

SUPPORT WORKER



CECILIA



SOUTHERN SUBURBS

I'm a caring and reliable support worker with a strong interest in mental health, mentoring, and supporting independent living. I enjoy helping clients build confidence and stay connected through community engagement and meaningful daily activities. I have a creative background in graphic design and am very confident with technology, which I love incorporating into supports where possible. Outside of work, I enjoy music, staying active, cooking, and spending time with family, friends, and my two dogs.

AREAS OF INTEREST


MENTAL HEALTH

INDEPENDENT LIVING

COMMUNITY ENGAGEMENT



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