

LESSON 4

What a Waste!



Food Waste Vocabulary

Connect the picture to the word

STOCK

LEFTOVERS

INVENTORY

EDIBLE



Food Waste Facts T/F

Watch the video and answer True(T) or False (F)

1. Less than 50% of food thrown away by supermarkets is still edible.
2. 1/3 of food we produce is wasted. 1.6 billion tonnes
3. 5% of carbon emissions are due to food waste
4. Wasting a burger wastes as much water as a 90 minute shower.



How to Avoid Food Waste @reducewastenow

1. Fruit and veg should be kept **together/separate**.
2. Carrots and Celery should be kept in **water/oil**.
3. Onions should be kept **close to/away from** potatoes.
4. Make an "Eat me **First/Last**" section in your fridge.

Interview Time

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1. What is Susanne's main goal?

A: Save Food

B: Save Money

C: Both

2. How long is her challenge?

A: 10 Days

B: 1 Week

C: 6 Weeks

3. What inspired her to start Makeover my Leftover?

A: Seeing how much food is wasted in restaurants.

B: She didn't want to waste money.

C: She loves eating cold food.

4. How much water is wasted if we waste an apple?

A: 5 Gallons.

B: 10 Gallons

C: 25 Gallons

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My Planet Promise

Write your planet promise below. Remember to send it in to the socials.

I,....., promise

CHALLENGE YOURSELF

Make a video: What can you do at home to reduce your food waste?

Things to consider:

Where do you keep your food?

What can you do with your leftovers?

Don't forget to write a script and most importantly have fun.



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