

# Food menu



## Breakfasts

Served until 12pm

#### Full English

£12.50

1 Sausage, 2 Bacon, 2 Eggs, ½ Tomato, Sauteed mushrooms, Beans, Hash brown & Toast

#### The Vege

£12.00

2 Vege' sausages, 2 Eggs, ½ Tomato, Beans, Hash brown, Sauteed mushrooms & Toast

#### The Vegan

£11.00

2 Vege' sausages, Raw Spinach, ½ Tomato, Beans, Hash brown, Avocado & Toast

#### The Skinny

£11.00

Raw spinach, Avocado, ½
Tomato, 2 Poached eggs, Beans,
Sauteed mushrooms, Sourdough
Toast

#### Homemade Granola

£8.50

Made with Oats, Coconut, Dried fruit, Mixed nuts, Honey & Cinnamon.
Served with Yoghurt & Berry compote

#### Extras

Daniel II Tamaka 🙃 🙃	04.00
Beans, ½ Tomato 🛑 🌑 🌑	£1.60
Egg ••	£1.60
Sauteed mushrooms	£1.75
Spinach, Hash Brown	£1.75
Sausage	£2.10
Bacon o	£1.35
Vege Sausage 🛑 🔵 🔵	£2.10
½ Avocado 👝 👝	£3.10
Smoked salmon	£3.10
Jam, Marmalade,	85p
Chutney	
Extra Butter	30p

#### Brunch

Served until 3pm

#### **Eggs Benedict**

£10.50

Toasted bagel or sourdough, with bacon and 2 poached eggs. Topped with hollandaise sauce and rocket

#### **Eggs Arlington**

£11.25

Toasted bagel or sourdough, with smoked salmon and 2 poached eggs. Topped with hollandaise sauce and rocket

#### **Eggs Florentine**

£9.75

Toasted bagel or sourdough, with wilted spinach and 2 poached eggs. Topped with hollandaise sauce and rocket

## Avocado, Spinach & Sunblushed tomato

£11.75

Smashed avocado, spinach & sun blushed tomatoes on toasted sourdough. Topped with rocket and drizzled in balsamic glaze

#### Eggs on Sourdough

£8.00

2 Eggs, cooked your way on toasted sourdough, topped with rocket

#### Brunch Bagel

-10.50

Toasted bagel with butcher's sausage, bacon, fried egg & Emmental cheese. Served on a small bed of rocket

#### Mushrooms & Stilton

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Sauteed mushrooms, cooked with stilton cheese, On toasted sourdough with rocket & red onion marmalade

#### French Toast

£9.95

Grilled sourdough, soaked in an a mixture of egg, vanilla, sugar, cinnamon and cream. Served with crème fraiche, berry compote & maple syrup

#### Pancakes

£9.95

3 American style pancakes, served with crème fraiche, berry compote & maple syrup

### Sandwiches

Served until 3pm

All sandwiches are available on white, granary or gluten free bread. Served with a side salad & coleslaw

Ham & Coleslaw £8.00
Cheese & Red onion marmalade £8.00

Tuna Mayo & cucumber • £8.50 BLT • £8.50

Houmous, tomato & spinach £8.00

Salmon, cream cheese & £10.25

Sausage or Bacon £8.00 Egg Mayo & cress £7.50

Crab (when in season) • £10.25

## Homemade Soup

Served until 3pm

Served with a chunk of Granary bread Please see the board or ask a member of staff for today's soup £7.95

#### **Toasties**

Served until 3pm

All Toasties are available on white, granary or gluten free bread. Served with a side salad & coleslaw

Cheese & Red onion £8.50 marmalade

Tuna & Cheese • £9.00

Ham & Cheese £8.50

Ocontains nuts ■ Gluten free Dairy free Vegan Vegetarian Gluten free alternative Dairy free alternative Vegan alternative

All of our food is prepared in a kitchen that handles allergens. Whilst every care is taken to prevent cross contamination, we cannot guarantee that anything is allergen free.



# About us



## Where does our name come from?

A question asked by so many! So here it is....

This building has been known as Whelk Coppers since the 1930's. The name refers back to when the site was used to boil Whelks in Coppers, in wells, before being sent off to London and provincial markets.

One of the wells can be seen at the back of the building, in the garden....now a home to flowers & a bird feeder.

### Love local

We try to source produce from local suppliers....
Sausages & bacon from Banning's butchers, Sheringham
Fruit & Veg from Dawn Fresh,
Sheringham
Bread & Teacakes from Krusty
Loaf, Fakenham
Coffee from Green Farm Coffee,
Norwich

We also only use Free range eggs.

## A little history

Whelk Coppers in it's time has played many parts. First, the building was 3 fisherman's cottages. Converted into a holiday home in the 1930's, after this it acted as an Officer's billet during the second world war.

There are also reports of the building being used as a Nunnery and a small private school.

After a spell as self-catering holiday lets, Whelk Coppers lay empty & decaying for around 8 years

Finally, in 1992, it was given a new lease of life by Sandra & Peter Foster and became the café that it is today.

Whelk Coppers is still run by the Foster family.

#### **Unique Features**

The wrought iron gates you walk through, and the ones at the back are reputedly designed by Walt Disney (a friend of the original owners). They were deemed so special that they spared from the scrap metal drive during the second world war.

A photo of these appeared in an American maritime magazine and were referred to as 'The Sheringham Sea gates'

The wood panelling inside the building is Indian Teak and was salvaged from a British Navy frigate, built in Calcutta in 1820

## Local hero discount

NHS, RNLI, Fire, Coastguards & Armed forces- Show your I.D/ blue light card at the till and receive 15% of your bill.

## Tapas evenings

We regularly run themed, tapas style dining evenings. Each time, with our take on a different cuisine. These nights are bookings only, Keep an eye out on our social media for upadates

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