

WE ARE ACCEPTING REFERRALS WITHIN 24-48 HOURS!



# HOMEBOUND HAPPENINGS

March 2026

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## Monthly Patient Testimonial:

" I couldn't think of anything bad to say, Follow up and communication is wonderful. Dina is wonderful. She's very methodical, she keeps her stats( vitals) organized so I can send them to the Philadelphia doctor. She keeps all the supplies stocked. Lan is wonderful to work with and got me to the point that I can use the stairs. They both have positive personalities and never down. Staff even call to check on us on their day off."

- K. Jordan

**Treating patients in their familiar environment allows therapists to:**

- Improve mobility and balance to reduce fall risk
- Help patients safely perform daily activities
- Strengthen muscles and coordination
- Build confidence and independence
- Provide education to patients and caregivers

By working in the home setting, therapists can tailor care to each patient's real-life challenges, creating meaningful and lasting improvements.

## Meet Our Staff

*Each month, we highlight one of our dedicated team members who helps make Homebound Health Services exceptional.*



Lan and Patricia Herrick  
Physical Therapists

🎓 Graduates of Ithaca College

📅 3 years with Homebound Health Services

🕒 41 years as a PT | 35 years in Home Health

💍 Married 39 years

📋 Favorite part of the job: Seeing patients make progress

★ One word to describe Lan as a therapist?

Extraordinary

★ One word to describe Patti as a therapist? "THE BEST!"

## New News:

☑️ **Homebound is now accepting Highmark and Freedom Blue Insurance plans!**

👩‍⚕️ **New Staff**

🩹 **Wound Care Educator & Consultant**

🏆 **Homebound Home Health has been nominated Top 5 Best Home Health Agencies in the Best of the Best by the Times Leader!**

🧠 **National Brain Injury Awareness Month: Supporting Recovery at Home**

Each March, we recognize National Brain Injury Awareness Month—a time dedicated to raising awareness about brain injuries, honoring survivors, and highlighting the vital role healthcare professionals play in recovery.