

SUPPORT WORKER



LAUREN



CENTRAL & NORTHERN SUBURBS

Hi, I'm Lauren! I enjoy supporting children and adolescents, with a strong focus on mental health and skill development. I see the role of a support worker as someone who's there to help people build independence - supporting them to do things for themselves, at their own pace, while feeling encouraged and supported.

Building strong relationships and genuine rapport is really important to me. I enjoy getting out and about and keeping things social and practical, whether that's heading to parks, cafés, shopping trips, cooking or baking together, or staying active through sport like football. I aim to create a supportive, positive environment where people feel confident, capable, and understood.

AREAS OF INTEREST


SKILL DEVELOPMENT

CHILDREN & ADOLESCENTS

MENTAL HEALTH



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