





FOOD

Available until 3pm

THE FULL ENGLISH £12.00

1 Sausage, 1 Bacon, 2 eggs (your way), roasted tomatoes, Heinz beans, sautéed mushrooms, homemade Hash Brown & white/ granary toast

THE VEGE £11.50

2 Vege' sausages, 2 eggs (your way), roasted tomatoes, Heinz beans, sautéed mushrooms, Homemade Hash Brown & white/ granary toast

THE SKINNY £10.50

Avocado, 2 poached eggs, raw spinach, roasted tomatoes, Heinz beans, sautéed mushrooms & sourdough toast

THE VEGAN £10.50

2 Vege' sausages, raw spinach, Heinz beans, roasted tomatoes, Avocado, Homemade Hash Brown & white/ granary toast

FRENCH TOAST £9.25

Eggy sourdough, flavoured with cinnamon, vanilla & sugar, served with berry compote, crème fraiche & maple syrup

PANCAKES £8.40

Three American-style pancakes, served with berry compote, crème fraiche & maple syrup. (Gluten free & dairy free available on request)

AVOCADO ON SOURDOUGH £8.25

Topped with rocket & sweet chilli sauce

EGGS ON SOURDOUGH £7.00

Eggs cooked your way, topped with rocket

HOMEMADE SMOKED BEANS ON • **SOURDOUGH £7.20**

Posh beans on toast. Cooked in a tomato sauce, flavoured with smoked paprika and garlic, topped with rocket

HOMEMADE GRANOLA £7.20

Made with oats, coconut, dried fruit and mixed nuts. Baked in honey and cinnamon. Served with yoghurt and mixed berry compote

Contains nuts







FRITTERS £9.00

Homemade, cumin-spiced vegetable fritters, served on a bed of salad with balsamic dressing & sweet chilli sauce

LOCALLY MADE FISH PATE £9.50

See the board for today's fish pate. Served with sourdough toast and mixed leaves.

FALAFEL SALAD BOWL £10.50

Sweet potato falafels, hummus, Avocado, mixed salad, balsamic dressing & sweet chilli sauce

MUSHROOMS & STILTON £9.70

Sauteed mushrooms in melted stilton cheese on toasted sourdough with rocket & red onion marmalade

SANDWICHES

Granary/ white and gluten free bread available Served with a small side salad with balsamic glaze

Cheddar cheese & red onion marmalade £7.00

Egg mayo' & cress £7

Butchers ham & piccalilli £7.00

Falafel, hummus & spinach £7.50

Sausage sandwich £7.50

Bacon sandwich £7.20

HOMEMADE SOUP OF THE DAY £7.25

Served with a chunk of granary bread See the board for today's soup

EXTRAS

Heinz beans/ Roasted tomatoes/ Egg + £1.50 Sautéed mushrooms/ raw spinach/ Hummus/ Toast +£1.65 Sausage/Vege Sausage/Home-made Hash brown £2.00, Bacon £1.25

Avocado half/ Halloumi/ Smoked salmon/ Falafels/ Smoked

beans + £3.00

Jam or Marmalade +75p

Chutney/Chilli jam/Piccalilli + £1.50

Extra butter + 20p

Dairy free alternative
Vegan alternative

All our food is prepared in a kitchen that handles allergens. Whilst every care is taken to prevent cross contamination, we cannot guarantee that anything is allergen-free. Should you have any dietary requirements, please make your server aware. Where alternative is available the dish may be changed slightly to meet the allergen requirement.