



**2023 CONTRA COSTA COUNTY
CHAMPIONSHIP SWIM MEET**

2023 QUALIFYING TIMES

STROKE	DISTANCE	AGE	GIRLS	BOYS
INDIVIDUAL MEDLEY	100 Yards	7-8	1:42.43*	1:42.58*
	100 Yards	9-10	1:25.40*	1:26.37*
	100 Yards	11-12	1:15.34	1:15.33
	100 Yards	13-14	1:11.87	1:07.73
	100 Yards	15-18	1:09.42	1:01.74
FREESTYLE	25 Yards	6 & Under	21.83*	21.84*
	25 Yards	7-8	16.97*	16.62*
	50 Yards	9-10	32.28*	32.00*
	50 Yards	11-12	28.75	28.75
	50 Yards	13-14	27.78	25.88
	50 Yards	15-18	27.29	24.56
	100 Yards	15-18	59.44	53.07
BREASTSTROKE	25 Yards	6 & Under	31.97*	31.92*
	25 Yards	7-8	22.91*	22.92*
	50 Yards	9-10	42.71*	42.92
	50 Yards	11-12	37.91	37.95
	50 Yards	13-14	36.23	33.49
	100 Yards	15-18	1:17.98	1:09.48
BACKSTROKE	25 Yards	6 & Under	26.45	26.56
	25 Yards	7-8	20.99*	20.95*
	50 Yards	9-10	38.83*	38.83*
	50 Yards	11-12	34.53*	34.92*
	50 Yards	13-14	32.57	31.69
	100 Yards	15-18	1:10.14	1:04.16
BUTTERFLY	25 yards	6 & Under	27.30	27.59
	25 yards	7-8	19.38*	19.29*
	50 yards	9-10	37.20*	37.98
	50 yards	11-12	32.53*	32.56
	50 yards	13-14	30.38	28.99
	100 yards	15-18	1:08.40	1:01.15
MEDLEY RELAY **	100 Yards	6 & Under	1:56.17	1:56.92
	100 Yards	7-8	1:25.07*	1:25.29*
	200 Yards	9-10	2:37.54*	2:37.65
	200 Yards	11-12	2:17.41	2:18.77
	200 Yards	13-14	2:08.92	2:04.04
	200 Yards	15-18	2:07.17	1:56.60
FREE RELAY **	100 Yards	6 & Under	1:40.40	1:40.99
	100 Yards	7-8	1:12.74	1:11.50
	200 Yards	9-10	2:16.02*	2:16.91*
	200 Yards	11-12	2:00.94	2:01.86
	200 Yards	13-14	1:59.43	1:49.42
	200 Yards	15-18	1:56.14	
	400 Yards	15-18		3:46.00

* Indicates a qualifying time change from the 2022 season

** For entry purposes, exact relay entered doesn't need to have achieved this time
It is acceptable to enter teams based upon the sum of the swimmers' top times