

CCEA Hours of Operation Tuesday & Wednesday 9:00 AM - 11:45 AM

Food Pantry Curb-Side or Walk-In Distribution Food Pantry Donations CCEA Nurse on Duty Clothing & Home Pantry Distributions or Donations Emergency Financial Assistance



NATIONAL DAY OF REMEMBERANCE Wednesday, September 11, 2024 – 6:30 pm – VFW Post 7687

## **Annual Bike-A-Thon**

## Bring your wheels for a Family Friendly Bike-A-Thon

Ride your scooters, skateboards, bikes, roller skates or even just walk for as many laps as you are able to raise money for our community outreach programs!! Come out to support a great cause and create lasting memories for the family! FREE Event t-shirt for the first 50 to register!







FOOD PANTRY MOST NEEDED ITEMS	Sandwich bread, brownie mixes, cake mixes, muffin mixes, oatmeal, pancake mix, syrup, mayo, salad dressings, taco shells, spaghetti, ramen noodle soups CANNED GOODS – any variety canned fruit, chili, spaghetti, canned vegetables other than corn and green beans. We have an abundance of corn and green beans. Personal Care – laundry detergent
CLOTHING UPDATE	We are currently accepting GENTLY used spring and summer clothes.
HOUSEHOLD MOST NEEDED ITEMS	Towels, queen and king sheets, and pots and pans small appliances and can openers.
Food Pantry Items	
Bakery items	Pie shells, mixes: cake, brownie, cornbread, muffin, sandwich bread, icing
Breakfast Items	Box cereals, oatmeal, pancake mix, syrup
Condiments	Mustard, ketchup, spices, mayo, salad dressings
Drinks	Juices, tea, coffee, hot chocolate
Fruit	Any canned fruit
Meal Items (canned)	Spaghetti, Chili
Meats/Fish (canned)	Chicken, corned beef hash, tuna, salmon, spam, Vienna sausages
Pasta Items	Macaroni, Any Dry Pasta, spaghetti sauce, alfredo sauce.
Peanut Butter & Jelly	Small to medium sizes
Snacks	Popcorn, jello, snack bars, crackers
Soup	Ramen noodle soups- and all soup varieties
Starches (dry)	Boxed mashed potatoes, stuffing, mac and cheese, taco shells seasoned pasta rice boxes
Vegetables (canned)	Carrots, spinach, peas, beets, yams, corn, green beans, baked beans
CARE BOXES Please mark your donations CARE BOXES	TRAVEL SIZE personal care products: shampoos, bath soaps, deodorants, Q-tips, band aids, aspirins, Kleenex, and single rolls of toilet paper. SINGLE SERVE - cereals (hot or cold), Oatmeal packets, milk, Juice Boxes, soup cups or noodle cups, fruit cups, applesauce and/or puddings, and individually packaged snacks like crackers, granola bars, Nutra-grain
	bars, etc.