














CHECK OUR
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GROUP EXERCISE SCHEDULE 2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| 5:30AM-B Traci DRENCHED | 5:30AM-B Traci  | 5:30AM-B Traci  | 5:30AM-B Traci  | 5:30AM-B Traci <u>BUTTS, GUTS & UPPERCUTS</u> |
| 10AM-B Michelle C STRONGER  LONGER | 9:30AM-B Terri  | 10:00AM-B Terri  | 10:00AM-B Terri  | 8:30AM-A Holly <i>booty  biceps</i> |
| | | 5:30PM-A Holly <i>booty  biceps</i> | | |
| 5:30PM-B Marty Hustle <i>for the Muscle</i> | 5:30PM-B Jenny <i>Get Fit</i>  | 5:30PM-B Traci  | 5:30PM-B Marty Hustle <i>for the Muscle</i> | |
| 6:30PM-B Michelle  | | 6:30PM-B Michelle  | | |

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Note: Class, Instructor, Studio and/or Time subject to change. Revised 2/1/2020



booty & biceps

COMBAT Aerobics



Get Fit
WITH JENNY

