

WE ARE ACCEPTING NEW REFERRALS WITH 24-48 HOURS!



# HOMEBOUND HAPPENINGS

April 2026

PHONE: 570-696-4041 FAX: 570-696-1091  
EMAIL: nwarpus@homeboundhealthservices.com

## Monthly Patient Testimonial:

*“Without Kendall I would still be laying in bed and not able to join my family in the rest of the house. Kendall and the rest of the team at Homebound Health Services gave me my life back”*  
-L. Kelder

### 🌟 Tips for Living Well at Home:

- 🚶 Stay active with gentle exercise
- 🕒 Keep a consistent routine
- ✍ Use assistive devices early
- 💬 Communicate with your care team
- 🎉 Celebrate small wins

### 👁 Looking Ahead:

While Parkinson's presents challenges, occupational therapy offers practical solutions that make daily life easier and safer.

💖 With the right support, individuals can maintain independence and dignity at home.

## Meet Our Staff

Each month, we highlight one of our dedicated team members who helps make Homebound Health Services exceptional



### 🌟 Employee Spotlight: Kendall Place, Occupational Therapist

👤 **Inspired By:** A family friend, Jackie Zukosky, sparked my passion for becoming an OT

🕒 **Experience:** 21 years as an occupational therapist in outpatient, SNF, and home health (plus a few years off to raise my children)

💖 **What I Love:** Every patient is unique my work is never boring! I enjoy positively impacting recovery and improving quality of life

🏋️ **Favorite Activity:** Chair pushups—they strengthen multiple key muscle groups and make a big difference

🎓 **Education:** College  
Misericordia

## New News:

👉 **Shoe Drive:**  
**Supporting the Alzheimer's Association**  
— donate by **May 15th**

🎓 **Staff Growth:**  
**Team pursuing dementia & suicide prevention certifications**

👜 **We're Hiring:**  
**Per diem staff positions available**

### 🧠 Understanding Parkinson's Disease at Home

Parkinson's disease is a progressive neurological condition that primarily affects movement, but it can also influence cognition, mood, and daily functioning. Common symptoms include tremors, stiffness, slowed movement, and balance challenges.

🏠 **In home health care, the focus is on maintaining independence, safety, and quality of life.**