

SUPPORT WORKER

POPPY



NORTHERN & CENTRAL SUBURBS

Hi, I'm Poppy! Originally from the UK, I've been living in Australia for 15 years.

I'm committed to promoting equal opportunities and empowering individuals and families to reach their full potential.

I have a strong passion for mental health awareness and work actively to reduce the stigma surrounding mental health issues. Through guidance, support, and compassion, I aim to help those affected by mental health challenges feel understood and empowered to seek the help they need.

My goal is to create a safe, open environment where everyone feels valued and supported.

AREAS OF INTEREST

MENTAL HEALTH

FAMILY SUPPORTS

COMMUNITY ENGAGEMENT



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