



WEEK 1 NAEYC WEEK OF THE YOUNG CHILD

APRIL
2026



WEDNESDAY THURSDAY FRIDAY

04/01

SOUND EXPLORERS

Children explore sounds using everyday objects (pots, containers, shakers) to create rhythms and patterns. Encourage them to listen, repeat, and invent their own "music."

...

Materials: Pots, containers, rice/beans (sealed), spoons, boxes

Infants: Explore sound through shaking/holding objects

Toddlers: Tap and repeat simple rhythms

Preschoolers: Create patterns and "songs"

Domains: Creative Arts, Physical (fine motor), Cognitive (patterns), Language

04/02

COLORFUL FOOD DISCOVERY

Children help prepare a simple snack using different colored fruits or vegetables. Focus on exploring textures, smells, and tastes while talking about colors and preferences.

...

Materials: Fruits/veggies, plastic knives, plates
Infants: Sensory exploration (touch/taste)

Toddlers: Name colors and food items, try new foods, describe taste

Preschoolers: Help assemble snack, discuss preferences

Domains: Physical (fine motor), Health, Language, Cognitive

04/03

BUILD-IT TOGETHER

Children collaborate to build a structure using recycled materials like boxes or paper tubes. Emphasis is on teamwork, communication, and shared problem-solving.

...

Materials: Boxes, paper tubes, other loose parts, tape

Infants: Stack/knock down

Toddlers: Build simple structures

Preschoolers: Plan, collaborate, build

Domains: Social-Emotional, Cognitive, Physical, Language

