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# FOOD

Available until 3pm

## THE FULL ENGLISH £10.75

1 Sausage, 1 Bacon, 2 eggs (your way), roasted tomatoes, Heinz beans, sautéed mushrooms, homemade Hash Brown & white/ granary toast

## THE VEGE £10.75

2 Vege' sausages, 2 eggs (your way), roasted tomatoes, Heinz beans, sautéed mushrooms, Homemade Hash Brown & white/ granary toast

## THE SKINNY £9.25

Avocado, 2 poached eggs, raw spinach, roasted tomatoes, Heinz beans, sautéed mushrooms & sourdough toast

## THE VEGAN £9.75

2 Vege' sausages, raw spinach, Heinz beans, roasted tomatoes, Avocado, Homemade Hash Brown & white/ granary toast

## FRENCH TOAST £8.50

Eggy sourdough, flavoured with cinnamon, vanilla & sugar, served with berry compote, crème fraiche & maple syrup

## PANCAKES £7.50

Three American-style pancakes, served with berry compote, crème fraiche & maple syrup. (Gluten free & dairy free available on request)

## AVOCADO ON SOURDOUGH £8.25

Topped with rocket & sweet chilli sauce

## EGGS ON SOURDOUGH £7.00

Eggs cooked your way, topped with rocket

Why not add on some extras?

## HOMEMADE SMOKED BEANS ON SOURDOUGH £7.20

Posh beans on toast. Cooked in a tomato sauce, flavoured with smoked paprika and garlic, topped with rocket

## FRITTERS £8.25

Homemade, cumin-spiced vegetable fritters, served on a bed of salad with balsamic dressing & sweet chilli sauce

## LOCALLY MADE FISH PATE £8.75

See the board for today's fish pate. Served with sourdough toast and mixed leaves.

## FALAFEL SALAD BOWL £9.85

Sweet potato falafels, hummus, Avocado, mixed salad, balsamic dressing & sweet chilli sauce

## MUSHROOMS & STILTON £9.00

Sauteed mushrooms in melted stilton cheese on toasted sourdough with rocket & red onion marmalade

## SANDWICHES

Granary/ white and gluten free bread available Served with a small side salad with balsamic glaze

Cheddar cheese & red onion marmalade £6.20

Egg mayo' & cress £6.20

Butchers ham & piccalilli £6.20

Falafel, hummus & spinach £6.75

Sausage sandwich £6.75

Bacon sandwich £6.50

## HOMEMADE SOUP OF THE DAY £6.75

Served with a chunk of granary bread See the board for today's soup

### EXTRAS

Heinz beans/ Roasted tomatoes/ Egg + £1.30

Sautéed mushrooms/ raw spinach/ Smoked beans/

Hummus/ Toast + £1.65

Sausage/Vege Sausage £1.95, Bacon £1.00

Avocado half/ Halloumi/ Smoked salmon/ Falafels + £2.50

Jam or Marmalade +75p

Contains nuts    Gluten free    Dairy free    Vegan    Vegetarian    Gluten free alternative    Dairy free alternative    Vegan alternative

All our food is prepared in a kitchen that handles allergens. Whilst every care is taken to prevent cross contamination, we cannot guarantee that anything is allergen-free. Should you have any dietary requirements, please make your server aware. Where alternative is available the dish may be changed slightly to meet the allergen requirement.