

Smoothie Bowls

16 oz Bowl (V/GF)



PB&J Bowl \$13

BASE: Banana, Strawberry, Blueberry, Raspberry, Blackberry, Pumpkin Protein, Peanut Butter & Coconut Milk

TOPPINGS: Granola, Banana, Strawberry, Blueberry & Chia

Shine On Bowl \$12

BASE: Pineapple, Mango, Coconut Yogurt & Pressed Pineapple Juice

TOPPINGS: Granola, Kiwi, Strawberry & Coconut Flakes



Happy Belly Bowl \$13

BASE: Banana, Strawberry, Mango, Dragon Fruit, Hemp Protein, Coconut Yogurt & Coconut Milk

TOPPINGS: Granola, Banana, Strawberry, Dragon Fruit & Hemp Seed



Mighty Bowl \$12

BASE: Banana, Almond Butter, Almond Milk & Cacao

TOPPINGS: Granola, Banana, Almonds, Dark Chocolate & Almond Butter



Acai Sunrise \$15

BASE: Organic Acai Berry

TOPPINGS: Granola, Banana, Strawberry, Blueberry, Coconut



Sasquatch Smash \$16

BASE: Organic Dragonfruit

TOPPINGS: Granola, Banana, Strawberry, Coconut, Peanut Butter



ADD ONS \$1:

-Hemp Seed -Chia Seed -Pumpkin Seed - Nutella
-Cacao - Blue Spirulina Protein -Collagen

ADD ONS \$2:

-Seamoss - Lions Mane -Chia Seed Pudding