

## Hebrews 6:12

So don't allow your hearts to grow dull or lose your enthusiasm, but follow the example of those who fully received what God has promised because of their strong faith and patient endurance.

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I offer a word of encouragement today if you are facing a time of any of the following. Fears, anxiety, tension, uncertainty, stress, lack of peace or joy, not measuring up to your own expectations, and I could go on.

The writer here in Hebrews tells us to look for and at people who have gone "through" similar circumstances, who you can respect for their authenticity. Then, find out how they can go through what have or do and seek to follow their example. (It is a lie from hell to cause us to think we are the only one struggling like we are. So that we become isolated, alone and vulnerable.)

How do we follow their example?

1. Strong Faith in the promises of God that He will do what He says He will do. Just like a toddler who is beginning to walk, they wobble, fall down, but they, with the encouragement of others, get back up and try again and again and again until they actually walk. Rather than worrying over falling back down into a pit of despair, get prayerful support from people you trust to help you get back up and continue walking in the promises of God. Prayerfully ask God for a promise dealing with your situation, and/or, use your Bible app to search for scriptures which speak to you. For example, type in the word, fear, and begin reading and praying for the fulfillment of those scriptures in your life. I recently did that, because I was having pain in my feet. I am reading those verses each day, declaring my faith in God's promises.

2. Patient Endurance. I do not do this naturally. I want things now, while God may be saying to me, I will develop more of Me in you as you patiently endure. And/or, satan will try his best to block the manifestation of the promise, with the intent I will become discouraged enough to stop believing in the promises. Either way, I continue to patiently endure because God is ALWAYS faithful to fulfill His promises.

Find examples of people to follow in scripture, in life, at your church, or family. Ask them, how did you hold onto your faith and endure? Do not think you can do this alone. We ALL need others to prayerfully and lovingly support us.

I am in this with you and we WILL see God's promises fulfilled.