

Using human and other resources to their fullest.

Suggested Month: FEBRUARY

A CHARACTER CONNECTION® FOR RESOURCEFULNESS IS REQUIRED IN THEIR HANDBOOKS AT:

Bear Achievement 21g - Build a Model

I AM A ROCK (From Sondra Smith's *Is there an object to good character?*)

Use a picture of a very large rock. Explain that this rock was found in someone's yard when they were trying to put in a nice lawn in front. The rock represents a problem or a challenge. You don't want the rock in the middle of your grass. You can't cover it with dirt and plant over it because it would prevent the roots from growing deep enough to make a good lawn (and it would look silly and be hard to mow) It is too big to dig up and remove. You'd have to hire a large backhoe to come in and lift it out and it would cost too much. So what can you do? Let the boys discuss the situation. Acknowledge their ideas. Then explain to the boys that this is where being resourceful comes in. Tell them that now you change your plans. You decide to put a decorative feature in that particular area of the yard and use the rock as part of the design. Add some trees or shrubs and other plantings to compliment the rock. Organize the grassy area to surround and frame the feature. Help the boys to understand that sometimes in life we run into problems or trials that can't be removed or fixed but they can be worked with. We use these times to strengthen us and we learn from these problems how to conquer new problems. This is what it means to be resourceful.

ACTIVITIES TO DESCRIBE RESOURCEFULNESS TO CHILDREN — by Wendy, of Baloo's Bugle

Teaching children to be resourceful is important for their independence and creativity. Children who are resourceful can make confident decisions and are motivated to problem solve. Teach your children to be resourceful by allowing them to think on their own, to try new things and by providing positive encouragement. Activities that describe resourcefulness to children help parents discuss with the child how to make good decisions and how to solve everyday problems.

<u>Collage</u> - Making collages with your child is one way you can begin to discuss and explain resourcefulness with him. Provide a flat work surface and a large poster board. Assemble a range of materials and allow your child to choose which to use and how to arrange and glue the items. By allowing him to make decisions and create his own art, you are giving him the opportunity to figure out how materials can be used to create pictures and designs. Ask your child questions such as "What could you use to make hair for the person you are creating?" rather than suggesting that he use yarn for hair. Allow your child to decide which materials can be used to represent what he is trying to create.

Recycling -Turn your recycling routine in to a fun activity. Teach your child to be resourceful with materials that can be recycled rather than throwing them away. Collecting cans and turning them in for money teaches resourcefulness and provides your child with some pocket money. Save plastic containers such as butter tubs, milk jugs and yogurt cups and ask your child if he can think of any uses for them around the house. He may decide that the cups can be used to hold pencils on his desk or the butter tub can be used to store homemade play dough or even leftovers. You can also create projects with the containers. Allow your child to decorate them with stickers, or make a milk-jug bird feeder. Make your own wrapping paper by decorating brown paper bags from the grocery store. Remember to allow your child to come up with ideas on how to recycle on his own as well.

Regifting - Clean out your child's closet and toy box, and have him help decide what items he no longer needs. Suggest to your child that someone else may get use out of these items, and have your child decide where to donate the items. You may even then discuss with your child that he could take some items to a consignment store or second-hand shop, and get store credit to pick new items for himself. By showing your child that you don't necessarily have to spend full price on items, you encourage them to look for ways to be resourceful with their money as well as their belongings and materials.

RESOURCFULNESS

- The ability to meet challenges in a variety of ways
- Using our resources to their fullest potential
- Making the world a better place through creative problem solving

Draw a line from the inventors on the left to their invention on the right.



These inventors saw a need and used their resources to make the world a better place through their inventions. Think about a need that we have today. What resources could you use to fill this need? What would you like to invent?

RESPECT

Showing regard for the worth of something or someone.

Suggested Month: **DECEMBER**

A CHARACTER CONNECTION® FOR RESPECT IS REQUIRED IN THEIR HANDBOOKS AT:

Tiger Achievement 4 - How I Tell It

Wolf Achievement 7a - Your Living World

Bear Achievement 8g - The Past is Exciting and Important

Webelos Naturalist Activity Badge - Requirement 1

KNOW YOUR ROCK – Learning Respect for Nature (from Tiger Section of UNPC 2010-11 Pow Wow Book)

<u>Materials:</u> An area with a bunch of rocks. Masking tape and a pen if you have lots of boys or the rocks are all pretty similar in size or shape. (Remember to remove the tape and leave the rock behind.)

<u>Activity:</u> Each boy finds a fist-sized rock, remembering where he found it so he can return it after the game. All sit in a circle with eyes shut, holding their rocks. Tell them to "get to know" their rock by its feel, texture, smell, etc. After a few minutes, collect the rocks, mix them up, and redistribute them. The boys pass the rocks around the circle and try to identify their own rock with their eyes shut. To help prevent any disagreements you can affix a small piece of tape to each rock with the owner's initials.

Questions: Was it easy or hard to identify your rock again.

What helped you identify your rock?

What were some of the things about the other rocks that helped you know that it was not yours?

What were some of the things that made you unsure if it was your or not?

How do we show respect for nature when we get to know nature better?

How can we show respect for people?

Does it help if we get to know them better?

DIRT DIGGERS – Respect for Nature

Can fulfill **Bear Elective 15a** and part of **Bear Elective 22b** and **Wolf Elective 17a**.

Also during the discussion you could also cover some of Wolf Achievement 7

<u>Materials:</u> An area where the boys can dig. Small garden trowels for each boy, a team of boys or each family. Paper, pencils and magnifying glass (optional) A rope or string about 5 feet long for each team.

<u>Activity:</u> Have the boys tie a square knot in their string to make a circle. Have them pick an area, lay down their string and list the things they find within the circle. Then they get to dig (take turns if doing in teams or families) Have them continue to list the additional things they find while digging (Bears will need to make notes on the types of dirt also.) Let them dig for 10 - 20 mins and then discuss what they found.

Questions: What did you find the most of? What was the most surprising thing you found? Who or what else lives in the area (dirt)? What if all the bugs/plants were gone? How can we show respect for nature?

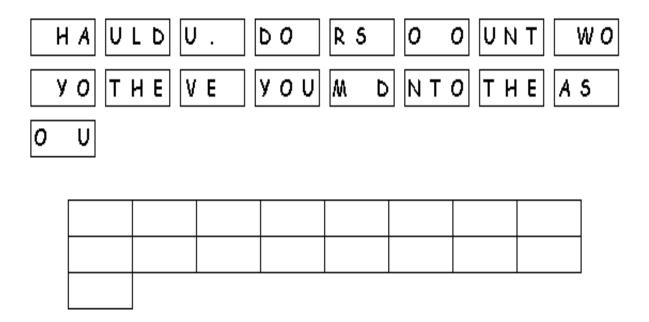
What did you think you would find but didn't? What is pollution? How does it happen? How does recycling show respect for nature? In what other ways can we show respect for nature?

GOLDEN RULE SCRAMBLE (Next Page)

- Print out the following puzzle (1 for each boy). Have them cut out each square with letters in it and arrange them in the blank squares below until they make a sentence. * Could do for **Compassion** also.

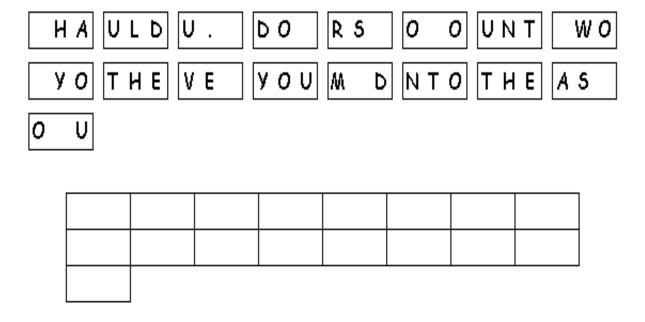
The Golden Rule Scramble

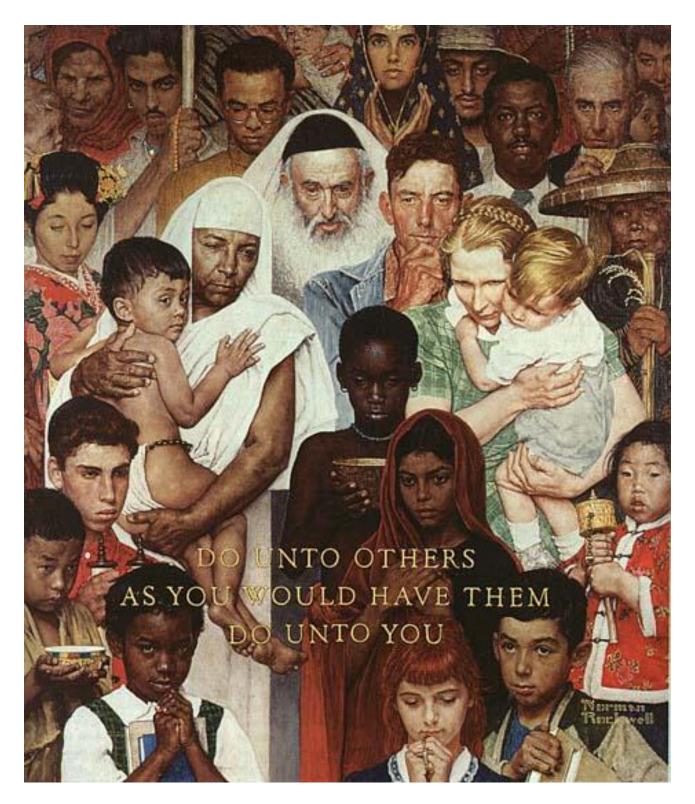
Respect: Showing regard for the worth of something or someone.



The Golden Rule Scramble

Respect: Showing regard for the worth of something or someone.





The Golden Rule

RESPECT

Solve the secret code by writing the letter that comes BEFORE the letter under the line:

 \overline{P} \overline{U} \overline{I} P V X M I В Z E V IJ P N E IJ There are many ways to practice respect. Here are just a few: ☐ Treat others as you would like to be treated. ☐ Don't insult or bully people who are different than you ☐ Be courteous, use manners and good language. ☐ Take care of school and public property ☐ Honor the country's flag, laws and public officials ☐ Appreciate the religions and beliefs of other people ☐ Obey the rules and instructions of other people Write one way that you are going to practice showing respect: –

RESPONSIBILITY

Fulfilling our duty to God, country, other people, and ourselves.

Suggested Month: OCTOBER

A CHARACTER CONNECTION® FOR RESPONSIBILITY IS REQUIRED IN THEIR HANDBOOKS AT:

Tiger Cub Achievement 1 - Making My Family Special **Wolf Achievement 9a** - Be Safe at Home and on the Street **Webelos Handyman Activity Badge** – Requirement 1

BUDDIES! (Adapted from Tiger Cub Section of the 2010-11 UNPC Pow Wow Book)

<u>Activity:</u> Divide the Cub Scouts into two groups. Group A forms the inner circle facing outward and group B the outer circle facing inward. Have the players facing each other hold hands to pair off as "buddies". They drop hands and on signal, the circles march in opposite directions. When you shout "Buddies!" the pairs find each other, hold hands and kneel down. Could also be done with music and when the music stops they find their buddy. The last team to kneel drops out of the game. Continue until only two "buddies" are left.

Questions: When the music stopped what made it hard to find your buddy? Was it easier if you kept an eye on where your buddy was while walking around? What if both of you kept your eyes out for each other? Was it important to keep an eye on others also? (to avoid crashing into them?) How does this relate to responsibility? Is it easier to be responsible if we keep track of it? How does keeping track on a chart help us become more responsible? What kind of responsibilities do we have towards others? Towards ourselves? What can we do to be more responsible?

HOW TO BE A RESPONSIBLE PERSON (AND IT WILL MAKE FEEL GREAT!)

When you agree to do something, do it. - If you let people down, they'll stop believing you. When you follow through on your commitments, people take you seriously.

Answer for your own actions. - Don't make excuses or blame others for what you do. When you take responsibility for your actions you are saying "I am the one who's in charge of my life."

Take care of your own matters. - Don't rely on adults to remind you when you're supposed to be somewhere or what you're supposed to bring. You take the responsibility.

Be trustworthy. - If somebody trusts you to borrow or take care of something, take care of it. If somebody tells you something in confidence, keep it to yourself. It's important for people to know they can count on you.

Always use your head. - Think things through and use good judgment. When you use your head you make better choices. That shows your parents they can trust you.

Don't put things off. - When you have a job to do, do it. Doing things on time helps you take control of your life and shows that you can manage your own affairs.

Are You a Responsible Person?

| True | False | I do what needs to be done. |
|------|-------|--|
| | | I keep my promises. |
| | | I never make excuses or blame others for my actions. |
| | | I always follow through on my commitments. |
| | | I do my chores regularly. |
| | | I take care of my belongings (shoes, backpack etc.) |
| | | I turn in my completed homework each week. |
| | | I am on time for school and other activities. |

I can be more responsible by:

RESPONSIBILITY

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RESPONSIBILTY
DUTY
TRUSTWORTHY
SAFETY

CITIZENSHIP PROMISE FAMILY SCHOOL

COMMITMENT RELIABLE HOMEWORK CHORES

The price of greatness is responsibility.

--Winston Churchill

PRACTICAL EXAMPLES

On these next few pages you will once again find the core value listed with its definition and below it you will find a list of practical examples of ways to better understand and live that core value. (These lists were originally printed on pages 4-3 thru 4-5 of an old 2007 of the *Cub Scout Leader Book*.)

- 1. Citizenship: Contributing service and showing responsibility to local, state, and national communities.
 - Know the names of the President and Vice President of the United States.
 - Know the names of your state governor and heads of local government.
 - Respect the flag of the United States.
 - Know and understand the Pledge of Allegiance.
 - Know and understand our national anthem, "The Star-Spangled Banner."
 - Be a good neighbor.
 - Obey laws and rules.
 - Respect people in authority.
 - Protect the environment and our national resources.
 - Be helpful. Do a Good Turn for your family, school, or community.
- **2. Compassion:** Having consideration and concern for the well-being of others.
 - Be friendly. Don't be mean or insensitive to the feelings of others.
 - Show kindness. Be kind to those less fortunate than yourself.
 - Help those in need.
 - Consider other people's feelings.
 - Help someone who is being treated unfairly.
 - Look for ways to include others in the group.
 - Be willing to forgive others.
- **3. Cooperation:** Working together with others toward a common goal.
 - Be helpful to others and work together.
 - Do your part in a project.
 - Listen to and consider the ideas of others.
 - Be unselfish.
 - Be cheerful/
 - Share things with others.
 - Be happy for the good fortune of others on the team.
 - Use everyone's special talents.
 - Be friendly.
 - Be willing to share the credit.
- **4. Courage:** Tell the truth despite the consequences.
 - Admit mistakes when you make them.
 - Apologize for mistakes and wrongdoing.
 - Accept the consequences of your actions.
 - Stand up for people who are less fortunate than you.
 - Stand up for the beliefs of your faith or religion.
 - Resist peer pressure to do the wrong thing.
 - Stand up for your beliefs about what is right and wrong.

- **5. Faith:** Having inner strength or confidence based on our trust in a higher power.
 - Define your duty to God as it is taught in your family.
 - Understand and practice your religious tradition.
 - Stay hopeful when things get tough.
 - Be cheerful about your duties.
 - Look for the good in all situations.
 - Remain confident in difficult situations.
 - Figure out what you can do; don't worry about what you can't do.
 - Show reverence for churches, holy places, and religious or spiritual objects that are meaningful to the faiths of others.
- 6. Health and fitness: Being personally committed to caring for our minds and bodies.
 - Eat and drink things that are good for you.
 - Limit the amount of "junk food" in your diet.
 - Maintain personal cleanliness.
 - Maker exercise a regular part of your life.
 - Don't smoke cigarettes or drink alcohol.
 - Never use illegal drugs.
 - Go on a hike.
 - Ride a bike, skateboard, or scooter (always with appropriate safety gear!).
 - Play on a sports team, such as one for basketball, baseball, football. Or soccer.
 - Practice an individual sport, such as swimming, gymnastics, skating, or tennis.
 - Learn about mental fitness. Discuss how personal habits and media influences can affect mental alertness.
- 7. Honestly: Telling the truth and being a person worthy of trust.
 - Don't lie.
 - Don't cheat.
 - Don't steal the personal property or ideas of others.
 - Keep your word.
 - Be trustworthy.
 - Do what you say you will do.
 - Tell the whole truth regardless of the consequences.
 - Be loyal to your family, friends, religion, and country.
 - Don't gossip, spread rumors, or talk behind people's backs.
- **8. Perseverance:** Sticking with something and not giving up, even if it is difficult.
 - Finish what you start.
 - Never give up. Continue to work hard even if you're not successful at first.
 - Work to get better at things you aren't good at.
 - Set personal goals for improvement.
 - Always do your best.
- **9. Positive attitude:** Setting your mind to look for and find the best in all situations.
 - Be positive in your thoughts and words. Be cheerful. Look for the bright side of all situations.
 - Keep a good sense of humor. Be optimistic.
 - Think good thoughts.
 - Believe in yourself.
 - Trust your friends, family, and teammates.

- **10. Resourcefulness:** Using human and other resources to their fullest.
 - Think about how you can, rather than why you can't.
 - Focus on what you do have, not on what you don't have.
 - Identify person strengths.
 - Use the talents of those in our group.
 - Conserve the earth's natural resources.
 - Recycle household waste.
 - Compost kitchen waste for use in gardens.
 - Fix up an old bicycle rather than buy a new one.
 - Clean up an old playground.
- **11. Respect:** Showing regard for the worth of someone or something.
 - Treat other people as you would like to be treated.
 - Don't insult or bully people who are different from you.
 - Be courteous; use good manners and good language.
 - Take care of school and public property.
 - Honor the country's flag, laws, and public officials.
 - Appreciate the religions of other people.
 - Obey the rules and instructions of adults.
 - Use dangerous objects (e.g. knives, fire) with care.
 - Respect others without necessarily agreeing with all of their ideas.
 - Treat the environment (trees, rives, land, air) with care.
 - Have confidence in your abilities.
 - Keep yourself neat and clean.
 - Stay in shape.
- **12. Responsibility:** Fulfilling our duty to take care of ourselves and others.
 - Be dependable; do what you say you will do.
 - Finish your homework.
 - Take care of chores at home.
 - Be helpful.
 - Accept the consequences for your actions.
 - Take care of your personal possessions.

Additional Game or Activity Ideas for any and all of the 12 core values: You could use the above lists, definitions and the quotes on the following page to play a matching type game each month to introduce that month's core value being focused on This could work for a den meeting or a pack meeting. You could make up a game to introduce all of the core values and see if they can match the core value with its definition and/or with a quote. Turn it into a relay race or a team challenge. There are so many ways to make them aware of the 12 or Values of Cub Scouting. Once the boys and their families have been introduced to a particular core value you could even play a game or do an activity and then have them guess which core value is associated with it. Just try to make it a habit as a leader to ask yourself "Which core value could be associated with this activity?" and then be sure to point it out and talk about it. The more we do it the easier it will become.

QUOTES FOR CHARACTER CONNECTIONS

(and answers to the codes and puzzles on previous pages)

| "The measure of a man's real character is what he would do if he knew he would | ld never be found out."Thomas B. MacCaulay |
|--|--|
| Citizenship "Ask not what your country can do for you, but what you can do for your country | ry." John F. Kennedy |
| Compassion "No act of kindness, no matter how small is ever wasted." | Aesop |
| Cooperation "United we stand, divided we fall." | – Aesop |
| Courage "The ultimate measure of a man is not where he stands in moments of comfort times of challenge and controversy." | , but where he stands at Martin Luther King Jr. |
| Faith "Faith is taking the first step even when you don't see the whole staircase." | -Martin Luther King, Jr. |
| Health and Fitness "Early to bed, early to rise, makes a man healthy, wealthy and wise." | Benjamin Franklin |
| Honesty "Honesty is the first chapter in the book of wisdom" | – Thomas Jefferson |
| Perseverance "If at first you don't succeed, try, try again." | |
| Positive Attitude "If life gives you lemons, make lemonade" | |
| Resourcefulness "There are those who look at things the way they are and ask why? I dream of ask why not? | things that never were and Robert F. Kennedy |
| Respect "Do unto others as you would have them do unto you." | The Golden Rule |
| Responsibility "The price of greatness is responsibility." | – Sir Winston Churchill |

WHERE CAN I FIND MORE IDEAS?

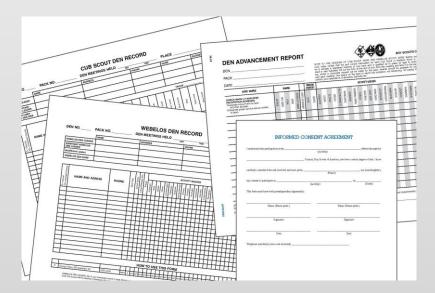
- **1** The very best place to get good ideas is from **other Cub Scout leaders** who have used them in their own dens and packs. Ask around for tried and true activities. Find out what others have done that has been successful.
- **2** There are a number of **books** out there that can help with character connection ideas. Look for them in your local library, purchase one or some of them, or borrow from a friend (and then scold them for holding out on you) Here are two of our favorites:
 - Is There an Object to Good Character? Copyright © October 2008 by Sondra Smith. This book was written by one of our own. Sondra Smith is an experienced Cub Scout leader in the Pony Express District who compiled ideas and produced a book as a "resource for leaders of 10-Year-Old boys in the Cub Scouting Program. Even though it was originally intended for Webelos leaders many of the activities could easily be used by other den leaders or cubmasters as well. It is a 27 page spiral bound book that she sells for \$6.50 and includes over 40 activities or games to help teach the 12 core values. To get a copy of this book for only \$6.50 email sullivandamaris8@gmail.com with your request. (Sondra's daughter)
 - Activities that Teach by Tom Jackson. Published by Red Rock Publishing. Copyright © October 20? by Tom Jackson. This book is actually only one in a series of books by him that not only give ideas for activities but teaches the Why and How of a method he refers to as active learning. His books are targeted towards school teachers but many of the activities can easily be adapted to work for Cub Scouting. They sell for anywhere from \$12 \$20 dollars depending on the book and the sales you can find. Each book has over 50 activities to help teach a specific topic or value. You can also find out more at his website www.activelearning.org
- **3 Other Sources** You may know of other books like those listed above (we'd love to hear about them) or you might try doing a search on the internet that usually brings up more ideas than we could possibly list here. Many of our schools have programs or resources for teaching values. And I'm pretty sure that you just might be able to think of a few good ideas all by yourself.

The main point we want to stress here is not really how you teach but why we teach values. In truth we teach them because they are part of Cub Scouting program and are in the books, and so we as leaders teach what needs to be taught, right? But the more important questions we need to ask ourselves are:

Do the boys understand what the values are? Why they are important? How they affect all aspects of our lives?

When a boy can explain (know) a value and he feels (commit) the importance and can live (practice) so that value has a place in his own life – We are helping a boy become a man.

Record Keeping



Ideas and Forms

In the Cub Scout Leader Book page 96 it reads... "Pack Leaders must keep accurate records. Questions on the status of advancement, finances and membership can easily be answered if a good record-keeping system is in place... Records need to be maintained at both the den and pack levels. Den Leaders are responsible for keeping accurate, up-to-date den records."

*The BSA has developed many forms and charts to help you keep good records. There are also many other forms and programs found on the internet. We are going to give you some organization and record keeping ideas here. Remember the best system is the one you will use.

This section put together by VaLayne Ostler of the Alpine District.

Record Keeping Overview & Tips

Some Important Things

- 1. Keep it Simple Make it Fun
- 2. Find a plan that works for you to communicate with the parents. If they feel involved, your program will be much easier. They will help, and take a lot of burden off of you.
- 3. The parents need to know what you have passed off, and you need to know what the parents have passed off. Find a way that works for you to keep everything current.
- 4. You can use any system that works for you... paper charts (one for each boy), or computer programs you can download, or internet based forms. Whatever you choose, be consistent.
- 5. Care for and love the boys. They know if you do. Anything is exciting if you act like it is. Don't make it a miserable chore.

Den Leader's Records

- Do not rely on the books the boys carry as your record of what they have earned. You need to keep a current record for each boy as he completes each requirement. A lot of times the boys' books are not accurate. It can take a lot of time to sign each boy's book each time you pass off something, and there is not a place to record Belt Loops or other needed information. You need to have a good system that you have access to at all times.
- 2. As boys come to den meeting, take a roll.
- 3. Write down what achievements were accomplished during the meeting on the roll.
- 4. When you have time every month or so, you can record on each boys record sheet what was accomplished. I have a section in my binder for each boy that includes a chart for Bear Requirements, one for Belt Loops and pins, one for Faith in God, and one that I write on telling which month they earned patches and other scout awards.
- 5. Keep in touch with the parents. There are several different ways.
 - My favorite method is a weekly e-mail. It can say what you did at scouts, exactly which requirements were passed off, and which boys were not there so their parents can work during the week to get those done (it also shows the parents why they want to send their son). I also give the information on what we are doing the following week and any other information they need to know. It keeps the parents very involved this way, and I find that they respond to my e-mails telling me what they have done at home.
 - Once a month, a newsletter can be sent home with information on what is going on in cub scouts this past month, in future months, and goals you have passed off each week so parents can mark it off in the cub's binder. If the cubs missed a week, the parents know what to do at home to catch the cub up so he can earn awards with the other cubs at the next pack meeting.

Boys and Parents Goals accomplished at home

- 1. Our boys are given binders and red vests as they come into Cub Scouting. In the binder they are given are tracking sheets as well as info on different belt loops, pins, and patches they could earn at home with parents.
- 2. As boys pass off goals at home with their parents, I asked the parents to write them in the front of the boy's book on a post it note, or send me an e-mail. It is a way to communicate with the parents.
- 3. As the boys bring their books to den meeting to earn beads for Den doodle, the leader checks the books, keeps the sticky notes, and puts new post it notes in books.
- 4. Boys receive "Den Doodle" beads for bringing book, and also for passing off at least one goal during the week with parents. They also receive popsicle sticks for each goal they passed off at home.

Den Doodle

- 1. We have a Den Doodle we pull out for each den meeting. Each boy has a ring that hangs on the pole. One ring for each boy. Each ring has 2 leather strings attached. On one the boys can receive up to 5 beads during each den meeting. They receive beads for:
 - ✓ Wearing their uniform
 - ✓ Doing at least one goal at home during the week with parents
 - ✓ Bringing their book
 - ✓ Being on Time
 - ✓ Good behavior during den meeting
- 2 On the other, the boys earn a popsicle stick for each goal passed off at home. For every complete section passed of (from book, belt loops, patches), they receive a giant colored stick.
- 3 Once the boys have earned 50 beads, they turn them in for a feather, and a giant candy bar. The feather attaches to the top of their leather to show how many beads they have earned.
- 4 The popsicle sticks just stay there. They do not earn anything for them.
- 5 As the boys leave and go into Webelos, we present them their den doodle to put on their wall at home.

Plan Ahead for Den Meetings

- 1. The first step in planning a month's worth of activities is to say, "What will they receive at the next pack meeting". It is very important to plan for that. The boys will enjoy scouting much more if they can feel like they are accomplishing something, and are able to show others they are by how their shirts and vests slowly fill up.
- You will enjoy Den Meetings more if you plan ahead. Every month has a different Core Value, and that makes it fun to switch things up. You won't always feel like you are not doing something new if you change direction every month.
- 3. Roundtable helps finish up your month's planning with new ideas. It is an invaluable resource, and very much worth attending.
- 4. Don't forget to use the Cub Scouts Den & Pack Meeting Resource Guide to help plan your meetings.

- 5. Keep a spot in your binder for new ideas, and as things come to mind during the year of new things that are fun ideas, just flip to the yearly ideas and jot them down somewhere! It makes it so easy.
- 6. A couple of months ahead, plan for the new month. Always keep a 3 month plan in progress. As you finish a March's activities, plan for June because you hopefully already have April and May's planned. You can look to see what the boys need to pass off, and what looks fun, but you have a variety of choices that will all fit into the monthly Core Values.
- 7. Don't forget neckerchief slides! The boys love to wear new ones every month, and the mother's appreciate it since the boys lose their old ones so quickly. I love to order craft kits from Oriental Trading (1-800-526-9300 or www.OrientalTrading.com). During the holidays there is always a fun one for each holiday, and during the rest of the year, look at monthly themes. You can get some that are only .10 to .25 each to make. Plaster is also a fun way to make slides.
- 8. Those who fail to plan, plan to fail.

What are the different things a cub can earn?

- 1. All boys who join Cub Scouts must first earn their Bobcat rank. It only needs to be earned once, and is simple to earn.
- 2. Wolves, Bears, and Webelos each have their own handbook to work towards getting their badges of rank. (The diamond patch that goes on the scout shirt front pocket.)
- 3. As Wolves and Bears are working towards their badge of rank, they can receive beads to put on their progress towards ranks or immediate recognition patch. This is a plastic diamond worn on the button of the right shirt pocket. A yellow bead is added for each three Wolf achievements earned, and a red bead is added for each three Bear achievements earned. This emblem is worn until the Cub becomes a Webelos Scout.
- 4. Wolves and Bears can earn 1 gold and multiple silver arrow points after they receive their badge of rank. They can pass off arrow point electives before they earn their badge, but cannot receive any arrow points until they receive their badge of rank. These are placed on the scout shirt under the badges of rank.
- 5. Wolves, Bears, and Webelos can all earn Belt Loops and Pins through the Cub Scout Academics and Sports Program. Some that are earned as a wolf or bear must be earned again to receive certain Webelos badges. Belt Loops go on a special scout belt, and pins can be put on a scout hat or red vest.
- 6. Wolves, Bears, and Webelos can all earn patches from the council offices. These would be worn on the red vest.
- 7. Wolves, Bears, and Webelos can also earn other patches you order in from other places... catalogs or other. These would go on the red vest.
- 8. Wolves, Bears, and Webelos can all work on the religious square knot. This award goes on the scout shirt above the left pocket.
- 9. Webelos earn "badges" that are actually pins for passing off each of their 20 badges. If they pass off all 20, they can earn a special certificate available at the scout office. These go on the Webelos Colors.

- 10. The Webelos badges go on the "Webelos Colors". These are green, red, and gold on a blue metal bar. This optional bar can be worn by Webelos Scouts on the right sleeve immediately below the U.S. flag. If the colors are worn, activity badges (pins) are worn on the streamers as they are earned.
- 11. The Webelos can earn the Compass Emblem. The compass emblem is attached to the right pocket of a Webelos Scout. It is presented when the Webelos Scout has earned a total of seven activity badges -- including the three required for the Webelos Badge. A compass point (East, South, and West) is added for each additional four activity badges earned. The Webelos Scout can therefore earn the Compass Emblem and all three Compass Points by earning 19 of the 20 possible Activity Pins.
- 12. Webelos can earn the Arrow of Light by finishing certain badges and other requirements. It is usually earned right before they leave the Webelos Den. It is the highest award that can be earned in Cub Scouting, and is also worn on their Boy Scout shirt.

Importance of Awards

- 1. I believe from a parent and leader point of view, it is so important for the boys to be receiving at least one award every month.
- 2. It does something for their enthusiasm and self-esteem.
- 3. It makes them want to come to den meeting every week.
- 4. I also gave out attendance patches and that got the boys there every week, no missing.
- 5. Make sure you find something that can be earned.
- 6. It can even be a patch from the patch place, or a shrinky dink with a pin on the back.

Rank Advancement

- 1. Make sure the boys are advancing. Copy the records when the boys have been in about 6 months and take to the parents. Talk about how important it is for the boy to receive their next rank badge, and how you would love to have him receive it in the next 3 months. It gives the parents time to work on it with them.
- 2. Be friends of the parents and work with them. Do not make them feel stressed or like they are not doing what they should.
- 3. If the boys receive their rank advancement by the time they have been in 9-10 months, they have time to work on their arrow points.

Tour Plans

Make sure you use them!

What is there to help leaders?

- 1. Roundtable is once a month. Find out when it is, and make sure you attend. They give wonderful ideas of what you can do the following month for Cub Scouts that is specific to each month's core value. They also explain what council and district events are coming up. Cub Day Camp, Scouting for Food, Scout Expo...
- 2. Cub Scout Den & Pack Meeting Resource Guide- Breaks down each month by Core Values and gives ideas of what to do for den meetings each month. It has wonderful ideas!
- 3. Akela's Council This is a unique training held by the UNPC each year. In 2011 they will hold the 28th & 29th Courses of Akela's Council. Started in 1987, this is the 26 year this training has been held. Akela's Council is a 4 ½ day training similar to Woodbadge, but specifically and perfect for Cub Scout Leaders. Please try to attend, and encourage your Cub Scout Leaders to attend. Remember...a good Cub Scout Leader is a well-trained Cub Scout Leader.

- 4. Pow Wow books Have lots of fun ideas. It is a little more for a Cub Master, but I find lots of fun stuff in there. Especially skits to do for pack meeting. It also has a leaders section to help answer questions, ideas for Webelos, ceremonies, neckerchief slides, special events, and info on patches.
- 5. Cub Scout Leader Book everything you might ever want to know.
- 6. Webelos Leader Guide breaks down by activity badges. Choose a badge, turn to the section, and they will tell you everything to do and give fun ideas, handouts, and recipes.
- 7. Boys Life the boys love it. It is a monthly subscription the boys can sign up to receive. Get one, and you will be surprised with everything they have in them.
- 8. Cub Scout How-to book. Ever wonder how to make slime, need neckerchief ideas, games? This is your book!
- 9. Ceremonies for Dens and Packs lots of fun ideas.

Den Chiefs

- 1. Use your Den Chief! Include your Den Chief in your planning and let him know what you expect of him. He can be an example for the boys to look up to and "young legs" that can romp and play with them, giving you a chance to attend to other needs in the den.
- 2. He can be a great resource as an activity leader and will contribute a lot to your meetings as he learns important leadership skills from you.
- 3. Don't forget to thank him for a job well done!

Plan a Year in Advance

Sit down with your cub committee and plan for an entire year what month you will do different things. It really helps when it comes time for Den Leaders to plan their month.

- 1. Pinewood Derby, Raingutter Regatta, or Space Derby
- 2. Blue & Gold Banquet
- 3. Cub Scout Day Camp
- 4. Webelos Day Camp
- 5. Webelos Woods
- 6. Passing out Bags for Scouting for food March (Don't forget to buy a patch!)
- 7. Video "A Time to Tell" should be shown once a year usually after a short pack meeting. Boys must view this with a parent or have parental permission. It's good to have a night for only parents to watch it first so they can decide if it's right for their boy. (If you are an LDS unit you must get permission to show it from your COR also)

Phone numbers and info

- The Patch Place sells stock patches. You decide what the requirements are. Their phone number is 1-888-507-2824. Their web site is www.thepatchplace.com Some of the 200+ patches you can get are: Blue and Gold Flag Ceremony Space Derby Pinewood Derby Rain Gutter Regatta Small Arc patches are cheap, and fun Day Camp
- 2. Oriental Trading sells cheap fun stuff. I use their craft kits to do neckerchief slides. Their phone number is 1-800-526-9300. Their web site is www.orientaltrading.com
- 3. Another site I really like for lots of useful information for cub scouts is www.theideadoor.com
- 4. And Baloo's Bugle is a monthly newsletter which is great. http://usscouts.org/bbugle.asp

Wolf Cub Scout Record

| Name | | | | | | | Bi | rtho | late_ | | | Pho | ne | | | | | | |
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| 9. Be Safe at Home and on S | Street | | A | В | С | D | E | 1 | | | olf Badge Awarded | | - | | | | | | |
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| 11. Duty to God | | | A | В | С | D | | | | Sil | lver Arrow Points | | | | | | | | |
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| 3. Make it Yourself | A | В | С | D | Е | 1 | | | | Assi | stant Denner | | | | | | | | |
| 4. Play a Game | A | В | С | D | Е | F | 1 | | | | | | | | | | | | |
| 5. Sparetime Fun | A | В | С | D | Е | F | G | Н | I | | | *** | | , | | 4. | | | |
| - | | | | Ь | Е | ı | U | 11 | 1 | | Cub Scout | Wol | d (| ons | serv | atio | on A | Awa | <u>ird</u> |
| 6. Books, Books, Books | Α | В | С | | | | | | | | The World Con | | | | | | | | |
| 7. Foot Power | A | В | С | | ٦ | | | | | | a Wolf Cub S Complete Achievem | | n earn | oy doin | ig the f | ollowi | ing thi | ngs: | |
| 8. Machine Power | Α | В | С | D | J | | | | | | Complete all Arrow | | n two o | f the fo | ollowin | g thre | e elect | ives: | |
| 9. Let's Have a Party | A | В | С | | | 1 | _ | | | | 13. Bir | ds | | | | | | | |
| 10. American Indian Lore | Α | В | С | D | Е | F | Ţ | | | | 15. Gre | | ething | | | | | | |
| 11. Sing-Along | Α | В | С | D | Е | F | | | | | 19. Fis | | 00000 | ation - | raiact | in add | lition t | o tha s | hovo |

Participate in a den or pack conservation project in addition to the above.

| Addr | ess: | | | | | Name | : | | |
|--|---|--|---|-------------------------------------|---|-----------------|------------------|-----|----------------|
| Phor | ne: | | E-Ma | il: | | Birthda | ay: | | |
| | BOBCAT | 1 2 3 4 | Law of the | of Webelos | 5 Handshake 6 Motto 7 Salute 8 Parent's Gu | | Wolf Awa | | |
| 1 2 3 4 5 6 7 8 | Feats of Skill (Do A-E +1) Your Flag Keep Your Body Healthy Know your Home and Community Tools for Fixing & Building Start a Collection Your Living World Cooking & Eating Per Safe at Home on the Street | 1 2 3 4 5 6 7 8 | A B A B A B A B A B A B A B A B | | F G | | Attenda Month | | yr. f Meetings |
| 10 11 12 | Be Safe at Home on the Street Family Fun (Do A +2) Duty to God Making Choices (Do A +4) ELECTIVES (Optional) It's A Secret | 10 11 12 | A B A B | C D E C D E | F G H | I J K | | | |
| 3 4 5 6 7 8 | Be an Actor Make it Yourself Play a Game Spare Time Fun Book, Books, Books Foot Power Machine Power Let's Have a Party | 2 3 4 5 6 7 8 | A B A B A B A B A B A B A B A B A B | C D E C D E C D E C D E C D E C D C | F | | | | |
| 11 12 13 14 15 16 17 18 | American Indian Lore Sing Along Be and Artist Birds Pets Growing Something Family Alert Tie it Right Outdoor Adventure Fishing | 10 11 12 13 14 15 16 17 18 19 | A B A B A B A B A B A B A B A B A B A B | C D E C D E C D E C D E C D E | F F G F G | NOTES & misc. A | AWARDS ear | ned | Date |
| 21 22 | Sports Computer Fun Say it Right Let's Go Camping Gold Arrow Point earned Silver Arrow Points earned | 20 21 22 23 | A B I J A B A B A B | C D E K L N C C D E C D E | 1 N O | | | | |
| | Served as Denner Assistant Denner | | to to | | _ | | | | |

Wolf/Front

U298

Revised -4/2011

INDIVIDUAL CUB RECORD - WOLF

| INDIVIDUAL | COD INECON |
|---|------------------|
| Den | |
| +++++++++++++++ | ++++++++++++++++ |
| PERSON | NAL DATA |
| Name: Address: | |
| Home Phone: Date of Birth: | |
| School: | |
| Grade: | |
| Mother's Name: Mother's Other Phone: Mother's Email: | |
| Father's Name: Father's Other Phone: Father's Email: | |
| | ++++++ |
| MEMBER | SHIP DATA |
| Date Joined | |
| This Pack: | |
| To Wolf Den: | |
| To Another Den/Pack: | |
| Comments: | |
| | |



| | ATTENDANCE (Pack-P, Den-D, Event-E) | | | | | | | | | | |
|------|-------------------------------------|---|--|---|--|--|--|--|--|--|--|
| Date | | | | | | | | | | | |
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| Date | | | | | | | | | | | |
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| Date | | | | | | | | | | | |
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| BELT LOOPS (BL) AND PINS (P) | | | | | | | |
|------------------------------|------------------|--|--|--|--|--|--|
| ACADEMICS | SPORTS | | | | | | |
| Art | Archery | | | | | | |
| Astronomy | Badminton | | | | | | |
| Chess | Baseball | | | | | | |
| Citizenship | Basketball | | | | | | |
| Collecting | BB Shooting | | | | | | |
| Communicating | Bicycling | | | | | | |
| Computers | Bowling | | | | | | |
| Geography | Fishing | | | | | | |
| Geology | Flag Football | | | | | | |
| Heritages | Golf | | | | | | |
| Language & Culture | Gymnastics | | | | | | |
| Map & Compass | Ice Skating | | | | | | |
| Mathematics | Marbles | | | | | | |
| Music | Physical Fitness | | | | | | |
| Science | Roller Skating | | | | | | |
| Weather | Snow Ski & Board | | | | | | |
| Wildlife Conservation | Soccer | | | | | | |
| | Softball | | | | | | |
| | Swimming | | | | | | |
| | Table Tennis | | | | | | |
| | Tennis | | | | | | |
| | Ultimate | | | | | | |
| | Volleyball | | | | | | |

Name: _____ **Bobcat Badge Trail** Cub Scout Law of the Meaning of **Cub Scout** Cub Scout **Cub Scout Cub Scout** Read the **Bobcat Badge** Promise Pack Webelos Handshake Motto Salute Family Guide Received Sign Wolf Badge Trail **Achievements** Α В C D Ε G Н Κ 1. Feats of Skill-Do all a-e and one of f to I. 2. Your Flag 3. Keep Your Body Healthy 4. Know Your Home and Community Tools for Fixing and Building 6. Start a Collection 7. Your Living World 8. Cooking and Eating 9. Be Safe at Home and On the Street 10. Family Fun-Do a and two b-g. 11. Duty to God 12. Making Choices-Do a and four b-k. **Arrow Points** В С 1. It's a Secret Α D С D Α В Ε 2. Be an Actor 3. Make It Yourself Α С D В Ε В С D Ε 4. Play a Game Α F Α В С D Ε G 5. Spare-Time Α В С 6. Books, Books, Books 7. Foot Power Α В С С 8. Machine Power Α В D С 9. Let's Have a Party Α В 10. American Indian Lore Α В С D Ε С D Ε Α В F 11. Sing-Along 12. Be an Artist Α В С D Ε F E С D Α В F 13. Birds 14. Pets Α В С D В С D Α Ε 15. Grow Something Α В С 16. Family Alert Α В С 17. Tie It Right D Ε F G С D Ε G 18. Outdoor Adventure Α В F С D Α В Ε F 19. Fishing С D 20. Sports Α В Ε F G Н J Κ М N 0 L Α В С 21. Computers 22. Say It Right Α В С D Ε Α В С D Ε 23. Let's Go Camping G Н **World Conservation Award** Achievement 7 and all arrow points in two of: 13 15 19 Den/Pack Conservation Project 2 3 **World Conservation Award** 1 4 5 6

INDIVIDUAL CUB ADVANCEMENT RECORD

Bear Cub Scout Record

| Name | Birthdate | Phone | | | | | | | | |
|---|---|--------------------------|------|--------|------|--------|--------|--------|------|---|
| 1 | Bear | Electiv | es - | Arr | ow P | oint | ts_ | | | |
| Achievements Do | of these | 1. Space | A | В | С | D | Е | F | | |
| GOD (1) | | 2. Weather | A | В | С | D | Е | F | | |
| 1. Ways We Worship Both | A B | 3. Radio | A | В | | | • | | | |
| 2. Emblems of Faith 1 | A | 4. Electricity | A | В | С | D | Е | | | |
| COUNTRY (3) | | 5. Boats | A | В | С | D | Е | | | |
| 3. What Makes America Special a&j +2 | A B C D E F G H I J | 6. Aircraft | A | В | С | D | Е | F | G | |
| 4. Tall Tales all 3 | A B C | 7. Things That Go | A | В | С | D | | | | • |
| 5. Sharing World With Wildlife any 4 | A B C D E | 8. Cub Scout Band | A | В | С | D | | | | |
| 6. Take Care of Your Planet any 3 | A B C D E F G | 9. Art | A | В | С | A | Α | A | A | A |
| 7. Law Enforcement is a Big Job all 6 | A B C D E F | 10. Masks | A | В | С | | _ | | | |
| FAMILY (4) | | 11. Photography | A | В | С | D | | | | |
| 8. The Past is Exciting G + 2 | A B C D E F G | 12. Nature Crafts | A | В | С | D | Е | F | G | Н |
| 9. What's Cooking? any 4 | A B C D E F G | 13. Magic | A | В | С | D | | | | |
| 10. Family Fun both | A B | 14. Landscaping | A | В | С | D | С | С | C | С |
| 11. Be Ready! a thru e + g | A B C D E F G | 15. Water & Soil Conserv | A | В | С | D | E | | | |
| 12. Family Fun Outdoors any 3 | A B C D E | 16. Farm Animals | A | В | С | D | | | | |
| 13. Saving Well, Spending Well any 4 | A B C D E F G | 17. Repairs | A | В | С | D | Е | Е | Е | Е |
| SELF (4) | | 18. Backyard Gym | A | В | С | D | | • | | |
| 14. Ride Right a + 3 | A B C D E F G | 19. Swimming | A | В | С | D | Е | | | |
| 15. Games, Games, Games any 2 | A B C | 20. Sports | A | В | С | D | Е | F | F | F |
| 16. Building Muscles all 3 | A B C | 21. Sales | A | В | | | | | | |
| 17. Information, Please? a + 3 | A B C D E F | 22. Collecting Things | A | В | С | В | В | В | В | В |
| 18. Jot It Down any 5 | A B C D E F G H | 23. Maps | A | В | С | D | Е | J | | |
| 19. Shavings and Chips all 4 | A B C D | 24. Indian Life | A | В | С | | | | | |
| 20. Sawdust and Nails all 3 | A B C | 25. Let's Go Camping | A | В | С | D | Е | F | G | Н |
| 21. Build a Model g + 2 | A B C D E F G | | [| Dates: | | | | | | |
| 22. Tying It All Up any 5 | A B C D E F | Bear Badge Awarded | | | l . | | | | | |
| 23. Sports, Sports, Sports all 5 | A B C D E | Progress Toward Rank | | | | | | Red B | eads | |
| 24. Be a Leader f + 2 | A B C D E F | Gold Arrow Point | | | | - | | | 1 | — |
| <u>—</u> | | Silver Arrow Points | | | | | | | - | |
| | | | | | | | | | | |
| | Conservation Award | World Conservation Award | | | (Can | only b | e earn | ed onc | e) | |
| | ard is an international award that n by doing the following things: | | | | | | | | | |
| Complete Achievement 5 Complete all Arrow Points in two of the fol | lowing three electives: | Dates s | erve | d in | Lead | lersl | hip | | | |
| 2. Weather 12. Nature Crafts | | Denner | | | | | | | | |
| 15. Water and Soil Conservat Participate in a den or pack conservation pr | | Assistant Denner | | | | | | | | |

| | | | Individu | ual (| Cub | Sco | ut F | Reco | ord | | | | | | | | | E | Bea | r |
|----------|---|----------|--------------------|-------|---------|---------|--------|------|--------|---|--------|--------|----|-------------------|--------|-------|------|----------|------|--|
| Addre | ess: | | | | | | | | | | Na | me: | | | | | | | | |
| hon | e: | | E-Mail: | | | | | | | | Bir | thday: | | | | | | | | |
| | BEAR | 1 | | | | _ | | owar | | | | | Da | ite Bear w | ras Av | ward | ed | | BEAR | |
| | CHIEVEMENTS (12 required *) 1 for GOD | J | | | | | | | | | | | | Atten | danc | ^ | ı — | | | vr |
| Ъ | 1 Ways We Worship | 1 | Do Both | Α | В | | | | | | | | | Month | | Date | s of | Mee | ting | yr. |
| | 2 Emblems of Faith | 2 | Do ALL | Α | | | | | | | | | | onen | | | 0. | | сВ | |
| * Do | 3 for COUNTRY | | | | | | | | | | | | | | | | | | | |
| | 3 What Makes America Special | 3 | Do A & J +2 | Α | В | С | D | Ε | F | G | ΗΙ | J | | | | | | | | |
| | 4 Tall Tales | 4 | Do ALL | Α | В | С | | | _ | | | | | | | | | | | |
| | 5 Sharing Your World With Wildlife | 5 | Any 4 | Α | В | С | D | Ε | | | | | | | | | | | | |
| | 6 Take Care of Your Planet | 6 | Any 3 | Α | В | С | D | Е | F | G | | | | | | | | | | |
| | 7 Law Enforcement Is a Big Job | 7 | Do ALL | Α | В | С | D | E | F | | | | | | | | | | | |
| * Do | 4 for FAMILY | _ | | | | | _ | Т- | - | | 1 | | | | | | | | | <u> </u> |
| | 8 The Past is Exciting & Important9 What's Cooking | 8 9 | Do G + 2 | A | B B | С | D D | E | F F | G | | | | | | | | \vdash | | <u> </u> |
| | 10 Family Fun | 10 | Any 4 Do ALL | A | В | C | U | | Г | G | | | | | | | | | | |
| | 11 Be Ready | 11 | Do A-E + G | A | В | С | D | Е | F | G | | | | | - | - | | | | |
| | 12 Family Outdoor Adventure | 12 | Any 3 | Α | В | С | D | E | | J | | | | | | | | | | |
| | 13 Saving Well, Spending Well | 13 | Any 4 | Α | В | C | D | Е | F | G | | | | | | | | | | |
| * Do | 4 for SELF | ı | | | | | | | | | | | | | | | | | | |
| | 14 Ride Right | 14 | Do A + 3 | Α | В | С | D | Ε | F | G | | | | | | | | | | |
| | 15 Games, Games, Games | 15 | Any 2 | Α | В | С | | | | | | | | | | | | | | |
| | 16 Building Muscles | 16 | Do ALL | Α | В | С | | | | | | | | | | | | | | |
| | 17 Information Please | 17 | Do A + 3 | Α | В | С | D | E | F | | | | | | | | | | | |
| | 18 Jot It Down | 18 | Do H + 4 | Α | В | С | D | Е | F | G | Н | | | | | | | | | <u> </u> |
| | 19 Shavings and Chips | 19 | Do ALL | A | В | С | D | | | | | | | | | | | \vdash | | |
| | 20 Sawdust and Nails21 Build a Model | 20 21 | Do ALL Do G + 2 | A | B B | С | D | Е | F | G | | | | | - | - | | Н | | |
| | 22 Tying it All Up | 22 | Any 5 | A | В | C | D | E | F | 0 | | | | | - | | | | | |
| | 23 Sports, Sports, Sports | 23 | Do ALL | Α | В | С | D | E | | | | | | | - | | | | | |
| | 24 Be a Leader | 24 | Do F + 2 | Α | В | С | D | E | F | | | | | | | | | | | |
| * The | e other 12 Achievements not used towards the B | ear R | | | lective | | rds ar | | ints. | | | | J | | | | | | | |
| | ELECTIVES (optional) | | | Α | rrow | Point | ts | | | | | NOT | ES | & misc. A | WAR | DS ea | arne | d | | |
| 1 | Space - ABCDEF | | List achie | eveme | ent or | electiv | ve#a | _ | | | Notes/ | Awards | | | | | | Da | te | |
| 2 | Weather - A B C D E F | | Gold | ļ | _ | ver | | Sil | ver | | | | | | | | | | | |
| 3 | Radio - A B | | 1 | | 1 | | | 1 | | | | | | | | | | | | |
| 4 5 | Electricity - ABCDE Boats - ABCDE | | 3 | | 3 | | | 3 | | | | | | | | | | | | |
| 6 | Aircraft - A B C D D D D E F G | | 4 | | 4 | | | 4 | | | | | | | | | | | | |
| 7 | Things That Go - ABCD | | 5 | | 5 | | | 5 | | | | | | | | | | | | |
| 8 | Cub Scout Band - A B C D | | 6 | | 6 | | | 6 | | | | | | | | | | | | |
| 9 | Art - A A A A B C | | 7 | | 7 | | | 7 | | | | | | | | | | | | |
| 10 | | | 8 | | 8 | | | 8 | | | | | | | | | | | | |
| 11 12 | | | 9 10 | | 9 | | | 9 | | | | | | | | | | | | |
| 13 | | | Silver | İ | | ver | | - | ver | | | | | | | | | | | |
| | Landscaping - ABCCCCD | | 1 | | 1 | | | 1 | | | | | | | | | | | | |
| | Water & Soil Conservation - A B C D | Е | 2 | 1 | 2 | | | 2 | | | | | | | | | | | | |
| 16 | Farm Animals - A B C D | | 3 | | 3 | |] | 3 | | | | _ | | | | | | | | |
| 17 | • | | 4 | | 4 | | | 4 | | | | | | | | | | | | |
| | Backyard Gym - A B C D | | 5 | | 5 | | | 5 | | | | | | | | | | | | |
| | Swimming - A B C D E | | 6 | | 6 | | | 6 | | | | | | | | | | | | |
| | Sports - ABCDEFFF Sales - AB | | 7 8 | | 7 8 | | | 7 | | | | | | | | | | | | |
| | Collecting Things - A B B B B C | | 9 | | 9 | | | 9 | | | | | | | | | | | | |
| | Maps - A B C D E | | 10 | | 10 | | 1 | 10 | | | | | | | | | | | | |

Back/Bear

U298

Revised -4/2011

Served as Denner
Assistant Denner

24 American Indian Life - A B C 25 Let's Go Camping - A B C D E F G H

INDIVIDUAL CUB RECORD - BEAR

| +++++++++++++++++++++++++++++++++++++++ |
|---|
| PERSONAL DATA |
| Name: |
| Address: |
| Home Phone: |
| Date of Birth: |
| School: |
| Grade: |
| Parent 1: |
| Phone: |
| Email: |
| Parent 2: |
| Phone: |
| Email: |
| MEMBERSHIP DATA |
| Date Joined This Pack: |
| To Another Den/Pack: |
| Comments: |
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| |

| | ATTENDA | NCE (Pack-P, I | Den-D. Ever | nt-E) |
|------|-----------|----------------|-------------|-------|
| Date | 7.1.1.2.1 | | | |
| Date | | | | |
| | | | | |
| Date | | | | |
| | | | | |

| BELT LOOPS (BL) AND PINS (P) | | | | | | |
|------------------------------|------------------|--|--|--|--|--|
| ACADEMICS | SPORTS | | | | | |
| Art | Archery | | | | | |
| Astronomy | Badminton | | | | | |
| Chess | Baseball | | | | | |
| Citizenship | Basketball | | | | | |
| Collecting | BB Shooting | | | | | |
| Communicating | Bicycling | | | | | |
| Computers | Bowling | | | | | |
| Geography | Fishing | | | | | |
| Geology | Flag Football | | | | | |
| Heritages | Golf | | | | | |
| Language & Culture | Gymnastics | | | | | |
| Map & Compass | Ice Skating | | | | | |
| Mathematics | Marbles | | | | | |
| Music | Physical Fitness | | | | | |
| Science | Roller Skating | | | | | |
| Weather | Snow Ski & Board | | | | | |
| Wildlife Conservation | Soccer | | | | | |
| | Softball | | | | | |
| | Swimming | | | | | |
| | Table Tennis | | | | | |
| | Tennis | | | | | |
| | Ultimate | | | | | |
| _ | Volleyball | | | | | |

Bobcat Badge Trail Cub Scout Law of the Meaning of Cub Scout Cub Scout **Cub Scout Cub Scout** Read the Bobcat Badge Promise Pack Webelos Handshake Motto Family Guide Salute Received Sign **Bear Badge Trail Achievements** DO Α В C D Ε G Н Ways We Worship 2 Do one for 1. 1 GOD 2. **Emblems of Faith** Do three for What Makes America Special? 3. A.J & 2 **COUNTRY** 4. Tall Tales 3 Sharing Your World w/Wildlife 5. 4 6. Take Care of Your Planet 3 Law Enforcement is a Big Job 6 7. Do four for 8. Past Exciting & Important g & 2 **FAMILY** 9. What's Cooking? 4 10. Family Fun 11. a to e & g Be Ready 12. Family Outdoor Adventures 3 Saving Well, Spending Well 4 Do four for 14. Ride Right a & 3 **SELF** 15. Games, Games, Games 2 16. **Building Muscles** 3 a & 3 17. Information, Please 18. Jot It Down h & 4 19. Shavings and Chips 4 20. Sawdust and Nails 3 g & 2 21. Build a Model Tying It All Up 22. 5 23. Sports, Sports, Sports! 5 f & 2 24. Be a Leader **Electives** В С D Ε F G Н 1. Space 2. Weather 3. Radio 4. Electricity 5. **Boats** 6. Aircraft 7. Things That Go 8. **Cub Scout Band** 9. Art 10. Masks 11. Photography 12. Nature Crafts 13. Magic 14. Landscaping 15. Water & Soil Conservation 16. Farm Animals 17. Repairs 18. Backyard Gym 19. Swimming 20. Sports 21. Sales 22. Collecting Things 23. Maps 24. American Indian Life 25. Let's Go Camping World Conservation Award Achievement 5 and all 2 12 15 Conservation Project requirements in two electives: 2 3 4 5 **Leave No Trace Awareness Award** 6

Name:

INDIVIDUAL CUB ADVANCEMENT RECORD

| Birthday:_ | |
|------------|--|
| Phone#. | |

| | WEBELO | OS BADGE CHART | |
|---------------|---|---|---------|
| Category | | Requirements | Awarded |
| Aquanaut | 1-3 + Any Three | 12345678123 | |
| Artist | 1-2 + Any Five | 1 2 3 4 5 6 7 8 9 10 11 123 | |
| Athlete | 1-5 + Any Two | 1 abc 2 3 4 5 6 7 8 9 | |
| *Citizen | 1-8 + Any Two | 1 abc 2 3 4 5 6 7 8 123 9 10 11 12 13 14 15 16 | |
| Communicator | Any Seven | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 123 15 123 16 | |
| Craftsman | All | 1 2 12 3 4 1234 | |
| Engineer | 1-2 + Any Four | 1 2 3 4 5 6 7 8 9 10 123 | |
| Family Member | 1-6 + Any Two | 1 2 3 4 5 6 7 8 9 10 11 12 123 13 | |
| *Fitness | 1 + Any Six | 1 abc 2345678 | |
| Forester | Any Five | 12345678910 | |
| Geologist | Any Five | 1 2 3 4 5 6 7 8 9 123 | |
| Handyman | 1 + Any Six | 1 abc 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 | |
| Naturalist | 1 + Any Five | 1 abc 2 3 4 5 6 7 8 9 10 11 12 13 | |
| **Outdoorsman | Any Two 1-4 Any Five 5-12 | 1 2 3 4 5 6 7 8 9 10 11 12 | |
| **Readyman | 1-8 + Any Two | 1 abc 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | |
| Scholar | 1 + Any Three 2-8 + Any Three 9-13 | 1 abc 2 3 4 5 6 123 7 123 8 123 9 10 11 12 13 | |
| Scientist | 1-4 +Any Six | 1 2 3 4 123 5 6 7 8 9 10 11 12 13 123 14 123 | |
| Showman | Any Six + additional 1 from each category | Puppetry 1 2 3 4 5 6 7 Music 8 9 10 11 12 13 14 15 12 3 Drama 16 17 18 19 20 21 22 23 | |
| Sportsman | All | 1 2 3 123 123 4 123 123 | |
| Traveler | Any Five | 1 2 3 4 5 6 7 8 9 10 11 12 123 13 123 | |

^{*}Required for <u>Webelos Badge</u> plus 1 badge from a different Activity Group. See pages 49 & 74 in Webelos Book = Total of 3 Activity Badges

^{**}Required for <u>Arrow of Light</u> plus 1 badge from the Mental Skills Group, Technology Group and 1 more of your choice = Total of 5 more Activity Badges. (**Total of 8 in all.**) See pages 63-64 in W. Book.

| Groups | Physical Skills: | Aquanaut | Athlete | Fitness | Sportsman |
|--------|------------------|-----------|--------------|------------|-------------|
| | Mental Skills: | Artist | Scholar | Showman | Traveler |
| | Community: | Citizen | Communicator | Family | Readyman |
| | Technology: | Craftsman | Engineer | Handyman | Scientist |
| | Outdoor: | Forester | Geo`ogist | Naturalist | Outdoorsman |

Webelos Progress

Name

| <u>Webelos Patch</u> | Arrow of Light Award |
|--|--|
| 1. Parents Guide 2. Active 3 months 3. Meaning of Webelos 4. Uniform 5. Earn Activity Badges: Fitness (pg. 246) Citizen (pg. 144) Additional Badge (different activity group than Fitness & | 1. Active 6 mo. + Webelos Patch 2. Boy Scout Knowledge A B C D E 3. Earn Five More Activity Badges Readyman Outdoorsman From Mental Skills Group From Technology Group |
| Citizen, pg.74) | Your Choice 4. Boy Scouts One Boy Scout Troop Meeting One Boy Scout Outdoor 5. Webelos Day Hike 6. Honesty Character Connection Completed: Awarded: |

Compass Points Badge and Emblems

| Webelos Badge (3) | Compass Emblem (4) | E Compass Point (4) | W Compass Point (4) | S Compass Point (4) |
|----------------------|-----------------------|------------------------|------------------------|------------------------|
| Fitness | | | | |
| Citizen | | | | |
| | | | | |
| | | | | |
| Completed: | Completed: | Completed: | Completed: | Completed: |

Academic Belt Loop and Pin Record Birthdate Phone

Name

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| Art | 1 | 2 | 3 | | | do 6 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | · | | |
| Astronomy | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Chess | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Citizenship | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | _ | | | |
| Collecting | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Communicating | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Computers | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Disability Awareness | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | | | |
| Family Travel | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | | _ | | | |
| Geography | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Geology | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | |
| Good Manners | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | - | | | | |
| Heritages | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Language & Culture | 1 | 2 | 3 | | | do 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Map & Compass | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Mathematics | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | | | | | | - | | | | |
| Music | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Nutrition | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | | | |
| Pet Care | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Photography | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Reading and Writing | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Science | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Video Games | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| Weather | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Wildlife Conservation | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
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Sports Belt Loop and Pin Record

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|---------------------------|----|-----|-----|---------|-------|----------|----|------------|-------|-------|-------|-------|-------|-------|-------|------|-------|-------|-----|--------|-------|
| Badminton | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| Baseball | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Basketball | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Bicycling | 1 | 2 | 3 | | | do 1 + 4 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Bowling | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | - | | | |
| Fishing | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Flag Football | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Golf | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | ı |
| Gymnastics | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Hiking | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Hockey | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| Horseback Riding | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Ice Skating | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Kickball | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Marbles | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | | | | | |
| Physical Fitness | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | _ | | | | |
| Roller Skating | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | - | | | |
| Skateboarding | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Snow Ski and Board Sports | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Soccer | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Softball | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | |
| Swimming | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| Table Tennis | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Tennis | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Ultimate | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Volleyball | 1 | 2 | 3 | | | do 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | |
| Archery * | | | | | | ? | | M | ust b | e ear | ned a | t BS. | A fac | ility | range | | | | | | |
| BB Gun * | | | | | | ? | | M | ust b | e ear | ned a | t BS. | A fac | ility | range | | | | | | |
| You may rec | or | d 1 | bel | lt loop | s and | pins be | lo | W 1 | tha | ıt l | ıav | e 1 | be | en | do | ne a | an ac | dditi | ona | l time | |
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| UNPC Pow Wow CD - Aug 2011 | |
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| Phone | · · |

~ Den Chief Service Award ~

| Preparation | Set a good example by attitude and uniforming. The den chief has maintained the following for a period of six |
|--|---|
| Before you begin work on this service award, discuss with your den | months: A cheerful Scouting attitude within the den |
| leader and either your Scoutmaster or Cubmaster the role and importance of the den chief. Your discussion should include the | 7. Sinstituti essettini dicitate waiti ane den |
| following: | |
| The importance of the attitude of service within Boy Scouting. | Proper uniforming at den meetings |
| The attitude regarding service within the den.The attitude regarding service to the den leader. | |
| The attitude regarding service to the defineader. The importance of the attitude regarding leadership within | |
| Boy Scouting. The attitude regarding leadership within the den. | Be a friend to the boys in the den. The den chief understands the following: |
| ☐ The length of service to the pack. | The meaning of friendship |
| The need to purchase, carry, and use this book. | What Cub Scout-age boys are like The need to praise and build up the boys |
| Den Chief | Take part in weekly meetings. The den chief took part |
| has discussed the role of den chief with us and is now prepared to begin working for the award. | in weekly meetings for six months. |
| Cubmactor | |
| Cubmaster | Assist the den at the monthly pack program. The |
| Den Leader | den chief has assisted the den at the monthly pack program at least 3 times. |
| Service Requirements | program at loads o timos. |
| · | |
| Know the purposes of Cub Scouting. The den chief understands the purposes of Cub Scouting. | Know the importance of the monthly theme. The den |
| ☐ Help Cub Scouts achieve the purposes of Cub | chief has discussed the monthly theme and understands its importance. |
| Scouting . The den chief knows and uses the following within the den: | Meet as needed with the adult members of the den, |
| The Cub Scout Promise | pack, or troop. The den chief understands the need to work together. He has maintained a notebook (preferably the Cub Scou |
| The Law of the Pack | Leader Program Notebook) with the telephone numbers of the den |
| The Cub Scout motto The Cub Scout salute | leader, assistant Cubmaster who works with den chiefs, Scoutmaster and any other adult member of the troop or pack named by the der |
| The Cub Scout sign | leader. This notebook has been used to mark down the dates and times of all den functions for one year. The den chief has either |
| The Cub Scout handshake The meaning of Webelos | attended the annual pack planning conference or met with the Cubmaster to prepare his notebook. The den chief has called the |
| Be the activities assistant in den meetings. The den | leaders concerned if unable to attend scheduled meetings. |
| chief has led the following activities: | Complete Four of These Projects |
| Five Songs | Complete Pour of These Projects |
| | Serve as a staff member of a Cub Scout special event, |
| | such as a Scouting show, bicycle rodeo, etc. Serve as a staff member of a Cub Scout day camp or |
| Five Stunts or Skits | resident camp. |
| | Advance one Boy Scout rank. Assist in recruiting three new Cub Scouts: |
| | 1 |
| Five Games | 2. 3. |
| | Assist three Webelos Scouts to join a troop: |
| | 1. 2. |
| Five Sports Activities | 3. |
| | Help to plan and carry out a joint pack-troop activity. Recommend to your Scoutmaster another Boy Scout to |
| | be a den chief. |
| | |
| Period of Service | Training |
| Den Chief has served the pack faithfully for one full year. | 1100000 |
| Ben Chief has served the pack faithfully for one full year. Date Service Started | Attended den chief training or |
| | Was trained by the Assistant Cubmaster and den leader. |

Keeping Parents Involved

It is important to be in constant communication with parents. When boys come into a new Den, here are some ways that you can let the parents know what is involved, and what they can do with their boys to help them pass off family activities.

Much of this basic information would be good to give to a new leader also



Cub Scout Orientation



My son is 8...now what does he need?

- □ yellow neckerchief
- slide (if wanted we also make some)
- □ Wolf book
- ☐ Blue Cub Scout web belt
- □ Wolf Hat (if wanted)
- ☐ Scout Shirt

To go on the shirt he will need -Utah National Parks Council Emblem

Pack Numerals 1162

World Crest Patch

These can be purchased at:

* Orem Scout Office

748 N. 1340 W. 437-6222

What do the Cub Leaders do?

The cub scout leaders plan weekly Den Meetings trying to pass off requirements for belt loops, academics and sports pins, patches, and arrow point electives. Some wolf requirements will be worked on, but we will focus mainly on belt loops, academics and sports pins, and patches. Once a month we will hold Pack meetings where families are invited to watch the scouts receive awards.

What can parents do?

First, parents can work with their Cub Scout to earn their Bobcat Rank. It is a very simple and easy rank to earn.

Next, it would really help the leaders if parents will work on wolf requirements at home with their boys and report back to leaders of finished requirements. Once wolf requirements are done, parents can also work on patches, belt loops and academics and sports pins as the boys want.

Please help your scout keep his scout uniform current with all of the awards he receives placed in the right place on the shirt, belt, and red vest.

What can the Cub Scout do?

First, the cub scout can work with their parents to earn their Bobcat Rank. It is a very simple and easy rank to earn.

The Cub Scout should attend all Den and Pack Meetings. He should read through his book on a regular basis finding things he can do on his own or with the help of a family member, then make sure it is signed off in the book.

The Cub Scout should wear his uniform (shirt, neckerchief, and slide) to all Den and Pack Meetings. Shirt should be buttoned and tucked in, and he should "Do his Best" at whatever is asked of him.

Den Doodle

Our Den made a Den Doodle, and the boys earn beads and other fun stuff to put on the den doodle every week. On one string they will get up to 8 beads a week. They are for:

- 1. Being on time. Be in the room by 4:00.
- 2. Wearing their Cub Scout Shirt.
- 3. Bringing their Wolf Book
- 4. Wearing their Neckerchief
- 5. Wearing the (Neckerchief) Slide of the Month
- 6. Wearing the Red Vest
- 7. Cub Scout Den Hat
- 8. Passing off something during the week. (Please write it on the post it note inside the front cover. Then I won't have to look through every page every week.)

When they get 50 beads, they will be able to trade them in for a large candy bar and a feather to put at the top of their string. Then they will start all over.

On another piece of leather, they will be getting popsicle sticks to put on for every requirement they have passed off at home during the week. They will get one for every requirement you have written on the post it note at the front of their book.

What is the red vest?

At den meetings we work on patches, and pins and a lot do not go on the cub scout shirt. Those that do not can be worn on the red vest

| DUI M | cerings | |
|-------|-------------------------|------|
| | Den Meetings are held | |
| | Den weetings are neid _ | |
| | | |
| | | |

Pack Meetings Pack Meetings are held _____th

Bobcat Badge

Don Mootings

To earn the Bobcat badge, 8 things must be done at home with the family. In cub scouting, parents can and should pass off things at home. Please write them in your book.

Wolf Badge

After you have earned the bobcat badge, you should work on the Wolf badge. To earn the Wolf badge, there are about 50 requirements that must be done. Some of them they can only work on at home with their family. They are listed on another page. Please work on those with your cub scout and then start on the others.

Boys Life

This is a magazine for Cub Scouts and the boys really enjoy reading it. Boys can earn a Boys Life patch by reading the magazine and doing a few other things.

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WOLF ACHIEVEMENTS THAT NEED TO BE DONE WITH FAMILY

Achievement #3 page 56-59

3a. Make a chart & keep track of your health habits for two weeks.

Achievement # 4 page 61-63

- 4a Emergency numbers
- 4d Leaving home with family...
- 4e Family job chart

Achievement #7 page 75

7b Discussion with family

Achievement #8 page 80-81

- 8b Plan meals for family
- 8c Help fix one meal, set table, cook and wash dishes
- 8d fix own breakfast and clean up
- 8e cook an outdoor meal

Achievement #9 page 83-84

- 9b Check home safety
- 9c Check for Danger from Fire (We will visit the fire station at Cubs)

Achievement #10 page 90-93

- 10b Make & play game with family
- 10c plan a walk, or go to park, zoo or museum
- 10d read a book or magazine with family
- 10e decide what to watch on TV or listen on radio
- 10f attend a concert, play or live program
- 10g Family board game night

Achievement #11 page 96-97

- 11b Talk with parent about belief and duty to God
- 11c Give ideas on how to show your religious belief
- 11d Find something to help at church

Elective # 16 page 188

- 16a Talk with family about what to do in emergency
- 16b Know where to find food and water in home for emergency. Tell how to purify water, shut off water, electric, and gas.
- 16c First aid kit





Things you can do as a Parent to help your Gub Scout...

- 1. Be sure your boy attends weekly Den Meetings. Remind him to be on his best behavior while he is there.
- 2. Remind him to wear his uniform to school on Den Meeting days, or at least have is laid out and ready to go so he can change quickly. Have his uniform clean and all appropriate patches sewn on so he looks great at all scout functions.
- 3. HELP HIM TO ACHIEVE! Read his handbook, familiarize yourself with his requirements, many of them are done with the family, and at home. Read the parents supplement at the front of his book.
- 4. Make sure that your Cub is doing his very best. Don't sign off achievements unless he has really earned each part of it. Don't count things he did as a wolf toward his bear. He needs to do each item during that year since his birthday.
- Attend Pack Meetings with your son and bring the family! Be alert to his behavior during the meeting, the Den Leader is not solely responsible for him, or his actions during pack meeting.
- 6. Be willing to assist with costumes, skits, crafts, outings, refreshments, Scout Expo, etc.
- 7. Always remember that Cub Scouting is Family Oriented. It is designed to help parents with their boys. The Den and Pack cannot help your boy grow without you.

As the Law of the Pack states....

*The Pack helps the Cub Scout Go,

the Cub Scout helps the Pack Grow.*



Badges of Rank in Cub Scouting

As a Cub Scout, the boys will be working toward earning 5 Badges of Rank. They are Bobcat, Wolf, Bear, Webelos, and the Arrow of Light.





Bobcat Badge: The Bobcat Badge is the first rank every Cub Scout must earn. The Cub must learn the Cub Scout Promise, the Law of the Pack, the meaning of Webelos, the Cub Scout sign, Handshake, Motto, and salute. They must also complete exercises in the "Child Abuse" booklet with their parents. This patch is worn at the top of the left pocket.



Immediate Recognition Patch: This is a plastic diamond worn on the button of the right shirt pocket. A yellow bead is added for each three Wolf Achievement sections passed off. A red bead is added for each three Bear Achievement sections passed off. This emblem is worn until the Cub becomes a Webelos Scout.



Wolf Badge: The Wolf badge is earned by the 8 year old Cub Scout by meeting the requirements in the Wolf book. The activities are primarily completed at home with the parents and then recorded by the Den Leader. The patch is worn on the left pocket below and to the left of the Bobcat patch.



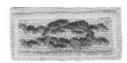
Arrow Points: Although boys may be working on & passing off Electives in their book, Arrow points cannot be earned for the Wolf rank until they have earned their Wolf Badge. After the Wolf Badge is earned, the boys can receive one Gold Arrow Point for the first 10 electives completed, and Silver Arrows are awarded for each additional ten completed electives. Arrow Points are worn on the left pocket below the Wolf Badge.



Bear Badge: The Bear Badge is earned by the 9 year old Cub Scout by meeting the requirements in the God, Country, Family, and Self sections of the Bear book. Not all of the requirements need to be finished. The boys need to finish a certain amount from every section. The activities are primarily completed at home with the parents and then recorded by the Den Leader. The patch is worn on the left pocket below and to the right of the Bobcat Badge.



Arrow Points: Although boys may be working on & passing off Electives in their book, Arrow points cannot be earned for the Bear rank until they have earned their Bear Badge. After the Bear Badge is earned, the boys can receive one Gold Arrow Point for the first 10 electives completed, and Silver Arrows are awarded for each additional ten completed electives. Achievement not used for earning the Bear Badge, but still completed also count toward Arrow Points. Arrow Points are worn on the left pocket below the Wolf Badge.



Scouting Religious Square Knot Emblem: The Faith in God book will be used in conjunction with the Cub Scout Program. The boys can earn the Scouting Religious Square Knot Emblem by completing all 7 specially marked activities in the Faith in God book. The square knot is worn above the left pocket, and is one of only a few Cub Scouting awards that can be worn on the Boy Scout Uniform.



Webelos Colors: These are green, red, and gold streamers on a blue metal bar. This optional bar can be worn by Webelos Scouts on the right sleeve immediately below the U.S. flag. If the colors are worn, activity badges (pins) are worn on the streamers as they are earned.



Webelos Badge: The Webelos Badge is earned by the 10 year old Cub Scout by meeting specific requirements from the Webelos book in preparation to becoming a Boy Scout. For a Webelos Scout the activities are verified and signed off by the Webelos Leader. The patch is worn on the left pocket below the Wolf and Bear patches.



Compass Emblem and Points: The compass emblem is attached to the right pocket of a Webelos Scout. It is presented when the Webelos Scout has earned a total of 7 Activity badges – including the three required for the Webelos Badge. A compass point (pin) East, South, and West is added for each additional four activity badges earned. The Webelos Scout can therefore earn the Compass Emblem and all three Compass Points by earning 19 of the 20 possible Activity Pins.



Arrow of Light: This is the Highest award a Cub Scout can earn. It is earned by a second year Webelos Scout on his trail to becoming a Boy Scout. The Arrow of Light award is worn on the left pocket flap and is one of only a few Cub Scouting awards that can be worn on the Boy Scout Uniform.

CUB SCOUT PROMISE:

"I, ______,

PROMISE TO DO MY
BEST TO DO MY
DUTY TO GOD AND
MY COUNTRY, TO

HELP OTHER PEOPLE, AND TO OBEY
THE LAW OF THE PACK."

The Law of the Pack:

The Cub Scout follows Akela.
The Cub Scout helps the pack
go.

The pack helps the Cub Scout Grow.

The Cub Scout gives goodwill.

Webelos

Webelos is a Cub Scout Secret.

Cub Scouts know the secret. It is:

<u>We'll Be Loyal S</u>couts.



Cub Scout Sign:

The two fingers stand for two parts of the Promise - "to help other people" and "to obey." They look like a wolf's ears ready to listen to Akela. Give the Cub Scout sign when you say the Cub Scout Promise or the Law of the Pack.

Cub Scout Handshake:

Here's how to shake hands with another Cub Scout. Hold out your right hand just as you always do to shake hands. Put your first two fingers along the inside of the other boy's wrist. This means that you help and that you obey the Law of the Pack.

Cub Scout Motto:

DO YOUR BEST is the Cub Scout Motto. It means when your play a game, do your best to help your team. When you study in school, do your best to learn from your teacher.

When you help at home, do your best to help your family.

Whatever you do, do your best.

Welcome to the Bear Den!



My son is 9...now what does he need?

- ☐ Blue neckerchief
- ☐ Bear book
- Bear Hat (if wanted)

These can be purchased at:

- * Orem Scout Office 748 N. 1340 W. 437-6222
- * Christenson's in American Fork 56 W. Main 756-4741

What can you do?

You can start working on your Bear achievements that can be done with your family. They are listed on the other page. These are things we can not work on at den meetings since they are to be done with the family. Start with those, and make sure to write them in the front of your bear book on a post-it note.

After you do the family requirements, you are also welcome to work on other achievements, arrow points, Faith in God, belt loops & pins, and patches. Please write anything finished in the front of your bear book.

Faith in God

By now you should have finished 2 goals in each of the three areas. We encourage you to continue to work on memorizing Articles of Faith, doing the Basic Requirements, and also doing other goals you choose. We will also work on some in Den Meetings.

Den Meetings

Den Meetings are every Tuesday except the night of Pack Meeting. We meet at 4:00 at the church in the Primary Room.

Pack Meetings

Pack Meetings are still the 4th Tuesday of every month. They are held at 5:45 in the Cultural Hall, and are for the whole family.

Earning the Bear Badge

To earn the Bear Badge, 12 of the 24 sections of requirements must be finished:

- God (1 of 2)
- Country (3 of 5)
- Family (4 of 6)
- Self (4 of 11)

Any requirements passed off that do not count toward their bear badge will be counted as an Arrow Point elective.

Den Doodle

We are still working on the Den Doodle. Boys will receive up to 8 beads per meeting. They are for:

- 1. Being on time. Be in the room by 4:00.
- 2. Wearing their Cub Scout Shirt.
- 3. Bringing their Bear Book
- 4. Wearing their Neckerchief
- 5. Wearing the (Neckerchief) Slide of the Month
- 6. Wearing the Red Vest
- 7. Cub Scout Den Hat
- 8. Passing off something during the week. (Please write it on the post it note inside the front cover. Then I won't have to look through every page every week.)

When they get 50 beads, they will be able to trade them in for a large candy bar and a feather to put at the top of their string. Then they will start all over.

On another piece of leather, they will be getting popsicle sticks to put on for every requirement they have passed off at home during the week.

BEAR ACHIEVEMENTS THAT CAN BE DONE WITH FAMILY

The bear trail has 24 achievements, 12 of which a boy must complete to earn the Bear badge. We do not have to pass off every goal for a boy to receive his bear badge. As with the wolf program, the bear program is for parents and children and den leaders to work on jointly. When your son is at home, you are Akela, and you can sign off achievements finished. Please try to finish at least one goal every week. When you do this, please record them in the front of your son's bear book on a post it note so we can keep our records current and try not to copy each other. As in the Wolf den, when you do things at home with your son, he will get beads and popsicle sticks to add to his den doodle to show how he is advancing in the program.



Achievement # 3

3b With the help of your family or den leader, find out about 2 famous

Americans. Tell the things they did or are doing to improve our way of life.

3d Find out where places of historical interest are located in or near your town or city. Go and visit one of them with your family or den.

Achievement #6

6a Save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center or use your community's recycling service.

6d List all the ways water is used in your home. Search for dripping faucets or other ways water might be wasted. With an adult, repair or correct those problems.

6e Discuss with an adult in your family the kinds of energy your family uses.

6f Find our more about your family's use of electricity.

Achievement #7

7c Help with crime prevention for your home.

7e Learn the phone numbers to use in an emergency or post them by each phone in your home.

Achievement #8

8d Trace your family back through your grandparents or great grandparents; or talk to a grandparent about what it was like when he or she was younger.

8f Start your own history: keep a journal for 2 weeks

Achievement #9

9c Prepare one part of your breakfast, one part of your lunch, and one part of your supper.

9d Make a list of the "junk" foods you eat. Discuss "junk" food with a parent or teacher.

9f With an adult, make a dessert for your family.

9g With an adult, cook something outdoors.

9c Check for Danger from Fire (We will visit the fire station at Cubs)

Achievement #10

10a Go on a day trip or evening out with members of your family

10b Have a family fun night at home.

Achievement #11

11e With your family, plan escape routes from your home and have a practice drill.

11f Have a health checkup by a physician. (Optional)

Achievement #12

12a Go camping with your family

12b Go on a hike with your family

12c Have a picnic with your family

12d Attend an outdoor event with your family

12e Plan your outdoor family day

Achievement #13

13a Go grocery shopping with a parent or other adult member of your family.

13b Set up a savings account.

13c Keep a record of how you spend money for 2 weeks.

13d Pretend you are shopping for a car for our family.

13e Discuss family finances with a parent or guardian.

13f Play a board game with your family that involves the use of play money.

13g With an adult, figure out how much it costs for each person in your home to eat one meal.

Achievement #14

14g Plan and take a family bike hike.

Achievement #15

15a Set up the equipment and play any two of these outdoor games with your family or friends.

Achievement #17

17a With an adult in your family, choose a TV show. Watch it together.

17b Play a game of charades at your den meeting or with your family at home.

17d Use a computer to get information. Write, spell-check, and print out areport on what you learned.

17f Talk with a parent or other family member about how getting and giving facts fits into his or her job.

Achievement #18

18c Keep a daily record of your activities for 2 weeks.

Achievement #23

23d Watch a sport on TV with a parent or some other member of your family.

23e Attend a high school, college, or professional sporting event with your family or your den.

Once your son has received his bear, start on Electives in the Arrow Point Trail! Have fun...

Page 159

WELCOME TO THE WEBELOS DEN!



My son is 10...now what does he need?

- ☐ Webelos neckerchief
- ☐ Webelos book
- ☐ Webelos Colors (ribbons for shoulder)
- ☐ Webelos Hat (if wanted)

 These can be purchased at:
 - * Orem Scout Office

748 N. 1340 W. 437-6222

* Christenson's in American Fork 56 W. Main 756-4741

Webelos Den Meetings

Webelos Meetings are held every Tuesday except the 4th Tuesday (because of pack meeting) at 5:30. Please wear your Cub Scout Shirt.

Faith in God

By now you should have finished 4 goals in each of the three areas. We encourage you to continue to work on memorizing Articles of Faith, doing the Basic Requirements, and also doing other goals you choose. This is your last year to finish up the regular goals before you start the 11 year old goals next year.

Pack Meetings

Pack Meetings are still the 4th Tuesday of every month. They are held at 5:45 in the Primary Room, and are for the whole family.

Can Parents help?

Parents can work with their Cub Scout to earn Webelos badges. There are 20 different Webelos badges possible to earn. There is a patch & certificate if all 20 are earned.

Earning the Webelos Patch

To earn the Webelos Badge, Requirements on pages 49-51 must be done. Also, the following Webelos badges must be earned:

- Fitness
- Citizen
- one other badge

Earning the Compass Points Emblem & points

To earn the Compass Points Emblem, first you must earn the Webelos Patch, and then the following Webelos badges must be earned:

- Fitness
- Citizen
- badge
- badge
- badge
- badge
- badge

After this Emblem is earned, for each additional 4 badges earned, another Compass Point (Pin) is awarded.

Earning the Arrow of Light

To earn the Arrow of Light, first you must earn the Webelos Patch, and be active for 6 months. Finish requirements on pages 63 & 64, and then earn 5 Webelos badges including the following:

- Readyman
- Outdoorsman
- (Mental Skills) Badge
- (Technology) Badge
- _____Badge

WEBELOS ACHIEVEMENTS THAT NEED TO BE DONE WITH FAMILY

Artist Scoreboard page 366 # 4 Profile of family member

Family Member Scoreboard page 377

1 Meaning of family

#2 Job chart

3 Inspect home make and one correction

4 List of family spending

#5 Talk about garbage and trash Do 2 of the following

6 Family energy plan

#7 Family fun

#8 Clean home

9 Two family clothes washings

10 Four family meetings

Fitness Scoreboard page 379

1 Child and drug abuse in handbook

Do 3 of the following

3 Five effects of smoking

4 Tell about drugs

5 Tell of balanced diet

#6 Tell about alcohol

Handyman Scoreboard page 382

#1 Wash car

#*2 Change a tire

#*3 Replace bulb in car taillight, turn signal,

parking light or headlight

#4 Check oil level and tire pressure

#9 Arrange storage area for household

cleaners and materials

#10 Build sawhorse and stool to use around

the home

#ll Mow a lawn

#12 Arrange storage area for hand tools or garden tools

**#13 Clean and properly store hand tools or garden tools *

**#14 Mark hand tools or garden tools for identification

Naturalist Scoreboard page 384

#3 Visit a museum of natural history, nature center, or zoo

Outdoors man Scoreboard page 385

4 Help with a campout of 2 nights away from home or two I night camp outs

#5 An evening outdoor activity that includes a campfire

*#6 Cook own meal outdoors

Scholar Scoreboard page 390

#7 Ask parents school survey questions

Traveler Scoreboard page 396

#4 Take a trip to someplace that interest you

by boat, bus, train, or plane

#5List 4 trips and map out * be navigator on one trip of at least 25 miles and 6 or more

hirns

#6 Pack a suitcase

#7 Check a first aid kit in car

Other Forms for Den Leaders

Here are some other forms that can be used by Den Leaders. Hope you enjoy them.

Some of this information is specific to the leader who created it. These are just examples of forms or documents you might want to have. So, take what you like about it and make your own version.

Welcome to Cub Scouts!



I am a Leader...now what do I need?

- Scout Shirt (Please wear to every Den and Pack Meeting)
- Book for current Den
- Council Patch, Numerals 1162
 These can be purchased at:
 - * Orem Scout Office 748 N. 1340 W. 437-6222
 - * Christenson's in American Fork 56 W. Main 756-4741

Training, Training, Training is so important

- Basic Training- The stake has asked that all leaders be basic trained at least every 2 years.
- Round Table- Round Table is held every month on the 2nd Thursday. This is part of your calling, and you should attend every month if possible.
- Pow Wow- Once a year in October our council holds a leader Pow Wow which gives lots of great training and ideas for the coming year to leaders.
- Akela's Council- Once a year our Council holds
 Akela's Council to train leaders. It is a 4 day
 training and well worth the time invested.
- <u>Wood Badge-</u> This 4 day training is offered multiple times during the year. It is one of the highest training opportunities we will be able to attend.

Den Meetings

Den Meetings are held every Tuesday except the 4^{th} Tuesday (because of pack meeting). Please wear your Scout Shirt.

Pack Meetings

Pack Meetings are still the 4th Tuesday of every month. They are held at 5:45 in the Primary Room, and are for the whole family.

Faith in God

As leaders, we should be working on Faith in God with our boys. Please make sure they are finishing at least 2 goals in every area every year.

Can Parents help?

Parents can work with their Cub Scout to pass off any of the Cub requirements. Please find a way that best helps you communicate with parents.

Newsletters

Please pass out a monthly newsletter to let parents know what has and will be done during the month. If their son has missed an activity, let them know what was missed so they can do it at home.

Tracking

Tracking is vital to the Cub Scout Program. Please keep good track of what you have accomplished with the boys. Also, make sure dates awards are earned are kept current on your tracking records.

Keep a weekly roll

The best way to stay up on tracking is to keep a weekly roll of who attended den meeting, and what requirements were passed off that day. It saves a lot of headache when it comes to filling out the charts. Charts don't need to be done every week, but a roll is vital.

Please plan 3 months out

We have been asked to keep a plan in our den at least 3 months ahead of schedule. Please meet with your partner on a regular basis and make sure you are planned 3 months ahead.

Have Parents help Advancing Boys

After a boy has been in your den for 6-8 months, please meet with parents and discuss advancement. Give them a copy of all the tracking sheets you have on their boy, and let them know what they can do to help their son advance. It helps if parents have time to work on achievements and not feel rushed.

Make sure awards are earned

Please make sure that boys have passed off all requirements before giving any awards.

Meetings to attend

- <u>Cub Committee Meeting</u> is every 2nd Sunday at 9:00 a.m. at <u>Lyle Ball's hou</u>se. It is for everyone involved in the Cub Scouting Program.
- Round Table is every 2nd Thursday at 7:00 at the Village Way Chapel in Alpine

| | Scouts of Pac | k | |
|---|-----------------|---------|------------------|
| Webelos Den | Phone # | Address | Birthdate |
| Names | Here | | |
| | | | |
| WEBLOS | | | |
| | | | |
| | | | |
| Bear Den | Phone # | Address | Birthdate |
| BEAR | | | |
| Wolf Den | Phone # | Address | Birthdate |
| WOLF - | | | |
| Boys turning 8 this year: | | | |
| Cub Soor | at Londons of D |)oolz | |
| | it Leaders of P | | E Mail |
| Pack Leaders | It Leaders of P | Address | E-Mail |
| Pack Leaders Cubmaster – | | | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee | | | E-Mail E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Committee Member - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Committee Member - Committee Member - | Phone # Phone # | Address | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - | Phone # | Address | |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Webelos - | Phone # Phone # | Address | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Committee Member - Committee Member - Webelos - Webelos - | Phone # Phone # | Address | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Committee Member - Den Leaders Webelos - Webelos - Bear - | Phone # Phone # | Address | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Comittee Member - Webelos - Webelos - Bear - Bear - | Phone # Phone # | Address | E-Mail |
| Pack Leaders Cubmaster – Ast. Cubmaster - Pack Committee Committee Chair - Committee Member - Committee Member - Comittee Member - Den Leaders Webelos - Webelos - Bear - | Phone # Phone # | Address | E-Mail |

We are part of the _____ District in the Utah National Parks Council. www.utahscouts.org
The National Boy Scouts of America. www.scouting.org

The **Council Office & Scout Shop** is located at 748 North 1340 West in Orem (800 N exit - then west of the freeway) and is open Mon-Fri 8:30am-5:30pm and Saturday 9am-2pm The Phone # is 437-6222.

Roll For _____ March 8, 2011

| Josh | x |] - | Opening Prayer Jason |
|--|--------------------------------|-----------|---------------------------------|
| Jason | | | Closing Prayer Spencer |
| Andy | | | Bear Requirement 6a, 6b, 6c, 6d |
| Ryan | | | Bear Elective |
| | |] | Faith in God LLG 6 |
| It's good to keep a | record | like this | Basketball Belt Loop 1,2,3 |
| of who was there, | what was done It could come | | Pin |
| and who did what. in handy later in m | | | Patch |
| | - | _ | |
| | | _ | |
| | | | |
| Den Chief -Spencer | | | |
| Den Leader | X | _ | |
| Den Leader | Х | _ | |

Roll For _____

| Josh |
|---------------------|
| Jason |
| Andy |
| Ryan |
| |
| |
| |
| |
| |
| |
| |
| |
| Den Chief - Spencer |
| DL - |
| DL - |

Bear Achievements

GOD - DO 1 Achievement 1 - Ways We Worship

1a. Complete the Character Connection for Faith.

1b. Make a list of things you can do to practice your religion. Mark them off as

Achievement 2 - Emblems of Faith

2. Earn the religious emblem of your faith.

COUNTRY - DO 3

Achievement 3 - What Makes America Special ~Do requirements a and j and any two other requirements.

3a. Write or tell what makes America special to you.

3b. With the help of your family or den leader, find out about 2 famous Americans. Tell the things they did or are doing to improve our way of life.

3c. Find out something about the old homes near where you live. Go and see two of them.

3d. Find out where places of historical interest are located in or near your town or city. Go and visit one of them with your family or den.

3e. Choose a state; it can be your favorite one or your home state. Name its state bird, tree, and flower. Describe its flag. Give the date it was admitted to the

3f. Be a member of the color guard in a flag ceremony for your den or pack.

3g. Display the US flag in your home or fly it on three national holidays.3h. Learn how to raise and lower a U.S. flag properly for an outdoor ceremony.

3i. Participate in an outdoor flag ceremony.

3j. Complete the Character Connection for Citizenship.

Achievement 4 - Tall Tales ~ Do all 3 requirements.

4a. Tell in your own words what folklore is. List some folklore stories, folk songs, or historical legends from your own state or part of the country. Play the Folklore Match Game on page 48.

4b. Name at least five stories about American folklore. Point out on a United States map where they happened.

4c. Read two folklore stories and tell your favorite one to your den.

 $\underline{A \, chievem \, ent \, 5} \, - \, Sharing \, Your \, W \, orld \, \, with \, W \, ildlife \, \sim \, Do \, \, four \, \, of \, \, the \, \, requirements.$

5a. Choose a bird or animal that you like and find how it lives. Make a poster showing what you learned.

5b. Build or make a bird feeder or birdhouse and hang it in a place where birds can safely visit.

5c. Explain what a wildlife conservation officer does.

5d. Visit one of the following: Zoo, Nature Center, Aviary, Wildlife refuge, Game

5e. Name one animal that has become extinct in the last 100 years. Tell why animals

6a. Save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in

at a recycling center or use your community's recycling service.

6b. Plant a tree in your yard, on the grounds of the group that operates your Cub Scout pack, or in a park or other public place. Be sure to get permission first.

6c. Call city or county officials or your trash-hauling company and find out what happens to your trash after it is hauled away.

6d. List all the ways water is used in your home. Search for dripping faucets or other ways water might be wasted. With an adult, repair or correct those problems.

6e. Discuss with an adult in your family the kinds of energy your family uses.

6f. Find out more about your family's use of electricity.
6g. Take part in a den or pack neighborhood clean-up project.

Achievement 7 - Law Enforcement is a Big Job ~ Do all six requirements.

7a. Practice one way police gather evidence: taking fingerprints, taking shoeprints, or taking tire track casts.

7b. Visit your local sheriff's office or police station or talk with a law enforcement officer visiting your den or pack to discuss crime prevention.
7c. Help with crime prevention for your home.

7d. Be sure you know where to get help in your neighborhood.

7e. Learn the phone numbers to use in an emergency or post them by each phone in your

7f. Know what you can do to help law enforcement.

FAMILY - DO 4

Achievement 8 - The Past is Exciting and Important ~ Do requirement g and 2 others. 8a. Visit your library or newspaper office. Ask to see back issues of newspapers or an

8b. Find someone who was a cub scout a long time ago. Talk with him about what Cub Scouting was like then. 8c. Start or add to an existing pack scrapbook

8d. Trace your family back through your grandparents or great grandparents; or talk to a

grandparent about what it was like when he or she was younger. 8e. Find out some history about your community.

8f. Start your own history: keep a journal for 2 weeks.

8g. Complete the Character Connection for Respect.

Achievement 9 - What's Cooking? ~ Do four requirements.

ith an adult, bake cookies.

almanac.

9b. With an adult, make snacks for the next den meeting.

9c. Prepare one part of your breakfast, one part of your lunch, and one part of your

9d. Make a list of the "junk" foods you eat. Discuss "junk" food with a parent or teacher.

9e. Make some trail food for a hike.

9f. With an adult, make a dessert for your family.

9g. With an adult, cook something outdoors.

Achievement 10 - Family Fun ~ Do both of these requirements

Go on a day trip or evening out with members of your family.

10b. Have a family fun night at home. $\underline{ \textbf{Achievement 11} } \text{ - Be Ready} \sim \text{Do requirements a thru e and requirement g, f is only }$ recommended.

11a. Tell what to do in case of an accident in the home. A family member needs help. Someone's clothes catch on fire.

11b. Tell what to do in case of a water accident

11c. Tell what to do in case of a school bus accident.

11d. Tell what to do in case of a car accident.

11e. With your family, plan escape routes from your home and have a practice drill.

11f. Have a health checkup by a physician. (Optional)

11g. Complete the Character Connection for Courage. Achievement 12 - Family Outdoor Adventures ~ Do three requirements. 12a. Go camping with your family.

12b. Go on a hike with your family.

12c. Have a picnic with your family.12d. Attend an outdoor event with your family.

12e. Plan your outdoor family day.

Achievement 13 - Saving Well, Spending Well ~ Do four requirements.

13a. Go grocery shopping with a parent or other adult member of your family.

13b. Set up a savings account.

13c. Keep a record of how you spend money for 2 weeks. 13d. Pretend you are shopping for a car for your family.

13e. Discuss family finances with a parent or guardian.

13f. Play a board game with your family that involves the use of play money.13g. With an adult, figure out how much it costs for each person in your home to eat one meal.

SELF - DO 4

Achievement 14 - Ride Right ~ Do requirement a and three others.

14a. Know the rules for bike safety. If your town requires a bicycle license, be sure to get one.

14b. Learn to ride a bike, if you haven't by now. Show that you can follow a winding course for 60 feet doing sharp left and right turns, a U turn and an emergency stop.

14c. Keep your bike in good shape. Identify the parts of a bike that should be checked often.

14d. Change a tire on a bicycle.14e. Protect your bike from theft. Use a bicycle lock.

14f. Ride a bike for 1 mile without rest. Be sure to obey all traffic rules.

14g. Plan and take a family bike hike.

Achievement 15 - Games, Games, Games! ~ Do two requirements.

15a. Set up the equipment and play any two of these outdoor games with your family or friends.

15b. Play two organized games with your den.15c. Select a game that your den has never played. Explain the rules. Tell them how to play it, and then play it with them.

Achievement 16 - Building Muscles ~ Do all three requirements.

16a. Do physical fitness stretching exercises. Then do curl-ups, pushups, the standing long jump, and the softball throw.

16b. With a friend about your size, compete in at least six different two-person contests.

16c. Compete with your den or pack in the crab relay, gorilla relay, 30-yard dash, and kangaroo relay.

Achievement 17 - Information, Please ~ Do requirement a & three more requirements. 17a. With an adult in your family, choose a TV show. Watch it together.

17b. Play a game of charades at your den meeting or with your family at home.

17c. Visit a newspaper office or a TV or radio station and talk to a news reporter.
17d. Use a computer to get information. Write, spell-check, and print out a report on what you

17e. Write a letter to a company that makes something you use. Use e-mail or the U.S. Postal service.

17f. Talk with a parent or other family member about how getting and giving facts fits into his or her job.

Achievement 18 - Jot it Down ~ Do requirement h and four other requirements.

Make a list of the things you want to do today. Check them off when you have done them.

18b. Write two letters to relatives or friends.18c. Keep a daily record of your activities for 2 weeks

Write an invitation to someone.

18e. Write a thank-you note.
18f. Write your story about something you have done with your family.

18g. Write about the activities in your den.

18h. Complete the Character Connection for Honesty.

Achievement 19 - Shavings and Chips ~ Do all 4 requirements.

19a. Know the safety rules for handling a knife. 19b. Show that you know how to take care of and use a pocketknife.

19c. Make a carving with a pocketknife. Work with your den leader or other adult when doing this.

19d. Earn the Whittling Chip card.

Achievement 20 - Sawdust and Nails ~ Do all 3 requirements

20a. Show how to use and take care of four of these tools.

20b. Build your own toolbox.

20c. Use at least two tools listed in requirement a to fix something.

Achievement 21 - Build a Model ~ Do requirement g and two other requirements:

21a. Build a model from a kit.

21b. Build a display for one of your models.

21c. Pretend that you are planning to change the furniture layout in one of the rooms in your home. 21d. Make a model of a mountain, a meadow, a canyon, or a river.21e. Go and see a model of a shopping center or new building that is on display somewhere.

21f. Make a model of a rocket, boat, car, or plane.

21g. Complete the Character Connection for Resourcefulness.

Achievement 22 - Tying It All Up ~ Do five requirements.

Whip the ends of a rope. 22b. Tie a square knot, bowline, sheet bend, two half hitches, and slip knot. Tell how each knot is used.

22c. Learn how to keep a rope from tangling.

22d. Coil a rope. Throw it, hitting a 2 foot square marker 20 feet away. 22e. Learn a magic rope trick.

22f. Make your own rope.

Achievement 23 - Sports, Sports, Sports! \sim Do all 5 requirements. 23a. Learn the rules of and how to play three team sports.

23b. Learn the rules of and how to play two sports in which only one person is on each side.

Take part in one team and one individual sport. 23c.

23d. Watch a sport on TV with a parent or some other member of your family.

23e. Attend a high school, college, or professional sporting event with your family or your den.

Achievement 24 - Be a Leader ~ Do requirement f and two other requirements.

24a. Help a boy join Cub Scouting or help a new Cub Scout through the Bobcat trail.

24b. Serve as a denner or assistant denner.

Plan and conduct a den activity with the approval of your den leader.
 Tell two people they have done a good job.

24e. Leadership means choosing a way even when not everybody likes your choice. Talk about

the following scenarios.

24f. Complete the Character Connection for Compassion.

Bear Arrow Point Trail

Elective 1 - Space

- 1a. Identify two constellations and the North Star in the night sky.
- 1b. Make a pinhole planetarium and show three constellations.
- 1c. Visit a planetarium.
- 1d. Build a model of a rocket or space satellite.
- 1e. Read and talk about at least one man-made satellite and one natural one
- 1f. Find a picture of another planet in our solar system. Explain how it is different from Earth. Elective 2 Weather
- 2a. Learn how to read an outdoor thermometer. Put one outdoors and read it at the same time every day for 2 weeks. Keep a record of each day's temperature and a description of the weather each day (fair skies, rain, fog, snow, etc.)
- 2b. Build a weather vane. Record wind direction every day at the same hour for 2 weeks. Keep a record of the weather for each day.
- 2c. Make a rain gauge.
- 2d. Find out what a barometer is and how it works. Tell your den about it. Tell what relative humidity means.
- 2e. Learn to identify three different kinds of clouds. Estimate their heights.
- 2f. Watch the weather forecast on TV every day for 2 weeks. Describe three different symbols on weather maps. Keep record how many times the weather forecast is correct.

- 3a. Build a crystal or diode radio. Check with your local craft or hobby shop or the nearest Scout shop that carries a crystal radio kit. It is all right to use a kit.
- 3b. Make and operate a battery-powered radio, following the directions with the kit

- Elective 4 Electricity
 4a. Wire a buzzer or doorbell.
- 4b. Make an electric buzzer game.
- 4c. Make a simple bar or horseshoe electromagnet.
 4d. Use a simple electric motor.
- 4e. Make a crane with an electromagnet lift.

Elective 5 - Boats

- 5a. Help an adult rig and sail a real boat.
- 5b. Help an adult repair a real boat or canoe.
- 5c. Know the flag signals for storm warnings.
- 5d. Help an adult repair a boat dock.
- 5e. With an adult on board, and both wearing PFDs, row a boat around a 100 yard course that has two turns. Demonstrate forward strokes, turns to both sides, and backstrokes.

Elective 6 - Aircraft

- 6a. Identify five different kinds of aircraft, in flight if possible, or from models or photos.
- 6b. Ride in a commercial airplane.6c. Explain how a hot-air balloon works.
- 6d. Build and fly a model airplane. (You may use a kit. Every time you do this differently, it
- counts as a completed project.)
 6e. Sketch and label an airplane showing the direction of forces acting on it (lift, drag, and load
- 6f. Make a list of some of the things a helicopter can do that other kinds of aircraft can't. Draw
- or cut out a picture of a helicopter and label the parts.

 6g. Build and display a scale model airplane. You may use a kit or build it from plans.

Elective 7 - Things That Go

- With an adults help, make a scooter or a Cubmobile. Know the safety rules.
- 7b. With an adults help, make a windmill.
- 7c. With an adults help, make a waterwheel.
- 7d. Make an invention of your own design that goes.

Elective 8 - Cub Scout Band

- 8a. Make and play a homemade musical instrument cigar-box banjo, washtub bull fiddle, a drum or rhythm set, tambourine, etc. 8b. Learn to play two familiar tunes on any musical instrument.
- 8c. Play in a den band using homemade or regular musical instruments. Play at a pack meeting.

8d. Play two tunes on any recognized band or orchestra instrument.

- Elective 9 Art 9a. Do an original art project and show it at a pack meeting. Every project you do counts as one requirement. Here are some ideas for art projects: Mobile or wire sculpture, silhouette, acrylic painting, watercolor painting, collage, mosaic, clay sculpture, silk
- 9b. Visit an art museum or picture gallery with your den or family.
- 9c. Find a favorite outdoor location and draw or paint it.

Elective 10 - Masks

- 10a. Make a simple papier-mache' mask. 10b. Make an animal mask.
- 10c. Make a clown mask.

Elective 11 - Photography

- 11a. Practice holding a camera still in one position. Learn to push the shutter button without moving the camera. Do this without film in the camera until you have learned how. Look through the viewfinder and see what your picture will look like. Make sure that everything you want in your picture is in the frame of your viewfinder.
- 11b. Take five pictures of the same subject in different kinds of light. 1- Subject in direct sun with direct light. 2- Subject in direct sun with side light. 3- Subject in direct sun with back light. 4- Subject in shade on a sunny day. 5- Subject on a cloudy day 11c. Put your pictures to use. 1- Mount a picture on a cardboard for display. 2- Mount a picture on cardboard and give it to a friend. 3- Make three pictures that show how
- something happened (tell a story) and write a one-sentence explanation for each.
- 11d. Take a picture in your house. 1- With available light. 2- Using a flash attachment or photoflood (bright light)

Elective 12 - Nature Crafts

- 12a. Make solar prints of three kinds of leaves.
- 12b. Make a display of eight different animal tracks with an eraser print. 12c. Collect, press, and label ten kinds of leaves.
- 12d. Build a water scope and identify five types of water life.
- 12e. Collect eight kinds of plant seeds and label them.
- 12f. Collect, mount, and label ten kinds of rocks or minerals.
- 12g. Collect, mount, and label five kinds of shells.
- 12h. Build and use a bird caller.

Elective 13 - Magic

- 13a. Learn and show three magic tricks.
 13b. With your den, put on a magic show for someone else.
 13c. Learn and show four puzzles.
- 13d. Learn and show three rope tricks.

Elective 14 - Landscaping

- With an adult, help take care of your lawn or flower beds or help take care of the lawn or flower beds of a public building, school, or church. Seed bare spots. Get rid of weeds. Pick up litter. Agree ahead of time on what you will do.
- 14b. Make a sketch of a landscape plan for the area right around your home. Talk it over with a parent or den leader. Show which trees, shrubs, and flowers you could plant to make the area look better.
- 14c. Take part in a project with your family, den, or pack to make your neighborhood or community more beautiful. These might be having a cleanup party, painting, cleaning and painting trash barrels, and removing ragweed. (Each time you do this differently, it counts as a completed project.)
- 14d. Build a greenhouse and grow twenty plants from seed. You can use a package of garden seeds or use beans, pumpkin seeds, or watermelon seeds.

Elective 15 - Water and Soil Conservation

- 15a. Dig a hole or find an excavation project and describe the different layers of soil you see and feel. (Do not enter an excavation area alone or without permission)
- 15b. Explore three different kinds of earth by conducting a soil experiment.
- 15c. Visit a burned-out forest or prairie area, or a slide area, with your den or your family. Talk to a soil and water conservation officer or forest ranger about how the area will be planted and cared for so that it will grow to be the way it was before the fire or slide.
- 15d. What is erosion? Find out the kinds of grasses, trees, or ground cover you should plant in your area to help limit erosion
- 15e. As a den, visit a lake, stream, river, or ocean (whichever is nearest to where you live). Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.

Elective 16 - Farm Animals

- 16a. Take care of a farm animal. Decide with your family the things you will do and how long you will do them.
- 16b. Name and describe six kinds of farm animals and tell their common uses
- 16c. Read a book about farm animals and tell your den about it.
- 16d. With your family or den, visit a livestock exhibit at a county or state fair.

Elective 17 - Repairs

- With the help of an adult, fix an electric plug or appliance.
- 17b. Use glue or epoxy to repair something. 17c. Remove and clean a drain trap.
- 17d. Refinish or repaint something.
- 17e. Agree with an adult in your family on some repair job to be done and do it. (Each time you do this differently, it counts as a completed project.)

Elective 18 - Backyard Gym

- 18a. Build and use an outdoor gym with at least three items from this list: 1-Balance board,
 2-Trapeze, 3-Tire walk, 4-Tire swing, 5-Tetherball, 6-Climbing rope, 7-Running long jump area.
- 18b. Build three outdoor toss games
- 18c. Plan an outdoor game or gym day with your den. (This can be a part of a pack activity.) Put your plans on paper.
- 18d. Hold an open house for your backyard gym. **Elective 19** Swimming

- 19a. Jump feetfirst into water over your head, swim 25 feet on the surface, stop, turn sharply, and swim back
- 19b. Swim on your back, using the elementary back-stroke, for 30 feet.
- 19c. Rest by floating on your back, using as little motion as possible, for at least one minute.
- 19d. Tell what is meant by the buddy system. Know the basic rules of safe swimming.
 19e. Do a racing dive from the edge of a pool and swim 60 feet, using a racing stroke. (You might need to make a turn.)

- Elective 20 Sports 20a. Archery See Book 20b. Skiing See Book
- 20c. Ice Skating See Book. 20d. Track See Book.
- 20e. Roller Skating See Book.

Elective 21 - Sales

- 21a. Take part in a council or pack sponsored money earning program. Keep track of the sales you make yourself. When the program is over, add up the sales you have made.
- 21b. Help with a garage sale or rummage sale. This can be with your family or a neighbor, or it can be a church, school, or pack event.

- Elective 22 Collecting Things

 22a. Start a stamp collection. You can get information about stamp collecting at any U.S. Post Office.
- 22b. Mount and display a collection of emblems, coins, or other items to show at a pack meeting. This can be any kind of collection. Every time you show a different kind of collection, it counts as one requirement.
- 22c. Start your own library. Keep your own books and pamphlets in order. See Book

Elective 23 - Maps

- 23a. Look up your state on a U.S. map. What other states touch its borders?
- 23b. Find your city on a map of your state. How far do you live from the capital? 23c. In which time zone do you live? How many time zones are in the U.S.?
- 23d. Make a map showing the route from your home to school and den meeting.

23e. Mark a map showing the way to a place at least 50 miles from your home.

- Elective 24 Native American Life 24a. American Indians once lived all over what is now the United States. Find the name of
- the tribe that lived nearest where you live. Learn about these people. 24b. Learn, make equipment for, and play two Native American games with members of your
- den. Be able to tell the rules, who won, and score 24c. Learn what American Indian people in your area (or other area) used for shelter before contact with the Europeans. See Book.

Elective 25 - Let's Go Camping!

- 25a. Learn about ten essential items you need for a hike or campout. See book. 25b. Go on a short hike with your den, following the buddy system. See book.
- 25c. Participate with your den in front of the pack at a campfire. 25d. Participate with your pack on an overnight campout. Help put up your tent and help set up the campsite.
- 25e. Participate with your den in a religious service during cub event.
- 25f. Attend day camp in your area.25g. Attend resident camp in your area.
- 25 h. Earn the Cub Scout Leave No Trace Award (see page 283).

Core Values & Monthly Themes

A listing of the Monthly Themes from the old *Cub Scout Program Helps* with their related Core Value Emphasis (to help with Roundtable and Pack Meetings).

| 10 | September - Cooperation | March - Compassion |
|--------------|-------------------------------|--------------------------|
| 2010 | October - Responsibility | April - Faith |
| nber | November - Citizenship | May - Health and Fitness |
| pten | December - Respect | June - Perseverance |
| of September | January - Positive Attitude | July - Courage |
| As | February - Resourcefulness | August - Honesty |

| Month/Year | | Theme | Core Value | Core Value | | |
|--|------------------------|--------------------------------|--------------------|--------------------|--|--|
| | September-09 | Cub Scout Pockets | Compassion | Honesty | | |
| 2009-2010 | October-09 | Jungle Safari | Resourcefulness | Cooperation | | |
| | November-09 | Cub Scout Salute | Respect | Responsibility | | |
| | December-09 | Works of Art | Faith | Positive Attitude | | |
| 000 | January-10 | Power Up! | Responsibility | Compassion | | |
| | February-10 | Happy Birthday, BSA | Honesty | Faith | | |
| Themes from | March-10 | Take Flight | Courage | Health and Fitness | | |
| es fi | April-10 | Spring into Action | Positive Attitude | Citizenship | | |
| | May-10 | In the Spotlight | Cooperation | Resourcefulness | | |
| The | June-10 | Hoop-de-Doo! Health and Fitner | | Perseverance | | |
| | July-10 | Celebrate Freedom | Citizenship | Respect | | |
| | August-10 Waves of Fun | | Perseverance | Courage | | |
| | September-08 | New Buddies | Cooperation | Faith | | |
| 6 | October-08 | Adventures in Books | Courage | Positive Attitude | | |
| 2008-2009 | November-08 | Seeds of Kindness | Compassion | Cooperation | | |
| \.\.\.\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | December-08 | Holiday Lights | Faith | Compassion | | |
| 700 | January-09 | "A-Maze-ing" Games | Honesty | Resourcefulness | | |
| Š | February-09 | American ABCs | Citizenship | Courage | | |
| [elp | March-09 | When I Grow Up | Positive Attitude | Honesty | | |
| n H | April-09 | Jurassic Pack | Resourcefulness | Respect | | |
| grar | May-09 | Leave Nothing but Footprints | Responsibility | Compassion | | |
| Program Helps | June-09 | A-Camping We Will Go | Health and Fitness | Responsibility | | |
| | July-09 | Be a Sport | Perseverance | Cooperation | | |
| | | | | | | |

| Month/Year | | Theme | Core Value | Core Value | |
|-------------|--------------|-------------------------------|--------------------|--------------------|--|
| | September-07 | Cub Scout Express | Compassion | Faith | |
| | October-07 | Down on the Farm | Resourcefulness | Positive Attitude | |
| 2007-2008 | November-07 | Indian Nations | Respect | Courage | |
| | December-07 | Celebrations around the World | Faith | Honesty | |
| | January-08 | Cub Scout Car Show | Positive Attitude | Perseverance | |
| | February-08 | Chinese New Year | Cooperation | Compassion | |
| rom | March-08 | Litter to Glitter | Citizenship | Resourcefulness | |
| Themes from | April-08 | Abracadabra | Courage | Resopnsibility | |
| Jem | May-08 | Leaf it to Cubs | Perserverance | Respect | |
| | June-08 | Go for the Gold | Honesty | Health and Fitness | |
| | July-08 | H2Ohhh! | Responsibility | Citizenship | |
| ᆫ | August-08 | S'more Summer Fun | Health and Fitness | Cooperation | |
| | September-06 | Zoo Adventures | Cooperation | Compassion | |
| | October-06 | Cub Scout Shipbuilders | Responsibility | Faith | |
| 007 | November-06 | Cubs in Shining Armor | Resourcefulness | Honesty | |
| 6-2 | December-06 | Cub Scout Stars | Positive Attitude | Respect | |
| 2006-2007 | January-07 | Poles Apart | Courage | Perseverance | |
| | February-07 | Aloha Cub Scouts | Faith | Cooperation | |
| ron | March-07 | BALOO Skies | Honesty | Resourcefulness | |
| es f | April-07 | Cub Café | Health and Fitness | Positive Attitude | |
| Themes from | May-07 | Cubs and Bugs Galore | Compassion | Responsibility | |
| T | June-07 | Wheel into Summer | Citizenship | Health and Fitness | |
| | July-07 | Rockets' Red Glare | Perseverance | Courage | |
| | August-07 | A Century of Scouting | Respect | Citizenship | |

The New Den and Pack Resource Guide (which replaced the Cub Scout Themes as of September 2010) tells us which Cub Scout Core Value we are to focus on for the month. It also gives us some ideas for activities, ceremonies and other ways to include the monthly Core Value into our Pack Meetings. I made this list to be an additional resource to help us incorporate some of our more memorable, successful or favorite themes, activities, ceremonies and ideas from the past few years. Program Helps and PowWow books would both be helpful with these additional ideas for those same monthly themes. This way we can also reuse props, pictures, costumes etc...

Utah National Parks Council

Boy Scouts of America

Training Record

| District: | Unit: | — Trained |
|----------------|-----------|-----------|
| Name: | | a mained |
| Address: | | |
| City: | , CA Zip: | |
| Date of Birth: | BSA ID: | |

| Training | Da | te Training | | Date | Training | | Date | |
|---|-------|--|-------------------------------|------|-----------------------------------|----------------------|------|--|
| All Leader Training | | Boy Scout Leader Train | Boy Scout Leader Training | | | National Camp School | | |
| Youth Protection * | Y01 | Boy Scout Leader Fast Start * | SFS | | Cub Scout | CS51 | | |
| Venturing Youth Protection * | Y02 | Boy Scout Leader Basics (1/79-12/86) | S20 | | Boy Scout | CS50 | | |
| This Is Scouting * | WA01 | Scoutmaster Specific Training* | S24 | | | | | |
| Safe Swim Defense | SSD | Intro to Outdoor Leader Skills* | S11 | | | | | |
| Safety Afloat | SA | Troop Committee Challenge | S10 | | Commissioners Co | llege | | |
| Climb on Safely | S74 | Scoutmaster Fundamentals (1/87-8/01) | S21 | | Commissioner Fast Start | DFS | | |
| Trek Safely | S76 | Boy Scout Ldr Basics (1/72-12/79) | S22 | | Commissioner Basic Training | D20 | | |
| Leave No Trace Camping | D74 | Boy Scout Ldr Basics (1/65 - 12/71) | S23 | | Commissioner Conference | D30 | | |
| Health and Safety | D75 | University of Scouting | | | Cub Scout Roundtable Basic | D10 | | |
| | | | | | Boy Scout Roundtable Basic | D11 | | |
| | | | | | Bachelor of Commissioner Service | D21 | | |
| Cub Scout Leader Tra | ining | Varsity Scout Leader Tra | Varsity Scout Leader Training | | Masters of Commissioner Service | D22 | | |
| Wolf/Bear Den Leader Fast Start * | CF1 | Varsity Scout Leader Fast Start * | VFS | | Doctorate of Commissioner Service | D23 | | |
| Webelos Den Leader Fast Start * | CF2 | Varsity Coach Leader Specifics* | V21 | | | | | |
| Cubmaster Fast Start * | CF3 | Varsity Scout Leader Basics (as of 2/02) | V20 | | High Adventure Tra | ining | | |
| Pack Committee Fast Start * | CF4 | | | | Outing Leader Awareness | | | |
| Tiger Den Leader Fast Start * | CF6 | Venturing Scout Leader T | rainin | g | Backpacking Awareness | | | |
| Tiger Den Leader Specifics * | C41 | Venturing Leader Fast Start * | PFS | | Climb on Safely | S74 | | |
| Cub Scout Den Leader Specifics * | C42 | Venturing Leader Specifics* | P21 | | Cycling Awareness | | | |
| Webelos Den Leader Specifics * | C61 | | | | Trek safely | S76 | | |
| Cubmaster Specifics * | C40 | Other Leader Trainir | ıg | | | | | |
| Pack Committee Specifics | C60 | Training for Chartered Org Rep | D72 | | | | | |
| Pack Trainer | C62 | Merit Badge Counselor Training | D76 | | Other Training |) | | |
| Cub Scout Leader Self-Start | C14 | Wood Badge | A90 | | Weather Hazards | WS81 | | |
| Cub Scout Leader Pow-Wow | C30 | Sea Badge | P91 | | | | | |
| OWL - Outdoor Webelos Leader Training | C09 | Powderhorn Training | P50 | | | | | |
| BALOO (Basic Adult Ldr Outdoor Orient.) | C32 | Trainer Development Conference | D69 | | | | | |
| Akela's Council | | Trainers EDGE | H96 | | | | | |
| | | District Leadership Conferenc | D61 | | | | | |
| | | | | | | | | |
| | | | | | | | | |

Direct Contact Leader Trained must have:

Cubmaster/Asst - CF3, WA01, C40, Y01
Tiger Den Leader - CF6,WA01, C41, Y01
Wolf/Bear Den Leader - CF1, WA01, C42, Y01
Webelos Den Leader - CF2, WA01, C61, Y01,C09
Scoutmaster/Asst -SFS, WA01, S24, S11, Y01
Varsity Coach/Asst - VFS, WA01, V21, S11, Y01
Crew Advisor/Assoc/Skipper - PFS, WA01, P21,Y02

 $On-line\ Fast\ Start\ equivalents\ are:\ C70=CF1;\ C71=CF2;\ C72=CF3;\ C73=CF6;\ WCF4=CF4;\ WSFS=SFS;\ WVFS=VFS;\ WPFS=PFS$

Date format: mm/dd/yy

TRAINING - When do I take it Again?

If you are a Cub Scout leader you have taken Youth Protection Training and hopefully you know that you are required to take it every two years. There are other trainings that need to be retaken every two or three years as well and while most of these training courses pertain to Boy Scout leaders more than Cub Scout leaders it might still be a handy list to have access to. The information below is from the BSA as of Spring 2011.

Training Recertification

Keeping Scouts safe and keeping Scouting leaders up to date with current information and methods means some of the BSA's training courses need to be retaken every couple of years. Below is a list of these courses and how often they should be retaken to be valid:

Youth Protection—every two years

National Camping School—good for five camping seasons Safe Swim Defense—every two years Paddle Craft Safety—every three years Aquatics Supervision/Swimming and Water Rescue—every three years BSA Lifeguard—every three years Visitation training—every two years Lead Climbing Instructor—every five years Climbing Instructor—every two years COPE/Climbing Inspector—every two years Safety Afloat—every two years Chain Saw Safety—every two years Trainer's EDGE—every three years Hazardous Weather—every two years Physical Wellness—every two years Climb On Safely—every two years Trek Safely—every two years

By the way, the Volunteer Training Committee encourages you to take the most current training courses for your Scouting position even if there is no expiration, or even if you are considered "trained" as a result of taking an older course. It is always better for our Scouts when their leaders stay up to date!

Is your training valid? How many of the above listed courses have you taken? Not sure when you last took one of these courses? You can sign in to your account on myscouting.org, select a course and click on "view certificate". Then you will know if you are up to date on your trainings. You can also print a new certificate if you need one.

Also, on myscouting.org under the training heading you can use the Training Validation to find out all the training that the council has recorded for you, whether it was taken online or in person.

Webelos Activity Badges

More ideas for the Webelos den leader about what to do and how to teach those Activity Badges to the Webelos den. Each page includes Activity ideas, field trip ideas, neckerchief ideas and more. They are in alphabetical order.

This section put together by Felice Clements and Mary Halvorson both of the Hobble Creek District.

AQUANAUT

pg. 84 Webelos Handbook



Core Value

Courage, Health and Fitness and Perseverance

Introduction to Activity Badge

An aquanaut is a person who is at home in and around the water. He respects the water, he masters it, and he enjoys it.

The aquanaut knows that the water can be dangerous. He never takes foolish chances or breaks the safety rules. He knows that rules protect him and others.

Swimming

Swimming is one of the best sports that a boy can be involved in. It is one of the few sports in which every muscle in your body is exercised. As Webelos leaders, we have the responsibility to develop self confidence in every boy in our den. Through learning to swim, each boy will gain a sense of self-achievement, as well as gaining a skill that may save his life someday.

Den Meeting Activity Idea

These ideas are helpful in getting the boys comfortable in the water.

- 1) Invite your Webelos Scouts and their fathers to a "water fun" party. Establish and discuss the necessity and wisdom of the buddy system. Use a buddy board and buddy tags for everyone. Observe the swimming ability of each boy, then plan future activities with specific ideas in mind to help them improve.
- 2) As the scouts gain in ability make the water games more difficult. One favorite is to place items under water. The boy retrieving the most items wins the game. Another option is to throw coins into the pool and let them keep the ones they retrieve.

Field Trip and Guest Speaker Ideas

Invite a life guard to talk with boys about the importance of water safety and the buddy system.

Neckerchief Slide Ideas

Fish candy mold, Fish/ Sea Creature plastic toys (we have seen these at both Honks \$1 store and Dollar Tree \$1 store), Life Preserver, Anchor.

ARTIST

pg. 102 Webelos Handbook

Core Values

Positive Attitude and Resourcefulness

Introduction to Activity Badge

The Artist Activity Badge isn't expected to make an artist of every Scout, but rather to help him better understand what the artist is trying to express. Although most Scouts' creations will be basic and possibly rough looking they should still learn about the importance that color and form have in art. These activities may be the start of a vocation for some but for most it will become a hobby.

Den Meeting Activity Idea

Requirements 4, part of 11, 8 or 9

Paper mache can be a fun activity for Webelos.

Den meeting 1: Requirement 8 or 9

Have the boys mix, and make their paper mache (a recipe can be found below). Using strips of newspaper, dip the paper in the mache and mold it to the frame (see below for frame ideas). Boys could make: pinatas, masks, mobiles, sculptures, musical shakers, dinosaur eggs, volcanoes & more.

Den Meeting 2: Requirements 4 part of 11

Have the Webelos mix primary colors to create the secondary colors and have them explain what happens when colors are combined. Use these colors to paint their project.

Frames:

Wire frames, balloons, pop bottles & more!

Many recipes can be found online. Here is just one no cook recipe.

1 part flour to 2 parts water. Thicken with flour as necessary. Adding a tablespoon of salt to 2 cups flour will reduce the chances of your item molding before it completely dries.

Field Trip and Guest Speaker Ideas

Artist Studio, Local Art Museum, Local High School or College.

Neckerchief Slide Ideas

Artist Palate casts from Plaster of Paris and a candy mold or artist palate from fun foam.



ATHLETE

Pg 124. Webelos Handbook

Core Value

Health and Fitness, Perseverance and Positive Attitude



Introduction to Activity Badge

Athletes persevere to meet their goals. They try to do things that are a little bit harder than what they can do right now. With those goals, they make improvement and become a great athlete as they do their best one little step at a time.

Den Meeting Activity Idea

Requirements 2 & 3: See the ideas found at http://www.cubroundtable.com/assets/pdf-documents/Athlete-Activity-Badge-Outline.pdf pgs. 21-24
Requirement 4 pg. 26 (on same site as above)

Song

The Athlete

Tune: My Bonnie
They gave me a suit and a number
And sent me out on to the field
They gave me a ball called the pigskin,
And shoes with some cleats, toe and heel

CHORUS

Muscles, Cramps, wracking my body with pain, with pain
I stand, wondering, if ever I'll do this again!

Next time they gave me a racquet, They sent me out on the court Funny the things you encounter, While trying to learn a new sport. (CHORUS)

The ordeal was finally over, At least, that's what I thought, When they showed me the soccer equipment I fainted dead on the spot! (CHORUS)

Neckerchief Slide Ideas

Barbell Slide

Materials: 2 small 1" styrene balls, ½ of a black pipe cleaner, black paint, white paint, paint marker, or vinyl stick-on letters

Directions: Paint the two balls black. Cut the pipe cleaner into 2 equal pieces. Push the pieces into the ball about 1/4" apart. Pull the pieces apart slightly, curving them outward. With the white paint put the lbs. on the two balls. You can use 5 lbs., the Pack number, or some outrageous amount of weight.

CITIZEN

pg. 144 Webelos Handbook

Core Values

Citizenship, Positive Attitude & Positive Attitude



Required for Webelos Rai

Introduction to Activity Badge

The Citizen Activity Badge can teach boys that citizens have responsibilities and duties to their country. In the Cub Scout Promise, Webelos Scouts say they will do their duty to their country. Good citizens learn about their community, show respect for their flag, and show respect for the rights of other people.

Den Meeting Activity Idea

Requirements 10, part of 11, 8 or 9

Citizen Scavenger Hunt

Most government buildings have some form of a tour. You might be able to combine the tour with your scavenger hunt. Divide the den into two or three teams and give the boys a reasonable time limit. Have them locate answers to questions as well as inexpensive available items.

Examples for these would be:

- -What is the middle initial in the full name of our town' mayor? What does the initial stand for?
- -Bring back a piece of stationery showing our town's logo or crest.
- -Draw a picture of our state flag.
- -Where does the City Council meet?
- -What is the full name of the governor of the state?
- -Get a brochure or find out some information about trash pick up service?

Field Trip and Guest Speaker Ideas

- Invite a guest speaker from a local board to explain his duties and tell the WEBELOS Scouts why he volunteers his time.
- Attend a local city council meeting, or meet with a local official at their office.
- Do a Good Turn by conducting a litter pickup campaign

Neckerchief Slide Ideas

Liberty Bell or Eagle casts from Plaster of Paris and a candy mold.

COMMUNICATOR

pg. 166 Webelos Handbook

Core Value

Courage, Respect, Perseverance



Introduction to Activity Badge

The Communicator Activity Badge helps scouts realize that everyone is a communicator. Every time we tell or show what we know, how we feel and what we think we are being a communicator. We also communicate when we smile, frown or even yawn. Drawing pictures or symbols and writing words and codes are also ways that we communicate. There is much in our world today that has to do with communicating better.

Den Meeting Activity Ideas

Communicator Game

This is a game that can be played in any Den setting, and is instructive for both the boys playing the game and for the rest of the Den watching. Cut identical sets of geometric shapes (triangles, square, rectangles, octagons. etc.) out of different colors of construction paper. Give one set to each pair of boys, and sit them so they are facing away from each other at two tables, or on the floor. The first boy is told to arrange his shapes in whatever fashion he chooses. When he has done so, he must tell the second boy how to arrange his set of shapes in the same arrangement. The second boy cannot ask questions, or otherwise communicate with the first boy. Observe the results with no communication. The next time, the roles are reversed, with the second boy arranging his shapes any way he wishes. The difference now is that the first boy may ask questions, and the second boy may answer them. A discussion can ensue about the value of questions and answers in effective communication.

Rail Fence Code (may help pass off requirement 5)

Suppose you want to send the message LOUIS LIKES BEAN SOUP. In the rail fence code, you encode by dropping every other letter down:

LUSIEBASU

OILKSENOP

Then, take the bottom line of letters and put them next to the top line of letters. You'll come up with the coded message: LUSIEBASUOILKSENOP. When your friend wants to decode the message, he just counts the number of letters in the message, divides it by two, and places the last half below and between the first half.

Field Trip and Guest Speaker Ideas

- Visit a local newspaper office, radio station, or cable TV station.
- Have a visually impaired, hearing impaired, or speech impaired person or a teacher for those with these impairments explain their compensatory forms of communication.

CRAFTSMAN

pg. 198 Webelos Handbook

Core Values

Perseverance & Resourcefulness



Introduction to Activity Badge

A craftsman can be talented in many areas of work. Webelos Scouts will learn more about working with wood and other materials such as leather and tin. A craftsman also knows how to safely work with the tools needed for each type of material. Working with wood and leather is fun, but only if we are safe first. These Webelos craftsmen can develop confidence in their abilities, and these talents and skills they develop may be a hobby for them someday.

Den Meeting Activity Ideas

How Big?

Equipment: Two sets of objects or boards of the same length, two tape measures

Object: For each boy to measure an object and add these figures to the one before him so as to
come up with a total team length

- -Divide into two teams.
- -On the word "Go" the first Webelos Scout runs up, picks up an object, measures it, lays the object down in a different location, and then returns to tag the next boy.
- -This second boy also runs up, measures an object, lays it beside the first, but then he must add his length to the first boy's length, before the third team member can come up.
- -This continues until each boy has measured and added their objects together for a team total.
- -The leader should know what the total of the objects added together will be as the winning team will be the one that is the nearest to the correct total.

Nail Driving Contest

Have Webelos Scouts drive nails into a 4x4. Individual or relay races can be held. The fewest number of strokes wins, not the fastest, as this is much safer.

Field Trip and Guest Speaker Ideas

- Visit furniture factory, lumber mill or lumberyard.
- Some local home centers offer special weekend classes for Webelos age children.
- Invite someone to give a demonstration on the safe use of tools.
- Visit a construction site or find out about helping with a Habitat for Humanity project.

Neckerchief Slide Ideas

A favorite, yet easy slide is a large nut from the hardware store. There is very little preparation, or crafting involved, yet scouts enjoy this slide (kismif!).

ENGINEER

pg. 212 Webelos Handbook

Core Value

Resourcefulness & Responsibility

Introduction to Activity Badge

Engineers take the raw materials of nature and change them for the use of all of us. There are many kinds of engineers – from civil engineers to chemical engineers to mechanical and electrical engineers. Webelos Scouts may find a type of engineer that they want to be someday.

Den Meeting Activity Idea Paper Bridge Competition

See Elective #7
Karen, Webelos Leader (and an engineer),
Pack 23, Suffern, NY
Materials:

2 rolls masking tape

2 stacks of newspaper (a good size Sunday paper will do)

4 chairs with backs

2 identical sets of books or blocks (for weight)

Divide the Den into two groups. Let an adult help each group if available. Give each group a roll of masking

tape and a stack of newspapers. Set up the chairs in pairs about 4 feet apart. Each group must make a bridge

using the materials provided that spans from one chair to the other.

After a set amount of time (15 to 20 min), see how much weight each bridge can support without failing.

The bridges may be a truss, suspension, or cable stayed bridge, but must span from one chair to the other

without touching the ground in between.

Field Trip and Guest Speaker Ideas

Arrange for boys to visit an engineer or surveyor at your local city office building Visit a construction site and see how plans are actually used.

Neckerchief Slide Ideas

Ruler Neckerchief Slide- To go along with the mathematic Belt Loop. Cut a wooden ruler into sections and glue a piece of tube or pipe to the back.

FAMILY MEMBER

pg. 228 Webelos Handbook

Core Value

Cooperation, Positive Attitude & Responsibility



Introduction to Activity Badge

We are all family members. We are part of a group of people who care for and share with each other. How can we be better family members? This activity badge will help Webelos learn how to help their family members in and outside of their homes.

Den Meeting Activity Idea

Because of the importance of the family involvement in this activity badge. It's a good idea to invite parents to this den meeting to explain the requirements and give some suggestion on how they can work with their son on this badge. At this den meeting they, as a family, could compile a family member journal or binder that would help them keep track of their progress at home.

Remember that the parent should initial the completed requirements, but a review of the activities with the individual boys at a later meeting by the Webelos leader will ensure that all the activities were properly completed.

Another good approach is to let the boy's plan a "Family Day: for a Saturday or Sunday afternoon of fun for their parents and siblings. The boy's creativity and resourcefulness will amaze you and entertain everyone who attends.

Make sure the presentation of this badge at a pack meeting includes the family.

Field Trip and Guest Speaker Ideas

Contact local public utility companies, or the environmental control agency to find out how our natural resources can be saved and what we as individuals within the family unit can do to conserve energy.

Invite a fireman, policeman or security guard to a den meeting to talk about home safety. Perhaps he can also provide you with a home inspection sheet.

Neckerchief Slide Ideas

Clip art of laundry detergent mod-podged to a flat plaster slide (square chocolate mold), Money clip from a dollar store party section.

FITNESS

Pg. 246 Webelos Handbook

Core Values

Courage, Health & Fitness, and Responsibility

Required for Webelos Rank

Introduction to Activity Badge

Most boys of Webelos Scout age take their health and fitness for granted. This activity badge will give them an awareness that we must take care of ourselves in order to stay healthy.

The Fitness Activity Badge is a good badge to do before or after your den works on the Athlete Activity Badge. It teaches them what to do, and what not to do for the health of their bodies.

Remember, many of the Webelos Activity Badges serve as a step to Boy Scouts. In Boy Scouts the boys will complete the Personal Fitness Merit Badge. This badge will help the boys get into the habit of keeping records now, so that when they become a Boy Scout they are more used to it.

Fitness Packet

The Fitness Badge cannot be completed in den meetings because five of the requirements contain the words "tell an adult family member" - this translates to work that must be done at home with parents.

In the Webelos Section of the UNPC 2010-2011 Pow Wow Book (page 305-308) there are pages to copy and send home with each boy to help him complete this badge at home. Copy those pages and include a copy of "Take a Stand Against Drugs" (can be purchased at the Scout Store). There are many ways to put this packet together. Here are two.

| 1. You will need: a two pocket-3 prong folder, copies of the Fitness, a copy of "Take a Stand Against Drugs" |
|--|
| Place the "Get off to a Great Start" instructions in the 3 prong part of the folder. With magnets on the back, |
| place the three tracking sheets in one of the folders, and "Take a Stand Against Drugs" in the other pocket. |
| 2. At the Copy Shop: |
| Copy the "Get Off to a Great Start" sheet onto 11x17 cardstock with the image to the far right hand |
| side of the paper |
| Copy the "Personal Meal Plan" and the "Evaluating Your Food Choices" sheets onto white paper |
| Copy the "Record of Meals" onto a bright yellow cardstock. |
| At the Scout Office: |
| Purchase the booklet Take a Stand Against Drugs! |
| At Home: |
| Fold the "Get off to a Great Start" sheet in half, with the words on the outside front cover |
| Glue small magnets to the back four corners of the "Record of Meals" sheet. You can buy these |
| magnets in a strip (at craft stores) and cut them into small pieces with scissors. |
| Place the Personal Meal Plan, Record of Meals, Evaluation and drug booklet into the folded 11x17 |

Field Trip and Guest Speaker Ideas

Invite a medical professional who deals with patients that could have made better lifestyle choices. Have them talk with the boys about the importance of making wise choices now.

Neckerchief Slide Ideas

sheet

Candy Molds; fruit, vegetables

FORESTER

pg. 260 Webelos Handbook

Core Values

Compassion, Respect & Resourcefulness

Introduction to Activity Badge

Ten-year-old boys and trees are natural companions. To these boys a tree is good for climbing, swinging from or building a tree house. Through the Forester Activity Badge it is hoped that the boys' appreciation for tress may be expanded. In earning the badge, the boy may learn how trees grow, or how to identify them., or how to plant and care for them. Hopefully, he will learn how important a role they play as one of our natural resources.

Suggestion: Take a look at all of the requirements for the Forester, Naturalist, Outdoorsman and even Leave no Trace. You may find that by doing just a little more on a requirement for one activity badge gets a requirement in another activity badge completed as well.

Den Meeting Activity Ideas

Do Trees Drink?

A simple demonstration can be done with celery. Use a piece of celery with leaves for each boy. Place three drops of red food coloring in a glass of water and place celery in the water. Over a couple of days the veins on the outside of the celery will start changing color., showing how the liquid goes up the stalk. The same type of activity place inside trees.

Tree Planting.

Collect acorns or other tree seeds and plant in small styrofoam cups filled with dirt. Keep watered. With permission, after the seeds sprout, and are a fair size, plant in a suitable place like the property of your charter organization.

Field Trip and Guest Speaker Ideas

Contact your local US Forest Service or DNR (Division of Natural Resources) and inquire as ti if they are able to come to you, or if you could go visit them.

Neckerchief Slide Ideas

Anything nature! Flat wood trees or leaves can be painted easily. There are many candy molds that could be used for plaster of paris slides such as trees, bugs, birds and animals. Plastic animals can also be found at dollar stores. One very easy slide is a green christmas tree garland cut and twisted into a simple circle.

GEOLOGIST

pg. 280 Webelos Handbook

Core Values

Responsibility & Resourcefulness



Introduction to Activity Badge

Geologists study the history of the earth. Geologist use rocks and where they are found, to study earth's history. Volcanoes, geysers, earthquakes and fossils also teach geologists about the earth. Webelos Scouts can learn things that a geologist must know, and can gain a greater appreciation for the natural resources around them.

Den Meeting Activity Ideas

Let's Go Rock Collecting

Wear the type of clothes you would wear hiking or hunting. Old clothes that are comfortable and serviceable are best. Ankle high hiking shoes will help prevent bruises from contact with sharp stones. A knapsack type of collecting bag is ideal. Use one with pockets to hold maps, notebooks, small tools, and labels. Use lunch size brown paper bags or plastic sandwich bags to hold specimens. Take along newspaper to wrap the rocks in first. As you collect each specimen, give it a number. Put the number on the rock before you wrap it up. In a small notebook, list the number, location, and the date. Later at home you can enter the information in your permanent records. Almost every boy, at one time or another, has a rock collection of some sort. This interest in rocks and the earth from which they come makes the Geologist activity pin a "natural" for most boys. You'll find that the Webelos Scout handbook contains enough information on volcanoes, geysers, and mountains for the boys to acquire a fairly good understanding.

Field Trip and Guest Speaker Ideas

Search your community for Rock Shops, Rock Shows, and Earth Science Museums.

Neckerchief Slide Ideas

Rocks of course! You can also make volcanoes from fun foam, as well as make your own fossils by stamping an item into sculpy clay and then baking it.

HANDYMAN

pg. 300 Webelos Handbook

Core Values

Cooperation, Perseverance & Responsibility

Introduction to Activity Badge

The Handyman Activity Badge is one of the easiest and flexible activities in the Webelos program. Even though it may seem to be an easy topic for some, den leaders should handle it with care and thoroughness. Handyman allows the Scout to learn new skills and gain self-reliance and confidence in helping with activities around the house. There is also several safety and environmental issues inherent to several of the requirements.

Den Meeting Activity Ideas

Handyman Scavenger Hunt

In a your meeting place, hunt for the following items or create your own list. Boys should use the buddy system. They should not gather the items, but instead, have the boys write down the location of each.

Here is a sample:

Pruning Shears Edge Trimmer File
Lawn Mower Gasoline Can Oil Can
Pliers Hammer Screwdriver

Tire Tube Old Newspapers Tire Pressure Gage

Tire Changing Tool Nails Window Cleaning Solution

Auto Jack Air Pump Old Rags
Aluminum Cans Crescent Wrench Jack Stand

After the locations for these tools are recorded, go over the list and see if any of the items were not stored in the proper locations. For example, were the old rags stored on top or next to the gas can in a closed cabinet? Were the pruning shears lying on the floor where young children may be able to "Play" with them? Also check the tools for cleanliness and sharpness. These factors influence their serviceability.

Field Trip and Guest Speaker Ideas

Guest speakers could include: Carpenter, electrician, plumber or car mechanic. Field Trips could include: Visiting a local bicycle shop and talk with the mechanic to see if he will show you how to do a safety check upon your bike and perform minor adjustments.

Neckerchief Slide Ideas:

Hammer or screwdriver from candy molds.

NATURALIST

pg. 318 Webelos Handbook

Core Values

Compassion, Respect & Resourcefulness



Introduction to Activity Badge

A naturalist is a person who enjoys and studies nature. Naturalists respect the wildlife and the plants that live in the out-of-doors. A naturalist shows respect by learning about the wildlife and knowing what to do so that plant life and wildlife can be there as long as it can be. Naturalists want to be able to share the outdoors and their appreciation of the outdoors with others.

Suggestion: Take a look at all of the requirements for the Forester, Naturalist, Outdoorsman and even Leave no Trace. You may find that by doing just a little more on a requirement for one activity badge gets a requirement in another activity badge completed as well.

Den Meeting Activity Ideas

Sounds and Colors

In a forest, meadow, marsh, or park, have the scouts lie down on their backs with both fists held up in the air. Every time someone hears a new bird sone he lifts one finger. Who has the best hearing? This is a wonderful way to make scouts aware of the sounds and the stillness of nature. For fun, see if you can count to ten without hearing a bird song. Vary the game by listening for general animal sounds or sounds like wind in the grass, falling leaves or rushing water. To get scouts to concentrate more deeply in any natural setting, ask them how many different colors and shades of colors they can see in front of them without moving from where they are standing or sitting.

Field Trip and Guest Speaker Ideas

Museum of Natural History, Fish hatchery, Zoo, National Wildlife Refuge

Neckerchief Slide Ideas

Pretend Bug Jar: Use a small see-through container (we used a "baby bottle pop"). Take a small twig and glue small silk leaves to it. Then glue a small bug to the stick. Put in the bottle and top with netting or screen and tie off with twine.

OUTDOORSMAN

pg. 344 Webelos Handbook

Core Values

Respect & Resourcefulness



Introduction to Activity Badge

An outdoorsman loves being outside. An outdoorsman knows how to cook outdoors — over a fire or over a camping stove. An outdoorsman also knows how to tie knots. An outdoorsman will follow the principles of Leave No Trace so that we can all enjoy the outdoors for a long time to come. Webelos Scouts will have fun learning about being an outdoorsman. Hopefully he will be able to apply the Leave No Trace ethic for years to come.

Suggestion: Take a look at all of the requirements for the Forester, Naturalist, Outdoorsman and even Leave no Trace. You may find that by doing just a little more on a requirement for one activity badge gets a requirement in another activity badge completed as well.

Den Meeting Activity Ideas

HOW DO I USE IT?

While we teach the boys about the outdoors, we sometimes forget to help them think about how to use the camping equipment that they have in an emergency. This is a fun exercise to do. Here is a list of equipment a boy has been left alone with in a remote location: Pail, pocketknife, flashlight, rope, large blue tarp, fishing pole, FM radio, whistle, compass, map

- .. If he were lost in the woods, which items might help him find his way back?
- .. Which items might be used to get help?
- .. Which items might be used to make yourself comfortable?
- .. Would your choices be different if you were lost for many months?
- .. If you had only one item, which would you choose? Two items? Three items?

Field Trip and Guest Speaker Ideas

Try finding a local Boy Scout Troop that could come and help teach many of the requirements. This can help your Webelos get excited about becoming Boy Scouts.

Neckerchief Slide Ideas

Fun Foam can be used to make smores, or a campfire.

READYMAN

pg. 366 Webelos Handbook

Core Values

Compassion, Cooperation & Courage



Required for Arrow of Light

Introduction to Activity Badge

A readyman sounds like someone who is always on the "ready" – or more appropriately, he is a person who follows the Boy Scout motto, "Be prepared". He is prepared to help an injured person – or to help himself. A readyman is confident enough in his skills to not be afraid to help. It takes courage to be strong, be calm, be clear and be careful.

Den Meeting Activity Idea

Two Man Carry Relay

Scouts line up facing a post located 30 feet from the starting line. Scouts on each team shall be numbered from 1 to 8. On signal, Scouts #1 and #2 will carry Scout #3 with a four-hand seat carry (for conscious patient) up to and around the turn-around post and back to the starting line. Scout #3 will then join with #4 to carry #5 around the course. Then #5 will join #6 to carry #7 around, and finally #7 will join with #8 and carry #1 around. If at any time a victim touches the ground, the Scouts transporting this victim must stop, re-form their carry, and continue. The first team to make the full circuit with the four victims is the winner.

What's Wrong With Me?

Write down several different accidents or afflictions. (Example: a broken leg, a nose bleed, choking, shock, etc...) Place these in a hat and have the boys draw them out one at a time. The boy that drew will have to act out that particular problem. The first boy to identify the problem must show how to treat it, he now gets to pick and act out an accident.

Field Trip and Guest Speaker Ideas

Visit an ambulance or fire station. Have a local paramedic come to a den meeting and help with some of the requirements.

Neckerchief Slide Ideas

Use a clear or white film canister as a small first-aid kit. Print off first-aid clipart onto a label and adhere to the canister. Fill canister with an adhesive bandage, a small packet of antibiotic ointment, and an alcohol wipe.

SCHOLAR

pg.392 Webelos Handbook

Core Values

Honesty, Perseverance and Positive Attitude



Introduction to Activity Badge

The Scholar Activity Badge is often completed towards the end of school year. This is when a school teacher can best give a report of a good record of attendance, behavior and good grades. It is also when many of the special school activities take place that would count for requirement #3. Positive recognition from a teacher helps build the core value of positive attitude.

Den Meeting Activity Idea

Requirement #3

Service - Bookmarks for the School Library

Material Needed:

Cardstock the size of book marks, stickers, markers or rubber stamps etc.

Instructions:

This can be a fun activity for the boys to do service. Let them create many book marks that they can then donate to the school librarian. Our local librarian loved it because she could hand them out to the children as they checked out books.

Field Trip and Guest Speaker Ideas

- 1) A fun service for your school is to do the flag ceremony for a PTA meeting, or volunteer to raise or lower the flag at school for a week (req. 3).
- 2) Arrange to have a school teacher or principal meet with your den
- 3) A visit to the Board of Education or School Superintendent's office by your den would let the boys meet some of the important people in their school system on an informal basis.

Neckerchief Slide Ideas

Candy Mold; Diploma, pencil

SCIENTIST

pg. 402 Webelos Handbook

Core Values

Perseverance, Positive Attitude & Resourcefulness

Introduction to Activity Badge

It's often hard to get scouts to sit down and learn something, but when they are enjoying themselves, they don't often realize that they are learning. Experiments covering each of the badge requirements are suggested in the Webelos Handbook, and additional ideas can be found in this Pow Wow book. Scouts will have the opportunity to learn by doing.

Den Meeting Activity Ideas

Biggest Balloon

Materials: Pop bottle, balloon, vinegar, and baking soda

Instructions: Into each pop bottle put three tablespoons of vinegar, and into each balloon put two tablespoons of baking soda. At the word "go", have each boy put his balloon on his pop bottle. When the soda mixes with the vinegar the balloon will expand. Have the boys tie off the balloons to see which is the largest. Do this outside! (Vinegar combined with baking soda produces carbon dioxide gas.)

Static Electricity

Charge a plastic comb by rubbing it with wool, nylon or fur. Dip it into some crispy rice cereal. They will be attracted to the comb. But watch closely – one by one the bits will shoot off, as if shot from a gun. The same molecules that attracted one another are now opposing each other.

Air Pressure Experiment

Materials: Two drinking straws, small bottle filled with water Have a boy put both straws in his mouth, with one straw in the water and the other straw outside of the bottle. Now ask him to suck water out of the bottle. He can't – because the air pressure in his mouth is equalized by the air coming in through the outside straw.

Field Trip and Guest Speaker Ideas

Visit a weather station, a chemistry or scientific department at your local college, or visit an emergency weather center.

Neckerchief Slide Ideas

Using telephone wire, and small beads you can make slides that look like an atom.

SHOWMAN

pg. 430 Webelos Handbook

Core Values

Courage, Perseverance & Positive Attitude

Introduction to Activity Badge

After working on this badge your boys should be able to provide some good entertainment for a pack meeting or a den family night. It is doubtful that you will produce any skilled entertainers, but the badge should expose the Webelos Scouts to theater and musical arts and perhaps build self-confidence in some of the. It is bound to be fun.

Den Meeting Activity Ideas

Sound Effects

Sound can include three separate things: voice, sound effects and music. The primary concern is that the audience is able to hear the show clearly. For beginners a narrator can stand in front of the stage and "tell" the story to the audience. Have the boys speak their lines loudly and project their voices past the stage area. This takes practice. Both sound effects and special effects will add another dimension to the play. Be creative, but keep effect subtle. Do not overuse any one effect. Match the appropriate sound to your needs and situation. Timing is important.

- .. Whistles, horns, clocks rattles and musical instruments add interesting sounds to a puppet show. You can also use a record player, or tape recorder.
- .. You can make lots of sounds with a kazoo.
- .. Make bubbling sounds by blowing through a straw into a cup of water.
- .. To make a tremendous crash, drop a pan full of metal lids.
- .. Hit 2 cups on a tabletop to make sounds like a horse.
- .. Use a cap gun for a loud bang.
- .. Rolling dried peas in a pan can sound like rain.
- .. Slam 2 books together to make the sound of a door closing.
- .. Shake and squeeze a plastic bottle of baby powder to make a puff of smoke.
- .. In a dark room, use a flashlight to make lightening.

Field Trip and Guest Speaker Ideas

Attend a high school play or a play by a local theater group, or invite a high school drama teacher to demonstrate stage make-up techniques.

Neckerchief Slide Ideas

Musical notes or piano cast from candy molds.

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Pg. 246 Webelos Handbook

Core Values:

Cooperation, Courage and Positive Attitude

Introduction:

The sportsman Activity Badge is one that is often completed by a boy without them even realizing they have done it. Help boys keep track of school or city sports teams they are involved with. This is the easiest way to complete the team sports belt loops. The individual sports belt loops are often completed as a family while doing family activities. The trick is keeping track of what the boy does and marking it off as it is completed so he has ownership in earning the badge.

Den Meeting Activity Idea:

Achievement #1

Simon Says:

Using signals on pages 459 & 460 choose a sport to learn the official signals for.

To play the game have your Webelos line up. Play "Simon Says" (including hand motions). If the boys get it right when you say "Simon Says" then they get to advance one step forward. If they do the sign without you saying "Simon Says" then they go back to the beginning.

Examples:

- 1) "Simon Says Strike" (say, and show the motions of the signal). If the boys say it, and get the motions right they get to advance one step.
- 2) "Safe". Because you did not say "Simon Says", any boy that did the motions or said the words gets to go back to the beginning. Any boy that did not do anything gets to stay where he was.

Field Trip and Guest Speaker Ideas:

- 1) Invite a referee or umpire to talk with the den about signals (req. 1)
- 2) Invite a team member to talk with the boys about sportsmanship and fair play (req. 2)

Neckerchief Slide Ideas:

Fun Foam sports balls, candy molds, referee whistle

TRAVELER

pg. 462 Webelos Handbook

Core Values

Cooperation & Positive Attitude

Introduction to Activity Badge

The Traveler activity badge will help the boys discover new things abut traveling, and they will have a great time "navigating" for mom and dad on the required trips. Earning the Traveler Activity Badge will help boys prepare for traveling experiences and it will enable them to get the most out of trips and learn about our country. Working on the achievements for this Badge will help them learn how to read maps and timetables for different transportation methods, compare costs, plan trips, and pack suitcases.

Den Meeting Activity Ideas

City to City

You need a road map, dice, and, for each player, a small marker. Choose two cities several hundred miles apart on the map. Each player rolls the dice in turn and moves his marker from the starting city toward tile finishing city by an appropriate number of towns on the map. Players may take any route they wish toward the destination city. First to arrive there wins.

Where Is It?

Show the boys a road map of your community. Give brief instruction in map reading and point out where they are now. Then divide the den into two teams. In turn, a member of each team is asked to locate a community landmark on the map. Example: City park, police headquarters, high school, football field, a bakery, post office, their home. If you want to keep score, you can give them point for each correct location.

Road Map Alphabet

Give each boy a map. On the signal "go", each boy finds a city on the map for as many letters of the alphabet as they can find in five minutes. The boy with the most number of cities found on the map wins.

Field Trip and Guest Speaker Ideas

Invite a travel agent to explain to your den about planning for a trip.

Take a short trip on public transportation, perhaps a bus or train. Plan an itinerary.

Neckerchief Slide Ideas

Piece of map, a toy airplane or even a matchbox car.

Back by popular demand... The Webelos Belt Loop Glue-ins

Belt Loop Glue-ins

The Webelos Handbook includes Belt Loop requirements.

To assist boys and their parents to better understand those requirements, We have Belt Loop Glue-Ins. Each glue-in is made to be inserted (and glued) into the book with the activity badge that earining is required for.

HOW TO USE THE GLUE-INS:

- Make a copy of each of the following pages for each boy.
- Cut out along the lines
- Open the book to the page indicated at the bottom of each Glue-In. Open the book widely.

- Place a small amount of glue along the left edge of the Glue-In.
- Insert the Glue-In into the book, inserting the glued edge into the binding area.
- Close the book. Your Glue-In is now a permanent part of the book.

The exception to this procedure is the SPORTSMAN GLUE-IN. Because there are so many belt loops listed for this badge the Glue-In should be copied on two sides of the same paper. Then cut along the solid lines and fold along the dotted line (forming a 4-page pamphlet). Glue along the outside of the fold and insert into the book in the same manner as the single page Glue-Ins.

Swimming Belt Loop Requirements: Complete these three requirements: 1. Explain the rules of Safe Swim Defense. Emphasize the buddy system 2. Play a recreational game in the water with your den, pack, or family 3. While holding a kick board, propel yourself 25 feet using a flutter kick across the shallow end of the swimming area. Glue in between pages 84 and 85

secondary colors to create a painting.

Artist Badge Belt Loop Requirements

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Complete these three requirements:

1. Make a list of common materials used to create visual art compositions.

2. Demonstrate how six of the following

elements of design are used in a drawing: lines, circles, dots, shapes, colors, patterns, textures, space, balance, or perspective.

3. Identify the three primary colors and the three secondary colors that can be made by mixing them. Show how this is done using paints or markers. Use the primary and

Athlete Badge Pin Requirements

Physical Fitness Belt Loop

Complete these three requirements:

 Give a short report to your den or family on the dangers of drugs and alcohol.
 Practice finding your pulse and counting your

heartbeats per minute. Determine your target heart rate.

3. Practice five physical fitness skills regularly.
Improve performance in each skill over a month.
Skills could include pull-ups, curl-ups, the standing long jump, the 50-yard dash, and the softball throw.

Physical Fitness Pin

year and the second th

Earn the Belt Loop and then complete five of these requirements:

1. Make a diagram of the Food Guide Pyramid. List foods you ate in a week and show where they fit in

the pyramid.

- 2. Choose a form of exercise, bring your heart rate up to target, and keep it there for 15 minutes. Don't forget to warm up and cool down.
- Set up a four-step exercise program. Chart your progress for five days a week for two weeks.
- 4. Explain the reason for warming up and cooling down before and after each exercise session.
- 5 Visit a local gym and talk to a trainer about exercises and programs for young people.
- 6. Participate in some aerobic exercises at least three times a week for four weeks.
- 7. Build an obstacle course that could include some exercises with jumping, crawling, and hurdles. Time yourself three times to see whether you can improve your time.
- 8. Swim for a total of an hour, charting your time as you go.
- 9. Participate for at least three months in an organized team sport or organized athletic activity.

Glue in between pages 124 and 125

Glue in between pages 102 and 103

Communicator Badge Belt Loop Requirements

Computers Belt Loop

Complete these three requirements:

- 1. Explain the parts of a personal computer: central processing unit (CPU), monitor, keyboard, mouse, modem, and printer.
- 2. Demonstrate how to start up and shut down a personal computer properly.
- 3. Use your computer to prepare and print a document.

Communicating Belt Loop

Complete these three requirements:

- 1.Tell a story or relate an incident to a group of people, such as your family, den, or members of your class.
- 2. Write a letter to a friend or relative.
- 3. Make a poster about something that interests you. Explain the poster to your den.

Citizen Badge Belt Loop Requirements

Citizenship Belt Loop

Complete these three requirements:

- 1. Develop a list of jobs you can do around the home. Chart your progress for one week.
- 2. Make a poster showing things that you can do to be a good citizen.
- 3. Participate in a family, den, or school service project.

Glue in between pages 144 and 145

Glue in between pages 166 and 167

Engineer Badge Belt Loop Requirements

Mathematics Belt Loop

Complete these three requirements:

- Do five activities within your home or school that require the use of mathematics. Explain to your den how you used everyday math.
 Keep track of the money you earn and spend for three weeks.
- 3. Measure five items using both metric and nonmetric measures. Find out about the history

of the metric system of measurement.

Family Member Badge Belt Loop Requirements

Heritages Belt Loop

Complete these three requirements:

1. Talk with members of your family about your

- 2. Make a poster that shows the origins of your ancestors. Share it with your den or other group. ___
- 3. Draw a family tree showing members of your family for three generations.

Glue in between pages 212 and 213

Glue in between pages 228 and 229

Belt Loop Requirements Geologist Badge 2. Collect a sample of igneous, sedimentary, and metamorphic rocks. Explain how each 3. Explain the difference between a rock Complete these three requirements: Geology Belt Loop 1. Define geology. and a mineral. was formed. **Belt Loop Requirements Naturalist Badge** food chain. Describe to your den what happens if the food chain becomes broken or damaged. 3. Learn about an endangered species. Make a report to your den that includes a picture, how 1. Explain what natural resources are and why 2. Make a poster that shows and explains the the species came to be endangered, and what it's important to protect and conserve them. Wildlife Conservation Belt Loop Complete these three requirements: is being done to save it.

Glue in between pages 320 and 32

Glue in between pages 280 and 281

3. Play a game of chess. to your den leader or adult partner. 2. Demonstrate the moves of each chess piece board for play. of the metric system of measurement. it was like and how it is different from your 1. Identify the chess pieces and set up a chess **Chess Belt Loop** nonmetric measures. Find out about the history 3. Measure five items using both metric and for three weeks. Keep track of the money you earn and spend your den how you used everyday math. that require the use of mathematics. Explain to Complete these three requirements: Mathematics Belt Loop country or culture. 3. Play two games that originated in another language than your own. 2. Learn 10 words that are in a different different country than you did. Find out what Complete these three requirements: Complete these three requirements 1. Do five activities within your home or school 1. Talk with someone who grew up in a Language & Culture Belt Loop **Belt Loop Requirements** Glue in between pages 392 and 393 Scholar Badge solar system, galaxy, the Milky Way, black hole, simple telescope or binoculars. rainfall, temperature, air pressure, or a zoo, an aquarium, or other facility that asteroid, and universe. red giant, white dwarf, comet, meteor, moon, 3. Explain the following terms: planet, star, 3. Watch the weather forecast on a local evaporation for one week. 2. Set up a simple weather station to record water cycle. employs scientists. Talk to a scientist about 3. Visit a museum, a laboratory, an observatory project. Explain the results to an adult. 2. Use the scientific method in a simple science the planets and other objects. Draw a diagram of our solar system--identify 1. Set up and demonstrate how to focus a Complete these three requirements: television station. Complete these three requirements: his or her work. 1. Explain the scientific method to your adult Science Belt Loop Astronomy Belt Loop 1. Make a poster that shows and explains the Weather Belt Loop Complete these three requirements. **Belt Loop Requirements** Glue in between pages 402 and 4 Scientist Badge

Traveler Badge Belt Loop Requirements

Belt Loop Requirements

1. Explain why music is an important part of

our culture.

Complete these three requirements:

Music Belt Loop

2. Pick a song with at least two verses and

learn it by heart

3. Listen to four different types of music

either recorded or live.

Showman Badge

Geography Belt Loop

Complete these three requirements:

- 1. Draw a map of your neighborhood. Show natural and manmade features. Include a key or legend of map symbols.
- 2. Learn about the physical geography of your community. Identify the major landforms within 100 miles. Discuss with an adult what you learned.
- 3. Use a world globe or map to locate the continents, the oceans, the equator, and the northern and southern hemispheres. Learn how longitude and latitude lines are used to locate a site.

Map and Compass Belt Loop

Complete these three requirements:

- 1. Show how to orient a map. Find three landmarks on the map
- 2. Explain how a compass works.
- 3. Draw a map of your neighborhood. Label the streets and plot the route you take to get to a place that you often visit.

Glue in between pages 430 and 431

Glue in between pages 462 and 463

Individual Belt Loop Requirements

BADMINTON BELT LOOP Complete three requirements in two different sports:

- Explain the rules of badminton to your leader or adult partner
- 2. Spend at least 30 minutes practicing badminton skills
- 3. Participate in a badminton game.

BICYCLING BELT LOOP

- partner. 1. Explain the rules of safe bicycling to your den leader or adult
- bicycling. 2. Demonstrate how to wear the proper safety equipment for
- an adult partner, family, or your den. 3. Show how to ride a bike safely. Ride for at least half an hour with

BOWLING BELT LOOP

- safety for bowling 1. Explain to your leader or adult partner the rules of courtesy and
- 2. Show how to pick out a ball of proper weight and with finger holes that fit your hand.
- 3. Play a complete game with your family or den

FISHING BELT LOOP

- partner. Explain why they are important, and commit to following 1. Review your local fishing regulations with your leader or adult them.
- 2. Demonstrate how to properly bait a hook
- 3. Try to catch a fish

GOLF BELT LOOP

- the need for caution concerning golf clubs and golf balls. 1. Explain the rules of golf to your leader or adult partner. Explain
- 2. Spend at least 30 minutes practicing golfing skills
- 3. Participate in a round of golf (nine holes)

GYMNASTICS BELT LOOP

- 1. Explain the six events of men's gymnastics: floor exercise, horizontal bar. pommel horse, still rings, vaulting/side horse, parallel bars, and
- 2. Participate in three of the six events using the proper equipment
- 3. Explain the safety rules you should follow to learn gymnastics.

ICE SKATING BELT LOOP

- 1. Explain ways to protect yourself while ice skating, and the need for proper safety equipment.
- 2. Spend at least 30 minutes practicing the skills of skating.
- 3. Go ice skating with a family member or your den for at least three hours. Chart your time.

MARBLES BELT LOOP Individual Belt Loop Requirements (continued)

- or adult partner 1. Explain the rules of Ringer or another marble game to your leader
- 2. Spend at least 30 minutes practicing skills to play the game of
- 3. Participate in a game of marbles Ringer or another marble game.

ROLLER SKATING BELT LOOP

- skating, and the need for proper safety equipment 1. Explain ways to protect yourself while roller skating or inline
- 2. Spend at least 30 minutes practicing skating skills.
- 3. Go skating with a family member or your den for a total of at least three hours. Chart your time

SNOW SKI AND BOARD BELT LOOP

- for a snow skiing or boarding activity 1. Explain the conditioning, clothing, equipment, and planning needed
- 2. Be able to explain safety and courtesy codes for a downhill or cross-country ski trip.
- 3. Go skiing or snow boarding. Demonstrate how to stop and turn

SWIMMING BELT LOOP

- 1. Explain the rules of Safe Swim Defense. Emphasize the buddy system.
- family. 2. Play a recreational game in the water with your den, pack or
- kick across the shallow end of the swimming area 3. While holding a kick board, propel yourself 25 feet using a flutter

TABLE TENNIS BELT LOOP

- 1. Explain the rules of table tennis to your leader or adult partner.
- 2. Spend at least 30 minutes practicing table tennis skills
- 3. Participate in a table tennis game

TENNIS BELT LOOP

- Explain the rules of tennis to your leader or adult partner.
- 2. Spend at least 30 minutes practicing tennis skills
- 3. Participate in a tennis game.

PHYSICAL FITNESS

- and alcohol 1. Give a short report to your den or family on the dangers of drugs
- 2. Practice finding your pulse and counting your heartbeats per minute. Determine your target heart rate.
- standing long jump, the 50-yard dash, and the softball throw. in each skill over a month. Skills could include pull-ups, curl-ups, the 3. Practice five physical fitness skills regularly. Improve performance

Team Belt Loop Requirements

Complete three requirements in two different sports BASEBALL BELT LOOP

3. Participate in a baseball game. BASKETBALL BELT LOOP

- 1. Explain the rules of basketball to your leader or adult partner.
- 2. Spend at least 30 minutes practicing basketball skills.
 - 3. Participate in a basketball game.

LAG FOOTBALL BELT LOOP

- 1. Explain or discuss the simple rules of flag football with your den.
 - 2. Practice running, passing, and catching skills for at least 30 minutes.
- 3. Play a game of flag football.

SOCCER BELT LOOP

- 1. Explain the rules of soccer to your leader or adult partner.
 - 2. Spend at least 30 minutes practicing soccer skills.
 - 3. Play a game of soccer.

SOFTBALL BELT LOOP

- 1. Explain the rules of softball to your leader or adult partner.
 - 2. Spend at least 30 minutes practicing softball skills.
 - 3. Participate in a softball game.

ULTIMATE BELT LOOP

- 1. Explain the rules of Ultimate to your leader or adult partner.
 - Spend at least 30 minutes practicing Ultimate skills.
 - 3. Participate in an Ultimate game.

TOLLEYBALL BELT LOOP

- 1. Explain the rules of volleyball to your leader or adult partner.
- 2. Spend at least 30 minutes practicing volleyball skills.
 - 3. Participate in a volleyball game.

Belt Loop Requirements Sportsman Badge

Req. 3 - Two Individual Sports Belt Loops

List in blanks below:

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|----|--|
| | |

Req. 4 - Two Team Sports Belt Loops

List in blanks below:

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- council or district sponsored programs (such as Webelos Day Camp).
 - Archery and BB Shooting can be considered individual sports.

ARCHERY BELT LOOP

- district/council camp or activity you are attending with your leader or 1. Explain the rules for safe archery that you have learned in the adult partner.
 - techniques, including the stance and how to nock the arrow, establish 2. Demonstrate to your leader or adult partner good archery shooting the bow, draw, aim, release, follow-through and retrieve arrows.
 - 3. Practice shooting at your district or council camp for the time allowed.

BB SHOOTING BELT LOOP

- 1. Explain the rules for safe BB gun shooting that you have learned to vour leader or adult partner.
 - 2. Demonstrate to your leader or adult partner good BB gun shooting techniques, including eye dominance, shooting shoulder, breathing, sight alignment, trigger squeeze, follow through.
 - 3. Practice shooting at your district or council camp for the time

Fold this side to outside front and glue in between pages 456 and 45

More Great Stuff!

In this section we have put additional great stuff we collected such as:

- New patch information
- Updated fliers
- Some online resource links
- Outdoor Activity Info like Tour Plans and LNT.
- Tips for using the plans in the Resource Guide.
- Help with Theme Ideas
- And more...

Useful Websites & Links

You can find lots of ideas and information on the internet. In fact we used the internet for some of our sources for this CD. However sometimes you find SO many ideas that you spend time looking for "just the right idea" or get sidetracked by other ideas that in the end you have a hard time deciding which of the many ideas is the one that you want and where was it anyway. After spending lots of time (glad no one is keeping track) searching and looking at ideas we thought we would give you a list of some of our favorite and most useful websites. Hopefully it will save you time searching.

Official BSA Websites: (When you have questions go to the official sites first)

<u>www.utahscouts.org</u> – Our council website with links to all the district websites to find out what's going on in Scouting near you.

<u>www.scouting.org</u> – the official BSA National website. This is where you find the official answers to many of your scouting questions and lots of forms and other information such as:

Guide to Safe Scouting Resource Guide online

<u>Annual Health & Medical Records</u>
<u>BSA's Cubcast</u>

<u>Tour Plan Worksheets</u> <u>Sports And Academics Info</u>

<u>Journey to Excellence</u> <u>National Summertime Pack Award</u>

<u>BSA Insignia Guide</u> <u>Family Fun</u> - some old online games

Internet Advancement – Where you record all awards before presenting them to the boys.

At this Link you can find just about every form and application available from the BSA.

<u>www.myscouting.org</u> – THE place for online training. Create yourself an account, once it's linked to your personal scout number all training will be recorded with the council.

www.scoutstuff.org - The online scout shop for everything scouting.

www.scoutingmagazine.org – the online version of the bi-monthly magazine for leaders.

www.boyslife.org – the online version of the monthly magazine for boys.

<u>www.scoutparents.org</u> – a website with tons of information for parents of scouts.

<u>Cub Scout How to Book</u> – download a dpf version here.

<u>Other Scouting Related Websites</u>: (Some of our favorites out of the hundreds out there)

You can sear for just about anything. The more specific you make your words the more likely you are to find what you are looking for. For both general and specific information these below are very good:

<u>US Scouting Service Project</u> – a site with tons of great information and links to even more. There are lots of scouting websites out there but most have links to or from this one. This is a great site!! Looking for clipart? Looking for Ceremonies? Looking for advancement requirements? Whatever it is you are looking for, it can most likely be found here.

BoyScoutTrail.com – has lots of Cub Scout information as well.

Meritbadge.com - also has lots of Cub Scout information in an easy to navigate site.

Webelos Activity Badge Worksheets - from Meritbadge.com

Belt loop Worksheets – also from Meritbadge.com

<u>Leave No Trace</u> - information and training on the Leave No Trace principals.

<u>PuzzleMaker</u> – a free online source for making your own word search puzzles, crosswords and more.

EdHelper.com – another great puzzle making website – lots of different types.

<u>Some links to Scouting Programs</u> (some free and some for sale, we have no ties)

Today more than ever leaders are looking for ways to have the information on their computers or available on their phones and other devices. There are lots of options out there.

Achievement Trackers - FREE excel spread sheets to keep track of your den and pack records.

<u>Trax Spreadsheets</u> - another set of FREE excel spreadsheets for tracking advancement.

ScoutingPlanner.com – hosts websites for scout groups (packs, troops etc.)

<u>ScoutTrack.com</u> – an internet based management program.

<u>ScoutManage.com</u> – another internet based scout unit management program

ScoutSoft – Tracks Scouting advancement as well as LDS Faith in God.

<u>Pack Master</u> – another very popular software package with lots of features by TroopMaster.

There's an App for that! – Yes there are even Android and Apple Apps –some are free some are not.

If you just search "cub scout advancement trackers" or "Cub scout tracking software" or something similar you will most likely find some more that we did not find. Many of them have a free trial period so that you can try them out to be sure they do what you are looking for.



Red Ribbon Week Patch

(Only available Fall 2011)

The mission of the Red Ribbon Week Patch is designed to provide Boy Scouts and Girl Scouts the ability to earn a patch from the Drug Enforcement Administration (DEA) by for performing anti-drug activities in commemoration of Red Ribbon Week. Furthermore, this initiative seeks to empower young people to create, embrace, and strengthen their drug free beliefs. DEA aims

to award a Red Ribbon Week Patch and Certificate of Participation to the first 20,000 qualifying Boy Scouts and Girl Scouts.

Patch Requirements

All Boy Scouts and Girl Scouts are eligible to participate in the program. In order to receive the Red Ribbon Week Patch, the following **MUST** be completed:

- Each Scout leader must submit the Intent to Participate form by Friday, October 7, 2011.
- Each Scouting unit or troop must sponsor a Red Ribbon Week activity.
- Each Scout must attend an anti-drug educational session.
- Each Scout must take a drug-free pledge.
- The Scout leader must submit the Activity Report upon completion of all program requirements no later than Friday, **November 18, 2011.**

Note: The Red Ribbon Week patches are limited and are disseminated on a first-served basis. No exceptions will be made.

http://www.getsmartaboutdrugs.com/content/red ribbon week patch initiative.html

Join us in 2012 for

Pioneering the Wild West

Jeremiah Johnson Day Camp June 4-August 3rd Cubs, Girls and Webelos

Out of County Day (for units outside of Utah County) - June 9, 2012 Special Needs Day - Monday, June 11, 2012

- BB Guns
- Archery
- Rafts

- Bouldering Wall
- Rope Making
- Panning For Gold
- ◆ Hancarts
 - ◆ Crafts
 - ◆ Trading Post

Don't Miss:

- Shooting Sport Shoot-Out (BB Gun and Archery Pins)
- Webelos Overnighters
- Partner and Pal Campouts (for any youth and adult)

Register online at: utahscouts.org



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TIPS

for adapting, customizing and using the plans in the Den and Pack Meeting

Resource Guide

Looking for ideas on how to effectively use this great resource? How does it work with our weather? What about boys coming and going all through the year? How can I use the plans in a way that works for me?

We have some ideas that may answer your questions.

This section put together by Karole Scott of the Hobble Creek District.

Some TIPS for effectively using the Den and Pack Meeting Resource Guide

Ready made plans - The Den and Pack Meeting Resource Guide is full of great and helpful material to be used in your dens and pack. As it states in the welcome section of the resource guide, "The den meeting plans for each rank are designed to be conducted in sequential order." When it is possible it is best to follow the guide as close as possible. The guide also states, "Local conditions or your den's schedule may make altering the order of the den meetings attractive. As a den leader, you may change the order so long as you make sure the change does not jeopardize the boy's opportunity to earn their rank in the allotted time ... So remember that the Resource Guide is just that, a resource.

When and Why you might "change it up" In our council most of the boys enter and leave a den around his birthday rather than the standard BSA all in in Sept, and all out together...That leads many leaders to wonder "How do I start this in September and get all the boys as they come and go. This can be a challenge but if you have a yearly plan each boy (assuming the attend den meeting on a regular basis) will sometime during the year get all the different lesson plans and therefore all the things he needs for rank advancement. Sometimes you may also find it necessary to move things around to make it fit better with our weather.

How do I make plan? - There are many ways that you can plan your meetings. Here are four ideas:

- 1) **Ignore the book and just do your own thing**, You always have that option but why not use this really great resource. It really does cover almost everything they need advance.
- 2) Star the plans in September as written in the book. This is an easy option but be aware that here in Utah you will most likely have weather issues following this plan. Which may work for you if you, just skip to the next weather appropriate plan number but don't forget to go back to it later.
- 3) **Start it in January** Den meeting #1 in January and follow the Resource Guide from there. This option does make it work better with our seasons here in Utah. (No bird watching in February)
- 4) Change it to reflect your packs yearly schedule. Customize the order of the den meeting plans in any order. Just be sure to correlate the home assignments and verify parts. On the next page there is an example of a customized Wolf Den's yearly plan thanks to Karole Scott of the Hobble Creek District. Because her pack has their Pinewood derby in November, They use the supplemental den meetings B and C for that month.

It does take a little more time to plan the year so it works for our weather and your pack's yearly plans, however once it's done it makes the whole rest of the year easier for you. No more wondering "What are we going to do next" It also allows you to give the schedule to parents so that they know that you have a plan and what will be worked on when.

Our example on the next page is for a Wolf den but the process is the same for Bears and Webelos. The important part is to get all the achievements accomplished before the boy moves up to the next rank. You are your best resource. Do what works for your den, but always have a plan.

If you fail to plan, you plan to fail.

Example of a Customized Wolf Den Meeting Plan

| Meeting Month | Den Meeting Plan | Achievement/Electives |
|-----------------------|----------------------|--|
| Each time a new | Den Meeting 1 | Achievement 2b or2f, Bobcat, |
| boy enters den August | Supplemental D | Achievement 1h and 1i, Elective 20b and |
| August | Supplemental B | swimming belt loop |
| August | Den Meeting 14 | Elective 10a, 10c, 10f |
| | | HA: Achievement 4a, 10a |
| September | Den Meeting 7 | Verify: 10a, 10c, 10f |
| | | Achievement 7a-f, Electives 9b-c, 17a-c |
| | | HA: Achievement 4e, 6b, 8c-e |
| September | Den Meeting 8 | Verify: Achievement, 4e,6b, 8c-e |
| Ostalisas | Dan Marting 11 | Achievement 6a, 6c, 8a, 8b |
| October | Den Meeting 11 | Achievement 12a, 4 from 12 b through k |
| October | Den Meeting 15 | HA: Review and complete achievement 12 Verify: Achievement 12 |
| Octobel | Dell Meeting 13 | Elective 4e and Marbles belt loop |
| November | Den Meeting 12 | Elective 4e and Marbles belt loop Elective 6a and 6c and 12a |
| November | Dell Meeting 12 | Elective of and of and 12a |
| November | Supplemental B or C | Elective 5, Derbies |
| December | Supplemental E and K | Elective 12, Be an artist |
| January | Den Meeting 4 | Achievement 3b-c, Elective 20 g |
| | | Bowling belt loop |
| January | Supplemental M | Elective 16 a through c |
| February | Den Meeting 5 | Achievements 4f, 9a, 9d, 9e |
| | | HA: Achievements 4a d, 9b-d, 7e |
| February | Den Meeting 6 | Verify: Achievements 4a-d, 9b-d, 7e |
| | | Achievements 4a-d, Elective 9b-c, 11a |
| March | Den Meeting 9 | Achievements 5a-e |
| March | Supplemental F or I | Elective 3 |
| | | HA: Achievements 10, 11, and Elective 13c |
| April | Den Meeting 10 | Verify: Achievements 10, 11, and Elective 13c |
| | | Elective 13a-e, Achievement 10a-g |
| April | Supplemental A or L | Elective 10a, 13b, 15a,b,e |
| May | Supplemental G | Elective 18a, 4a-f |
| May | Supplemental N | Elective 20l |
| June | Den Meeting 16 | Electives 18a-b, 19a-f |
| June | Den meeting 13 | Elective 14b-d |
| July | Den Meeting 2 | Achievements 2a, 1a-f |
| July | Den Meeting 3 | Achievement 2c-e, g, Elective 20h-j, |

Outdoor Activities

With Cub Scouts

(How to insure you are doing it safely and responsibly.)

This section has answers to questions like:

- When do I need a tour plan? And how do I fill one out?
- What is the Guide to Safe Scouting?
- What is Leave No Trace? And how can I learn more?
- Ideas for LNT service projects?
- Bigfoot has been doing what?

This section put together by Donna Collins of the Black Hawk District.

OUTDOOR ACTIVITIES

Outing is a part of Scouting – even at the Cub Scout level. Boys like to be outdoors, to explore, to have fun! Cubs like to go on "Field Trips" and learn about new things and places. In the new Journey to Excellence program it even asks about the number of outdoor experiences the boys have each year.

Know before you go: (Steps to help ensure you have planned a safe outdoor activity)

<u>Tour Plan</u> – Everytime you leave your regular meeting place as a den or a pack you need to **fill out a tour plan.**Keep a copy with you and turn in a copy to your pack committee and COR. (I usually just email the complete file along with a brief summary of what we are doing and who is going.)

Tips for filling out a tour plan:

- The Tour plan looks like a long form It is really only the first 2 pages labeled "tour plan worksheet" as you fill in the blanks there it automatically fills in the corresponding blanks on the next two pages. It's not as hard as it first seems.
- Save it! The form online is a .pdf with "fillable blanks" if you save a copy to your own computer it will make things SO much easier. (Make sure you have the newest version)
 - Fill in the pack #, Chartered Organization, and any other information that will be the same every time. Also list all leaders, all trainings, all possible cars. Then save it again and you won't have to fill out that information again. (Then Print it and keep a paper copy – so you have all that info just in case – see below)
 - When you need to fill out a tour plan you open that saved file and just delete the info for those leaders and cars not going. Fill out the info (date, location etc.) for this particular trip and then "save as", give it a name related to that trip or date. (Be careful not to save over the original file – but you have it printed just in case)
- **Be Aware!** There are a number of things that you are saying that you have with you, have done, or will do. Be aware of what these things are:
 - ✓ We have a first-aid kit and roadside emergency kit with us.
 - ✓ We have Annual Health and Medical records in our possession.
 - ✓ We have planned this using the Sweet 16 of BSA Safety.
 - ✓ Permission has been secured from all parents
 - ✓ Adult leaders have read and are in possession of a current copy of the *Guide to Safe Scouting*. (see more below)
 - ✓ Transportation Guidelines page 4 be aware of these.
 - ✓ Pledge of Performance page 4 also important to know.
 - ✓ This new form asks for a name of single point of contact not on the tour. This person should be aware of all the specifics of your plans including your route, timetable and how to reach you should someone else need to know.

<u>Guide to Safe Scouting</u> – this can be bought at your local scout shop or read and downloaded from the national website. This booklet gives all the safety guidelines to help ensure a safe trip. It lists and explains the Sweet 16 of BSA safety and gives a specific Yes or No on which activities are okay for which age groups and much more. On the tour plan you state that all leaders have read and that you have a copy in your possession. Be sure to check this out especially as to how it pertains to your particular activity and age group.

OUTDOOR ACTIVITIES - continued

<u>Training</u> – What trainings does who need to have before going on an outing or field trip? The tour permit lists a number of trainings required below are the ones most likely to pertain to cub scouts:

- Youth Protection Training be sure it's up to date for ALL leaders for every trip!
- Hazardous Weather Training at least one leader going must have this for every trip!
- BALOO IF going overnight, at least one leader there must have this.
- Safe Swim Defense IF swimming, at least one leader must have this.
- Safety Afloat IF doing any boating, at least one leader must have this.

Go to www.myscouting.org, log into your account to be sure that your youth protection is current and that you have taken any other required trainings. If not, take them now.

What else should we know before going outdoors?

Leave No Trace — these principals teaches us how to use the outdoors responsibly. Pack Meetings are a great place to present LNT Awareness (Front Country) guidelines and skills to the whole family through games and other fun activities. The following links have variety of ways to present and teach Leave No Trace concepts:

- LNT Training and Educational Resources A list of many of their resources and links
- Leave No Trace Group Use Brochure pdf of a brochure you can print for your pack
- Boy Scout Teaching Leave No Trace Activity Guide Use this online or download the pdf and save it. Two of the activities we suggest for Cub Scout age boys and their families are:
 - Our Natural World This activity talks about Things in Nature, Things We Have in Common, And How It Helps "ME"!
 - **Leave What You Find** this activity will work for any size group. It involves many aspects of outdoor use, including the effects of unintentional impacts.
 - Another great activity to introduce LNT and help foster an understanding of outdoor ethics is the "Web of Life" game. Instructions and pictures for this game may be easily found online by searching for "Web of Life Game" It may be adapted to any size group and the time can be adjusted from 15 to 45 minutes depending on the size of the group and their needs.
- Quick Concepts and Plans for teaching LNT the quick attention grabber activities for a group
- Awareness Award Service Project Ideas What kind of service qualifies as conservation?
- Additional resources can be purchased at https://store.lnt.org/teach such as:
 - The Activity Guide, Teaching Leave No Trace
 - 101 Ways To Teach Leave No Trace
 - And more...

Cub Scout Awards - don't forget about: (Click on each title for the requirements)

Cub Scout Leave No Trace Awareness Award (See next page for service project ideas)

Cub Scout Outdoor Activity Award and

Or see pages 380, 383, of the 3010, 3011, Box 1

World Conservation Award

Or see pages 380-382 of the 2010-2011 Pow Wow Book

Working towards these awards are good ways to help get the boys outdoors and having fun!

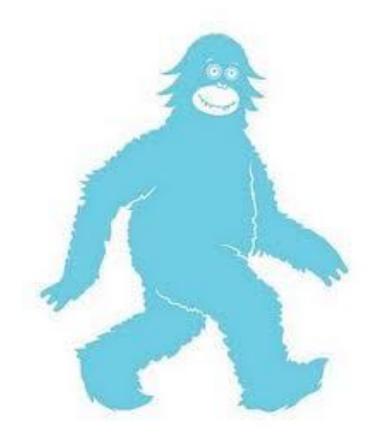
Boy/Cub Scout Leave No Trace Awareness Award Service Project Information

One of the requirements for earning the Leave No Trace Awareness Award is to participate in a Leave No Trace related service project. This doesn't have to be a large undertaking. The point of the project is to reinforce the Leave No Trace ethics that are being taught and to offer service to the outdoor areas used by Scouts. In this spirit, a Scout should consider projects such as:

- Removing or cleaning up multiple campfire rings this should be done with the *prior* approval of the governing agency (State Park, City Park, U.S. Forest Service (USFS), Bureau of Land Management (BLM), or the National Park Service (NPS)) in charge of the area you are visiting. Remember, you should concentrate use in areas that are heavily visited; so keeping one campfire ring may be entirely appropriate. Check with local government officials or land managers to find out their policies.
- Campsite naturalization if you happen across a campsite that is either not supposed to be there, or that is not heavily impacted, consider naturalizing it. If it is an area that has seen some heavy use, think about reducing the size of the impact area to make it a better area for the next group to use. This should be done with the *prior* approval of the land use agency (State Park, City Park, USFS, BLM, or NPS) in charge of the area you are visiting.
- **Trash removal** this should be an extensive removal effort, not just the occasional trash sweep that every unit should perform before they leave an area they have used.
- Build a Leave No Trace information kiosk or display working with a local ranger, a unit can put together an information station at a trailhead to inform other visitors about how to apply the Leave No Trace principles in the backcountry.
- Any sort of other "conservation" related project many units perform conservation
 projects as part of their yearly outdoor program. These include: tree planting, hiking trail
 maintenance, building and upkeep of wildlife water guzzlers, and stream restoration
 projects. These types of projects should be done with the *prior* approval of the land use
 agency (State Park, City Park, USFS, BLM, or NPS) in charge of the area you are visiting.
- Other ideas you have heard or thought of:

If you have any questions on the award or need other ideas for a project, contact Boy Scouts of America at www.scouting.org

LEAVE NO TRACE



BIGFOOT HAS BEEN DOING IT FOR YEARS!

Take the Bigfoot Challenge.

www.LNT.org

<u>Leave No Trace Training -</u> if you are interested in learning more about Leave No Trace or becoming a Leave No Trace Trainer look for the following upcoming courses in our council:

Leave No Trace Training at Camp Maple Dell in Payson

Oct. 28, 2011, 5:00 pm until Oct. 29, 2011, 6:00 pm

May 18, 2012, 5:00 pm until May 19, 2012, 6:00 pm

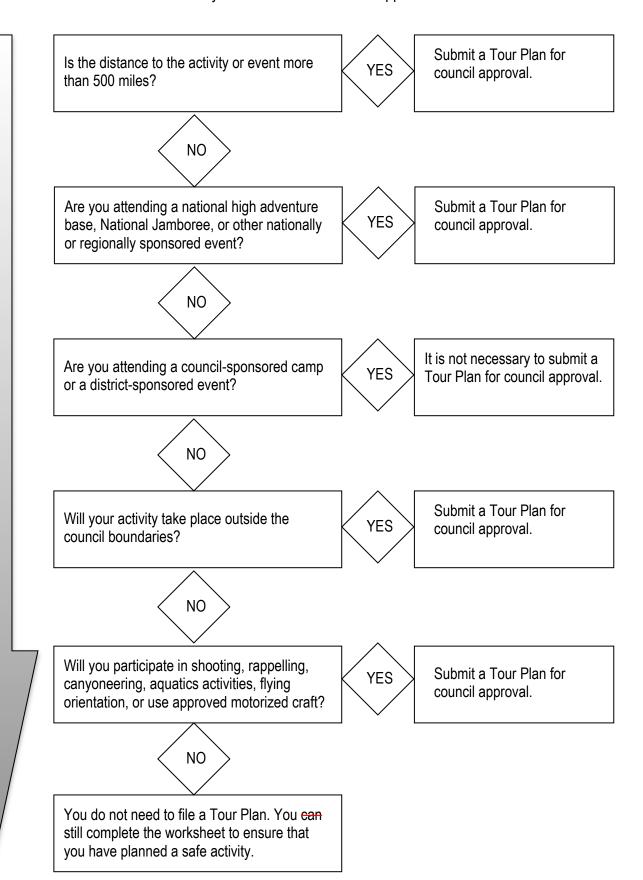
Oct. 12, 2012, 5:00 pm until Oct. 13, 2012, 6:00 pm

Go to utahscouts.org and click on the calendar at the bottom to register.

You can also take an **Online Awareness Course** at www.lnt.org/training/OnlineCourse (Be patient it takes a while to load) You can get a certificate of completion at the end.

Do I need to submit a Tour Plan?

Complete Tour Plan for all Scouting activities. Use the chart below to determine whether you need to submit your Tour Plan for council approval.





The official Council policy on when to submit a Tour plan for council review.

THE TOUR PLAN

SCOUTING LEADERS MUST USE GOOD JUDGMENT AND PRUDENCE WHEN CONDUCTING ANY SCOUTING ACTIVITY

The Tour Plan helps Unit Leaders to effectively evaluate their preparedness for upcoming activities. Effective March 1, 2011, the Tour Plan (form 680-014) replaces the Tour Permit (form 34426 and Online Tour Permit.)

What is a Tour Plan?

The Tour Plan is designed to reinforce the leadership requirements of basic safety in Scouting – specifically two-deep leadership, transportation, aquatics, rappelling, and youth protection. The Tour Plan is a four-page document that can be filled out electronically (www.utahscouts.org/tourplan) and then printed for recording purposes.

When is a Tour Plan Required?

Units must complete a Tour Plan for **every activity** a unit undertakes and retain a permanent copy of this Tour Plan with their Chartered Organization for possible future reference. If a problem arises, Tour Plans may be requested for additional information.

Certain activities require a Tour Plan to be submitted to the Utah National Parks Council for review and approval. Such plans must be submitted a minimum of 21 days prior to the event. These situations include:

- 1. Any activity which includes a trip of 500 miles or more or extends outside of the Utah National Parks Council boundaries.
- 2. Any activity that is not conducted by the council or its districts and involves:
 - Aquatics
 - Climbing/Rappelling
 - Caving
 - Shooting Sports/Firearms
 - Orientation Flights
 - Motor vehicles as part of program (snowmobiles, boating, etc.)
- 3. Activities that involve "High Adventure" or "High Risk" or "Elevated Risk" (examples would include: back country trips and trips more than 45 minutes from medical assistance.)

Tour Plans (680-014) may be submitted in the following ways:

- 1. In person at any Utah National Parks Council Service Center
- 2. By faxing the Tour Plan (all pages) to 801-437-6239
- 3. Emailing the completed document to tourplans@utahscouts.org

748 North 1340 West Orem, Utah 84057 P 801-437-6222 | F 801-437-6240 www.utahscouts.org

Prepared. For Life.™





Did you know . . .

the Utah National Parks Council has a

Council Cub Scout Committee?

The Utah National Parks Council Cub Scout Committee is here to serve you! Our goal is to help you, the district Cub Scout leaders, get the information, help, and training that is needed so that you can in turn, help the Cub Scout leaders in your district do their best. Got a Cub Scout question? Need some info? Got some ideas to share or success to report?

Contact the Council Cub Scout Committee Chair:

Nancy Peterson 435-528-3791 <u>mapledellcampers@hotmail.com</u>

The Committee's first order of business has been to identify exactly who the district Cub Scout leaders are in each district. (It has been more difficult than one would think) We can't help you if we don't know who you are and you can't contact us if you don't even know that we exist. So, if you are a Cub Scout leader in your district – a roundtable commissioner, training chairman, Pow Wow chairman, Day Camp organizer, Cub Scout Commissioner/Specialist... ANY Cub Scout position at the district level. Please email the above chairman with your name, position and contact information so that we can start keeping in contact and passing information on to you. – Thanks!