

Suggested Packing List: Check off items as you pack
Outdoor activities require frequent changes of clothing, so campers should bring sufficient clothing and toilet articles for the entire time. Days are usually hot, but there could be a cooler evening. Please be aware of the weather forecast when packing.

- 4 or 5 pairs of sportswear, jeans, shorts, etc.
- 4 or 5 shirts, blouses
- 5 changes of underwear
- 5 pairs of socks
- 1 extra pair of shoes
- 1 or 2 blankets or sleeping bag
- 2 sheets (plastic sheet for bed wetters)
- 1 pillow
- nightclothes
- towels and washcloths
- lightweight sweater or sweatshirt
- jacket or heavy sweater
- flashlight
- swimming suit (life jackets are furnished by Camp Rainbow)
- necessary medicine, see the application to correctly package medication
- toilet articles
- toothbrush and paste
- soap
- comb and brush

Please provide extra sheets and blanket if camper has a history of bed wetting.

Please label each article of clothing with name. Mark each piece of property with name. Paste a list of camper's belongings on lid of suitcase. Camp Rainbow cannot be responsible for lost articles.