



THE **Center** FOR  
**Family  
Outreach**

HOPE. EMPOWER. CHANGE.

# The Parents **NEED TO KNOW** Book

Each year our team puts together a collection of community resources we believe may be of use for our students and families. Whether someone is struggling with substance abuse, looking for housing support or needs access to legal representation — we have a collection of beneficial and even lifesaving resources available.

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## About The Center For Family Outreach

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### Who We Are

The Center for Family Outreach was established in December of 2000 as a non-profit organization offering prevention, education and early intervention services for youth ages 11 to 18 and their families. We strive to restore hope and provide opportunities as we strengthen and inspire the youth of Larimer County and their families.

### Who We Serve

We serve adolescents aged 11-18 who display high-risk behaviors.

### What We Do

The Center's educational programs are intended for youth and families struggling with substance abuse, mental health issues, extreme family conflict and high-risk adolescent behavior. Our classes focus on life skills development, drug and alcohol education, building self-esteem, addressing issues surrounding social media use, communication skills, and gender-identity classes for young women.

We also offer individual and family therapy, art enrichment, wellbeing and workshops designed to help parents and guardians develop the necessary skills to establish healthy communication within their families.

### Referral Process

We receive referrals from parents, schools, other non-profit agencies, law enforcement, and the Juvenile Justice System. **You can submit a referral form online for a friend, family member or yourself at any time online at [tcffo.org](http://tcffo.org)**

### Office Locations, Hours of Operation and Contact Information

We currently have two office locations which serve Larimer County.

#### Fort Collins

212 W. Mountain Ave.  
Fort Collins, CO 80521

#### Loveland

860 E. 29th St.  
Loveland, CO 80538

#### Monday - Thursday

9:00 AM to 6:00 PM

#### Fridays

8:00 AM to 2:00 PM

#### Phone

(970) 495-0084

#### Email

LaurieK@tcffo.org

## About Our Classes

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### A Young Woman's Journey

In this class, we inspire young women to grow up with confidence and find their way in the world. We address decision making, self-esteem, depression, anxiety, peer relationships and communication.

### Power of Conversation

Many students struggle with conflict resolution, peer influences and unhealthy communication. This class helps teens improve listening and empathy skills, identify non-verbal and social communication cues, and authentically express their thoughts and feelings productively.

### Young At Heart

This class is for students ages 11 - 12 and fosters ethical, responsible, and caring youth by modeling social and emotional learning as well as appreciation for diversity. This class is instrumental in building character skills, so youth are equipped to make important decisions pertaining to behavioral choices, personal identification, and personal values.

### Navigating Life in the Teen Years

This class has two groups — one for students ages 13 - 15 and one for students ages 16 - 18. It explores the dangers and attitudes regarding alcohol, marijuana, and other substances. Students will analyze their own personal behavior, learn about the lifelong consequences that occur when substances are abused, and identify alternative behaviors.

### Pathways to Recovery

This intensive, substance abuse program offers substance abuse evaluation, instruction of a four-step program, and case supervision for youth at The Center. This program is based on a 4-Step model and focuses on life skills, enhancement, diet, nutrition, eating disorders, resiliency, group instruction and the development of self-esteem.

### Parent Navigators

Our Parent Navigators program can help develop consistent rules, strengthen communication skills and establish boundaries for the family. The Parent Navigators' responsibility is to create a safe environment through preventative wellness practices while helping parents grow.

## Child Abuse, Sexual Assault and Domestic Violence

### CASA (Court Appointed Special Advocates)

CASA of Larimer County advocates for children who have experienced abuse and neglect by supporting connections and providing resources to promote resilience. Through two programs — Court Appointed Special Advocates (CASA) and Family Connections — CASA provides support to children and families in Larimer County to strengthen their connections to each other and this community.

Address	Phone	Email	Website
3105 E. Harmony Road Fort Collins, CO 80528	(970) 488-1630	info@casalarimer.com	casalarimer.com

### Child Protection Services (CPS)

Child Protection Services is a mandated service that provides 24-hour assistance in response to allegations of child abuse and neglect. This includes assessment of risk and safety, and to provide support to families through the provision of early intervention, prevention and trauma informed services. Referrals can be made by law enforcement, schools, medical professionals, or anyone who is concerned for the safety and well-being of a child. Each referral is screened through the HUB.

CPS in Larimer County is offered through a Differential Response Model. This approach allows CPS to respond differently to accepted reports of child abuse and neglect based on factors such as type and severity of the maltreatment, number and sources of previous reports, and willingness of the family to participate in services. We seek to achieve safety of children through family engagement and collaborative partnerships with other human service agencies in Larimer County in helping families.

Address	Phone	Website
2555 E. Midpoint Dr. Fort Collins, CO 80524	(970) 498-6900	larimer.gov/humanservices/cyf/child-protection

## Child Abuse, Sexual Assault and Domestic Violence Continued...

### Crossroads Safehouse

Crossroads provides emergency safe housing, advocacy, legal assistance, rapid rehousing and crisis intervention for victims of domestic violence. This organization also provides trauma informed care to victims through advocacy and support. Its programs and services include a crisis line (answered by an advocate 24/7), emergency shelter (accessible 24/7), non-resident advocacy, domestic abuse response, legal advocacy, legal representation, rapid and transitional housing, prevention and education, and youth and bilingual advocacy.

#### Address

421 Parker St.  
Fort Collins, CO 80525

#### Phone

(970) 482-3502

#### Website

[crossroadssafehouse.org](http://crossroadssafehouse.org)

### CSU Victim Assistance Team

The Victim Assistance Team (VAT) is here to provide confidential support and support to Colorado State University students and any family or friends who have experienced sexual violence, and domestic violence.

#### Women and Gender Advocacy Centers

112 Student Service Building  
Fort Collins, CO  
Satellite 234 Lory Student Center  
Fort Collins, CO

#### Website

[wgac.colostate.edu](http://wgac.colostate.edu)

### Specialized Alternatives for Families and Youth of Colorado (SAFY)

SAFY provides community-based-services that support families, children and individuals to achieve permanency, safety, and well-being. Their trained clinical staff builds on each individual's strengths to achieve positive, sustainable outcomes.

#### Address

1600 Specht Point Rd. Ste. 105  
Fort Collins, CO 80521

#### Phone

(970) 494-5891

#### Website

[SAFY.org/Colorado](http://SAFY.org/Colorado)

## Child Abuse, Sexual Assault and Domestic Violence Continued...

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### Sexual Assault Victim Advocate Center (SAVA)

The Sexual Assault Victim Advocate (SAVA) Center provides crisis intervention, advocacy and counseling for all those affected by sexual violence in Northern Colorado while also providing prevention programs through community outreach and education.

Address	Phone	Website
4812 S. College Ave. Fort Collins, CO 80524	(970) 472-4204	savacenter.org

## Clothing and Food

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### FoCo Café

FoCo Café is open for Lunch from 11am-2pm Monday - Friday. Indoor dining, outdoor seating, and carry-out meals are all available and delivery is available through NoCo Nosh. They serve Soups, Salads, and Sandwiches on a pay what you can basis using mostly local, organic, and sustainably grown ingredients. Vegan and GF options are always available.

If you cannot cover the cost of the food, you can volunteer in exchange for your meal. If you are able to pay it forward, you help cover the cost of a meal for someone in need. They also have a program called the "Freedge," which takes donations of perishables from local home and restaurants. The FoCo Freedge builds community, reduces food waste, and feeds people. Everything housed in the Freedge is up for grabs.

Address	Phone	Email	Website
225 Maple St. Fort Collins, CO 80521	970-682-4649	michelle@fococafe.org	fococafe.org



## Clothing and Food Continued...

### Food Bank of Larimer County

The Food Bank of Larimer County is a private non-profit organization and the only Feeding America clearinghouse for donated food in our county. Each year, the Food Bank provides free food to an estimated 37,500 people in need through community partnerships and hunger-relief programs.

#### Food Bank for Larimer County

5706 Wright Dr.  
Loveland, CO

#### Fort Collins Food Share

1301 Blue Spruce Dr.  
Fort Collins, CO

#### Loveland Food Share

2600 N. Lincoln Ave.  
Loveland, CO

**Website For All Locations:** [foodbanklarimer.org](http://foodbanklarimer.org)

**Phone:** (970) 493-4477

### Homeward Alliance (The Murphy Center)

Previously known as The Murphy Center, Homeward Alliance exists to empower individuals and families who face homelessness to survive, move forward and thrive.

#### Address

242 Conifer St.  
Fort Collins, CO 80524

#### Phone

(970) 494-9940

#### Email

[info@homewardalliance.org](mailto:info@homewardalliance.org)

#### Website

[homewardalliance.org](http://homewardalliance.org)

### Meals on Wheels

The mission of Meals on Wheels for Fort Collins is to provide nutritious, hot meals and social interaction to seniors and eligible clients in their homes five days a week in the greater Fort Collins area.

#### Address

1217 E. Elizabeth Ste. 11  
Fort Collins, CO 80524

#### Phone

(970) 484-6325

#### Website

[mealsonwheelsfc.org](http://mealsonwheelsfc.org)

## Clothing and Food Continued...

### Salvation Army

The Salvation Army is open Monday-Friday, 10AM-12PM, and 1PM-4PM. They offer breakfast from 8:15AM-9:30AM Monday through Friday. Their food box program is available once a week by appointment only for those in need, and may include necessary baby items such as formula, diapers and wipes, or family pet food.

#### Address

3901 S. Mason St.  
Fort Collins, CO 80525

#### Phone

(970) 207-4472

#### Website

[fortcollins.salvationarmy.org](http://fortcollins.salvationarmy.org)

### Serve 6.8 Resource Center

Serve 6.8 meets with those experiencing any spiritual or financial crisis. They help by creating a plan and connecting individuals to resources of the Church and community. Resources offered include: food, clothing, legal assistance, budgeting, and job preparation.

#### Tuesdays

1239 E Drake Rd.  
Fort Collins, CO 80525  
**(970) 449-5401**

#### Wednesdays

City Park Church -  
1725 W Mulberry St  
Fort Collins

#### Thursdays

2436 9th Ave.  
Greeley, CO 80631  
**(970) 449-5403**

**Website For All Locations:** [serve68.org](http://serve68.org)

### St. John's Lutheran

The clothing and food bank is available to anyone who needs help. An ID, proof of income, and a utility bill (proving you are a Larimer County resident) are required. Enter through the north doors to the west end of the building.

#### Address

305 E. Elizabeth St.  
Fort Collins, CO 80524

#### Phone

(970) 482-5316

#### Website

[stjohnsfc.org](http://stjohnsfc.org)

## Clothing and Food Continued...

### Supplemental Nutrition Assistance Program (SNAP)

Eligibility for food assistance, or the Supplemental Nutrition Assistance Program (SNAP), is determined by income limits set by the Federal Government. The assistance funds vary depending upon the household. The determined amount is put into an account that is accessed with an Electronic Benefit Transfer (EBT) card, also known as a Colorado Quest card. This card can then be used to make purchases.

#### Fort Collins

1501 Blue Spruce Dr.  
Fort Collins, CO 80524

#### Loveland

200 Peridot Ave.  
Loveland, CO 80537

**Website For Both Locations:** [larimer.gov/humanservices/public-benefits/food-assistance-snap](http://larimer.gov/humanservices/public-benefits/food-assistance-snap)

**Phone:** (970) 498-7600

### Supplemental Nutrition Program for Women, Infants and Children (WIC)

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition program that provides nutritious groceries, nutrition education, breastfeeding support, and other free services to eligible Colorado families.

#### Fort Collins

1525 Blue Spruce Dr.  
Fort Collins, CO 80524  
**(970) 498-6720**

#### Loveland

200 Peridot Ave.  
Loveland, CO 80537  
**(970) 619-4590**

**Website For Both Locations:** [larimer.gov/health/maternal-child-and-family-health/wic](http://larimer.gov/health/maternal-child-and-family-health/wic)

### Vindeket Foods

Vindeket are advocates of food vindication, working towards fixing our food system and the social structures surrounding it. Our people — participants, shoppers, donors, volunteers and supporters — are vindekets, joining together to make real change possible. Vindeket offers open shopping hours on Tuesdays (2pm-7pm), Thursdays (9am-1pm), and Sundays from (12pm-3pm).

#### Address

1317 Webster Ave.  
Fort Collins, CO 80524

#### Call

(970) 682-4631

#### Text

(970) 682-4631

#### Website

[vindeketfoods.org](http://vindeketfoods.org)

## Disability Services

### The Arc of Larimer County

The Arc of Larimer County works to ensure that children and adults with intellectual and developmental disabilities will: make their own life choices, have their voices heard and respected, get an integrated community job that pays at or above minimum wage and will have access to inclusive education. These individuals can participate in inclusive social and recreational opportunities throughout the community, can participate in inclusive religious and spiritual communities, will live and prosper in our communities and will gain the education and tools to make informed decisions.

#### Address

1721 W. Harmony Road, Unit 101  
Fort Collins, CO 80526

#### Phone

(970) 204-6991

### Center for Community Partnerships

The Center for Community Partnerships (CCP) has direct and outreach services from the Department of Occupational Therapy at Colorado State University. The Center provides and enhances vital individualized, consultative, and educational services that focus on increasing access to employment, education, independent living, recreation, and the community for young adults and adults with disabilities.

#### Address

201 Alder Hall - 850 S. Mason St.  
Fort Collins, CO 80523

#### Phone

(970) 491-5930

#### Website

[chhs.colostate.edu/ccp](http://chhs.colostate.edu/ccp)

### Disabled Resource Services

Disabled Resource Services (DRS) is an agency serving Larimer and Jackson counties. They focus on helping people of any age and any disability: physical, visual, hearing, cognitive, or mental / emotional.

#### Fort Collins

1017 Robertson St. Unit B  
Fort Collins, CO 80524  
**(970) 482-2700**

#### Loveland

2154 W. Eisenhower Blvd. Unit 5  
Loveland, CO 80537  
**(970) 667-0816**

**Website For Both Locations:** [disabledresourceservices.org](http://disabledresourceservices.org)

## Disability Services Continued...

### Division of Vocational Rehab

The Division of Vocational Rehab offers vocational rehabilitation counseling and guidance, pre-employment transition services to students with disabilities, physical and mental restorative services and training services which include professional, academic, and personal adjustments, employment-related services including job search skills training, job placement and job training. The Division of Vocational Rehab also provides specialized services for the blind, deaf and deafblind which include interpreter services, note-taking and reading services, rehabilitation technology services including devices assistive technology services, assistive technology services and rehabilitation engineering services to address barriers encountered in employment.

#### Address

633 17th St. Suite 1501  
Denver, CO 80202

#### Email

[voc.rehab@state.co.us](mailto:voc.rehab@state.co.us)

#### Website

[dvr.colorado.gov](http://dvr.colorado.gov)

### Foothills Gateway

Foothills Gateway's mission is to advocate for and empower individuals with disabilities to lead lives of their choice. They believe in a life of opportunity, of choice, and of dignity for every individual, regardless of age or ability. FGI offers direct care programs to large numbers of people with intellectual / developmental disabilities and their families annually. Services are offered in the following areas: transportation, supported employment, non-integrated work services, personal, social and community services, adult care services (respite), early intervention services, and residential services.

#### Address

301 W. Skyway Drive  
Fort Collins, CO 80525

#### Phone

(970) 226-2345

#### Website

[foothillsgateway.org](http://foothillsgateway.org)

### National Multiple Sclerosis Society

The Colorado-Wyoming Chapter works to improve the quality of life for people affected by MS in Colorado and Wyoming and raise funds for critical MS research.

#### Address

900 S. Broadway 2nd floor  
Denver, CO 80209

#### Phone

(303) 698-7400

#### Website

[nationalmssociety.org](http://nationalmssociety.org)

## Educational and Employment Resources

### Center For Adult Learning

The Center for Adult Learning offers classes in the following subjects: reading, writing, math improvement, GED preparation, English as a second language, citizenship for ages 17 and older. Classes are at Front Range Community College.

#### Address

4616 S. Shields Street  
Fort Collins, Colorado, CO 80526

#### Phone

(970) 204-8181

### Larimer County Workforce Center

Larimer County Economic and Workforce Development (LCEWD) connects people to meaningful work and businesses to talent and resources, improving our community's economic wellbeing.

#### Address

200 W Oak St. Ste. 5000  
Fort Collins, CO 80521

#### Phone

(970) 498-6600

#### Email

lcewd-workforceconnections@larimer.org

**Website:** [larimer.gov/ewd](http://larimer.gov/ewd)

### The Family Center/ La Familia

The Family Center/La Familia has a bilingual team which provides home and community-based services and educational opportunities to support the whole family. These services include: bilingual home and community-based family education, adult education programs and onsite childcare, collaborating with families to develop goals that promote well-being, bilingual support to navigate community resources, and emergency assistance, funding and supplies to meet a diverse array of needs.

#### Address

309 Hickory St. #5  
Fort Collins, CO 80524

#### Phone

(970) 221-1615

#### Email

info@thefamilycenterfc.org

#### Website

thefamilycenterfc.org

## Educational and Employment Resources Continued...

### Poudre School District

Poudre School District serves 30,000 students and includes 52 schools and five charter schools. PSD, the ninth largest school district in Colorado, encompasses several communities including Fort Collins, Laporte, Timnath, Wellington, Red Feather, Livermore, Stove Prairie, and parts of Windsor.

PSD's instructional program is centered around District Ends, under the Policy Governance model, developed to support a comprehensive curriculum.

While more than 70% of PSD families choose to send their children to their neighborhood school, the district does support school choice and offers a wide spectrum of educational programs to fit any child's needs. Program options include International Baccalaureate, Core Knowledge, Bilingual/Dual Language Immersion, Hybrid/Online, Expeditionary Learning, Science, Technology, Engineering and Math (STEM) along with extra-curricular activities and athletics.

#### Address

2407 LaPorte Avenue  
Fort Collins, CO 80521

#### Phone

970-482-7420

#### Website

[psdschools.org](http://psdschools.org)

### Thompson School District

Thompson School District is the 17th largest school district in Colorado, encompassing 362 square miles and serving approximately 15,000 students. The district's territory includes Loveland and Berthoud, plus sections of Fort Collins, Windsor, Johnstown, and unincorporated land in Larimer, Weld, and Boulder counties. TSD serves students in Pre-K through 12th grade with fifteen school-based preschool programs, a dedicated preschool building, two Pre-K-8 buildings, eighteen elementary schools, five middle schools, five high schools, two charter schools, and one career campus. Teachers and administrators collaborate with families and community partners to ensure that students are college, career, and community ready.

#### Address

800 S Taft. Bird.  
Loveland CO, 80537

#### Phone

(970) 613-5000

## Emergency Services

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### Catholic Charities (Samaritan House)

Catholic Charities of Denver shelters, feeds, houses, educates, counsels and provides emergency assistance and critical services across Northern Colorado. As the charitable arm of the Archdiocese of Denver, Catholic Charities serves thousands of neighbors each year with life-changing support as they work to improve their lives.

#### Address

460 Linden Center Dr.  
Fort Collins, CO 80524

#### Phone

(970) 484-5010

#### Website

[ccdenvver.org/larimer-county-services](http://ccdenvver.org/larimer-county-services)

### Colorado Crisis Services

Colorado Crisis Services is the statewide behavioral health crisis response system offering residents mental health, substance use or emotional crisis help, information and referrals. Its mission is to strengthen Colorado's mental health system by providing Coloradans with greater access to crisis services wherever they are at 24/7/365 regardless of ability to pay.

#### Call

(844) 493-8255

#### Text

"TALK" to 38255

#### Website

[ColoradoCrisisServices.org](http://ColoradoCrisisServices.org)

### National Suicide Prevention Hotline

This Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

#### Phone

988

#### Website

[988lifeline.org](http://988lifeline.org)



## Emergency Services Continued...

### SummitStone Health Partners Crisis and Intervention Center

SummitStone's mental health clinicians can respond in the community when you or a loved one is experiencing a behavioral health crisis. Care includes an on-site behavioral health assessment and referral. Their staff are highly trained and experienced in crisis intervention and de-escalation. After the situation has been stabilized, a follow-up care plan will be developed to provide access to the appropriate level of care. This may include linkage or referral, clinical and/or psychiatric assessments, medication evaluation, peer support, case management services and a safety plan.

#### Address

1217 Riverside Ave.  
Fort Collins, CO 80524

#### Phone

(970) 494-4200

#### Website

[summitstonehealth.org/services/crisis-services](http://summitstonehealth.org/services/crisis-services)

### Behavioral Health Urgent Care

Assessments are available between 8:00 a.m. and midnight to anyone who may be experiencing a self-defined behavioral health crisis.

### Crisis Stabilization Unit

The Crisis Stabilization Unit is a short-term mental health residential facility in Fort Collins serving all of Larimer County. Those in a mental health crisis can stay for up to five days to receive intensive therapy, including psychiatric and nursing services. Group and individual sessions are offered daily. Upon discharge, patients receive a comprehensive treatment plan with follow up.

### Mobile Crisis Response

Mobile crisis counselors respond throughout Larimer County and are available 24 / 7 / 365.

## Financial Assistance

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### GreenPath Financial Wellness

Provides household budget assessment, personalized plan of action, lifestyle planning, pre planning housing, housing, bankruptcy counseling, debt management, credit report review and reverse mortgage counseling. Fees may apply for some services.

Address	Phone	Website
2850 McClelland Dr. Suite 3000 Fort Collins, CO 80525	(800) 550-1961	greenpath.com

### House of Neighborly Service

House of Neighborly Service helps to stabilize and strengthen at-risk families, children, youth, and seniors of the Loveland and Berthoud communities. House of Neighborly Service encourages self-sufficiency through the multiple tools and resources it offers that assist in getting people out of crisis and back into self-reliance.

Loveland	Berthoud	
1511 E. 11th St 100 Loveland, CO 80537	375 Meadowlark Dr. Berthoud, CO 80513	
Phone	Email	Website
(970) 667-4939	info@honservice.org	honservice.org

## Health Resources

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### Colorado Indigent Care Program

The Colorado Indigent Program provides discounted health care services to low-income people and families. CICP is not a health insurance program. Discounted health care services are provided by Colorado hospitals and clinics that participate in the CICP.

Phone	Website
1 (800) 221-3943	hcpf.colorado.gov/colorado-indigent-care-program

## Health Resources Continued...

### Community Clinic -- Christ Clinic

Christ Clinic accomplishes its mission by providing free primary care in an outpatient setting. Their clinic provides family medicine care for all members of the family. Their goal is to develop ongoing relationships between patients and Christ Clinic. All visits are by appointment only. This is not an urgent care clinic, as their aim is to act as the essential medical providers for members of the Northern Colorado community who are uninsured or do not have access to other providers regardless of their background, creed or beliefs. This includes young adults; families with children; and adults with chronic diseases who are not yet eligible for Medicare.

Address	Phone	Website
3920 S. Shields St. Fort Collins, CO 80526	(970) 481-2390	christclinicfc.org

### Family Medicine Center

The Family Medicine Center takes care of patients of all ages, from infants to the elderly. They offer individual, couples and family counseling, preventive care, health education, urgent medical care, prenatal, labor and delivery care, and family planning.

Address	Phone
1025 Pennock Pl. Fort Collins, CO 80524	(970) 495-8800

#### Website

[uhealth.org/locations/uhealth-family-medicine-center-fort-collins](http://uhealth.org/locations/uhealth-family-medicine-center-fort-collins)

### Health District of Northern Larimer County

The Health District of Northern Larimer County is a public agency that has been meeting local healthcare needs since 1960. Today they provide residents of northern Larimer County with dental, mental health, preventive health, and advance care planning services, in addition to connecting people to more affordable health insurance and prescription options.

Address	Phone	Website
120 Bristlecone Dr. Fort Collins, CO 80524	(970) 224-5209	healthdistrict.org

## Health Resources Continued...

### Larimer county Health Department

Larimer County Health Department provides community and environmental health services, communicable disease control, health education, vital records management, health data assessment, development of policies that advance the public's health, and advocacy for community-based services that provide needed healthcare.

#### Fort Collins

1525 Blue Spruce Dr.  
Fort Collins, CO 80524  
**(970) 498-6700**

#### Loveland

200 Peridot Ave.  
Loveland, CO 80537  
**(970) 619-4580**

**Website For Both Locations:** [larimer.gov/health](http://larimer.gov/health)

### Poudre Valley Hospital

Poudre Valley Hospital is a 270-bed regional medical center offering a wide range of treatments, surgeries and diagnostic tests in more than three dozen medical specialties.

#### Address

1024 S. Lemay Ave.  
Fort Collins, CO 80524

#### Phone

(970) 495-7000

#### Website

[uchealth.org/locations/uchealth-poudre-valley-hospital](http://uchealth.org/locations/uchealth-poudre-valley-hospital)

### Salud Family Health Center

Salud is a Federally Qualified Health Center, 501©3 nonprofit, operating 13 clinic locations, an administrative and training site, and a mobile unit. Salud provides medical, dental, pharmacy and behavioral health care services to keep you and your family healthy. Salud focuses on low-income, medically underserved populations as well as the migrant and seasonal farmworker population.

Salud Family Health accepts Medicaid, Medicare, CHP+, and most private insurance plans. They also offer a sliding fee scale based on family size and income. Insurance enrollment assistance is available.

#### Address

1635 Blue Spruce Dr.  
Fort Collins, CO 80524

#### Phone

(970) 484-0999

#### Website

[saludclinic.org](http://saludclinic.org)

## Housing and Shelter

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### CARE Housing

CARE Housing provides affordable housing for working families in the Fort Collins area with dependents, seniors and people with disabilities who earn between 30% and 60% of the area median income.

Address	Phone	Website
1303 W. Swallow Rd., Bld. 11 Fort Collins, 80526	(970) 282-7522	carehousing.org

### Housing Catalyst

For more than fifty years, Housing Catalyst has been building community in Northern Colorado. They address the growing need for affordable homes through innovative, sustainable, community-focused solutions—developing and managing residential properties, administering housing assistance, and coordinating community programs and services.

Address	Phone	Email	Website
1715 W. Mountain Ave. Fort Collins, CO 80521	(970) 416-2910	info@housingcatalyst.com	housingcatalyst.com

### Neighbor to Neighbor

Neighbor to is a primary housing resource for Larimer County residents, with homeless-to-own-home services. N2N provides stability to all Larimer County residents in three key service areas: renters and homeless prevention, affordable housing apartments, and the homeownership programs.

Fort Collins	Loveland	
1550 Blue Spruce Drive Fort Collins, CO 80524	1511 E 11th Street Loveland, CO 80537	
Phone	Email	Website
(970) 484-7498	contact@n2n.org	n2n.org

## Legal Resources

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### Liggett, Johnson & Goodman

Contact: Gail Goodman

**Address:** 419 Canyon Ave., Ste. 226  
Fort Collins, CO 80521

**Phone:** (970) 818-7575

**Website:** lswjlaw.com

### Cummings & Petrone Attorneys at Law

Contact: Joe Petrone

**Address:** 204 Maple St., Ste. 103  
Fort Collins, CO 80521

**Phone:** (970) 484-2217

**Website:** cummingsandpetronelaw.com

### Murray Law

Contact: Mitch Murray

**Address:** 215 W Oak St.  
Fort Collins, CO 80521

**Phone:** (970) 452-8488

**Website:** murraylawcolorado.com

### The Law Offices of Behler, Weesner & McElroy

Contact: Nicole Weesner

**Address:** 19 Old Town Square, Ste. 242  
Fort Collins, CO 80524

**Phone:** (970) 225-8250

**Website:** bwmlawoffice.com

### Percifield Law

Contact: Robert Percifield

**Address:** 110 E. Oak St. Ste. 210  
Fort Collins, CO 80524

**Phone:** (970) 493-3600

**Website:** percifieldlaw.com

## Legal Resources Continued...

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### Catholic Charities of Northern Colorado

Provides legal advice, assistance and representation, family visa processing, naturalization / citizenship, U Visas / VAWA, deportation defense, and help with Deferred Action for Childhood Arrivals / DACA changes for the northern community of Colorado.

Address	Phone	Website
6240 Smith Road Denver, CO 80216	(303) 742-4971	ccdenvver.org/immigration-services

### Colorado Legal Resources

Legal help for low-income Coloradans seeking assistance with civil legal needs.

Address	Phone	Website
215 W. Oak St. Ste. 800 Fort Collins, CO 80521	(970) 493-2891	coloradolegalservices.org

### Migrant Farm Worker Division

The Migrant Farm Worker Division of Colorado Legal Services is a nonprofit organization that provides education, advocacy, and legal representation to farm workers throughout Colorado. They are based in the Denver office of Colorado Legal Services, but they serve farm workers throughout the state, with an emphasis on Northeastern Colorado, the Arkansas Valley/Southeastern Colorado, the San Luis Valley, and the Western Slope.

They offer free and confidential services to individuals and families. They also participate in community education events to provide information about the legal rights of farm workers.

Address	Phone	Website
1905 Sherman St., Ste 400 Denver, CO 80203	(303) 866-9366	coloradofarmworkers.org

## Legal Resources Continued...

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### The Rocky Mountain Immigrant Advocacy Network (RMIAN)

RMIAN offers free immigration legal services to low-income children and youth throughout Colorado. RMIAN provides community education, technical assistance, and legal trainings on immigration based legal issues for children. It also provides free legal services to individuals in immigration detention at the GEO-ICE detention center in Aurora, Colorado. Provides daily “know your rights” presentations at the Aurora detention center and individual intakes. You can also refer meritorious cases involving low-income individuals to pro bono attorneys or your own Direct Representation Project.

Address	Phone	Hotline for Detainees	Website
7301 Federal Blvd., Suite 300 Westminster, CO 80030	(303) 433-2812	(303) 866-9308	rmian.org

## LGBTQIA+ Services

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### Gay & Sober

Gay & Sober's mission is to provide a safe, fun, and enriching experience to the sober LGBTQ community. Their primary purpose is to encourage unity and enhance one's sobriety.

Address	Website
American Baptist Church 600 S Shields St. Fort Collins, CO	gayandsober.org

### NoCo Safe Space

A place of Pride where you can find inclusive and intersectional events, information and resources. NoCo SafeSpace provides highly skilled and professional facilitators, with decades of experience, in front of many different audiences. They draw the LGBTQ + curriculum from current research, evidence-based and information to provide their staff with a modern and engaging experience.

#### Email

nocosafespace@gmail.com



## LGBTQIA+ Services Continued...

### Northern Colorado Health Network

The mission of Colorado Health Network (CHN) is to equitably meet the evolving needs of people affected by HIV and other health conditions through prevention, care and advocacy.

Address	Phone	Website
400 Remington, Suite 100 Fort Collins, CO 80524	(970) 484-4469	coloradohealthnetwork.org

### Northern Colorado Equality

Northern Colorado Equality seeks to empower the LGBTQIA+ community and our allies through activities, programs, services and education. Honoring, promoting and celebrating our community's diversity is their central organizing principle.

Address	Email	Website
2817 Redwing Road Fort Collins, CO 80526	northerncoequality@gmail.com	nocoequality.org

### PFLAG

Founded in 1973, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families. PFLAG's network of hundreds of chapters and more than 325,000 members and supporters works to create a caring, just, and affirming world for LGBTQ+ people and those who love them.

Phone	Email	Website
(970) 541-1680	pflag.noco@gmail.com	pflagfortcollins.org

### SPLASH Youth of Northern Colorado

SPLASH serves LGBTQIA+ youth ages 5-24, their families, schools, and community connections by providing support, resources, referrals, social belongingness and special events. Their programming focuses on protective factors against self-harm, suicide, substance misuse, and youth homelessness.

Email	Website
info@splashnoco.org	splashnoco.org

## Mental Health Resources and Support Groups

### The Alliance for Suicide Prevention of Larimer County

The Alliance For Suicide Prevention Of Larimer County prevents suicide through training and education, providing outreach, and offering support.

#### Address

525 W. Oak St. Ste. B10  
Fort Collins, CO 80521

#### Phone

(970) 482-2209

#### Website

[allianceforsuicideprevention.org](http://allianceforsuicideprevention.org)

### Alternatives To Violence

Alternatives to Violence provides shelter, advocacy, education and resources for people impacted by domestic violence, sexual assault and human trafficking. Since 1983, Alternatives to Violence has offered victims the opportunity to heal both emotionally and physically in a supportive environment. Each year, Alternatives to Violence provides emergency shelter, safety planning, advocacy, information and referrals to local resources, crisis intervention, and in some cases longer-term housing to over 800 people.

#### Address

541 E. 8th St.  
Loveland, CO 80537

#### Phone

(970) 669-5150

#### Text Number

(970) 669-5157

#### Website

[alternativestoviolence.org](http://alternativestoviolence.org)

### Child, Adolescent, and Young Adult Connections (CAYAC)

CAYAC (Child, Teen, and Young Adult Connections) is a partnership of the North Larimer County Health District, SummitStone Health Partners, Poudre School District, and other community resources. The goal is early identification and treatment of mental health and substance abuse disorders that affect health, happiness, family, and school. The CAYAC team can help identify areas of concern and personally guide youth and their families to appropriate options, including support, further evaluation, counseling, or other treatment. They also offer support and hope from people who understand what families are going through.

#### Address

425 W. Mulberry St., Suite 112  
Fort Collins, CO 80521

#### Phone

(970) 221-3308

#### Website

[healthdistrict.org/cayac](http://healthdistrict.org/cayac)

## Mental Health Resources and Support Groups Continued...

### ChildSafe

ChildSafe is proud to provide safe, responsive treatment, education, and recovery from childhood abuse, primarily sexual abuse, without prejudice or discrimination while respecting the personal dignity and worth of everyone. ChildSafe coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers to ensure that their client's rights and privacy are protected throughout each stage of the process.

Address	Phone	Website
2001 S. Shields St. Bld. K Fort Collins, CO 80526	(970) 472-4133	childsafecolorado.org

### Namaqua Center

The Namaqua Center has provided care, counseling, treatment and healing to children who may have lived through trauma, have severe behavior challenges or have a diagnosable mental illness. The Namaqua center recognizes that each child is unique, and so are their needs. At Namaqua, children-centered, community-based programs assist children and families in developing and maintaining stability and healthy levels of functioning.

Address	Phone	Website
221 E 29th St. Ste. 101 Loveland, CO 80538	(970) 494-4200	summitstonehealth.org/namaqua

### Partners Mentoring Youth

Partners Mentoring Youth strives to empower youth and community members to achieve their full potential through mentorship, prevention education, and strategic partnership.

Address	Phone	Website
530 S. College Ave. Fort Collins, CO 80524	(970) 484-7123	poweredbypartners.org

## Mental Health Resources and Support Groups Continued...

### Pathways Hospice - Grief and Loss

Pathways provides acute inpatient care in a comfortable and quiet setting. The General Inpatient level of hospice care is for patients with severe symptoms that cannot be effectively managed at home. This inpatient care setting operates every day of the year, and is staffed with Registered Nurses, Certified Nurse Aides, Social Workers, Counselors, Chaplains, Music Therapists and Volunteers to meet patient and family needs as they arise.

Address	Phone	Email	Website
305 Carpenter Rd. Fort Collins, CO 80525	(970) 663-3500	info@pathways-care.org	pathways-care.org

### PSD Mental Health Resources

PSD's Mental Health Team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention and treatment to address their specific needs.

### Mental Health and Prevention Coordinator

Name	Phone	Email
Sarah Mowder-Wilkens	(970) 490-3238	smowder@psdschools.org

## Mental Health Resources and Support Groups Continued...

### Summitstone Health Partners - Counseling Services

SummitStone Health Partners offers same-day access in both Fort Collins and Loveland and is the largest provider of behavioral health services in Larimer County. SummitStone's certified and licensed counselors are trained to meet the complex needs that often accompany addiction and substance abuse. Many people going through the recovery process discover that mental health issues and addiction can be co-occurring. SummitStone also offers vocational support, group therapy, and medication management, as well as an on-site pharmacy.

#### Fort Collins

114 Bristlecone Dr.  
Fort Collins, CO 80524

2001 S. Shields St.  
Fort Collins, CO 80526

700 Centre Ave.  
Fort Collins, CO 80526

#### Loveland

1250 N. Wilson Ave.  
Loveland, CO 80537

221 E. 29th St.  
Loveland, CO 80538

**To schedule services,  
call (970) 494-4200**

#### Crisis and Stabilization Unit

1217 Riverside Ave. Fort Collins, CO 80524

#### Administrative Offices

4856 Innovation Dr. Fort Collins, CO 80525

**Website For All Locations:**

[summitstonehealth.org](http://summitstonehealth.org)

### Turning Point Center for Youth and Family Development

Turning Point offers programs to assist youth who are displaying at-risk behaviors, as well as programs to support families and assist with repairing familial structures. Turning Point offers an adolescent intensive outpatient program, as well as in-house services, and outpatient therapy and counseling services.

#### Address

1644 S. College Ave.  
Fort Collins, CO 80525

#### Phone

(970) 221-0999

#### Website

[turningpnt.org](http://turningpnt.org)

## Substance Abuse

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### Alcoholics Anonymous / Alateen

Alcoholics anonymous is a fellowship of men and women who share their experience, strength, and hope with each other so that they may solve their common problem and help others to recover from alcoholism.

Alateen is a worldwide fellowship of relatives and friends of alcoholics who share their experiences, strength, and hope in order to solve their common problems. The primary focus is to help families and friends of alcoholics recover from the affects of problem drinking.

#### Address

155 N. College Ave. #120  
Fort Collins, CO 80524

#### Phone

(970) 224-3552

#### Website

[nocoaa.org](http://nocoaa.org)

### Jacob Center

The Jacob Center is a non-profit agency serving youth and families in Northern Colorado. Their focus is on working with youth, families, and the community to foster resilience, promote safety and inspire positive and lasting change. Their programs place an emphasis on utilizing a trauma-informed lens and building resilience by developing a strong sense of self, regulation skills and connectedness.

#### Address

729 Remington St.  
Fort Collins, CO 80524

#### Phone

(970) 484-8427

#### Website

[jacobcenter.org](http://jacobcenter.org)

### Larimer County Community Corrections

Community corrections offer mental health screenings, residential treatment facilities, women's programs, victim services, supervision, drug and alcohol testing, and medication monitoring.

#### Address

2255 Midpoint Dr.  
Fort Collins, CO 80525

#### Phone

970-498-7530

#### Website

[larimer.gov/cja/comcor](http://larimer.gov/cja/comcor)

## Substance Abuse Continued...

### Narcotics Anonymous

Narcotics Anonymous (NA) is a nonprofit fellowship or society of men and women for whom drugs have become a major problem. The program is managed by recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs.

#### Phone

(970) 282-8079

#### Website

nacolorado.org

### Narconon Colorado

Drug rehab centers offer people a way to conquer their addictions and find happiness in their lives once again. The Narconon method treats drug addictions without replacing addictive substances with another addictive (prescribed) substance. The goal of the program is to help those who are addicted to drugs and alcohol regain control of their lives and discontinue usage for good.

#### Address

1225 Redwood St,  
Fort Collins, CO. 80524

#### Phone

(970) 530-4392

#### Website

narconon-colorado.org

### Summitstone Health Partners

SummitStone is the largest provider of outpatient behavioral health services in Larimer County. This includes treatment, prevention and intervention services for mental health and addiction (also known as substance use disorder or SUD services) for people of all ages. Our certified and licensed counselors are trained to meet the complex needs that often accompany addiction and substance abuse.

#### Fort Collins Locations

114 Bristlecone Dr.  
Fort Collins, CO 80524

2001 S. Shields St.  
Fort Collins, CO 80526

700 Centre Ave.  
Fort Collins, CO 80526

#### Loveland Locations

1250 N. Wilson Ave.  
Loveland, CO 80537

221 E. 29th St.  
Loveland, CO 80538

**To schedule services,  
call (970) 494-4200**

**Website:** [summitstonehealth.org/services/addiction](http://summitstonehealth.org/services/addiction)

## Transportation

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### Heart and Soul Paratransit

Paratransit is a reliable, compassionate, family owned transportation company located right here in Northern Colorado. They are dedicated and focused on serving our community's seniors and individuals with disabilities, as well as anyone in need of a safe, compassionate ride.

#### Phone

(970) 690-3338

#### Email

info@heartandsoulparatransit.com

#### Website

heartandsoulparatransit.com

### SAINT Volunteer Transportation

SAINT's mission is to help seniors and people with disabilities maintain their independence and self-sufficiency by providing connections to the community through personalized, door-to-door transportation.

#### Address

333 W Drake Rd, #42  
Fort Collins, CO 80526

#### Phone

970-223-8604

### Transfort

Transfort is the bus system for the Fort Collins community. Since COVID, Transfort has done away with fares, meaning that you can ride at no cost.

#### Address

250 N. Mason St.  
Fort Collins, CO 80524

#### Phone

(970) 221-6620

## Utilities

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### Goodwill's Low-Income Energy Assistance Program (LEAP)

In partnership with the State of Colorado Department of Human Services, Goodwill's Low-Income Energy Assistance Program (LEAP) provides home heating assistance for residents facing financial challenges during the winter.

#### Phone

6850 Federal Blvd  
Denver, CO 80221

#### Email

(719) 635-4483

#### Website

goodwillcolorado.org/services/leap



## Other Community Resources

### Boys and Girls Club

The Boys & Girls Clubs of Larimer County has a vision to provide a world-class Club Experience that assures success is within reach of every young person who enters its doors. It strives to keep all members on track to graduate from high school with a plan for the future, as well as encourages them to demonstrate good character and citizenship, and living healthy lifestyles.

#### Fort Collins

1608 Lancer Dr.  
Fort Collins, CO 80524  
**(970) 484-5198**

#### Loveland

2500 E 1st St  
Loveland, CO 80537  
**(970) 663-5450**

#### Wellington

8445 3rd St  
Wellington, CO 80549  
**(970) 568-7338**

**Website For All Locations:** [bgclarimer.org](http://bgclarimer.org)

### Larimer County Department of Human Services

The Department of Human Services helps address individual, family, and community needs within Larimer County. The Department of Human Services provides services which assist individuals and families to achieve self-sufficiency and social well-being. Services, (which can include financial assistance for shelter, food, and medical care), are provided directly through the collaboration with other community agencies.

#### Address

1501 Blue Spruce Dr.  
Fort Collins, CO 80524

#### Phone

(970) 498-7600

#### Website

[larimer.gov/humanservices](http://larimer.gov/humanservices)

### Project Self Sufficiency

Project Self-Sufficiency strives to assist low-income, single parents in their efforts to achieve economic independence and become free from community and government assistance while building and maintaining strong, healthy families.

#### Address

375 W 37TH St. #150  
Loveland, CO 80538

#### Phone

(970) 635-5912

#### Email

[info@bringthepower.org](mailto:info@bringthepower.org)

#### Website

[bringthepower.org](http://bringthepower.org)

## Other Community Resources Continued...

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### United Way of Larimer County

United Way of Larimer County encourages nimble and innovative human services. United Way currently offers services in the following areas: aging services, childcare referrals, disaster recovery, donation referrals, free tax prep, health and medical needs, holiday assistance, legal assistance, and assistance with school supplies.

#### Address

525 W. Oak St. Ste. 101  
Fort Collins, CO 80521

#### Phone

(970) 407-7000

#### Email

[office@uwaylc.org](mailto:office@uwaylc.org)

#### Website

[uwaylc.org](http://uwaylc.org)