



2023 CONTRA COSTA COUNTY CHAMPIONSHIP SWIM MEET

WORK ASSIGNMENTS

As part of your participation in the County Meet, teams may be required to provide one or more workers. This requirement is based upon previous year's number of individual and relay entries. If you have any questions regarding any of the following worker assignment & instructions, please email: CountyMeet@LMYAswim.com.

Please return this form via email to CountyMeet@lmyaswim.com, or deliver it with your check for team fees on Tuesday, August 1st between 10-11am at 330 David Drive in Alamo.

The timing assignments will be sent via email by Thursday, July 27th. Once you receive those assignments, please complete the section below, and return this form. This helps us verify that all teams are aware of, and responsible for, their timing shifts. We need to determine all our Stroke and Turn roles prior to assigning timing shifts. Teams who provide S&T officials will have their timing assignments reduced.

ESTIMATED SESSION TIMELINES:

Saturday and Sunday morning – 9:00am-12:00pm

Saturday and Sunday afternoon – 1:30pm-4:30pm

TIMERS:

Teams may use as many people as you wish to fill these positions. We will provide watches for all timers. Timers should report to the Desk 30 minutes prior to the start of their shift.

Team Name: _____

Team work assignment contact name/phone number: _____

of timing shifts assigned (actual lane assignments will be sent by Wednesday, August 2nd)

Saturday Trials –

Saturday Finals –

Sunday Trials –

Sunday Finals –