

T A C - 2 1 2

I N T R O D U C E S

The Embodied Teen

A SERIES OF CLASSES THAT AIM TO EMPOWER
TEENS THROUGH SELF-ATTUNEMENT AND
SOMATIC PRACTICES.

OCTOBER 3RD 10TH, 17TH, 24TH.
4:30-5:30 @TAC-212, FORT COLLINS.



HOSTED BY LAURA OSWALD,
SOMATIC EXPERIENCING PRACTITIONER.

PHONE: 201-787-5587

EMAIL: LAURA@OSWALD.COM

LEARN MORE AND REGISTER AT

www.lauraoswald.com/the-embodied-teen-1
or scan the QR code.

