



31734 Rancho Viejo Road, Ste. A
San Juan Capistrano, CA 92675
www.capodancecenter.com

CLASS SCHEDULE 2019-20 DANCE SEASON

◇ Artistic Director – Sharon Kinney (SK)

◇ Suzy Poetsch (SP) ◇ Laura Flynn (LF) ◇ Lauren Denney (LD) Chrystina Carney (CC)

◇ Lyndsay May (LM) ◇ Brooke Shulte (BS) ◇ Anthony Tuason (AT)

◇ Jenna Wood (JW) ◇ Tracey Larsen (TL) ◇ Erika Fernandez (EF)

MONDAY

TIME	STUDIO A	STUDIO B	STUDIO C
3:00 – Studio A 3:30	Preschool Dance (TBA)	Beg/Int Lyrical (AT)	Tap 1 (7 to 10 yrs) (JW)
4:00 – Studio A 4:30	Invitational Ballet/Pointe (SK) 1.5 hours	Boys Hip Hop (AT)	Tap 2/3 (JW)
5:30	Broadway Jazz TEAM (AT)	Intermediate Ballet (SK)	Int/Adv Tap (TL)
6:30	INT/Adv Hip Hop (AT)	Advanced Ballet/Tap **2 nd year (SK)	Advanced Tap (TL)
7:30	TEEN/SR Tap TEAM (TL) (30minutes)	Solos/Duets/Trio (AT)	Team solo (SK)

TUESDAY

TIME	STUDIO A	STUDIO B	STUDIO C
3:00			
3:30		Ballet/Tap (5-7) (SK)	Tap I/II (TBD)
4:30	TEEN Jazz Tech (LM)	Beg/Int Ballet (/SK)	Beg/int Hip Hop (TBD)
5:30	Invitational Pre- pointe/Ballet (SK)**2 hrs	Intermediate JAZZ FUSION(LM)	Junior Musical Theater (AT)
6:30		Beginning Jazz Fusion (LM)	Int/Adv Broadway Jazz (AT)
7:30	Jazz Lg Group (LM)	SENIOR/TEEN HIP HOP TEAM (AT)	
8:30			

WEDNESDAY

TIME	STUDIO A	STUDIO B	STUDIO C
2:00-3:30	Solos (LM & AT)	Solos (LM & AT)	
3:30	ADV JAZZ Fusion (LM)	Mini Hip Hop/Jazz Combo (LF)	Beginning Hip Hop (AT)
4:30	JAZZ/Lyrical TEAM(LM)	Preschool Dance (2.5 -5 years) LF	Intermediate Hip Hop (AT)
5:30	PRODUCTION TEAM (AT and LF)	BEG/INT JUNIOR Jazz TECH (LM) Ages 8-11	Intermediate TEEN Ballet (LD)
6:30	Junior Company Ballet (LD)	Advanced Turns and Tricks (LF)	Beg/Int jazz funk (AT)
7:30		Advanced Jazz (LF)	
8:00			

THURSDAY

TIME	STUDIO A	STUDIO B	STUDIO C
10:00	Preschool Dance (CC)		
3:30	ADV JAZZ TECH (LM)	Beginning Lyrical (BS)	Ballet/Tap Ages 5-7 (SK)
4:30	Lyrical/Jazz TEAM(LM)	Int. Lyrical Modern (BS)	Beginning Ballet (SK)
5:30	Sr/Teen IMPROV (BS)	Adv. Junior JAZZ TECH (LM)	Intermediate Jazz (LF)
6:30	Invitational Ballet/Pointe (SP) 1.5 hours	Contemporary TEAM (LM)	LYRICAL TEAM (LF)
7:30		JUNIOR HIP HOP TEAM (LF)	Duets/Trios (LM)
8:30	Senior TBD Team (LM)		

FRIDAY

TIME	STUDIO A	STUDIO B	STUDIO C
2:00-4:00	solo/duets/trios (LM)		
4:00	Advanced TEEN Hip HOP (EF)	RISING STAR TEAM (CC)	Intermediate Ballet (LD)
5:00	Beginning Tumbling Dancers 1/2 (CC)	Beginning Ballet (2nd year)(LD)	Int/Adv Jazz (EF)
6:00	TEEN BALLET/Pointe (LD)**1.5 hours	Beginning Lyrical (CC)	Beginning Hip Hop (EF)
7:00			

SATURDAY

TIME	STUDIO A	STUDIO B	STUDIO C
9:00	Ballet/Tap 5-7 yrs (SK)	Pilates for Dancers (SP)	
10:00	Invitational Ballet Pointe (SK) **1.5 hours	Mini Hip Hop (EF)	Intermediate Ballet (SP)
11:00		Beginning Jazz (EF)	Intermediate Lyrical (SP)
11:30	Teen Ballet TEAM (SK)		
12:00	Preschool Dance (Ages 2 ½ -5) (SK)	Advanced Lyrical Modern (EF)	Beg Contemporary (SP)
1:00			

SUNDAY

TIME	STUDIO A
5:00pm	Tumbling 3 / 4
6:00pm	Tumbling 5
7:00pm	Solo (CC)
**Punch card (8 lessons for \$160)	

****Schedule Subject to change @ Studio's discretion (Rev. 7/15/19)**