

# Direct Behavior Rating-Self Monitoring (DBR-SM)

<b>Date:</b> _____ M T W Th F	<b>Student Name:</b> _____	<b>Describe any change(s) in the typical classroom routine</b> (e.g., fire drill, assembly, field trip, etc.):
<b>Observation Time:</b> Start: _____ End: _____  <input type="checkbox"/> Check if unable to observe	<b>Behavior Descriptions:</b> <p><b>Academically engaged</b> is actively or passively participating in the classroom activity. For example: writing, raising hand, answering a question, talking about a lesson, listening to the teacher, reading silently, or looking at instructional materials.</p> <p><b>Respectful</b> is defined as compliant and polite behavior in response to adult direction and/or interactions with peers and adults. For example: follows teacher direction, pro-social interaction with peers, positive response to adult request, verbal or physical disruption without a negative tone/connotation.</p> <p><b>Disruptive</b> is student action that interrupts regular school or classroom activity. For example: out of seat, fidgeting, playing with objects, acting aggressively, talking/yelling about things that are unrelated to classroom instruction.</p>	

**Directions:** At the end of an instructional period, the student places a mark along the scale that best reflects the percentage of total time the target behavior was exhibited. Next, the teacher places a mark along the scale that best reflects the percentage of total time the student displayed the target behavior. Finally, briefly discuss agreement/disagreement in ratings. Discussions should be objective, encouraging, and positive. Avoid any harsh or punitive discussions of behavior exhibited or disagreement.

## Academically Engaged

Student											
Teacher											
	0	1	2	3	4	5	6	7	8	9	10
% of Total Time	0%					50%					100%
	Never					Sometimes					Always

## Respectful

Student											
Teacher											
	0	1	2	3	4	5	6	7	8	9	10
% of Total Time	0%					50%					100%
	Never					Sometimes					Always

## Disruptive

Student											
Teacher											
	0	1	2	3	4	5	6	7	8	9	10
% of Total Time	0%					50%					100%
	Never					Sometimes					Always