

Available until 3pm

THE FULL ENGLISH £8.20

Sausage, bacon, 2 eggs (your way), roasted vine tomatoes, Heinz beans, sautéed mushrooms & toast

THE VEGE £7.20

Vege' sausage, 2 eggs (your way), roasted vine tomatoes, Heinz beans, sautéed mushrooms & toast

THE SKINNY £7.70

Avocado, 2 poached eggs, raw spinach, roasted vine tomatoes, Heinz beans, sautéed mushrooms & sourdough toast

THE VEGAN £7.60

Vege' sausage, raw spinach, Heinz beans, roasted vine tomatoes & toast

FRENCH TOAST £6.95

Eggy sourdough, flavoured with cinnamon, vanilla & sugar, served with berry compote, crème fraiche & maple syrup

PANCAKES £6.25

Three American-style pancakes, served with berry compote, crème fraiche & maple syrup. (Gluten free & dairy free oavailable on request)

AVOCADO ON SOURDOUGH £6.95

Topped with rocket & sweet chilli sauce

EGGS ON SOURDOUGH £4.95

Eggs cooked your way, topped with rocket

Why not add on some extras?

FRITTERS £6.95

Homemade, cumin-spiced vegetable fritters, served on a bed of salad with balsamic dressing & sweet chilli sauce

LOCALLY MADE FISH PATE £6.95

See the board for today's fish pate. Served with sourdough toast and mixed leaves.

MUSHROOMS & STILTON £7.65

Sautéed mushrooms in melted stilton cheese, on toasted sourdough topped with rocket & red onion marmalade

FALAFEL SALAD BOWL £7.95

Sweet potato falafels, hummus, Avocado, mixed salad, balsamic dressing & sweet chilli sauce

SANDWICHES

Granary/ white and gluten free bread available Served with a small side salad with balsamic glaze

Cheddar cheese & red onion marmalade £5.15

Egg mayo' & cress £5.00 Butchers ham & piccalilli £5.15

Falafel, hummus & spinach £5.75

Sausage sandwich £5.50

Bacon sandwich £5.00

HOMEMADE SOUP OF THE DAY £5.50

Served with a chunk of granary bread See the board for today's soup

EXTRAS

Heinz beans/ Roasted vine tomatoes/ Egg + £1.25 Sautéed mushrooms/ raw spinach/ Hummus/ Toast + £1.25 Sausage/Bacon (2)/ Vege Sausage + £1.70 Avocado half/ Halloumi/ Smoked salmon/ Falafels + £2.25 Jam or Marmalade +70p

Contains nuts

■ Dairy free ■ Vegan ■ Vegetarian ■ Gluten free alternative

Dairy free alternative Vegan alternative

All our food is prepared in a kitchen that handles allergens. Whilst every care is taken to prevent cross contamination, we cannot guarantee that anything is allergen-free. Should you have any dietary requirements, please make your server aware. Where alternative is available the dish may be changed slightly to meet the allergen requirement.



















































