

# Dragon In You

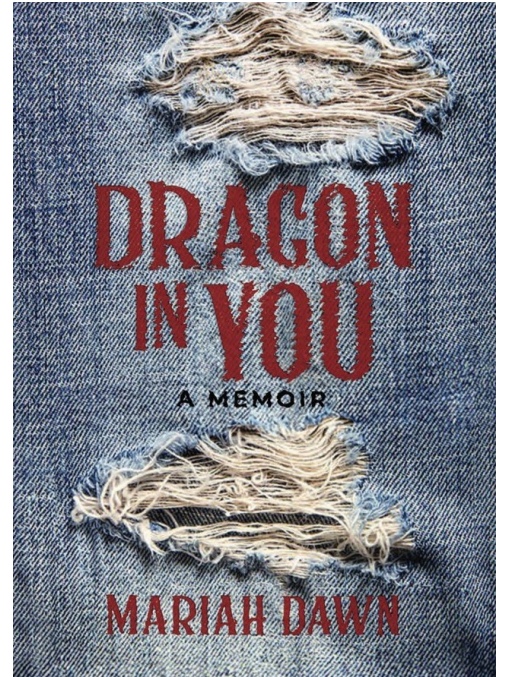
by: Mariah Dawn

## About the Book

*Dragon In You* is an emotional and powerful memoir that spans the first 32 years of the author's life. Raised in the Mormon faith, the author's journey takes a dramatic turn upon meeting her husband, a military man who served for 14 years and who struggled deeply with PTSD and addiction.

This memoir details the heart-wrenching reality of loving someone who battles inner demons and the impossible choices that come with it. As her husband's condition worsened, the author made the difficult decision to leave, prioritizing her physical safety and the well-being of their two children. Yet, even in separation, she continued to advocate for him. Tragically, he passed away in 2021, leaving a lasting impact on her and their family.

The story also follows the author's departure from the Mormon Church, her spiritual struggles, and the long, winding path that eventually led her back to a renewed and deeply personal sense of spirituality. *Dragon In You* is a tale of resilience, faith, and the fierce fight for personal redemption.



Release Date: October 5, 2024

## Book Themes

- ✓ Resilience and Survival
- ✓ Love and Loss
- ✓ Faith and Spirituality
- ✓ Mental Health and PTSD
- ✓ Empowerment and Advocacy



## Target Audience

- Readers interested in memoirs about overcoming adversity and personal growth.
- Those grappling with mental health challenges in their families.
- Individuals questioning or exploring their faith and spirituality.
- Survivors of abuse or those in complex relationships.
- Readers interested in stories of resilience, recovery, and hope.

## Why this book matters.

*Dragon In You* provides a voice to the often silent struggles of those who live with or love someone battling PTSD and addiction.

It is a story of survival, faith, and finding one's inner strength, making it a poignant read for anyone who has faced or is facing their own life challenges.

## Additional Notes:

### **Book Sales/Signing:**

Mariah's book *Dragon In You, A Memoir* can be made available for sale at events, with a potential book signing session.

### **Media Requests:**

Mariah is open to interviews, podcasts, and other media engagements in conjunction with speaking events.

### **Speaking Opportunities:**

Mariah is available for speaking engagements and can speak on a variety of topics. Please see [www.thedragoninyou.com](http://www.thedragoninyou.com) for more information.

## Contact Details

Please feel free to contact me for any concerns or questions.



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