

MEDIA KIT



**LAVONDILYN
WATSON
SAN KITTS**

#Comeback Coach



**FAITH-BASED LIFE & BUSINESS COACH
| AUTHOR | SPEAKER | PODCAST HOST**

Co-Create
Your
Comeback



MEET *LaVondilyn*

LaVondilyn Watson San Kitts has been coaching and speaking to women of faith for over 20 years - when you see that curly hair, those shiny nails and combat boots, you know she has come to encourage women of faith to *get back up again!* She is known for a delivery that is powerful, energetic, and Scripture-packed.

Over the last (2) decades, LaVondilyn has coached thousands of women through her live events, daily and weekly podcasts, coaching programs, books, and digital products.

She has self-published 7 books, including *By Faith...8 Steps of Faith to Make It Through the Tough Times*, featured in the nation's largest subscription box for Christian women. She has also created a 12-week business school for entrepreneurs of faith, several proprietary coaching curriculums, and over 30 packaged audio and digital products.

LaVondilyn has traveled across the country with her 2-day live event, *Business By Faith*, and her live workshop, *Co-Create Your Comeback™*, and often speaks at other business and women's conferences on and offline. She also shares a daily "cup of Jesus" through her popular weekday podcast, *FIA Good Morning*, and her brand new weekly podcast, *Co-Create Your Comeback™*, now available on Apple Podcasts and everywhere podcasts are streamed.

She is a multilingual serial entrepreneur, incredibly passionate about the Word of God, and devoted to equipping and encouraging women of faith globally - from the pages, from stage, and from behind the mic.

LaVondilyn lives in Denver, CO, by way of Charleston, SC, but she travels wherever her foodie heart and ministering soul takes her.

"God has blessed me to be able to do many different things - write, speak, coach, even cook. But, what I do best is *get back up again*. I want to help other women comeback from life's many setbacks!"

Co-Create Your Comeback Interview Topics:



- Godly Courage - What is it? How is it Different from Confidence?
- What Does It Mean to “Co-Create Your Comeback”?
- The Setback-to-Comeback Path™ - Exactly How Do You “Get Back Up Again”?
- Forgiveness & How it Relates to Your Comeback
- Pain as a Transporter
- Overcoming Tribulation “By Faith”
- Asking Power: The Power of Prayer in Business
- What Is “Supernatural Success” in Business?





ASK *LaVondilyn*

1. We face many afflictions in life. What constitutes a “setback”?
2. On your Setback-to-Comeback Path™, where do most women of faith get stuck?
3. What are the (3) mistakes many women of faith make on their “Comeback Journey”?
4. What's the difference between courage and confidence?
5. What's the importance of forgiveness when rebuilding your life?
6. What is the significance of Prov24:16 to the life of a woman of faith?
7. Can you actually “comeback” without vision? Is that even possible?
8. Why do you call pain a “transporter”?
9. What does it mean to overcome “by faith”?
10. What do you mean when you say entrepreneurs of faith have "asking power"? Where does that power come from?
11. Why do you say, "Our success is achieved in the secret place"? What do you mean by that?

RAPID FIRE w/ *LaVondilyn*

If you could live anywhere in the world, where would it be, and why? Probably somewhere in Mexico or South America! I believe my alter-ego is Hispanic- she likes eating Mexican food, dancing to reggaeton, and she can be a bit fiery (at least, that's what my husband says).

What are the health habits that keep you energized while you write, coach, and podcast? Juicing is at the top of this list! I drink a fresh juice - usually green - every morning. It's fully loaded, and helps me get almost all of my daily required nutrients. I would also say eating organic, whole foods, taking my supplements, adhering to a morning routine, and diffusing essential oils while I work.

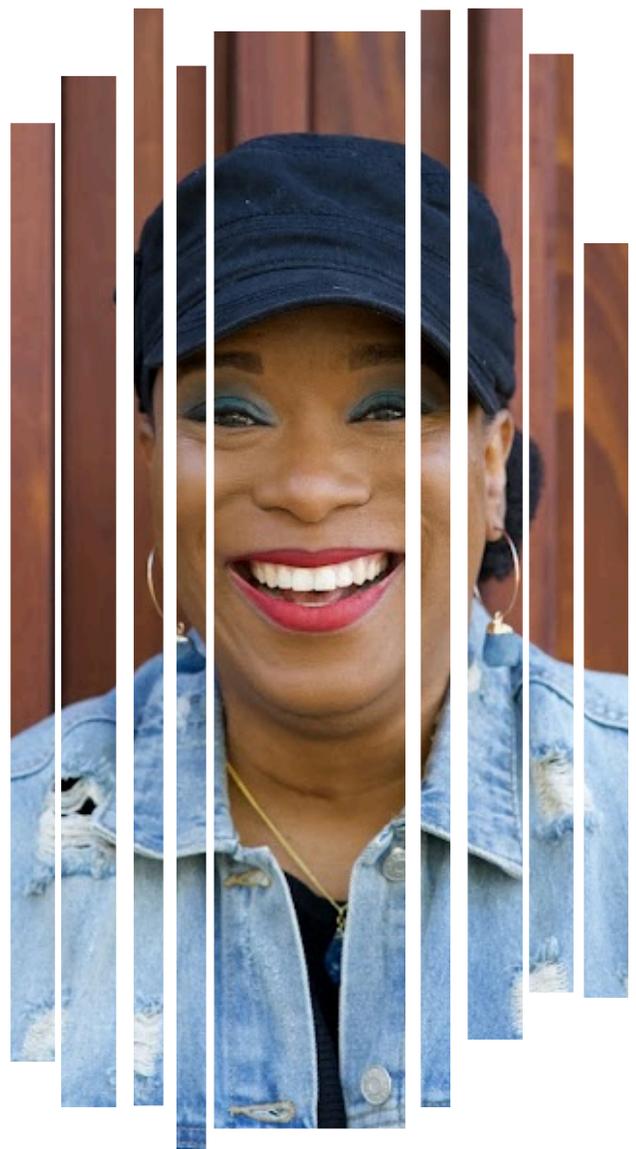
What's the best advice you've ever been given? "Discipline your disappointment." There are ups and downs in life and business. We have good days and bad days. Sometimes God's timing isn't our own. Some things just don't work the way we thought they would. In those disappointing moments, it's important to not lose heart. Stay the course and keep your eyes on Jesus. The promises still stand!

What has been your greatest "comeback"? God has truly brought me back from so much - from my mother's death, from heartbreak and divorce, but my greatest comeback would be from a spinal injury that left me nearly paralyzed from the neck down. It was a long, hard 10 months back to walking again, but God performed a miracle!

What's something most people don't know - and probably wouldn't believe - about you? I love country music! I know, crazy right? I listen to country, sing to the tops of my lungs while I pluck away at my guitar. I am not good at all and don't have a musical bone in my body. But, I pretend...and that's enough for me.

Dog or cat lover? Neither. I prefer stuffed animals. I have been fascinated with them all my life! Much to my husband's dismay, I still sleep with stuffed animals in my bed.

What would your last supper be? I do my best to stay healthy and fill up on good. But, when it's time to leave, I want a perfectly seared t-bone with peppercorn gravy, over fries, and don't forget the warm bread and butter. Fresh baked chocolate chip cookies and the perfect cup of gourmet coffee right before I take my last breath...



"LaVondilyn is a Godsend...I went from amateur to professional, seemingly overnight. Her business acumen is exceptional, bar none." Adelai

"My Spirit is leaping! I am in LOVE with your gifts! Seeing you on screen teaching with so much clarity, paired with your enthusiasm and joy is beyond a blessing for me." Erica

"...You are magnetic when you teach. Thank you for your obedience to the call." Tina

"What an awesome workshop! I am so impressed by you: your skills, gifts, anointing!... I have been through so many of these types of trainings... but I had truly never seen anyone bring it all together like you did today." Bonnie

"If you think she's powerful on Zoom, you should see her on stage!" Shakeima

Co-Create Your *Comeback*

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