

# Cypris Bodywork & Wellness

100 Cherokee Blvd. Suite 308

Chattanooga, TN 37405

(336) 408-4380

## Client Intake Form

Name (First, Last) \_\_\_\_\_ Preferred Pronouns \_\_\_\_\_

Phone (day) \_\_\_\_\_ Phone (Night) \_\_\_\_\_ Email \_\_\_\_\_

Address City/State/Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Occupation \_\_\_\_\_

What Brings You In Today? \_\_\_\_\_

\_\_\_\_\_

1. Have you had a professional massage before? \_\_\_\_\_

If yes, how often do you receive massage therapy? \_\_\_\_\_

2. Do you have any difficulty lying on your front, back, or side?

If yes, please explain \_\_\_\_\_

3. Do you have any sensitivity to oils, lotions, ointments or smells? \_\_\_\_\_

If yes, please explain \_\_\_\_\_

4. Do you have sensitive skin? \_\_\_\_\_

5. Are you wearing contact lenses ( ) dentures ( ) a hearing aid ( ) ?

6. Do you sit for long hours at a workstation ( ) computer ( ) driving ( )?

7. Do you perform any repetitive movement in your work, sports, or hobby? \_\_\_\_\_

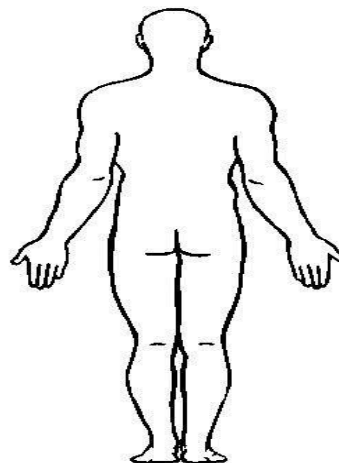
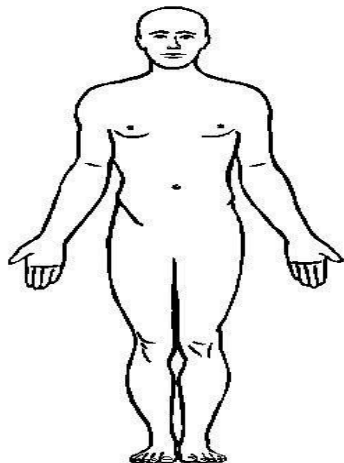
If yes, please describe \_\_\_\_\_

8. What place in your body do you normally hold stress? \_\_\_\_\_

9. What goals do you have for this massage session? \_\_\_\_\_

\_\_\_\_\_

Circle any specific areas you would like the massage therapist to concentrate on during the session:



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## Medical History

Do you have a history of any of the following conditions? Please check those that apply:

<input type="checkbox"/>	Tumor Removal	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	Blood Clots
<input type="checkbox"/>	Bruise Easily	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	High/Low Blood Pressure
<input type="checkbox"/>	Chronic Pain	<input type="checkbox"/>	MS	<input type="checkbox"/>	Fibromyalgia	<input type="checkbox"/>	Inflammatory Disease
<input type="checkbox"/>	Osteoporosis	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	Gout	<input type="checkbox"/>	Bone/Joint Disease
<input type="checkbox"/>	Jaw Pain	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Migraines	<input type="checkbox"/>	Respiratory Disease
<input type="checkbox"/>	Depression	<input type="checkbox"/>	Anxiety	<input type="checkbox"/>	Insomnia	<input type="checkbox"/>	Urological Issues
<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Sprain/Strain	<input type="checkbox"/>	Surgery	<input type="checkbox"/>	Pregnancy Current/Past
<input type="checkbox"/>	IBS	<input type="checkbox"/>	Crohn's / UC	<input type="checkbox"/>	Neuropathy	<input type="checkbox"/>	Gynecology Issues

## Medical History Details

Please describe any condition you have experienced that was not listed above as well as describing any condition you checked yes:

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Are you currently taking any medications?

If yes, please list here: \_\_\_\_\_

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Do you have any allergies? If yes, please list \_\_\_\_\_

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## Client Agreement

It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success or effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Contract For Care

I will participate fully as a member of my healthcare team. I will make sound choices regarding my sessions' plan based upon the information provided by my massage therapist. I agree to participate in my own self-care programs and adhere to the plan we select. I agree to communicate with my practitioner any time I feel my well-being is being compromised. I expect my practitioner to provide safe and effective treatment to the best of his or her skills and knowledge.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Cancellation Policy

I acknowledge that a 24 hour notice is required for cancellation of appointments. I agree to be charged half of my visit cost if I cancel 4-24 hours before a scheduled appointment. I agree to be charged the full visit cost if I miss a scheduled appointment or cancel a scheduled appointment less than 4 hours before I am scheduled. I acknowledge that my appointment starts at the time it is scheduled, and ends promptly at the agreed upon appointment duration.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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